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1. Thinking about a typical day, how much physical activity or exercise would you say you get?
2. Do you prefer to exercise or engage in physical activity on your own or with other people?
3. Do you incorporate spinning (indoor cycling) into your exercise or physical activity?
4. Which of the following prevents you from getting more exercise or physical activity?
  - 5\_1. To what extent do you agree or disagree with the following - Making time to get to an exercise class is difficult.
  - 5\_2. To what extent do you agree or disagree with the following - It is more convenient for me to get exercise at home than to go to a gym.
  - 5\_3. To what extent do you agree or disagree with the following - I would work out more if I could do it from my home.
  - 5\_4. To what extent do you agree or disagree with the following - I want to work out on my own time, when I'm available, not on a schedule.
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5. To what extent do you agree or disagree with the following - Top 2 Box Summary
5. To what extent do you agree or disagree with the following - Bottom 2 Box Summary

1. Thinking about a typical day, how much physical activity or exercise would you say you get?

		REGION			
	Total	BC	AB	SK/MB	Ontario
		A	B	C	D
<b>Base: All Respondents (unwtd)</b>	<b>1001</b>	<b>121</b>	<b>103</b>	<b>93</b>	<b>356</b>
<b>Base: All Respondents (wtd)</b>	<b>1001</b>	<b>136</b>	<b>112</b>	<b>65</b>	<b>384</b>
none at all	59	7	3	1	17
	6%	5%	2%	2%	5%
		*	*	*	
less than 30 minutes	342	48	24	19	107
	34%	36%	21%	29%	28%
		*	*	*	
30 to 59 minutes	369	47	53	22	168
	37%	34%	47%	34%	44%
		*	E*	*	E
60 minutes to 89 minutes	102	19	19	10	31
	10%	14%	17%	15%	8%
		*	E*	*	
90 minutes to 2 hours	49	3	10	5	23
	5%	3%	9%	8%	6%
		*	*	E*	
more than 2 hours a day	79	12	4	7	38
	8%	9%	3%	11%	10%
		*	*	E*	E
Sigma	1001	136	112	65	384
	100%	100%	100%	100%	100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

- Column Means:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

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		HOUSEHOLD INCOME		HOUSEHOLD COMPOSITION	
Quebec	Atlantic	\$60K - <\$100K	\$100K+	Kids	No Kids
E	F	G	H	I	J
<b>233</b>	<b>95</b>	<b>570</b>	<b>431</b>	<b>381</b>	<b>620</b>
<b>235</b>	<b>68</b>	<b>669</b>	<b>332</b>	<b>355</b>	<b>646</b>
26	5	39	20	24	35
11%	7%	6%	6%	7%	5%
D	*				
124	20	234	108	119	224
53%	29%	35%	32%	33%	35%
ABCDF	*				
60	20	223	146	134	235
25%	30%	33%	44%	38%	36%
	*		G		
15	8	65	37	38	64
7%	12%	10%	11%	11%	10%
	*				
5	2	37	12	13	36
2%	3%	5%	4%	4%	6%
	*				
5	13	70	9	27	52
2%	19%	11%	3%	8%	8%
	BE*	H			
235	68	669	332	355	646
100%	100%	100%	100%	100%	100%

2. Do you prefer to exercise or engage in physical activity on your own or with other people?

		REGION			
	Total	BC	AB	SK/MB	Ontario
		A	B	C	D
<b>Base: All Respondents (unwtd)</b>	<b>1001</b>	<b>121</b>	<b>103</b>	<b>93</b>	<b>356</b>
<b>Base: All Respondents (wtd)</b>	<b>1001</b>	<b>136</b>	<b>112</b>	<b>65</b>	<b>384</b>
on my own	727	88	88	48	274
	73%	65%	79%	73%	71%
		*	*	*	
with other people	274	48	24	18	111
	27%	35%	21%	27%	29%
		*	*	*	
Sigma	1001	136	112	65	384
	100%	100%	100%	100%	100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

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Minimum Base: 30 (\*\*), Small Base: 100 (\*)

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		HOUSEHOLD INCOME		HOUSEHOLD COMPOSITION	
Quebec	Atlantic	\$60K - <\$100K	\$100K+	Kids	No Kids
E	F	G	H	I	J
<b>233</b>	<b>95</b>	<b>570</b>	<b>431</b>	<b>381</b>	<b>620</b>
<b>235</b>	<b>68</b>	<b>669</b>	<b>332</b>	<b>355</b>	<b>646</b>
175	55	497	230	262	465
74%	81%	74%	69%	74%	72%
	*				
60	13	172	102	93	181
26%	19%	26%	31%	26%	28%
	*				
235	68	669	332	355	646
100%	100%	100%	100%	100%	100%

3. Do you incorporate spinning (indoor cycling) into your exercise or physical activity?

		REGION			
	Total	BC	AB	SK/MB	Ontario
		A	B	C	D
<b>Base: All Respondents (unwtd)</b>	<b>1001</b>	<b>121</b>	<b>103</b>	<b>93</b>	<b>356</b>
<b>Base: All Respondents (wtd)</b>	<b>1001</b>	<b>136</b>	<b>112</b>	<b>65</b>	<b>384</b>
yes	173	24	19	7	81
	17%	18%	17%	11%	21%
		*	*	*	
no	828	112	93	58	304
	83%	82%	83%	89%	79%
		*	*	*	
Sigma	1001	136	112	65	384
	100%	100%	100%	100%	100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

- Column Means:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

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		HOUSEHOLD INCOME		HOUSEHOLD COMPOSITION	
Quebec	Atlantic	\$60K - <\$100K	\$100K+	Kids	No Kids
E	F	G	H	I	J
233	95	570	431	381	620
235	68	669	332	355	646
33	9	117	56	82	91
14%	13%	17%	17%	23%	14%
	*			J	
202	59	552	276	273	555
86%	87%	83%	83%	77%	86%
	*				I
235	68	669	332	355	646
100%	100%	100%	100%	100%	100%



4. Which of the following prevents you from getting more exercise or physical activity?

		REGION			
	Total	BC	AB	SK/MB	Ontario
		A	B	C	D
<b>Base: All Respondents (unwtd)</b>	<b>1001</b>	<b>121</b>	<b>103</b>	<b>93</b>	<b>356</b>
<b>Base: All Respondents (wtd)</b>	<b>1001</b>	<b>136</b>	<b>112</b>	<b>65</b>	<b>384</b>
Not enough time	399	59	31	22	170
	40%	43%	27%	34%	44%
		*	*	*	BF
Too lazy	286	54	37	17	94
	29%	40%	33%	26%	25%
		DF*	*	*	
Doesn't fit with my schedule	255	50	27	17	94
	25%	36%	24%	26%	24%
		E*	*	*	
Haven't found something I like to do yet	120	12	18	5	46
	12%	8%	16%	7%	12%
		*	*	*	
Inconvenient to join a class or gym	154	23	21	7	68
	15%	17%	19%	11%	18%
		*	*	*	
I don't have anything to help me stay active at home	95	11	13	3	39
	9%	8%	11%	4%	10%
		*	*	*	
Don't have anybody to be active with	87	13	8	2	41
	9%	10%	7%	3%	11%
		*	*	*	
I don't like working out	225	38	27	13	87
	22%	28%	24%	20%	23%
		*	*	*	
Some other reason	158	14	24	16	54
	16%	10%	22%	25%	14%
		*	*	A*	
Sigma	1778	273	206	101	693
	178%	201%	184%	155%	180%

Statistics:

Overlap formulae used

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Minimum Base: 30 (\*\*), Small Base: 100 (\*)

- Column Means:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

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		HOUSEHOLD INCOME		HOUSEHOLD COMPOSITION	
Quebec	Atlantic	\$60K - <\$100K	\$100K+	Kids	No Kids
E	F	G	H	I	J
<b>233</b>	<b>95</b>	<b>570</b>	<b>431</b>	<b>381</b>	<b>620</b>
<b>235</b>	<b>68</b>	<b>669</b>	<b>332</b>	<b>355</b>	<b>646</b>
101	18	246	154	182	217
43%	26%	37%	46%	51%	34%
	*		G	J	
73	11	195	91	108	179
31%	16%	29%	27%	30%	28%
	*				
50	18	156	99	80	175
21%	27%	23%	30%	23%	27%
	*				
31	9	77	42	40	79
13%	13%	12%	13%	11%	12%
	*				
26	9	101	53	55	99
11%	13%	15%	16%	15%	15%
	*				
22	8	69	26	52	43
9%	11%	10%	8%	15%	7%
	*			J	
17	6	56	31	30	57
7%	9%	8%	9%	8%	9%
	*				
50	9	157	68	75	150
21%	13%	23%	20%	21%	23%
	*				
38	11	113	45	45	113
16%	16%	17%	14%	13%	17%
	*				
406	98	1168	609	667	1111
173%	144%	175%	183%	188%	172%



5\_1. To what extent do you agree or disagree with the following - Making time to get to an exercise class is difficult.

		REGION			
	Total	BC	AB	SK/MB	Ontario
		A	B	C	D
<b>Base: All Respondents (unwtd)</b>	<b>1001</b>	<b>121</b>	<b>103</b>	<b>93</b>	<b>356</b>
<b>Base: All Respondents (wtd)</b>	<b>1001</b>	<b>136</b>	<b>112</b>	<b>65</b>	<b>384</b>
Top 2 Box (Net)	756	96	76	50	311
	75%	71%	68%	77%	81%
		*	*	*	B
Strongly agree	287	36	39	20	113
	29%	26%	35%	31%	29%
		*	*	*	
Somewhat agree	469	60	36	30	198
	47%	44%	33%	45%	51%
		*	*	*	B
Bottom 2 Box (Net)	245	40	36	15	74
	25%	29%	32%	23%	19%
		*	D*	*	
Somewhat disagree	172	28	22	8	59
	17%	21%	19%	12%	15%
		*	*	*	
Strongly disagree	74	12	15	7	15
	7%	9%	13%	11%	4%
		*	D*	D*	
Sigma	1001	136	112	65	384
	100%	100%	100%	100%	100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

- Column Means:

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Minimum Base: 30 (\*\*), Small Base: 100 (\*)

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		HOUSEHOLD INCOME		HOUSEHOLD COMPOSITION	
Quebec	Atlantic	\$60K - <\$100K	\$100K+	Kids	No Kids
E	F	G	H	I	J
<b>233</b>	<b>95</b>	<b>570</b>	<b>431</b>	<b>381</b>	<b>620</b>
<b>235</b>	<b>68</b>	<b>669</b>	<b>332</b>	<b>355</b>	<b>646</b>
170	53	517	239	265	491
72%	78%	77%	72%	75%	76%
	*				
57	21	186	101	119	168
24%	31%	28%	30%	34%	26%
	*				
113	32	331	138	146	323
48%	47%	49%	41%	41%	50%
	*				
65	15	152	94	90	155
28%	22%	23%	28%	25%	24%
	*				
47	9	106	66	64	108
20%	13%	16%	20%	18%	17%
	*				
18	6	46	28	26	47
8%	9%	7%	8%	7%	7%
	*				
235	68	669	332	355	646
100%	100%	100%	100%	100%	100%

5\_2. To what extent do you agree or disagree with the following - It is more convenient for me to get exercise at home

		REGION			
	Total	BC	AB	SK/MB	Ontario
		A	B	C	D
<b>Base: All Respondents (unwtd)</b>	<b>1001</b>	<b>121</b>	<b>103</b>	<b>93</b>	<b>356</b>
<b>Base: All Respondents (wtd)</b>	<b>1001</b>	<b>136</b>	<b>112</b>	<b>65</b>	<b>384</b>
Top 2 Box (Net)	775	109	85	57	289
	77%	80%	76%	88%	75%
		*	*	*	
Strongly agree	337	43	39	23	128
	34%	31%	35%	35%	33%
		*	*	*	
Somewhat agree	438	66	45	35	161
	44%	49%	40%	53%	42%
		*	*	*	
Bottom 2 Box (Net)	226	27	27	8	95
	23%	20%	24%	12%	25%
		*	*	*	
Somewhat disagree	177	20	23	7	67
	18%	15%	20%	11%	18%
		*	*	*	
Strongly disagree	49	7	5	*	28
	5%	5%	4%	*	7%
		*	*	*	E
Sigma	1001	136	112	65	384
	100%	100%	100%	100%	100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

- Column Means:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

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than to go to a gym.

		HOUSEHOLD INCOME		HOUSEHOLD COMPOSITION	
Quebec	Atlantic	\$60K - <\$100K	\$100K+	Kids	No Kids
E	F	G	H	I	J
233	95	570	431	381	620
235	68	669	332	355	646
181	53	501	274	263	512
77%	78%	75%	83%	74%	79%
	*				
74	30	212	125	120	218
31%	45%	32%	37%	34%	34%
	*				
108	23	288	150	144	294
46%	33%	43%	45%	41%	46%
	*				
54	15	168	58	92	134
23%	22%	25%	17%	26%	21%
	*				
49	10	128	49	72	105
21%	15%	19%	15%	20%	16%
	*				
4	5	40	9	20	29
2%	7%	6%	3%	6%	5%
	*				
235	68	669	332	355	646
100%	100%	100%	100%	100%	100%



5\_3. To what extent do you agree or disagree with the following - I would work out more if I could do it from my home.

		REGION			
	Total	BC	AB	SK/MB	Ontario
		A	B	C	D
<b>Base: All Respondents (unwtd)</b>	<b>1001</b>	<b>121</b>	<b>103</b>	<b>93</b>	<b>356</b>
<b>Base: All Respondents (wtd)</b>	<b>1001</b>	<b>136</b>	<b>112</b>	<b>65</b>	<b>384</b>
Top 2 Box (Net)	702	89	85	45	287
	70%	65%	76%	69%	75%
		*	*	*	
Strongly agree	227	16	32	17	101
	23%	11%	29%	26%	26%
		*	A*	A*	A
Somewhat agree	474	73	52	28	186
	47%	54%	47%	43%	48%
		*	*	*	
Bottom 2 Box (Net)	299	47	27	20	98
	30%	35%	24%	31%	25%
		*	*	*	
Somewhat disagree	236	35	17	17	77
	24%	26%	15%	26%	20%
		*	*	*	
Strongly disagree	64	12	10	3	20
	6%	9%	9%	4%	5%
		*	*	*	
Sigma	1001	136	112	65	384
	100%	100%	100%	100%	100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

- Column Means:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

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		HOUSEHOLD INCOME		HOUSEHOLD COMPOSITION	
Quebec	Atlantic	\$60K - <\$100K	\$100K+	Kids	No Kids
E	F	G	H	I	J
<b>233</b>	<b>95</b>	<b>570</b>	<b>431</b>	<b>381</b>	<b>620</b>
<b>235</b>	<b>68</b>	<b>669</b>	<b>332</b>	<b>355</b>	<b>646</b>
153	43	471	231	264	438
65%	63%	70%	69%	74%	68%
	*				
44	17	154	73	107	120
19%	26%	23%	22%	30%	19%
	*			J	
109	26	317	157	157	318
46%	38%	47%	47%	44%	49%
	*				
82	25	198	102	91	208
35%	37%	30%	31%	26%	32%
	*				
69	19	159	76	63	173
29%	29%	24%	23%	18%	27%
	*				I
13	5	38	25	29	35
6%	8%	6%	8%	8%	5%
	*				
235	68	669	332	355	646
100%	100%	100%	100%	100%	100%

5\_4. To what extent do you agree or disagree with the following - I want to work out on my own time, when I'm availab

		REGION			
	Total	BC	AB	SK/MB	Ontario
		A	B	C	D
<b>Base: All Respondents (unwtd)</b>	<b>1001</b>	<b>121</b>	<b>103</b>	<b>93</b>	<b>356</b>
<b>Base: All Respondents (wtd)</b>	<b>1001</b>	<b>136</b>	<b>112</b>	<b>65</b>	<b>384</b>
Top 2 Box (Net)	839	109	91	54	335
	84%	80%	81%	83%	87%
		*	*	*	
Strongly agree	404	50	39	31	180
	40%	37%	35%	48%	47%
		*	*	*	E
Somewhat agree	435	59	52	23	156
	44%	43%	47%	35%	41%
		*	*	*	
Bottom 2 Box (Net)	162	27	21	11	49
	16%	20%	19%	17%	13%
		*	*	*	
Somewhat disagree	136	27	19	5	44
	14%	20%	17%	8%	11%
		*	*	*	
Strongly disagree	26	*	2	6	5
	3%	*	2%	9%	1%
		*	*	AD*	
Sigma	1001	136	112	65	384
	100%	100%	100%	100%	100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

- Column Means:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

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le, not on a schedule.

		HOUSEHOLD INCOME		HOUSEHOLD COMPOSITION	
Quebec	Atlantic	\$60K - <\$100K	\$100K+	Kids	No Kids
E	F	G	H	I	J
<b>233</b>	<b>95</b>	<b>570</b>	<b>431</b>	<b>381</b>	<b>620</b>
<b>235</b>	<b>68</b>	<b>669</b>	<b>332</b>	<b>355</b>	<b>646</b>
192	57	570	269	300	539
82%	84%	85%	81%	85%	83%
	*				
80	24	282	122	136	267
34%	35%	42%	37%	38%	41%
	*				
112	33	288	147	164	272
48%	49%	43%	44%	46%	42%
	*				
43	11	99	63	55	107
18%	16%	15%	19%	15%	17%
	*				
35	6	85	51	46	90
15%	9%	13%	15%	13%	14%
	*				
8	5	14	12	9	17
3%	7%	2%	4%	2%	3%
	AD*				
235	68	669	332	355	646
100%	100%	100%	100%	100%	100%

5\_5. To what extent do you agree or disagree with the following - Working out with others motivates me to exercise ha

		REGION			
	Total	BC	AB	SK/MB	Ontario
		A	B	C	D
<b>Base: All Respondents (unwtd)</b>	<b>1001</b>	<b>121</b>	<b>103</b>	<b>93</b>	<b>356</b>
<b>Base: All Respondents (wtd)</b>	<b>1001</b>	<b>136</b>	<b>112</b>	<b>65</b>	<b>384</b>
Top 2 Box (Net)	639	93	74	44	254
	64%	68%	66%	67%	66%
		F*	*	*	F
Strongly agree	183	32	19	14	68
	18%	24%	17%	21%	18%
		*	*	*	
Somewhat agree	456	61	55	30	185
	46%	45%	49%	46%	48%
		*	*	*	
Bottom 2 Box (Net)	362	43	39	21	131
	36%	32%	34%	33%	34%
		*	*	*	
Somewhat disagree	238	31	25	15	78
	24%	23%	22%	23%	20%
		*	*	*	
Strongly disagree	124	12	14	6	53
	12%	9%	12%	9%	14%
		*	*	*	
Sigma	1001	136	112	65	384
	100%	100%	100%	100%	100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

- Column Means:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

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		HOUSEHOLD INCOME		HOUSEHOLD COMPOSITION	
Quebec	Atlantic	\$60K - <\$100K	\$100K+	Kids	No Kids
E	F	G	H	I	J
233	95	570	431	381	620
235	68	669	332	355	646
141	34	430	208	240	398
60%	49%	64%	63%	68%	62%
	*				
42	8	115	67	68	115
18%	12%	17%	20%	19%	18%
	*				
99	26	315	141	173	284
42%	38%	47%	42%	49%	44%
	*				
94	35	238	124	114	248
40%	51%	36%	37%	32%	38%
	AD*				
71	18	155	83	71	167
30%	27%	23%	25%	20%	26%
	*				
24	16	83	41	44	80
10%	24%	12%	12%	12%	12%
	AE*				
235	68	669	332	355	646
100%	100%	100%	100%	100%	100%

5\_6. To what extent do you agree or disagree with the following - I get bored easily when working out

		REGION			
	Total	BC	AB	SK/MB	Ontario
		A	B	C	D
<b>Base: All Respondents (unwtd)</b>	<b>1001</b>	<b>121</b>	<b>103</b>	<b>93</b>	<b>356</b>
<b>Base: All Respondents (wtd)</b>	<b>1001</b>	<b>136</b>	<b>112</b>	<b>65</b>	<b>384</b>
Top 2 Box (Net)	625	84	74	44	259
	62%	62%	66%	67%	67%
		*	*	*	EF
Strongly agree	145	19	11	11	67
	15%	14%	10%	17%	17%
		*	*	*	
Somewhat agree	480	65	63	33	192
	48%	48%	56%	50%	50%
		*	*	*	
Bottom 2 Box (Net)	376	52	38	21	125
	38%	38%	34%	33%	33%
		*	*	*	
Somewhat disagree	292	44	28	13	98
	29%	32%	25%	20%	25%
		*	*	*	
Strongly disagree	84	8	10	8	28
	8%	6%	9%	12%	7%
		*	*	*	
Sigma	1001	136	112	65	384
	100%	100%	100%	100%	100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

- Column Means:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

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		HOUSEHOLD INCOME		HOUSEHOLD COMPOSITION	
Quebec	Atlantic	\$60K - <\$100K	\$100K+	Kids	No Kids
E	F	G	H	I	J
<b>233</b>	<b>95</b>	<b>570</b>	<b>431</b>	<b>381</b>	<b>620</b>
<b>235</b>	<b>68</b>	<b>669</b>	<b>332</b>	<b>355</b>	<b>646</b>
130	34	418	207	225	400
55%	50%	63%	62%	63%	62%
	*				
32	5	94	51	63	82
13%	7%	14%	15%	18%	13%
	*				
98	29	324	156	161	318
42%	43%	48%	47%	46%	49%
	*				
105	34	250	126	130	246
45%	50%	37%	38%	37%	38%
D	D*				
84	25	195	97	90	202
36%	37%	29%	29%	25%	31%
	*				
22	9	56	29	40	44
9%	13%	8%	9%	11%	7%
	*				
235	68	669	332	355	646
100%	100%	100%	100%	100%	100%



5. To what extent do you agree or disagree with the following - Top 2 Box Summary

		REGION			
	Total	BC	AB	SK/MB	Ontario
		A	B	C	D
<b>Base: All Respondents (unwtd)</b>	<b>1001</b>	<b>121</b>	<b>103</b>	<b>93</b>	<b>356</b>
<b>Base: All Respondents (wtd)</b>	<b>1001</b>	<b>136</b>	<b>112</b>	<b>65</b>	<b>384</b>
Making time to get to an exercise class is difficult.	756	96	76	50	311
	75%	71%	68%	77%	81%
		*	*	*	B
It is more convenient for me to get exercise at home than to go to a gym.	775	109	85	57	289
	77%	80%	76%	88%	75%
		*	*	*	
I would work out more if I could do it from my home.	702	89	85	45	287
	70%	65%	76%	69%	75%
		*	*	*	
I want to work out on my own time, when I'm available, not on a schedule.	839	109	91	54	335
	84%	80%	81%	83%	87%
		*	*	*	
Working out with others motivates me to exercise harder	639	93	74	44	254
	64%	68%	66%	67%	66%
		F*	*	*	F
I get bored easily when working out	625	84	74	44	259
	62%	62%	66%	67%	67%
		*	*	*	EF

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

- Column Means:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

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		HOUSEHOLD INCOME		HOUSEHOLD COMPOSITION	
Quebec	Atlantic	\$60K - <\$100K	\$100K+	Kids	No Kids
E	F	G	H	I	J
<b>233</b>	<b>95</b>	<b>570</b>	<b>431</b>	<b>381</b>	<b>620</b>
<b>235</b>	<b>68</b>	<b>669</b>	<b>332</b>	<b>355</b>	<b>646</b>
170	53	517	239	265	491
72%	78%	77%	72%	75%	76%
	*				
181	53	501	274	263	512
77%	78%	75%	83%	74%	79%
	*				
153	43	471	231	264	438
65%	63%	70%	69%	74%	68%
	*				
192	57	570	269	300	539
82%	84%	85%	81%	85%	83%
	*				
141	34	430	208	240	398
60%	49%	64%	63%	68%	62%
	*				
130	34	418	207	225	400
55%	50%	63%	62%	63%	62%
	*				

5. To what extent do you agree or disagree with the following - Bottom 2 Box Summary

		REGION			
	Total	BC	AB	SK/MB	Ontario
		A	B	C	D
<b>Base: All Respondents (unwtd)</b>	<b>1001</b>	<b>121</b>	<b>103</b>	<b>93</b>	<b>356</b>
<b>Base: All Respondents (wtd)</b>	<b>1001</b>	<b>136</b>	<b>112</b>	<b>65</b>	<b>384</b>
Making time to get to an exercise class is difficult.	245	40	36	15	74
	25%	29%	32%	23%	19%
		*	D*	*	
It is more convenient for me to get exercise at home than to go to a gym.	226	27	27	8	95
	23%	20%	24%	12%	25%
		*	*	*	
I would work out more if I could do it from my home.	299	47	27	20	98
	30%	35%	24%	31%	25%
		*	*	*	
I want to work out on my own time, when I'm available, not on a schedule.	162	27	21	11	49
	16%	20%	19%	17%	13%
		*	*	*	
Working out with others motivates me to exercise harder	362	43	39	21	131
	36%	32%	34%	33%	34%
		*	*	*	
I get bored easily when working out	376	52	38	21	125
	38%	38%	34%	33%	33%
		*	*	*	

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

- Column Means:

Columns Tested (5%): A/B/C/D/E/F,G/H,I/J

Minimum Base: 30 (\*\*), Small Base: 100 (\*)

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		HOUSEHOLD INCOME		HOUSEHOLD COMPOSITION	
Quebec	Atlantic	\$60K - <\$100K	\$100K+	Kids	No Kids
E	F	G	H	I	J
<b>233</b>	<b>95</b>	<b>570</b>	<b>431</b>	<b>381</b>	<b>620</b>
<b>235</b>	<b>68</b>	<b>669</b>	<b>332</b>	<b>355</b>	<b>646</b>
65	15	152	94	90	155
28%	22%	23%	28%	25%	24%
	*				
54	15	168	58	92	134
23%	22%	25%	17%	26%	21%
	*				
82	25	198	102	91	208
35%	37%	30%	31%	26%	32%
	*				
43	11	99	63	55	107
18%	16%	15%	19%	15%	17%
	*				
94	35	238	124	114	248
40%	51%	36%	37%	32%	38%
	AD*				
105	34	250	126	130	246
45%	50%	37%	38%	37%	38%
D	D*				