

5_1. How much do you agree/disagree with the following statements? - Children, youth and families easily receive the type of mental health treatment and supports where and when they need it in their community.

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: All Respondents (unwtd)	806	371	184	187	94	78	208	55	198	124	203	181	207	599
Base: All Respondents (wtd)	806	367	171	195	66	97	223	53	255	123	189	141	213	593
Top 2 Box (Net)	279	141	67	74	24	23	76	16	104	37	76	42	87	192
	35%	38%	39%	38%	36%	24%	34%	31%	41%	30%	40%	30%	41%	32%
		E			*	*		*		*				
Strongly agree	75	44	18	26	5	3	15	8	39	7	14	12	22	53
	9%	12%	11%	13%	8%	3%	7%	15%	15%	6%	8%	9%	10%	9%
		E		E	*	*		EE*	I	*				
Somewhat agree	204	96	48	48	18	20	61	8	65	30	62	30	65	139
	25%	26%	28%	25%	28%	21%	27%	15%	26%	24%	33%	21%	30%	23%
					*	*		*		*	K			
Bottom 2 Box (Net)	444	185	82	103	38	67	121	32	128	77	93	86	105	339
	55%	50%	48%	53%	57%	70%	54%	61%	50%	63%	49%	61%	49%	57%
					*	ABC*		*		*				
Somewhat disagree	268	110	52	59	26	46	65	20	74	55	58	51	67	201
	33%	30%	30%	30%	38%	48%	29%	39%	29%	44%	31%	36%	31%	34%
					*	AFBCF*		*		HJ*				
Strongly disagree	176	75	31	44	12	21	56	12	54	22	34	36	38	138
	22%	20%	18%	22%	18%	22%	25%	22%	21%	18%	18%	25%	18%	23%
					*	*		*		*				
Don't know	83	41	22	19	5	7	26	4	23	9	20	13	22	61
	10%	11%	13%	10%	8%	7%	12%	8%	9%	8%	11%	9%	10%	10%
					*	*		*		*				
Sigma	806	367	171	195	66	97	223	53	255	123	189	141	213	593
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)

5_2. How much do you agree/disagree with the following statements? - I am confident that the system can deliver quality services to children and families facing mental health issues.

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: All Respondents (unwtd)	806	371	184	187	94	78	208	55	198	124	203	181	207	599
Base: All Respondents (wtd)	806	367	171	195	66	97	223	53	255	123	189	141	213	593
Top 2 Box (Net)	371	182	88	94	31	41	102	16	137	51	91	59	115	257
	46%	50%	51%	48%	46%	42%	46%	30%	54%	42%	48%	42%	54%	43%
		G	G		*	*		*		*			M	
Strongly agree	79	50	28	22	5	8	13	3	46	8	11	11	24	55
	10%	14%	16%	11%	8%	8%	6%	6%	18%	6%	6%	8%	11%	9%
		F	F		*	*		*	IJK	*				
Somewhat agree	292	132	60	72	25	33	90	12	91	44	80	48	91	202
	36%	36%	35%	37%	38%	34%	40%	24%	36%	35%	42%	34%	42%	34%
					*	*		*		*				
Bottom 2 Box (Net)	358	150	70	80	27	49	99	33	96	61	83	73	77	281
	44%	41%	41%	41%	41%	51%	44%	62%	38%	50%	44%	51%	36%	47%
					*	*		ADBCD*		*		H		L
Somewhat disagree	231	106	49	56	19	29	58	19	52	46	60	48	53	178
	29%	29%	29%	29%	28%	30%	26%	35%	20%	38%	32%	34%	25%	30%
					*	*		*		H*	H	H		
Strongly disagree	127	44	20	24	9	20	40	14	44	15	23	25	24	103
	16%	12%	12%	12%	13%	21%	18%	26%	17%	12%	12%	18%	11%	17%
					*	*		ABC*		*				
Don't know	77	35	13	22	8	7	23	4	21	10	15	10	22	55
	10%	10%	8%	11%	12%	7%	10%	8%	8%	8%	8%	7%	10%	9%
					*	*		*		*				
Sigma	806	367	171	195	66	97	223	53	255	123	189	141	213	593
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)

6_1. Have you ever: - Had concerns about your son/daughter's level of anxiety.

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: All Answering (unwtd)	269	145	61	84	31	22	56	15	50	44	74	75	175	94
Base: All Answering (wtd)	259	137	55	83	23	28	56	15	64	43	68	60	165	93
Yes	130	63	27	36	9	13	38	9	30	22	35	33	70	60
	50%	45%	49%	43%	38%	46%	67%	58%	48%	51%	51%	56%	42%	64%
		*	*	*	**	**	AC*	**	*	**	*	*		L*
No	129	75	28	47	14	15	18	6	33	21	33	26	95	33
	50%	55%	51%	57%	62%	54%	33%	42%	52%	49%	49%	44%	58%	36%
		F*	*	F*	**	**	*	**	*	**	*	*	M	*
Sigma	259	137	55	83	23	28	56	15	64	43	68	60	165	93
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)

6_2. Have you ever: - Talked to a health professional about your son/daughter's level of anxiety.

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
	A	B	C	D	E	F	G	H	I	J	K	L	M	
Base: All Answering (unwtd)	269	145	61	84	31	22	56	15	50	44	74	75	175	94
Base: All Answering (wtd)	259	137	55	83	23	28	56	15	64	43	68	60	165	93
Yes	95	42	17	26	10	10	27	6	32	15	22	20	51	44
	37%	31%	30%	31%	42%	36%	49%	41%	50%	35%	32%	33%	31%	47%
	*	*	*	**	**	*	**	*	**	*	*	*		L*
No	164	95	38	57	13	18	29	9	32	28	46	40	114	49
	63%	69%	70%	69%	58%	64%	51%	59%	50%	65%	68%	67%	69%	53%
	*	*	*	**	**	*	**	*	**	*	*	*	M	*
Sigma	259	137	55	83	23	28	56	15	64	43	68	60	165	93
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)

6_3. Have you ever: - Talked to a friend/family member about your son/daughter's level of anxiety.

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: All Answering (unwtd)	269	145	61	84	31	22	56	15	50	44	74	75	175	94
Base: All Answering (wtd)	259	137	55	83	23	28	56	15	64	43	68	60	165	93
Yes	108	52	23	30	11	10	28	6	31	18	22	28	60	48
	42%	38%	42%	36%	47%	37%	51%	41%	48%	42%	33%	47%	36%	51%
		*	*	*	**	**	*	**	*	**	*	*		*
No	151	85	32	53	12	18	27	9	33	25	46	32	105	45
	58%	62%	58%	64%	53%	63%	49%	59%	52%	58%	67%	53%	64%	49%
		*	*	*	**	**	*	**	*	**	*	*		*
Sigma	259	137	55	83	23	28	56	15	64	43	68	60	165	93
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)

6_4. Have you ever: - Missed work to care for your son/daughter experiencing issues related to anxiety.

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: All Answering (unwtd)	269	145	61	84	31	22	56	15	50	44	74	75	175	94
Base: All Answering (wtd)	259	137	55	83	23	28	56	15	64	43	68	60	165	93
Yes	64	29	13	16	8	8	15	4	22	8	18	12	37	26
	25%	21%	25%	19%	33%	28%	27%	28%	34%	18%	26%	19%	23%	28%
		*	*	*	**	**	*	**	*	**	*	*		*
No	195	108	41	67	15	20	41	11	42	35	50	48	128	67
	75%	79%	75%	81%	67%	72%	73%	72%	66%	82%	74%	81%	77%	72%
		*	*	*	**	**	*	**	*	**	*	*		*
Sigma	259	137	55	83	23	28	56	15	64	43	68	60	165	93
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)

6_5. Have you ever: - Been concerned about your son/daughter's performance in school, college or university due to anxiety.

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: All Answering (unwtd)	269	145	61	84	31	22	56	15	50	44	74	75	175	94
Base: All Answering (wtd)	259	137	55	83	23	28	56	15	64	43	68	60	165	93
Yes	114	57	27	30	9	11	30	7	32	19	27	27	57	57
	44%	41%	49%	36%	40%	40%	54%	49%	51%	44%	40%	45%	34%	61%
		*	*	*	**	**	*	**	*	**	*	*		L*
No	145	81	28	53	14	17	26	8	31	24	41	33	109	36
	56%	59%	51%	64%	60%	60%	46%	51%	49%	56%	60%	55%	66%	39%
		*	*	*	**	**	*	**	*	**	*	*	M	*
Sigma	259	137	55	83	23	28	56	15	64	43	68	60	165	93
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)

6_6. Have you ever: - Has your son/daughter ever missed school due to issues related to anxiety.

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: All Answering (unwtd)	269	145	61	84	31	22	56	15	50	44	74	75	175	94
Base: All Answering (wtd)	259	137	55	83	23	28	56	15	64	43	68	60	165	93
Yes	85	43	19	24	6	8	24	5	27	17	20	16	46	39
	33%	31%	35%	29%	26%	28%	43%	32%	42%	39%	30%	26%	28%	41%
		*	*	*	**	**	*	**	*	**	*	*		*
No	174	95	36	59	17	20	32	10	37	26	47	44	119	55
	67%	69%	65%	71%	74%	72%	57%	68%	58%	61%	70%	74%	72%	59%
		*	*	*	**	**	*	**	*	**	*	*		*
Sigma	259	137	55	83	23	28	56	15	64	43	68	60	165	93
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)

7. Where would you go first to seek help if your son/daughter were to experience mild to moderate mental health issue?

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: All Answering (unwtd)	269	145	61	84	31	22	56	15	50	44	74	75	175	94
Base: All Answering (wtd)	259	137	55	83	23	28	56	15	64	43	68	60	165	93
Family doctor, pediatrician	186	94	32	62	16	18	45	13	44	32	48	44	117	69
	72%	69%	59%	75%	70%	65%	81%	87%	69%	75%	70%	73%	71%	74%
		*	*	*	**	**	B*	**	*	**	*	*	*	*
School counsellor	7	6	4	2	-	1	1	-	3	-	1	3	6	2
	3%	4%	7%	2%	-	2%	2%	-	4%	-	2%	6%	3%	2%
		*	*	*	**	**	*	**	*	**	*	*	*	*
Child and youth mental health community agency	9	4	2	2	2	-	1	1	2	-	6	1	6	2
	3%	3%	3%	2%	10%	-	2%	10%	2%	-	9%	2%	4%	3%
		*	*	*	**	**	*	**	*	**	*	*	*	*
Hospital	6	3	3	1	-	-	3	*	4	1	1	2	3	3
	2%	2%	5%	1%	-	-	5%	3%	6%	1%	1%	3%	2%	3%
		*	*	*	**	**	*	**	*	**	*	*	*	*
A psychologist or therapist	12	7	3	4	2	2	1	-	2	4	2	3	9	3
	5%	5%	5%	4%	9%	7%	2%	-	3%	8%	3%	5%	5%	4%
		*	*	*	**	**	*	**	*	**	*	*	*	*
Friends and/or family	12	9	4	6	1	1	1	-	2	3	6	2	8	4
	5%	7%	7%	7%	4%	2%	3%	-	3%	7%	9%	3%	5%	5%
		*	*	*	**	**	*	**	*	**	*	*	*	*
Called a helpline	1	1	-	1	1	-	-	-	-	-	1	1	1	1
	*	*	-	1%	2%	-	-	-	-	-	1%	1%	*	1%
		*	*	*	**	**	*	**	*	**	*	*	*	*
Other	1	1	1	-	-	-	1	-	1	-	-	1	-	1
	*	*	1%	-	-	-	1%	-	1%	-	-	1%	-	1%
		*	*	*	**	**	*	**	*	**	*	*	*	*
DK/NS/Don't know	10	3	2	1	*	6	-	-	2	3	-	*	10	-
	4%	2%	5%	1%	2%	22%	-	-	4%	8%	-	1%	6%	-
		*	*	*	**	**	*	**	*	**	*	*	*	*
None of the above. I would manage it myself.	6	3	1	2	-	1	2	-	-	-	2	3	3	3
	2%	2%	2%	3%	-	2%	4%	-	-	-	3%	6%	2%	4%
		*	*	*	**	**	*	**	*	**	*	*	*	*
Not applicable	7	7	4	3	1	-	-	-	5	-	2	-	4	4
	3%	5%	6%	4%	2%	-	-	-	8%	-	2%	-	2%	4%
		*	*	*	**	**	*	**	*	**	*	*	*	*
Sigma	259	137	55	83	23	28	56	15	64	43	68	60	165	93
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)

8. Have you ever sought mental health services for your son/daughter?

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: All Answering (unwtd)	269	145	61	84	31	22	56	15	50	44	74	75	175	94
Base: All Answering (wtd)	259	137	55	83	23	28	56	15	64	43	68	60	165	93
Yes (Net)	94	44	19	25	9	9	26	5	29	14	23	21	49	44
	36%	32%	34%	31%	40%	33%	46%	36%	46%	33%	34%	35%	30%	47%
		*	*	*	**	**	*	**	*	**	*	*		L*
Yes, sought help and got the help we needed	56	27	11	16	6	8	12	3	17	10	11	13	21	34
	22%	20%	20%	19%	28%	28%	21%	18%	27%	24%	17%	22%	13%	37%
		*	*	*	**	**	*	**	*	**	*	*		L*
Yes, sought help, but didn't get the help we needed	19	10	3	7	1	2	3	3	4	3	6	6	11	7
	7%	7%	6%	8%	5%	6%	5%	19%	6%	7%	8%	10%	7%	8%
		*	*	*	**	**	*	**	*	**	*	*		*
Yes, sought help, but still waiting for help that we need	19	7	4	3	2	-	11	-	8	1	6	1	17	2
	7%	5%	8%	3%	7%	-	19%	-	13%	2%	8%	2%	10%	3%
		*	*	*	**	**	AC*	**	*	**	*	*		*
Have not sought help	165	94	36	57	14	19	30	9	34	29	45	39	116	49
	64%	68%	66%	69%	60%	67%	54%	64%	54%	67%	66%	65%	70%	53%
		*	*	*	**	**	*	**	*	**	*	*	M	*
Sigma	259	137	55	83	23	28	56	15	64	43	68	60	165	93
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)

9. How easy or challenging was your experience/has your experience been in getting mental health services for your son/daughter?

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: All Answering (unwtd)	99	48	22	26	9	9	27	6	25	13	27	27	55	44
Base: All Answering (wtd)	94	44	19	25	9	9	26	5	29	14	23	21	49	44
Top 2 Box (Net)	46	22	12	10	6	3	11	3	12	10	12	9	25	20
	49%	51%	65%	41%	69%	33%	44%	49%	41%	71%	54%	43%	52%	46%
		**	**	**	**	**	**	**	**	**	**	**	*	**
Very easy	11	6	4	2	2	-	2	1	6	2	1	3	7	4
	12%	13%	21%	8%	23%	-	8%	22%	20%	11%	3%	14%	14%	10%
		**	**	**	**	**	**	**	**	**	**	**	*	**
Somewhat easy	35	17	8	8	4	3	9	1	6	8	12	6	19	16
	37%	38%	45%	33%	46%	33%	36%	27%	20%	60%	50%	30%	38%	36%
		**	**	**	**	**	**	**	**	**	**	**	*	**
Bottom 2 Box (Net)	48	22	6	15	3	6	14	3	17	4	11	12	24	24
	51%	49%	35%	59%	31%	67%	56%	51%	59%	29%	46%	57%	48%	54%
		**	**	**	**	**	**	**	**	**	**	**	*	**
Somewhat challenging	26	15	5	10	2	1	8	-	7	2	5	9	13	13
	28%	34%	25%	40%	25%	11%	30%	-	25%	13%	20%	41%	27%	29%
		**	**	**	**	**	**	**	**	**	**	**	*	**
Very challenging	22	7	2	5	1	5	7	3	10	2	6	3	10	11
	23%	15%	9%	19%	6%	56%	25%	51%	35%	15%	27%	15%	21%	25%
		**	**	**	**	**	**	**	**	**	**	**	*	**
Sigma	94	44	19	25	9	9	26	5	29	14	23	21	49	44
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)

11A/11B_1. Have you ever:/Thinking back to when you were younger, specifically under 25, did you ever: - Had concerns about your level of anxiety.

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: All Answering (unwtd)	210	113	71	42	20	21	45	11	61	39	52	34	68	142
Base: All Answering (wtd)	227	125	72	53	12	27	52	11	84	30	49	33	80	147
Yes	141	76	41	34	9	17	28	10	43	18	35	27	46	95
	62%	61%	58%	65%	78%	65%	55%	90%	51%	60%	71%	81%	58%	65%
		*	*	**	**	**	**	**	*	**	*	**	*	*
No	86	49	30	19	3	9	23	1	41	12	14	6	33	52
	38%	39%	42%	35%	22%	35%	45%	10%	49%	40%	29%	19%	42%	35%
		*	*	**	**	**	**	**	*	**	*	**	*	*
Sigma	227	125	72	53	12	27	52	11	84	30	49	33	80	147
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)

11A/11B_2. Have you ever:/Thinking back to when you were younger, specifically under 25, did you ever: - Talked to a medical health professional about your level of anxiety.

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: All Answering (unwtd)	210	113	71	42	20	21	45	11	61	39	52	34	68	142
Base: All Answering (wtd)	227	125	72	53	12	27	52	11	84	30	49	33	80	147
Yes	72	35	25	11	5	10	18	4	30	11	19	7	27	45
	32%	28%	34%	20%	37%	38%	35%	31%	36%	36%	38%	21%	34%	31%
	*	*	**	**	**	**	**	**	*	**	*	**	*	*
No	155	89	47	42	8	17	33	8	54	20	30	26	53	102
	68%	72%	66%	80%	63%	62%	65%	69%	64%	64%	62%	79%	66%	69%
	*	*	**	**	**	**	**	**	*	**	*	**	*	*
Sigma	227	125	72	53	12	27	52	11	84	30	49	33	80	147
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)

11A/11B_3. Have you ever:/Thinking back to when you were younger, specifically under 25, did you ever: - Talked to a friend/family member about your level of anxiety.

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: All Answering (unwtd)	210	113	71	42	20	21	45	11	61	39	52	34	68	142
Base: All Answering (wtd)	227	125	72	53	12	27	52	11	84	30	49	33	80	147
Yes	129	73	39	34	6	16	25	10	43	16	30	21	49	80
	57%	58%	54%	64%	48%	58%	49%	84%	51%	52%	62%	64%	62%	54%
		*	*	**	**	**	**	**	*	**	*	**	*	*
No	98	52	33	19	6	11	26	2	42	15	18	12	30	67
	43%	42%	46%	36%	52%	42%	51%	16%	49%	48%	38%	36%	38%	46%
		*	*	**	**	**	**	**	*	**	*	**	*	*
Sigma	227	125	72	53	12	27	52	11	84	30	49	33	80	147
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)

11A/11B_4. Have you ever:/Thinking back to when you were younger, specifically under 25, did you ever: - Been concerned about your performance in school due to anxiety.

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: All Answering (unwtd)	210	113	71	42	20	21	45	11	61	39	52	34	68	142
Base: All Answering (wtd)	227	125	72	53	12	27	52	11	84	30	49	33	80	147
Yes	138	74	42	32	7	19	28	11	53	18	27	28	43	96
	61%	59%	58%	60%	57%	69%	54%	96%	63%	59%	55%	86%	54%	65%
		*	*	**	**	**	**	**	*	**	*	**	*	*
No	89	51	30	21	5	8	23	*	32	13	22	5	37	52
	39%	41%	42%	40%	43%	31%	46%	4%	37%	41%	45%	14%	46%	35%
		*	*	**	**	**	**	**	*	**	*	**	*	*
Sigma	227	125	72	53	12	27	52	11	84	30	49	33	80	147
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)

11A/11B_5. Have you ever:/Thinking back to when you were younger, specifically under 25, did you ever: - Missed school due to issues related to anxiety.

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: All Answering (unwtd)	210	113	71	42	20	21	45	11	61	39	52	34	68	142
Base: All Answering (wtd)	227	125	72	53	12	27	52	11	84	30	49	33	80	147
Yes	105	56	25	31	6	12	24	7	35	12	29	19	40	65
	46%	45%	35%	58%	48%	44%	47%	62%	41%	39%	58%	58%	51%	44%
		*	*	**	**	**	**	**	*	**	*	**	*	*
No	122	69	46	22	6	15	27	4	50	19	20	14	39	82
	54%	55%	65%	42%	52%	56%	53%	38%	59%	61%	42%	42%	49%	56%
		*	*	**	**	**	**	**	*	**	*	**	*	*
Sigma	227	125	72	53	12	27	52	11	84	30	49	33	80	147
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)

12A/12B. Where would you go first to seek help if you were to experience a mental health issue such as anxiety?/ Where would you have gone first to seek help if you were to experience a mental health issue such as anxiety?

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: All Answering (unwtd)	210	113	71	42	20	21	45	11	61	39	52	34	68	142
Base: All Answering (wtd)	227	125	72	53	12	27	52	11	84	30	49	33	80	147
Family doctor, pediatrician	51	27	10	17	2	3	14	5	18	8	17	2	27	24
	23%	21%	14%	31%	15%	12%	28%	45%	21%	25%	34%	5%	34%	16%
		*	*	**	**	**	**	**	*	**	*	**	M*	*
School counsellor	11	8	6	2	1	1	1	-	4	1	3	3	2	9
	5%	6%	8%	4%	12%	3%	2%	-	4%	3%	6%	10%	3%	6%
		*	*	**	**	**	**	**	*	**	*	**	*	*
Child and youth mental health community agency	3	2	2	-	-	1	-	-	2	-	1	-	3	-
	1%	2%	3%	-	-	4%	-	-	3%	-	2%	-	4%	-
		*	*	**	**	**	**	**	*	**	*	**	*	*
Hospital	6	*	*	-	-	-	5	1	4	-	1	1	1	5
	3%	*	1%	-	-	-	9%	6%	5%	-	2%	3%	1%	3%
		*	*	**	**	**	**	**	*	**	*	**	*	*
A psychologist or therapist	23	20	13	7	-	2	2	-	8	4	5	4	9	14
	10%	16%	18%	13%	-	6%	4%	-	10%	13%	10%	12%	11%	10%
		*	*	**	**	**	**	**	*	**	*	**	*	*
Friends and/or family	84	41	26	16	4	13	21	5	29	14	10	21	27	57
	37%	33%	36%	30%	32%	48%	41%	43%	34%	47%	21%	63%	34%	39%
		*	*	**	**	**	**	**	*	**	*	**	*	*
Called a helpline	9	7	2	4	*	-	2	-	3	*	3	1	2	7
	4%	5%	3%	8%	4%	-	3%	-	4%	2%	6%	3%	2%	5%
		*	*	**	**	**	**	**	*	**	*	**	*	*
Other	1	1	1	-	-	-	-	-	-	-	1	-	-	1
	*	*	1%	-	-	-	-	-	-	-	1%	-	-	*
		*	*	**	**	**	**	**	*	**	*	**	*	*
Nowhere/None of the above. I would manage it myself.	28	13	7	6	4	4	6	1	14	1	8	1	5	23
	12%	11%	10%	12%	34%	15%	11%	6%	16%	5%	17%	2%	6%	16%
		*	*	**	**	**	**	**	*	**	*	**	*	*
DK/NS	11	6	5	1	*	3	1	-	2	2	1	1	3	7
	5%	5%	7%	2%	3%	13%	2%	-	3%	6%	1%	2%	4%	5%
		*	*	**	**	**	**	**	*	**	*	**	*	*
Sigma	227	125	72	53	12	27	52	11	84	30	49	33	80	147
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)

13A/13B. Have you ever sought mental health services for yourself?/ Still thinking back to when you were younger, did you ever seek mental health services for yourself?

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: All Answering (unwtd)	210	113	71	42	20	21	45	11	61	39	52	34	68	142
Base: All Answering (wtd)	227	125	72	53	12	27	52	11	84	30	49	33	80	147
Yes (Net)	91	53	32	21	5	15	14	5	39	10	25	11	26	65
	40%	42%	44%	39%	37%	56%	27%	41%	46%	32%	51%	32%	33%	44%
	*	*	**	**	**	**	**	**	*	**	*	**	*	*
Yes, sought help and got the help I needed	53	32	20	12	2	9	9	1	23	4	16	7	17	35
	23%	26%	28%	22%	14%	34%	17%	10%	27%	12%	33%	20%	22%	24%
	*	*	**	**	**	**	**	**	*	**	*	**	*	*
Yes, sought help, but didn't get the help I needed	38	21	11	9	3	6	5	4	16	6	9	4	9	30
	17%	17%	16%	17%	24%	22%	11%	31%	19%	19%	19%	12%	11%	20%
	*	*	**	**	**	**	**	**	*	**	*	**	*	*
Did not seek help	136	72	40	32	8	12	38	7	45	21	24	22	54	82
	60%	58%	56%	61%	63%	44%	73%	59%	54%	68%	49%	68%	67%	56%
	*	*	**	**	**	**	**	**	*	**	*	**	*	*
Sigma	227	125	72	53	12	27	52	11	84	30	49	33	80	147
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)

14. How easy or challenging was your experience in getting mental health services?

	Total	ONTARIO							HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
		GTA - Total	GTA - 416	GTA - 905	Central	East	Southwest	North	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: All Answering (unwtd)	89	51	35	16	8	10	15	5	28	15	28	10	30	59
Base: All Answering (wtd)	91	53	32	21	5	15	14	5	39	10	25	11	26	65
Top 2 Box (Net)	46	28	20	8	2	7	8	1	24	3	10	6	15	31
	50%	53%	63%	37%	44%	48%	54%	25%	62%	32%	40%	59%	57%	47%
		*	**	**	**	**	**	**	**	**	**	**	**	*
Very easy	12	6	5	1	-	3	3	*	9	1	2	-	3	9
	14%	11%	14%	7%	-	19%	22%	9%	24%	14%	7%	-	13%	14%
		*	**	**	**	**	**	**	**	**	**	**	**	*
Somewhat easy	33	22	15	6	2	4	5	1	15	2	8	6	11	22
	36%	41%	48%	30%	44%	29%	32%	15%	38%	18%	33%	59%	44%	34%
		*	**	**	**	**	**	**	**	**	**	**	**	*
Bottom 2 Box (Net)	45	25	12	13	3	8	6	4	15	7	15	4	11	34
	50%	47%	37%	63%	56%	52%	46%	75%	38%	68%	60%	41%	43%	53%
		*	**	**	**	**	**	**	**	**	**	**	**	*
Somewhat challenging	30	18	7	10	1	7	3	2	12	6	11	1	7	23
	34%	34%	23%	50%	12%	46%	22%	47%	30%	58%	44%	7%	28%	36%
		*	**	**	**	**	**	**	**	**	**	**	**	*
Very challenging	15	7	4	3	2	1	3	1	3	1	4	4	4	11
	16%	14%	14%	13%	45%	6%	24%	28%	9%	10%	16%	33%	15%	17%
		*	**	**	**	**	**	**	**	**	**	**	**	*
Sigma	91	53	32	21	5	15	14	5	39	10	25	11	26	65
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/D/E/F/G,B/C/D/E/F/G,H/I/J/K,L/M

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of Contents](#)