

17-017017-24

- Fieldwork dates: 15th June 5th July 2018
- All figures in percentages
- Base: 2,361 adults 15+ in the UK
- Interviews conducted face to face using Capibus, Ipsos MORI's face to face omnibus
- An asterisk represents a percentage less than 0.5 but greater than 0
- Numbers may not always add up to 100% due to computer rounding or multiple answers

BASE: ALL ADULTS AGED 15+ IN THE UK (HALF SAMPLE 1)

UY01A What words come to mind when I say dementia?

Unweighted Base	1168
Weighted Base	1177
Memory / memory loss / affects one's memory / unable to remember	36%
Age / old age / elderly people	20%
Forgetfulness / being absentminded	19%
Confusion / disorientation / uncertainty	10%
Sadness / upset / misery	8%
A mental health disorder / a disease / an illness / disability	6%
A loved one / family / personal link to the disease	6%
A sad / cruel / horrible illness	5%
Brain / disease of the brain / damage / impact to the brain	5%
Alzheimer's	4%
Loss of mind / losing one's mind	4%
Scary / fear / being afraid	3%
A change of behaviour / anger / frustration / challenging behaviour	3%
Impact on day to day functionality (communication, walking etc)	3%
Progressive / develops gradually / getting worse / deteriorating	3%
Dementia	3%
Anxiety / depression / stress	2%
Loss of self / losing oneself / loss of self identity / personality	2%
No longer able to recognise people / family members / loved ones	2%
Impact on independence / freedom / having to rely / depend on others	2%
Impact on others / impact on family members / impact on loved ones	2%
Alone / lonely / isolated / lost	2%
Death / dying	1%
Hospital / care home / receiving treatment	1%
Concerns for the future / i don't want dementia	1%
Regression / living in the past	1%
Difficult	1%
Can happen at any time / not necessarily related to old age	1%



Health problems / affects physical health	1%
Lack of awareness / perception	*
Genetic / hereditary	*
Sympathy / feeling sorry for people with dementia	*
Debilitating	*
Childish / childlike behaviour	*
Vascular [dementia]	*
Fragile / frail	*
Vulnerable / vulnerability	*
More research is needed on the condition	*
Suffering	*
Emotional / mixed / unusual emotions	*
Incurable / terminal	*
Shakes / tremors	*
Repetition / repeating oneself	*
Loss of dignity / self worth	*
Various types / it's a complex condition	*
Parkinson's	*
None / nothing	1%
Other	11%
Don't know	4%



BASE: ALL ADULTS AGED 15+ IN THE UK (HALF SAMPLE 1)

UY97B In a few words, can you describe what happens to a person's brain when they get dementia to cause symptoms such as memory loss?

Unweighted Base	1168
Weighted Base	1177
Brain cells dying	32%
Brain stops working properly/ slows down	32%
Degeneration	32%
Damage to brain cells	27%
Disease	12%
Connections [in the brain] not working properly	3%
Loss of memory / selected memory	2%
It shrinks	1%
Plaque / protein forms [on the brain]	1%
Confusion	1%
Reduced blood supply / blood flow	1%
Chemical changes	1%
Revert to childhood / youth	1%
Forgetfulness	*
Depression	*
Other	3%
None / nothing	*
Don't know	15%



BASE: ALL ADULTS AGED 15+ IN THE UK (HALF SAMPLE 2)

UY02A What words come to mind when I say Alzheimer's disease?

Unweighted Base	1193
Weighted Base	1184
Memory / memory loss / affects one's memory / unable to remember	36%
Forgetfulness / being absentminded	19%
Age / old age / elderly people	16%
Confusion / disorientation / uncertainty	12%
Dementia	9%
A mental health disorder / a disease / an illness / disability	6%
A loved one / family / personal link to the disease	5%
A sad / cruel / horrible illness	5%
Sadness / upset / misery	5%
Brain / disease of the brain / damage / impact to the brain	4%
Progressive / develops gradually / getting worse / deteriorating	4%
Loss of mind / losing one's mind	3%
Impact on day to day functionality (communication, walking etc)	3%
Scary / fear / being afraid	2%
Loss of self / losing oneself / loss of self identity / personality	2%
No longer able to recognise people / family members / loved ones	2%
Concerns for the future / i don't want dementia	2%
Hospital / care home / receiving treatment	2%
Alone / lonely / isolated / lost	2%
Impact on independence / freedom / having to rely / depend on others	2%
A change of behaviour / anger / frustration / challenging behaviour	2%
Anxiety / depression / stress	2%
Death / dying	2%
Incurable / terminal	1%
Impact on others / impact on family members / impact on loved ones	1%
Lack of awareness / perception	1%
Shakes / tremors	1%
Regression / living in the past	1%
Health problems / affects physical health	1%
Vulnerable / vulnerability	1%
Difficult	1%
Sympathy / feeling sorry for people with dementia	1%
Alzheimer's	1%
Debilitating	1%
Various types / it's a complex condition	1%



Repetition / repeating oneself	*
Genetic / hereditary	*
Suffering	*
Childish / childlike behaviour	*
Parkinson's	*
Fragile / frail	*
More research is needed on the condition	*
Vascular [dementia]	*
Emotional / mixed / unusual emotions	*
Association with aluminium	*
Can happen at any time / not necessarily related to old age	*
None / nothing	1%
Other	10%
Don't know	5%

BASE: ALL ADULTS AGED 15+ IN THE UK (HALF SAMPLE 2)

UY98B In a few words, can you describe what happens to a person's brain when they get Alzheimer's Disease to cause symptoms such as memory loss?

Unweighted Base	1193
Weighted Base	1184
Degeneration	36%
Brain cells dying	31%
Brain stops working properly/ slows down	31%
Damage to brain cells	27%
Disease	12%
Loss of memory / selected memory	2%
Connections [in the brain] not working properly	2%
It shrinks	1%
Plaque / protein forms [on the brain]	1%
Confusion	1%
Forgetfulness	1%
Reduced blood supply / blood flow	*
Chemical changes	*
Revert to childhood / youth	*
None / nothing	1%
Other	2%
Don't know	13%



BASE: ALL ADULTS AGED 15+ IN THE UK

UW05 Which, if any, of the following health conditions do you think it's possible for people to reduce their risk of developing?

Unweighted Base	2361
Weighted Base	2361
Diabetes	81%
Heart disease	77%
Stroke	60%
Cancer	52%
Dementia	34%
None of these	3%
Don't know	2%

BASE: ALL ADULTS AGED 15+ IN THE UK

UY99 Has a close friend, a member of your family or someone else you know been diagnosed as having a form of dementia such as Alzheimer's disease?

Unweighted Base	2361
Weighted Base	2361
Yes, myself	*
Yes, close friend(s)	5%
Yes, other friend(s)	5%
Yes, partner or spouse	1%
Yes, parent(s), step-parent(s)	11%
Yes, grandparent(s)	15%
Yes, brother(s), sister(s), stepbrother(s), stepsisters(s)	1%
Yes, other close family member(s)	8%
Yes, other family member(s)	7%
Yes, work colleagues(s)/ former colleague(s)	1%
Yes, neighbour(s)/ someone else from the local community	4%
Yes, a person other than those listed above	6%
No, no-one close to me has been diagnosed	43%
Don't know	5%
Prefer not to say	1%
Refused	*
NET: Friends	9%
NET: Family	38%
NET: Someone else	10%
NET: No experience	47%



BASE: ALL ADULTS AGED 15+ IN THE UK

UY04_01 Dementia affects physical aspects of a person's health

Unweighted Base	2361
Weighted Base	2361
Strongly agree (2)	27%
Tend to agree (1)	47%
Neither agree nor disagree (0)	13%
Tend to disagree (-1)	9%
Strongly disagree (-2)	3%
NET: Agree	74%
NET: Disagree	12%
Don't know	1%
Refused	*
MEAN	0.87

BASE: ALL ADULTS AGED 15+ IN THE UK

UY04_02 Dementia affects mental aspects of a person's health

Unweighted Base	2361
Weighted Base	2361
Strongly agree (2)	66%
Tend to agree (1)	27%
Neither agree nor disagree (0)	5%
Tend to disagree (-1)	1%
Strongly disagree (-2)	1%
NET: Agree	93%
NET: Disagree	2%
Don't know	1%
Refused	*
MEAN	1.58



BASE: ALL ADULTS AGED 15+ IN THE UK WITHOUT A DEMENTIA DIAGNOSIS

UY04_03 Dementia is a cause of death

Unweighted Base	2354
Weighted Base	2354
Strongly agree (2)	18%
Tend to agree (1)	33%
Neither agree nor disagree (0)	22%
Tend to disagree (-1)	18%
Strongly disagree (-2)	7%
NET: Agree	51%
NET: Disagree	25%
Don't know	2%
Refused	*
MEAN	0.37

BASE: ALL ADULTS AGED 15+ IN THE UK WITHOUT A DEMENTIA DIAGNOSIS

UY04_04 Dementia is the health condition I fear most about getting in the future

Unweighted Base	2354
Weighted Base	2354
Strongly agree (2)	17%
Tend to agree (1)	25%
Neither agree nor disagree (0)	21%
Tend to disagree (-1)	24%
Strongly disagree (-2)	12%
NET: Agree	42%
NET: Disagree	36%
Don't know	1%
Refused	*
MEAN	0.11

BASE: ALL ADULTS AGED 15+ IN THE UK WITHOUT A DEMENTIA DIAGNOSIS



UY04_05 If I was diagnosed with dementia, I would feel comfortable telling people outside my close family

Unweighted Base	2354
Weighted Base	2354
Strongly agree (2)	23%
Tend to agree (1)	36%
Neither agree nor disagree (0)	17%
Tend to disagree (-1)	16%
Strongly disagree (-2)	7%
NET: Agree	59%
NET: Disagree	23%
Don't know	1%
Refused	*
MEAN	0.53

BASE: ALL ADULTS AGED 15+ IN THE UK WITHOUT A DEMENTIA DIAGNOSIS

UY04 06 I would find it hard to talk to someone who has dementia

Unweighted Base	2354
Weighted Base	2354
Strongly agree (2)	5%
Tend to agree (1)	16%
Neither agree nor disagree (0)	15%
Tend to disagree (-1)	31%
Strongly disagree (-2)	30%
NET: Agree	22%
NET: Disagree	62%
Don't know	1%
Refused	*
MEAN	-0.66

BASE: ALL ADULTS AGED 15+ IN THE UK WITH A DEMENTIA DIAGNOSIS

UY04_07 Before my diagnosis, dementia was the health condition I feared most

Unweighted Base	7
Weighted Base	7*
Tend to agree (1)	51%
Neither agree nor disagree (0)	26%
Strongly disagree (-2)	23%
NET: Agree	51%
NET: Disagree	23%
MEAN	0.06



BASE: ALL ADULTS AGED 15+ IN THE UK

UY04_08 I am comfortable telling people outside my close family about my diagnosis

Unweighted Base	7
Weighted Base	7*
Strongly agree (2)	26%
Tend to agree (1)	61%
Neither agree nor disagree (0)	13%
NET: Agree	87%
MEAN	1.13

BASE: ALL ADULTS AGED 15+ IN THE UK

UY04 09 Dementia is an inevitable part of getting older

Unweighted Base	2361
Weighted Base	2361
Strongly agree (2)	4%
Tend to agree (1)	18%
Neither agree nor disagree (0)	17%
Tend to disagree (-1)	33%
Strongly disagree (-2)	27%
NET: Agree	22%
NET: Disagree	60%
Don't know	1%
Refused	*
MEAN	-0.62



BASE: ALL ADULTS AGED 15+ IN THE UK

UY06 What, if anything, do you think could increase a person's risk of developing dementia? Spontaneous

Unweighted Base	2361
Weighted Base	2361
Being less mentally active	34%
Genetic factors e.g. having a parent with dementia	25%
Old age	23%
Loneliness	18%
Lack of exercise	17%
Heavy drinking	16%
Poor diet	16%
Depression	15%
Smoking	11%
Previous head injury	10%
Stress	10%
Being overweight	5%
High blood pressure	5%
Diabetes	4%
High cholesterol	3%
Heart disease	3%
Drug abuse	2%
Using aluminium pots and pans	2%
Hearing loss	2%
Fewer years in education	2%
Drinks containing caffeine	2%
Poor lifestyle overall	1%
Nothing in particular / it just happens	1%
Physical illness / health problems	*
Medication / taking the wrong medication	*
Environmental factors / pollution	*
Stroke	*
Lack of sleep	*
Exposure to chemicals	*
Mental health problems	*
Traumatic previous experiences / shock	*
Dehydration / not drinking enough	*
Blood flow / circulation / to the brain	*
Work / poor working conditions	*
Other	3%
None of these	7%
Don't know	15%



BASE: ALL ADULTS AGED 15+ IN THE UK

UY07 - And which, if any, of the following do you think could increase a person's risk of developing dementia? Prompted

Unweighted Base	2361
Weighted Base	2361
Old age	33%
Genetic factors e.g. having a parent with dementia	26%
Being less mentally active	24%
Depression	23%
Stress	21%
Previous head injury	20%
Loneliness	20%
Heavy drinking	16%
Lack of exercise	13%
Smoking	12%
Poor diet	12%
Being overweight	10%
High blood pressure	10%
High cholesterol	8%
Diabetes	7%
Heart disease	6%
Using aluminium pots and pans	4%
Hearing loss	3%
Drinks containing caffeine	3%
Fewer years in education	3%
None of these	9%
Don't know	9%



BASE: ALL ADULTS AGED 15+ IN THE UK

UY06/7 What, if anything, do you think could increase a person's risk of developing dementia? Total

Unweighted Base	2361
Weighted Base	2361
Being less mentally active	57%
Old age	56%
Genetic factors e.g. having a parent with dementia	50%
Depression	38%
Loneliness	38%
Heavy drinking	32%
Stress	31%
Previous head injury	30%
Lack of exercise	30%
Poor diet	27%
Smoking	23%
Being overweight	15%
High blood pressure	14%
Diabetes	11%
High cholesterol	11%
Heart disease	9%
Using aluminium pots and pans	6%
Hearing loss	5%
Fewer years in education	5%
Drinks containing caffeine	5%
Other	3%
None of these	2%
Don't know	5%

BASE: ALL ADULTS AGED 15+ IN THE UK

UY08 If doctors were able to give you information in midlife about your personal risk of developing dementia in later life, based on your genetics and/or lifestyle, would you want/have wanted to know or not?

Unweighted Base	2361
Weighted Base	2361
Yes, definitely	47%
Yes, probably	26%
No, probably not	15%
No, definitely not	11%
Don't know	1%
NET: Yes	73%
NET: No	25%



BASE: ALL ADULTS AGED 15+ IN THE UK

UY09 Please answer the following question based on your understanding of the current diagnosis, treatment and care options for people with dementia. Do you agree or disagree with the following statement...? "There is value in a person with dementia being given a formal diagnosis from a doctor"

Unweighted Base	2361
Weighted Base	2361
Strongly agree	43%
Agree	39%
Neither agree nor disagree	14%
Disagree	2%
Strongly disagree	1%
Don't know	1%
NET: Agree	82%
NET: Disagree	3%

BASE: ALL ADULTS 15+ IN THE UK WHO AGREE THERE IS VALUE IN FORMAL DEMENTIA DIAGNOSIS

UY10 You said that you agree that there is value in a person with dementia being given a formal diagnosis from a doctor. Why do you say that?

Unweighted Base	1906
Weighted Base	1926
It allows people to plan for their future	59%
It can allow people to access treatments that could help	50%
It can allow people to access care services that could help	47%
It could provide peace of mind to those worrying about the cause of their symptoms	44%
It could provide opportunities for people to get involved in research/trials	30%
It could allow access to financial support or benefits	29%
It could provide peace of mind for the person's loved ones	2%
It's an obligation / ethical / the patient has the right to know	2%
Other	3%
None	*
Don't know	1%



BASE: ALL ADULTS 15+ IN THE UK WHO DISAGREE THERE IS VALUE IN FORMAL DEMENTIA DIAGNOSIS

UY11 You said that you disagree that there is value in a person with dementia being given a formal diagnosis from a doctor. Why do you say that?

Unweighted Base	77
Weighted Base	78*
It is stressful for the person being diagnosed	43%
There are no treatments that can really make a difference	21%
Diagnosis is too often inaccurate	13%
It could cause practical problems like stopping driving or trouble getting insurance	10%
It's just part of getting older	10%
The stigma of a diagnosis is too great	5%
It wouldn't help / would be of no benefit	5%
It takes time / series of tests / specialist to diagnose	4%
Other	7%
None	2%
Don't know	8%

BASE: ALL ADULTS 15+ IN THE UK WITHOUT A DEMENTIA DIAGNOSIS

There are many approaches being developed that could improve how a diagnosis of dementia is made in the future. If you were concerned that you might be in the early stages of Alzheimer's or another form of dementia, how willing or reluctant would you be for doctors to use one of the following tests to make an accurate and early diagnosis?

UY12_01 Willingness to use test - Memory and thinking tests

Unweighted Base	2354
Weighted Base	2354
Very willing (4)	67%
Fairly willing (3)	24%
Fairly reluctant (2)	5%
Very reluctant (1)	3%
Don't know	1%
NET: Willing	91%
NET: Reluctant	8%
MEAN	3.57



UY12_02 Willingness to use test - A brain scan

Unweighted Base	2354
Weighted Base	2354
Very willing (4)	60%
Fairly willing (3)	28%
Fairly reluctant (2)	7%
Very reluctant (1)	4%
Don't know	1%
NET: Willing	87%
NET: Reluctant	12%
MEAN	3.44

UY12_03 Willingness to use test - A lumbar puncture or 'spinal tap' where a spinal fluid sample is taken using a needle in the base of the spine

Unweighted Base	2354
Weighted Base	2354
Very willing (4)	20%
Fairly willing (3)	24%
Fairly reluctant (2)	25%
Very reluctant (1)	29%
Don't know	2%
NET: Willing	44%
NET: Reluctant	54%
MEAN	2.35

UY12_04 Willingness to use test - Blood test

Unweighted Base	2354
Weighted Base	2354
Very willing (4)	67%
Fairly willing (3)	24%
Fairly reluctant (2)	5%
Very reluctant (1)	3%
Don't know	1%
NET: Willing	91%
NET: Reluctant	8%
MEAN	3.57



UY12_05 Willingness to use test - Eye test

Unweighted Base	2354
Weighted Base	2354
Very willing (4)	69%
Fairly willing (3)	23%
Fairly reluctant (2)	4%
Very reluctant (1)	3%
Don't know	1%
NET: Willing	91%
NET: Reluctant	7%
MEAN	3.59

UY12_06 Willingness to use test - Computer or smartphone tasks or apps that monitor your day-to-day life

Unweighted Base	2354
Weighted Base	2354
Very willing (4)	46%
Fairly willing (3)	27%
Fairly reluctant (2)	13%
Very reluctant (1)	12%
Don't know	2%
NET: Willing	73%
NET: Reluctant	25%
MEAN	3.1

BASE: ALL ADULTS 15+ IN THE UK WITHOUT A DEMENTIA DIAGNOSIS

UY13 - Imagine you were able to take a test, or set of tests, through your doctor that could tell you whether you were in the very early stages of Alzheimer's or another form of dementia, even before symptoms showed, would you...?

Unweighted Base	2354
Weighted Base	2354
Take the test regardless of the effectiveness of treatments available	55%
Take the test, but only if I could be offered an effective prevention	18%
Take the test, but only if I could be offered an effective treatment	13%
Not take the test. I would not want to know if I was in the very early stages of Alzheimer's or another form of dementia	13%
Don't know	2%
NET: Take the test	85%



BASE: ALL ADULTS 15+ IN THE UK

UY14 How effective or not do you think current dementia treatments are?

Unweighted Base	2361
Weighted Base	2361
Very effective	3%
Quite effective	24%
Not very effective	43%
Not at all effective	8%
Don't know	22%
NET: Effective	27%
NET: Not effective	50%

BASE: ALL ADULTS 15+ IN THE UK

UY15 Which, if any, of the following currently exist as ways to treat dementia?

Unweighted Base	2361
Weighted Base	2361
Medicines on NHS prescription that can help to relieve symptoms	36%
Medicines on NHS prescription to slow the underlying diseases that cause dementia	31%
Medicines on NHS prescription to stop the underlying diseases that cause dementia	15%
Medicines on NHS prescription that prevent dementia developing in the first place	12%
Group therapy activities to stimulate memory, thinking and language skills (cognitive stimulation)	44%
Professional support to develop techniques that help people with day-to-day activities (cognitive rehabilitation)	40%
Activity sessions that help improve mood and wellbeing through music, games and photographs	41%
Complementary remedies such as spices, herbs or food supplements	16%
Nothing cures dementia	*
Other	1%
None of these	5%
Don't know	19%
NET: Any medicine	56%



BASE: ALL ADULTS 15+ IN THE UK

UY16_1 Which, if any, of the following types of medical research into Alzheimer's disease or other forms of dementia would you say are most important? [Most important]

Unweighted Base	2361
Weighted Base	2361
Research for a cure	27%
Research for new forms of medication to slow the disease	4%
Research for new forms of medication to stop the disease	10%
Research for new forms of medication to help with symptoms	4%
Research for nondrug treatments and therapies to help manage everyday symptoms	3%
of the disease	
Research for ways to diagnose the disease earlier	9%
Research for ways to prevent the disease	26%
Research for ways to improve the quality of life for those living with the disease	8%
through better care	
Finding the reasons / root cause	*
Other	*
None of these	2%
Don't know	5%

BASE: ALL ADULTS 15+ IN THE UK

UY16_2 Which, if any, of the following types of medical research into Alzheimer's disease or other forms of dementia would you say are most important? [Second most important]

Unweighted Base	2361
Weighted Base	2361
Research for a cure	19%
Research for new forms of medication to slow the disease	8%
Research for new forms of medication to stop the disease	14%
Research for new forms of medication to help with symptoms	7%
Research for nondrug treatments and therapies to help manage everyday symptoms	5%
of the disease	
Research for ways to diagnose the disease earlier	11%
Research for ways to prevent the disease	18%
Research for ways to improve the quality of life for those living with the disease	11%
through better care	
Other	*
None of these	1%
Don't know	1%
Did not give most important answer	6%



BASE: ALL ADULTS 15+ IN THE UK

UY16_1_2 Which, if any, of the following types of medical research into Alzheimer's disease or other forms of dementia would you say are most important? [RANKED IMPORTANCE SCORE]

Unweighted Base	2361
Weighted Base	2361
Research for a cure - Most important	27%
Research for a cure - Second most important	19%
Research for a cure - Importance score	0.62
Research for new forms of medication to slow the disease - Most important	4%
Research for new forms of medication to slow the disease - Second most important	8%
Research for new forms of medication to slow the disease - Importance score	0.14
Research for new forms of medication to stop the disease - Most important	10%
Research for new forms of medication to stop the disease - Second most important	14%
Research for new forms of medication to stop the disease - Importance score	0.29
Research for new forms of medication to help with symptoms - Most important	4%
Research for new forms of medication to help with symptoms - Second most important	7%
Research for new forms of medication to help with symptoms - Importance score	0.12
Research for nondrug treatments and therapies to help manage everyday symptoms of the disease - Most important	3%
Research for nondrug treatments and therapies to help manage everyday symptoms of the disease - Second most important	5%
Research for nondrug treatments and therapies to help manage everyday symptoms of the disease - Importance score	0.09
Research for ways to diagnose the disease earlier - Most important	9%
Research for ways to diagnose the disease earlier - Second most important	11%
Research for ways to diagnose the disease earlier - Importance score	0.25
Research for ways to prevent the disease - Most important	26%
Research for ways to prevent the disease - Second most important	18%
Research for ways to prevent the disease - Importance score	0.59
Research for ways to improve the quality of life for those living with the disease through better - Most important	8%
Research for ways to improve the quality of life for those living with the disease through better - Second most important	11%
Research for ways to improve the quality of life for those living with the disease through better - Importance score	0.23



BASE: ALL ADULTS 15+ IN THE UK

UY17 Regardless of any memory issues you might have, hypothetically, would you consider getting involved in medical research for dementia in the future?

Unweighted Base	2361
Weighted Base	2361
Yes, I would	50%
No, I wouldn't	20%
Not sure	28%
Rather not say	2%