Have your say on...

Tobacco, alcohol & drug use in Australia



Have your say

by completing the 2025 **National Drug Strategy Household Survey**

This survey is a chance to provide your views on drug policies and laws, and helps to estimate how many people use alcohol, tobacco, vapes and other drugs in Australia.

Your answers matter, even if you have never taken drugs. We need as many people to respond as possible so that the results represent the views and behaviours of all people in Australia.

What is the National **Drug Strategy Household** Survey?

The survey collects information from people across Australia. It asks people what they think about tobacco, vapes, alcohol and other drugs, and about their use of these drugs.

The survey started in 1985 and is held every 3 years. About 20,000 people aged 14 and over take part.

The survey is part of the National Drug Strategy, which aims to improve Australians' health and wellbeing. Researchers and policymakers use the results to better understand the issues surrounding tobacco, vapes, alcohol and other drugs.

Who runs the survey?

The survey is managed by the Australian Institute of Health and Welfare (AIHW) on behalf of the Australian Government Department of Health and Aged Care.

The AIHW has contracted Ipsos to collect the information. Ipsos randomly selects who will be invited to take part. It also provides the information needed to complete the survey in the way that is most convenient for you.

How do I complete the survey?

You can choose how to complete the survey. Please refer to the letter you received for more information on how to respond, or visit https://www.ipsos.com/en-au/ndshs

Why was I selected?

Your household was chosen at random from all households across Australia. You were selected because you are the person aged 14 or over in your household with the most recent birthday. Randomly selecting participants increases the chances that the results reflect the views and behaviours of all people in Australia.

2022-2023 survey results showed:



Around 1 in 3 young people (30%) aged 18-24 in Australia drank alcohol weekly in 2022-2023.





One in 5 (20%) people have used e-cigarettes or vapes in their lifetime.





Nearly 2 in 3 people (64%) support allowing people to test their drugs/pills at designated sites.



All answers are confidential

No information will be released that could identify you or your household. Answers are protected by the Privacy Act 1988 and used for research purposes only.

This survey cannot be used to report illegal activities

No one outside the AIHW, including law enforcement, can access your answers. All people connected with this survey—from the interviewers to the researchers—must sign a declaration of confidentiality.

The survey is covered by Section 29 of the Australian Institute of Health and Welfare Act 1987 which prohibits the release of any information about individuals collected in the survey.

What kinds of questions are in the survey?

As well as general questions about your age, birthplace, cultural background, employment and education, the survey will ask about:

- drug use
- drugs and health
- drug-related harms
- beliefs about drug use
- access to drugs
- · laws and policies on drugs.

How long will it take?

The survey usually takes 20–40 minutes. We appreciate you taking the time to complete it.

What happens to the answers?

AIHW researchers analyse the answers to report on trends in drug use and attitudes towards drugs in Australia. Result from previous surveys can be found online at www.aihw.gov.au

What if I need help filling out the survey?

If you have guestions about how to complete or return the survey, please contact Ipsos for help.

1800 290 914

https://www.ipsos.com/en-au/ndshs

☑ NDSHS@ipsossurveys.com.au

Help for non-English speakers

The online survey is available in the following languages: Mandarin, Cantonese, Arabic, Vietnamese, and Punjabi. The paper and telephone surveys are only available in English. For more details, check the Ipsos website above.

Where can I get more information?

For any other issues or concerns, please contact the AIHW.

1800 443 510

www.aihw.gov.au/2025-ndshs

aod@aihw.gov.au

For general information about alcohol and other drugs, and help in your area, please visit the Alcohol and Drug Foundation website at adf.org.au/help-support

You can also talk to your local doctor or general practitioner.

For emotional support, please call Lifeline on **13 11 14**, 24 hours a day, 365 days a year.





