

5_1. How much do you agree/disagree with the following statements? - Children, youth and families easily receive the type of mental health treatment and supports where and when they need it in their community.

			Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health		(Q13A/Q13B)		
	Total	Urban	Rural	Yes	No	Yes	No	Sought help	Not Sought	Sought help	Not Sought
		A	B	C	D	E	F	G	H	I	J
Base: All Respondents (unwtd)	806	756	50	133	136	128	82	99	170	89	121
Base: All Respondents (wtd)	806	753	53	130	129	141	86	94	165	91	136
Top 2 Box (Net)	279	261	18	41	61	54	31	32	70	34	52
	35%	35%	33%	31%	48%	39%	36%	34%	43%	38%	38%
			*	*	C*	*	*	*		*	*
Strongly agree	75	71	4	17	15	22	10	14	18	19	13
	9%	9%	8%	13%	12%	16%	11%	15%	11%	21%	9%
			*	*	*	*	*	*		*	*
Somewhat agree	204	191	13	24	46	32	22	18	53	15	39
	25%	25%	25%	18%	36%	23%	25%	19%	32%	16%	28%
			*	*	C*	*	*	*		*	*
Bottom 2 Box (Net)	444	413	31	84	48	81	42	58	74	48	74
	55%	55%	59%	65%	37%	57%	48%	62%	45%	53%	55%
			*	D*	*	*	*	H*		*	*
Somewhat disagree	268	251	17	45	38	52	26	33	50	32	47
	33%	33%	31%	34%	30%	37%	31%	35%	30%	35%	34%
			*	*	*	*	*	*		*	*
Strongly disagree	176	161	14	40	10	29	15	26	24	16	28
	22%	21%	27%	30%	8%	20%	18%	27%	14%	18%	20%
			*	D*	*	*	*	H*		*	*
Don't know	83	79	4	5	19	6	13	3	21	9	10
	10%	10%	8%	4%	15%	4%	15%	4%	13%	10%	7%
			*	*	C*	*	E*	*	G	*	*
Sigma	806	753	53	130	129	141	86	94	165	91	136
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

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5_2. How much do you agree/disagree with the following statements? - I am confident that the system can deliver quality services to children and families facing mental health issues.

	Total	Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health		(Q13A/Q13B)			
		Urban	Rural	Yes	No	Yes	No	Sought help	Not Sought	Sought help	Not Sought
		A	B	C	D	E	F	G	H	I	J
Base: All Respondents (unwtd)	806	756	50	133	136	128	82	99	170	89	121
Base: All Respondents (wtd)	806	753	53	130	129	141	86	94	165	91	136
Top 2 Box (Net)	371	344	27	60	75	78	52	45	89	57	73
	46%	46%	51%	46%	58%	55%	61%	49%	54%	63%	54%
			*	*	*	*	*	*		*	*
Strongly agree	79	75	4	13	18	21	18	13	18	23	16
	10%	10%	8%	10%	14%	15%	22%	13%	11%	25%	12%
			*	*	*	*	*	*		*	*
Somewhat agree	292	269	23	47	57	58	34	33	71	35	57
	36%	36%	43%	36%	44%	41%	39%	35%	43%	38%	42%
			*	*	*	*	*	*		*	*
Bottom 2 Box (Net)	358	336	22	63	36	58	25	42	58	28	55
	44%	45%	41%	49%	28%	41%	29%	45%	35%	31%	40%
			*	D*	*	*	*	*		*	*
Somewhat disagree	231	220	11	31	30	39	16	23	38	22	33
	29%	29%	20%	24%	24%	28%	19%	25%	23%	24%	25%
			*	*	*	*	*	*		*	*
Strongly disagree	127	116	11	32	6	19	9	18	20	6	21
	16%	15%	21%	25%	4%	13%	10%	20%	12%	7%	16%
			*	D*	*	*	*	*		*	*
Don't know	77	72	4	7	18	5	9	6	18	6	9
	10%	10%	8%	5%	14%	4%	10%	7%	11%	6%	6%
			*	*	*	*	*	*		*	*
Sigma	806	753	53	130	129	141	86	94	165	91	136
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:
 Overlap formula used
 - Column Proportions:
 Columns Tested (5%): A/B,C/D,E/F,G/H,I/J
 Minimum Base: 30 (**), Small Base: 100 (*)
 - Column Means:
 Columns Tested (5%): A/B,C/D,E/F,G/H,I/J
 Minimum Base: 30 (**), Small Base: 100 (*)

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6_1. Have you ever: - Had concerns about your son/daughter's level of anxiety.

	Total	Urban	Rural	Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health		(Q13A/Q13B)	
				Yes	No	Yes	No	Sought help	Not Sought	Sought help	Not Sought
		A	B	C	D	E	F	G	H	I	J
Base: All Answering (unwtd)	269	256	13	133	136	34	22	99	170	26	30
Base: All Answering (wtd)	259	246	13	130	129	35	17	94	165	20	33
Yes	130	123	8	130	-	19	4	88	43	12	11
	50%	50%	57%	100%	-	55%	24%	94%	26%	62%	34%
			**	D*	*	**	**	H*		**	**
No	129	123	6	-	129	16	13	6	123	8	21
	50%	50%	43%	-	100%	45%	76%	6%	74%	38%	66%
			**	*	C*	**	**	*	G	**	**
Sigma	259	246	13	130	129	35	17	94	165	20	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

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6_2. Have you ever: - Talked to a health professional about your son/daughter's level of anxiety.

	Total	Urban	Rural	Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health		(Q13A/Q13B)	
				Yes	No	Yes	No	Sought help	Not Sought	Sought help	Not Sought
		A	B	C	D	E	F	G	H	I	J
Base: All Answering (unwtd)	269	256	13	133	136	34	22	99	170	26	30
Base: All Answering (wtd)	259	246	13	130	129	35	17	94	165	20	33
Yes	95	89	6	89	6	10	3	82	13	11	3
	37%	36%	45%	69%	5%	29%	20%	88%	8%	55%	8%
			**	D*	*	**	**	H*		**	**
No	164	156	7	41	123	25	14	11	153	9	30
	63%	64%	55%	31%	95%	71%	80%	12%	92%	45%	92%
			**	*	C*	**	**	*	G	**	**
Sigma	259	246	13	130	129	35	17	94	165	20	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

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6_3. Have you ever: - Talked to a friend/family member about your son/daughter's level of anxiety.

	Total	Urban	Rural	Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health		(Q13A/Q13B)	
				Yes	No	Yes	No	Sought help	Not Sought	Sought help	Not Sought
		A	B	C	D	E	F	G	H	I	J
Base: All Answering (unwtd)	269	256	13	133	136	34	22	99	170	26	30
Base: All Answering (wtd)	259	246	13	130	129	35	17	94	165	20	33
Yes	108	102	6	95	13	19	4	80	29	12	12
	42%	42%	45%	73%	10%	55%	26%	85%	17%	59%	36%
			**	D*	*	**	**	H*		**	**
No	151	143	7	35	116	16	13	14	137	8	21
	58%	58%	55%	27%	90%	45%	74%	15%	83%	41%	64%
			**	*	C*	**	**	*	G	**	**
Sigma	259	246	13	130	129	35	17	94	165	20	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

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6_4. Have you ever: - Missed work to care for your son/daughter experiencing issues related to anxiety.

	Total	Urban	Rural	Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health		(Q13A/Q13B)	
				Yes	No	Yes	No	Sought help	Not Sought	Sought help	Not Sought
		A	B	C	D	E	F	G	H	I	J
Base: All Answering (unwtd)	269	256	13	133	136	34	22	99	170	26	30
Base: All Answering (wtd)	259	246	13	130	129	35	17	94	165	20	33
Yes	64	61	3	60	4	8	3	57	7	9	2
	25%	25%	23%	46%	3%	22%	19%	61%	4%	46%	6%
			**	D*	*	**	**	H*		**	**
No	195	185	10	70	125	27	14	36	159	11	31
	75%	75%	77%	54%	97%	78%	81%	39%	96%	54%	94%
			**	*	C*	**	**	*	G	**	**
Sigma	259	246	13	130	129	35	17	94	165	20	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

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6_5. Have you ever: - Been concerned about your son/daughter's performance in school, college or university due to anxiety.

	Total	Urban	Rural	Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health		(Q13A/Q13B)	
				Yes	No	Yes	No	Sought help	Not Sought	Sought help	Not Sought
		A	B	C	D	E	F	G	H	I	J
Base: All Answering (unwtd)	269	256	13	133	136	34	22	99	170	26	30
Base: All Answering (wtd)	259	246	13	130	129	35	17	94	165	20	33
Yes	114	106	8	102	12	19	4	77	37	12	11
	44%	43%	57%	79%	9%	55%	23%	82%	22%	59%	35%
			**	D*	*	**	**	H*		**	**
No	145	139	6	28	117	16	13	17	128	8	21
	56%	57%	43%	21%	91%	45%	77%	18%	78%	41%	65%
			**	*	C*	**	**	*	G	**	**
Sigma	259	246	13	130	129	35	17	94	165	20	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

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6_6. Have you ever: - Has your son/daughter ever missed school due to issues related to anxiety.

	Total	Urban	Rural	Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health		(Q13A/Q13B)	
				Yes	No	Yes	No	Sought help	Not Sought	Sought help	Not Sought
		A	B	C	D	E	F	G	H	I	J
Base: All Answering (unwtd)	269	256	13	133	136	34	22	99	170	26	30
Base: All Answering (wtd)	259	246	13	130	129	35	17	94	165	20	33
Yes	85	80	5	82	3	10	3	71	14	9	4
	33%	32%	41%	63%	3%	30%	18%	76%	8%	46%	13%
			**	D*	*	**	**	H*		**	**
No	174	166	8	49	125	25	14	22	152	11	28
	67%	68%	59%	37%	97%	70%	82%	24%	92%	54%	87%
			**	*	C*	**	**	*	G	**	**
Sigma	259	246	13	130	129	35	17	94	165	20	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

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7. Where would you go first to seek help if your son/daughter were to experience mild to moderate mental health issue?

			Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health		(Q13A/Q13B)		
	Total	Urban	Rural	Yes	No	Yes	No	Sought help	Not Sought	Sought help	Not Sought
		A	B	C	D	E	F	G	H	I	J
Base: All Answering (unwtd)	269	256	13	133	136	34	22	99	170	26	30
Base: All Answering (wtd)	259	246	13	130	129	35	17	94	165	20	33
Family doctor, pediatrician	186	173	13	98	88	23	12	73	113	13	22
	72%	71%	100%	76%	68%	67%	68%	78%	68%	65%	69%
			**	*	*	**	**	*		**	**
School counsellor	7	7	-	1	6	1	-	1	7	1	-
	3%	3%	-	1%	5%	1%	-	1%	4%	3%	-
			**	*	*	**	**	*		**	**
Child and youth mental health community agency	9	9	-	6	3	2	1	5	4	3	-
	3%	4%	-	4%	2%	6%	3%	5%	2%	13%	-
			**	*	*	**	**	*		**	**
Hospital	6	6	-	3	4	*	-	3	3	*	-
	2%	3%	-	2%	3%	1%	-	3%	2%	2%	-
			**	*	*	**	**	*		**	**
A psychologist or therapist	12	12	-	8	4	3	-	8	4	3	*
	5%	5%	-	6%	3%	9%	-	8%	3%	13%	1%
			**	*	*	**	**	*		**	**
Friends and/or family	12	12	-	4	9	3	1	1	12	1	3
	5%	5%	-	3%	7%	8%	4%	1%	7%	4%	8%
			**	*	*	**	**	*		**	**
Called a helpline	1	1	-	1	1	-	-	1	1	-	-
	*	*	-	*	*	-	-	1%	*	-	-
			**	*	*	**	**	*		**	**
Other	1	1	-	1	1	-	-	1	1	-	-
	*	1%	-	1%	*	-	-	1%	*	-	-
			**	*	*	**	**	*		**	**
DK/NS/Don't know	10	10	-	5	5	3	1	2	8	-	4
	4%	4%	-	4%	4%	8%	7%	2%	5%	-	13%
			**	*	*	**	**	*		**	**
None of the above. I would manage it myself.	6	6	-	4	2	-	-	-	6	-	-
	2%	3%	-	3%	1%	-	-	-	4%	-	-
			**	*	*	**	**	*		**	**
Not applicable	7	7	-	-	7	-	3	-	7	-	3
	3%	3%	-	-	6%	-	17%	-	4%	-	9%
			**	*	C*	**	**	*		**	**
Sigma	259	246	13	130	129	35	17	94	165	20	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

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8. Have you ever sought mental health services for your son/daughter?

	Total	Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health		(Q13A/Q13B)			
		Urban	Rural	Yes	No	Yes	No	Sought help	Not Sought	Sought help	Not Sought
		A	B	C	D	E	F	G	H	I	J
Base: All Answering (unwtd)	269	256	13	133	136	34	22	99	170	26	30
Base: All Answering (wtd)	259	246	13	130	129	35	17	94	165	20	33
Yes (Net)	94	87	7	88	6	8	4	94	-	11	1
	36%	35%	51%	67%	5%	23%	21%	100%	-	53%	4%
			**	D*	*	**	**	H*		**	**
Yes, sought help and got the help we needed	56	50	6	52	4	5	2	56	-	7	-
	22%	20%	46%	40%	3%	14%	11%	60%	-	34%	-
			**	D*	*	**	**	H*		**	**
Yes, sought help, but didn't get the help we needed	19	18	1	17	2	2	1	19	-	1	1
	7%	7%	4%	13%	1%	5%	5%	20%	-	7%	4%
			**	D*	*	**	**	H*		**	**
Yes, sought help, but still waiting for help that we need	19	19	-	18	1	2	1	19	-	2	-
	7%	8%	-	14%	1%	4%	4%	21%	-	12%	-
			**	D*	*	**	**	H*		**	**
Have not sought help	165	159	7	43	123	27	14	-	165	9	31
	64%	65%	49%	33%	95%	77%	79%	-	100%	47%	96%
			**	*	C*	**	**	*	G	**	**
Sigma	259	246	13	130	129	35	17	94	165	20	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

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9. How easy or challenging was your experience/has your experience been in getting mental health services for your son/daughter?

			Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health		(Q13A/Q13B)		
	Total	Urban	Rural	Yes	No	Yes	No	Sought help	Not Sought	Sought help	Not Sought
		A	B	C	D	E	F	G	H	I	J
Base: All Answering (unwtd)	99	93	6	91	8	10	6	99	-	14	2
Base: All Answering (wtd)	94	87	7	88	6	8	4	94	-	11	1
Top 2 Box (Net)	46	44	2	40	5	6	2	46	-	8	-
	49%	51%	23%	46%	90%	75%	42%	49%	-	74%	-
		*	**	*	**	**	**			**	**
Very easy	11	11	-	10	1	3	1	11	-	3	-
	12%	13%	-	11%	22%	36%	14%	12%	-	33%	-
		*	**	*	**	**	**			**	**
Somewhat easy	35	33	2	31	4	3	1	35	-	4	-
	37%	38%	23%	35%	68%	39%	28%	37%	-	41%	-
		*	**	*	**	**	**			**	**
Bottom 2 Box (Net)	48	43	5	47	1	2	2	48	-	3	1
	51%	49%	77%	54%	10%	25%	58%	51%	-	26%	100%
		*	**	*	**	**	**			**	**
Somewhat challenging	26	24	2	25	1	*	-	26	-	-	*
	28%	27%	33%	29%	10%	6%	-	28%	-	-	33%
		*	**	*	**	**	**			**	**
Very challenging	22	19	3	22	-	2	2	22	-	3	1
	23%	21%	45%	25%	-	19%	58%	23%	-	26%	67%
		*	**	*	**	**	**			**	**
Sigma	94	87	7	88	6	8	4	94	-	11	1
	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

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11A/11B_1. Have you ever:/Thinking back to when you were younger, specifically under 25, did you ever: - Had concerns about your level of anxiety.

	Total	Urban A	Rural B	Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health		(Q13A/Q13B)	
				Yes C	No D	Yes E	No F	Sought help G	Not Sought H	Sought help I	Not Sought J
Base: All Answering (unwtd)	210	202	8	25	31	128	82	16	40	89	121
Base: All Answering (wtd)	227	219	8	24	29	141	86	12	41	91	136
Yes	141	136	6	19	16	141	-	8	27	72	69
	62%	62%	69%	82%	55%	100%	-	69%	66%	79%	51%
			**	**	**	F*	*	**	**	J*	*
No	86	83	3	4	13	-	86	4	14	19	67
	38%	38%	31%	18%	45%	-	100%	31%	34%	21%	49%
			**	**	**	*	E*	**	**	*	I*
Sigma	227	219	8	24	29	141	86	12	41	91	136
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

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11A/11B_2. Have you ever:/Thinking back to when you were younger, specifically under 25, did you ever: - Talked to a medical health professional about your level of anxiety.

	Total	Urban	Rural	Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health		(Q13A/Q13B)	
				Yes	No	Yes	No	Sought help	Not Sought	Sought help	Not Sought
		A	B	C	D	E	F	G	H	I	J
Base: All Answering (unwtd)	210	202	8	25	31	128	82	16	40	89	121
Base: All Answering (wtd)	227	219	8	24	29	141	86	12	41	91	136
Yes	72	68	4	10	9	54	18	10	10	58	14
	32%	31%	44%	43%	31%	38%	21%	80%	24%	64%	10%
			**	**	**	F*	*	**	**	J*	*
No	155	151	5	13	20	87	68	2	31	33	122
	68%	69%	56%	57%	69%	62%	79%	20%	76%	36%	90%
			**	**	**	*	E*	**	**	*	I*
Sigma	227	219	8	24	29	141	86	12	41	91	136
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

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11A/11B_3. Have you ever:/Thinking back to when you were younger, specifically under 25, did you ever: - Talked to a friend/family member about your level of anxiety.

	Total	Urban	Rural	Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health		(Q13A/Q13B)	
				Yes	No	Yes	No	Sought help	Not Sought	Sought help	Not Sought
		A	B	C	D	E	F	G	H	I	J
Base: All Answering (unwtd)	210	202	8	25	31	128	82	16	40	89	121
Base: All Answering (wtd)	227	219	8	24	29	141	86	12	41	91	136
Yes	129	127	3	18	14	99	30	8	25	67	62
	57%	58%	31%	79%	48%	70%	35%	65%	61%	74%	45%
			**	**	**	F*	*	**	**	J*	*
No	98	92	6	5	15	42	56	4	16	23	74
	43%	42%	69%	21%	52%	30%	65%	35%	39%	26%	55%
			**	**	**	*	E*	**	**	*	I*
Sigma	227	219	8	24	29	141	86	12	41	91	136
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

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11A/11B_4. Have you ever:/Thinking back to when you were younger, specifically under 25, did you ever: - Been concerned about your performance in school due to anxiety.

	Total	Urban	Rural	Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health		(Q13A/Q13B)	
				Yes	No	Yes	No	Sought help	Not Sought	Sought help	Not Sought
		A	B	C	D	E	F	G	H	I	J
Base: All Answering (unwtd)	210	202	8	25	31	128	82	16	40	89	121
Base: All Answering (wtd)	227	219	8	24	29	141	86	12	41	91	136
Yes	138	133	6	16	12	111	27	9	20	74	64
	61%	61%	69%	69%	42%	79%	32%	71%	49%	81%	47%
			**	**	**	F*	*	**	**	J*	*
No	89	86	3	7	17	30	58	3	21	17	72
	39%	39%	31%	31%	58%	21%	68%	29%	51%	19%	53%
			**	**	**	*	E*	**	**	*	I*
Sigma	227	219	8	24	29	141	86	12	41	91	136
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

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11A/11B_5. Have you ever:/Thinking back to when you were younger, specifically under 25, did you ever: - Missed school due to issues related to anxiety.

	Total	Urban A	Rural B	Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health		(Q13A/Q13B)	
				Yes C	No D	Yes E	No F	Sought help G	Not Sought H	Sought help I	Not Sought J
Base: All Answering (unwtd)	210	202	8	25	31	128	82	16	40	89	121
Base: All Answering (wtd)	227	219	8	24	29	141	86	12	41	91	136
Yes	105	101	5	13	11	86	19	9	16	52	53
	46%	46%	56%	55%	39%	61%	22%	73%	38%	58%	39%
			**	**	**	F*	*	**	**	J*	*
No	122	118	4	11	18	55	66	3	25	38	83
	54%	54%	44%	45%	61%	39%	78%	27%	62%	42%	61%
			**	**	**	*	E*	**	**	*	I*
Sigma	227	219	8	24	29	141	86	12	41	91	136
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

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12A/12B. Where would you go first to seek help if you were to experience a mental health issue such as anxiety?/ Where would you have gone first to seek help if you were to experience a mental health issue such as anxiety?

			Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health		(Q13A/Q13B)		
	Total	Urban	Rural	Yes	No	Yes	No	Sought help	Not Sought	Sought help	Not Sought
		A	B	C	D	E	F	G	H	I	J
Base: All Answering (unwtd)	210	202	8	25	31	128	82	16	40	89	121
Base: All Answering (wtd)	227	219	8	24	29	141	86	12	41	91	136
Family doctor, pediatrician	51	48	3	11	7	36	16	5	13	21	30
	23%	22%	33%	45%	24%	25%	18%	41%	31%	24%	22%
			**	**	**	*	*	**	**	*	*
School counsellor	11	11	-	1	1	8	3	-	2	6	5
	5%	5%	-	5%	3%	6%	4%	-	5%	6%	4%
			**	**	**	*	*	**	**	*	*
Child and youth mental health community agency	3	3	-	-	1	-	3	-	1	2	1
	1%	2%	-	-	3%	-	4%	-	2%	3%	1%
			**	**	**	*	*	**	**	*	*
Hospital	6	6	-	*	-	2	4	*	-	4	1
	3%	3%	-	2%	-	1%	5%	4%	-	5%	1%
			**	**	**	*	*	**	**	*	*
A psychologist or therapist	23	23	-	4	3	18	5	4	3	15	8
	10%	11%	-	17%	12%	13%	6%	38%	7%	17%	6%
			**	**	**	*	*	**	**	J*	*
Friends and/or family	84	81	3	5	11	51	33	2	14	27	57
	37%	37%	36%	19%	39%	36%	38%	18%	34%	30%	42%
			**	**	**	*	*	**	**	*	*
Called a helpline	9	9	-	-	1	7	2	-	1	6	3
	4%	4%	-	-	3%	5%	2%	-	2%	7%	2%
			**	**	**	*	*	**	**	*	*
Other	1	1	-	-	-	1	-	-	-	1	-
	*	*	-	-	-	*	-	-	-	1%	-
			**	**	**	*	*	**	**	*	*
Nowhere/None of the above. I would manage it myself.	28	25	3	-	1	15	13	-	1	7	21
	12%	12%	31%	-	3%	10%	15%	-	2%	8%	15%
			**	**	**	*	*	**	**	*	*
DK/NS	11	11	-	3	3	4	7	-	6	1	10
	5%	5%	-	12%	11%	3%	8%	-	15%	1%	8%
			**	**	**	*	*	**	**	*	*
Sigma	227	219	8	24	29	141	86	12	41	91	136
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

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13A/13B. Have you ever sought mental health services for yourself?/ Still thinking back to when you were younger, did you ever seek mental health services for yourself?

	Total	Urban	Rural	Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health		(Q13A/Q13B)	
				Yes	No	Yes	No	Sought help	Not Sought	Sought help	Not Sought
		A	B	C	D	E	F	G	H	I	J
Base: All Answering (unwtd)	210	202	8	25	31	128	82	16	40	89	121
Base: All Answering (wtd)	227	219	8	24	29	141	86	12	41	91	136
Yes (Net)	91	90	1	12	8	72	19	11	9	91	-
	40%	41%	13%	53%	26%	51%	22%	88%	23%	100%	-
			**	**	**	F*	*	**	**	J*	*
Yes, sought help and got the help I needed	53	51	1	9	7	42	10	8	8	53	-
	23%	24%	13%	36%	24%	30%	12%	67%	19%	58%	-
			**	**	**	F*	*	**	**	J*	*
Yes, sought help, but didn't get the help I needed	38	38	-	4	1	30	8	3	2	38	-
	17%	18%	-	16%	2%	21%	10%	22%	4%	42%	-
			**	**	**	*	*	**	**	J*	*
Did not seek help	136	129	7	11	21	69	67	1	31	-	136
	60%	59%	87%	47%	74%	49%	78%	12%	77%	-	100%
			**	**	**	*	E*	**	**	*	I*
Sigma	227	219	8	24	29	141	86	12	41	91	136
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

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14. How easy or challenging was your experience in getting mental health services?

	Total	Urban		Rural		Had concerns (Q6)		Had concerns (Q11A/Q11B)		Ever Sought Mental Health (Q13A/Q13B)	
		A	B	C	D	E	F	G	H	I	J
Base: All Answering (unwtd)	89	87	2	17	9	71	18	14	12	89	-
Base: All Answering (wtd)	91	90	1	12	8	72	19	11	9	91	-
Top 2 Box (Net)	46	44	1	8	5	34	11	7	7	46	-
	50%	50%	100%	66%	72%	47%	60%	65%	72%	50%	-
		*	**	**	**	*	**	**	**		
Very easy	12	12	-	4	2	6	6	4	2	12	-
	14%	14%	-	35%	21%	8%	34%	41%	17%	14%	-
		*	**	**	**	*	**	**	**		
Somewhat easy	33	32	1	4	4	28	5	3	5	33	-
	36%	36%	100%	31%	51%	39%	26%	24%	55%	36%	-
		*	**	**	**	*	**	**	**		
Bottom 2 Box (Net)	45	45	-	4	2	38	7	4	3	45	-
	50%	50%	-	34%	28%	53%	40%	35%	28%	50%	-
		*	**	**	**	*	**	**	**		
Somewhat challenging	30	30	-	3	2	23	7	2	3	30	-
	34%	34%	-	21%	28%	32%	40%	20%	28%	34%	-
		*	**	**	**	*	**	**	**		
Very challenging	15	15	-	2	-	15	-	2	-	15	-
	16%	17%	-	13%	-	21%	-	15%	-	16%	-
		*	**	**	**	*	**	**	**		
Sigma	91	90	1	12	8	72	19	11	9	91	-
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-

Statistics:

Overlap formula used

- Column Proportions:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D,E/F,G/H,I/J

Minimum Base: 30 (**), Small Base: 100 (*)

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