



## **MENTAL HEALTH DAY**







# **AROUND THE WORLD**

### **ATTITUDES TO MENTAL HEALTH**





#### Q. How often, if at all, would you say you think about your own mental wellbeing

People in Colombia, Mexico, Brazil and South Africa are most likely to think about their mental wellbeing often.



| Country       | Very/fairly often |     | Not very often/Never | DK/Refusal       |  |  |  |
|---------------|-------------------|-----|----------------------|------------------|--|--|--|
| Colombia      | 76%               |     | 21%                  | 2%               |  |  |  |
| Mexico        | 73%               |     | 24%                  | 8%               |  |  |  |
| Brazil        | 73%               |     | 22%                  | 5%               |  |  |  |
| South Africa  | 71%               |     | 27%                  | 2%               |  |  |  |
| Chile         | 70%               | 70% |                      |                  |  |  |  |
| Argentina     | 69%               | 69% |                      |                  |  |  |  |
| Peru          | 68%               |     | 29%                  | 3%               |  |  |  |
| Japan         | 67%               |     | 28%                  | 5%               |  |  |  |
| India         | 62%               |     | 31%                  | 7%               |  |  |  |
| Australia     | 60%               |     | 35%                  | 5%               |  |  |  |
| Spain         | 57%               |     | 38%                  | 4%               |  |  |  |
| US            | 57%               |     | 40%                  | 3%               |  |  |  |
| Italy         | 57%               |     | 37%                  | 5%               |  |  |  |
| Great Britain | 57%               |     | 40%                  | 3%               |  |  |  |
| Poland        | 56%               |     | 39%                  | 5%               |  |  |  |
| Canada        | 56%               |     | 41%                  | 4%               |  |  |  |
| Hungary       | 53%               |     | 44%                  | 3%               |  |  |  |
| Serbia        | 53%               |     | 44%                  | 3%               |  |  |  |
| Malaysia      | 52%               |     | 42%                  | 7%               |  |  |  |
| Belgium       | 51%               |     | 42%                  | 7%               |  |  |  |
| France        | 49%               |     | 42%                  | 9%               |  |  |  |
| Sweden        | 49%               |     | 47%                  | 4%               |  |  |  |
| Netherlands   | 49%               |     | 46%                  | 5%               |  |  |  |
| Turkey        | 47%               |     | 47%                  | 7%               |  |  |  |
| Germany       | 45%               |     | 48%                  | 7%               |  |  |  |
| China         | 43%               |     | 51%                  | 6%               |  |  |  |
| Saudi Arabia  | 42%               |     | 46%                  | 11%              |  |  |  |
| South Korea   | 37%               |     | 61%                  | 2 <mark>%</mark> |  |  |  |
| Russia        | 25%               | 67% |                      | 8%               |  |  |  |

#### Q. How often, if at all, would you say you think about your own physical wellbeing

People in Colombia, Mexico, South Africa and Argentina are most likely to think about their physical wellbeing often.



| Country       | Very/fairly often |     | Not very ofte | en/Never DK/R | Refusal          |
|---------------|-------------------|-----|---------------|---------------|------------------|
| Colombia      |                   | 87% |               | 12            | 2% 1%            |
| Mexico        |                   | 86% |               | 12            | .% 1%            |
| South Africa  |                   | 85% |               | 149           | 6 1%             |
| Argentina     |                   | 81% |               | 17%           | <mark>2</mark> % |
| Peru          |                   | 81% |               | 16%           | 3%               |
| Chile         |                   | 80% |               | 19%           | 2%               |
| Italy         |                   | 79% |               | 18%           | 3%               |
| US            |                   | 76% |               | 21%           | 2%               |
| Australia     |                   | 76% |               | 21%           | 3%               |
| Brazil        |                   | 75% |               | 21%           | 4%               |
| India         |                   | 74% |               | 20%           | 6%               |
| Canada        |                   | 74% |               | 24%           | 29               |
| Japan         |                   | 73% |               | 22%           | 5%               |
| Spain         |                   | 72% |               | 25%           | 39               |
| Great Britain |                   | 72% |               | 25%           | 8%               |
| Serbia        | 7                 | 0%  |               | 28%           | 29               |
| Malaysia      | 69                | 9%  |               | 27%           | 49               |
| Sweden        | 69                | 1%  |               | 28%           | 39               |
| Poland        | 68                | %   |               | 28%           | 4%               |
| Belgium       | 68                | %   |               | 26%           | 6%               |
| Hungary       | 679               | %   |               | 31%           | 29               |
| France        | 63%               |     | 3             | 31%           | 6%               |
| Netherlands   | 63%               |     |               | 34%           | 3%               |
| Turkey        | 62%               |     | 3             | 33%           | 5%               |
| Germany       | 62%               |     |               | 34%           | 4%               |
| Russia        | 62%               |     | 3             | 34%           | 4%               |
| Saudi Arabia  | 54%               |     | 35%           |               | 11%              |
| China         | 54%               |     | 42%           |               | 5%               |
| South Korea   | 52%               |     | 47%           |               | 19               |

Q. Thinking about your own health, do you think that mental health or physical health is more important, or are they equally important?

In all countries, the majority of people say mental and physical health is equally important.



| Country       | Mental health more important | Equally important Physical health more importa | ant DK/Refusal       |
|---------------|------------------------------|--|----------------------|
| Saudi Arabia  | 25%                          | 61%  | 12% 2 <mark>%</mark> |
| India         | 23%                          | 64%  | <u>11%</u> 2%        |
| Spain         | 19%                          | 75%  | <mark>3%</mark> 3%   |
| Brazil        | 19%                          | 69%  | 7% 5%                |
| Sweden        | 18%                          | 72%  | 7% 4%                |
| South Korea   | 16%                          | 75%  | <mark>8%</mark> 2%   |
| Italy         | 15%                          | 76%  | <mark>6% 2</mark> %  |
| Turkey        | 14%                          | 78%  | <mark>7%1%</mark>    |
| Poland        | 13%                          | 79%  | <mark>4%</mark> 4%   |
| Argentina     | 13%                          | 85%  | 2 <mark>%</mark>     |
| South Africa  | 13%                          | 83%  | 4%                   |
| China         | 12%                          | 77%  | 10% 1%               |
| Japan         | 12%                          | 74%  | <mark>9%</mark> 6%   |
| Belgium       | 12%                          | 77%  | <mark>6%</mark> 5%   |
| Australia     | 11%                          | 79%  | 7% 3%                |
| France        | 11%                          | 78%  | <mark>6%</mark> 6%   |
| Peru          | 10%                          | 87%  | 2 <mark>%</mark>     |
| Netherlands   | 10%                          | 81%  | 4% 4%                |
| Great Britain | 10%                          | 82%  | <mark>5%2</mark> %   |
| US            | 10%                          | 81%  | <mark>7%</mark> 2%   |
| Chile         | 10%                          | 88%  | 2 <mark>%</mark>     |
| Malaysia      | 9%                           | 85%  | <mark>4%</mark> %    |
| Canada        | 8%                           | 84%  | <mark>4%</mark> 3%   |
| Serbia        | 7%                           | 92%  | 0%                   |
| Colombia      | 7%                           | 92%  | 0%                   |
| Mexico        | 7%                           | 90%  | <mark>3%</mark>      |
| Germany       | 6%                           | 84%  | <mark>5%</mark> 5%   |
| Russia        | 6%                           | 87%  | <mark>6%1%</mark>    |
| Hungary       | 4%                           | 87%  | <mark>7%</mark> 3%   |

Q. Which of the following best describes how you think the importance of mental health and physical health are treated in [COUNTRY's] current health care system?

In many countries, people think physical health is treated with more importance than mental health – this is particularly true in the US, Sweden and Great Britain.



| Country       | Mental health | Equal | ly important |     | Physical health | n I | DK/Refusal |
|---------------|---------------|-------|--------------|-----|-----------------|-----|------------|
| Saudi Arabia  | 23%           |       | 36%          |     | 29%             |     | 12%        |
| India         | 17%           |       | 45%          |     | 30              | %   | 8%         |
| Brazil        | 13%           | 34%   |              |     | 36%             |     | 17%        |
| Peru          | 11%           | 36%   |              |     | 36%             |     | 17%        |
| Spain         | 11%           | 44    | %            |     | 35%             |     | 10%        |
| China         | 10%           |       | 62%          |     |                 | 24% | 3%         |
| South Africa  | 10%           | 26%   |              | 47% | /<br>0          |     | 16%        |
| Australia     | 10%           | 27%   |              | l   | 52%             |     | 11%        |
| Sweden        | 10%           | 23%   |              | 5   | 8%              |     | 9%         |
| Poland        | 10%           | 29%   |              | 41% |                 |     | 21%        |
| Italy         | 10%           | 43%   |              |     | 35%             |     | 12%        |
| Malaysia      | 9%            |       | 65%          |     |                 | 19% | 7%         |
| Belgium       | 8%            | 38%   |              |     | 38%             |     | 16%        |
| Canada        | 8%            | 28%   | 51%          |     |                 | 13% |            |
| US            | 8%            | 23%   |              | 61  | %               |     | 8%         |
| South Korea   | 8%            | 38%   |              |     | 47%             |     | 7%         |
| Hungary       | 8%            | 22%   | 339          | %   |                 | 38% |            |
| Chile         | 8%            | 26%   |              | 52% | 1               |     | 14%        |
| Great Britain | 7%            | 20%   |              | 64% |                 |     | 9%         |
| Mexico        | 7%            | 42%   |              |     | 35%             |     | 16%        |
| Japan         | 7%            | 52%   | %            |     | 30%             |     | 12%        |
| France        | 7%            | 41%   |              |     | 32%             |     | 20%        |
| Argentina     | 6%            | 36%   |              | 39  | %               |     | 20%        |
| Turkey        | 6%            | 42%   |              |     | 38%             |     | 14%        |
| Germany       | 5%            | 39%   |              |     | 39%             |     | 17%        |
| Colombia      | 5%            | 35%   |              | 40% | 6               |     | 20%        |
| Netherlands   | 4%            | 31%   |              | 53  | %               |     | 12%        |
| Russia        | 4%            | 37%   | 31%          |     | 28%             |     |            |
| Serbia        | 3%            | 30%   |              | 44% |                 | 2   | 3%         |

#### Mental illness is an illness like any other

Of all countries surveyed, Brits are most likely to agree that mental illness is an illness like any other.



| Country       | Agree |     |    |     |     | Neither | /nor | Di  | sagree | DK/F | Refusal          |
|---------------|-------|-----|----|-----|-----|---------|------|-----|--------|------|------------------|
| Great Britain |       | 76% |    |     |     |         |      |     | 9%     | 12%  | 3%               |
| Sweden        |       | 74% |    |     |     |         |      | 10  | )%     | 13%  | 3%               |
| Russia        |       | 72% |    |     |     |         |      | 7%  |        | 17%  | 4%               |
| South Korea   |       | 72% |    |     |     |         |      | 1   | 6%     | 1    | <b>1%</b> 1%     |
| Turkey        |       | 72% |    |     |     |         | -    | 7%  |        | 20%  | 1%               |
| Australia     |       | 70% |    |     |     |         |      | 13% |        | 12%  | 5%               |
| US            |       | 69% |    |     |     |         | 1    | 1%  |        | 17%  | 3%               |
| Poland        |       | 67% |    |     |     |         | 7%   |     | 24     | 4%   | 2%               |
| Canada        |       | 66% |    |     |     |         | 14%  | 6   |        | 17%  | 3%               |
| Spain         |       | 65% |    |     |     |         | 14%  |     |        | 18%  | 4%               |
| India         |       | 64% |    |     |     |         | 16%  | )   |        | 16%  | 3%               |
| South Africa  |       | 63% |    |     |     |         | 6    |     | 25     | 5%   | 2 <mark>%</mark> |
| Serbia        |       | 59% |    |     |     | 11%     |      |     | 27%    | )    | 3%               |
| China         |       | 58% |    |     |     | 21      | %    |     |        | 19%  | 2%               |
| Germany       |       | 56% |    |     |     | 18%     |      |     | 219    | 6    | 5%               |
| Colombia      |       | 56% |    |     | 8%  |         |      |     | 33%    |      | <mark>2</mark> % |
| Hungary       |       | 56% |    |     | 1   | 6%      |      |     | 25%    | 6    | 3%               |
| Netherlands   |       | 55% |    |     | 149 | %       |      |     | 25%    |      | 6%               |
| Saudi Arabia  |       | 54% |    |     |     | 21%     |      |     | 18%    | 6    | 7%               |
| Belgium       |       | 54% |    |     | 16  | 5%      |      |     | 24%    |      | 5%               |
| Italy         |       | 54% |    |     | 1   | 9%      |      |     | 239    | %    | 4%               |
| France        |       | 50% |    |     | 17% |         |      | 27% |        |      | 6%               |
| Chile         |       | 50% |    | 1   | 2%  |         |      | 37  | 7%     |      | 2%               |
| Malaysia      |       | 49% |    |     | 15% |         |      | 3   | 32%    |      | 4%               |
| Argentina     |       | 49% |    | 12  | 2%  |         |      | 359 | %      |      | 4%               |
| Mexico        |       | 45% | 89 | %   |     |         | 44   | 1%  |        |      | 4%               |
| Peru          |       | 45% | 1( | 0%  |     |         |      | 43% |        |      | <mark>2</mark> % |
| Brazil        |       | 44% | 1  | 14% |     |         |      | 37% |        |      | 5%               |
| Japan         |       | 41% |    | 24% | )   |         |      | 29  | %      |      | 7%               |

We need to adopt a far more tolerant attitude toward people with mental illness in our society

Most countries agree that we need to be more tolerant when it comes to people with mental illness. South American countries are particularly likely to think this.



| Country       | Agree |         |        | Ν   | either/nor | Disag | ree D | K/Refusal           |
|---------------|-------|---------|--------|-----|------------|-------|-------|---------------------|
| Mexico        |       |         | 85%    |     |            |       | 7%    | <b>7%</b> 1%        |
| South Africa  |       |         | 85%    |     |            |       | 9%    | 6%%                 |
| Peru          |       |         | 85%    |     |            |       | 7%    | 8%1%                |
| Chile         |       |         | 85%    |     |            |       | 8%    | 7%1%                |
| Colombia      |       |         | 84%    |     |            |       | 8%    | 6%1%                |
| Argentina     |       |         | 84%    |     |            |       | 8%    | <mark>6% 2</mark> % |
| Serbia        |       |         | 30%    |     |            |       | 10%   | <mark>8% 3</mark> % |
| Saudi Arabia  |       | 7       | 79%    |     |            |       | 12%   | 7% 2%               |
| Great Britain |       | 77      | %      |     |            | 1     | 4%    | <mark>7% 3</mark> % |
| Malaysia      |       | 769     | %      |     |            | 1!    | 5%    | <mark>7%</mark> 3%  |
| India         |       | 74%     | ,<br>> |     |            | 159   | %     | <mark>7%</mark> 3%  |
| Spain         |       | 73% 15% |        |     |            |       |       | <mark>9%</mark> 3%  |
| Canada        |       | 73%     |        |     |            | 17%   | 6     | <mark>8% 2</mark> % |
| Turkey        |       | 72%     |        |     |            | 9%    | 16%   | 4%                  |
| Australia     |       | 71%     |        |     |            | 16%   |       | <mark>8%</mark> 5%  |
| Brazil        |       | 71%     |        |     |            | 14%   | 9%    | 6%                  |
| Sweden        |       | 71%     |        |     |            | 15%   | 1     | <mark>1%</mark> 4%  |
| US            |       | 69%     |        |     |            | 17%   | 1     | <mark>0%</mark> 4%  |
| Hungary       |       | 65%     |        |     | 17         | %     | 15    | <mark>% 3</mark> %  |
| Russia        |       | 65%     |        |     | 179        | %     | 13%   | 5%                  |
| Italy         |       | 62%     |        |     | 2          | 4%    |       | <mark>9%</mark> 4%  |
| China         |       | 62%     |        |     | 24         | %     |       | 13% 1%              |
| Belgium       |       | 61%     |        |     | 19%        |       | 13%   | 6%                  |
| Poland        |       | 61%     |        |     | 18%        |       | 17%   | 3%                  |
| Germany       |       | 61%     |        |     | 25%        | 6     | 10    | <mark>)%</mark> 5%  |
| Netherlands   |       | 60%     |        |     | 21%        |       | 13%   | 6%                  |
| France        |       | 60%     |        |     | 23%        |       | 12%   |                     |
| Japan         |       | 47%     |        | 30% |            |       |       | 5%                  |
| South Korea   | 31%   |         | 33%    |     |            | 34%   |       | 2%                  |
|               |       |         |        |     |            |       |       |                     |

Seeing a mental health professional is a sign of strength

In many countries, people agree that seeing a mental health professional is a sign of strength. In South Korea and Japan only around a quarter of people agree with this statement.



| Brazil     71%     13%     119       US     71%     19%     19%     19%     19%     19%     19%     19%     19%     19%     19%     19%     19%     19%     19%     19%     19%     19%     19%     11%     19%     11% <th>Country</th> <th>Agree</th> <th></th> <th></th> <th>Ne</th> <th>either/nor</th> <th>Disagre</th> <th>e Don't l</th> <th>know/Re</th> <th>fusal</th> | Country       | Agree |     |        | Ne | either/nor | Disagre | e Don't l | know/Re | fusal              |
|---|---------------|-------|-----|--------|----|------------|---------|-----------|---------|--------------------|
| South Africa     78%     13%       Serbia     77%     15%       Colombia     74%     15%       Chile     73%     16%       Canada     72%     21%       Turkey     71%     18%       Sweden     71%     18%       Brazil     71%     13%       US     71%     13%       Argentina     69%     18%       Saudi Arabia     69%     20%       Italy     69%     20%       Metherlands     67%     18%       Astralia     67%     20%       Malaysia     65%     17%       Spain     63%     23%       India     63%     23%       Belgium     61%     23%       Great     55%     23%       Spain     63%     23%       India     63%     23%       Belgium     61%     23%       Great     55%     23%       Spain     63%     23%  | Mexico        |       | 81% |        |    |            |         |           |         | <mark>4%2</mark> % |
| Serbia     77%     15%       Colombia     74%     15%       Chile     73%     16%       Canada     72%     21%       Turkey     71%     18%       Sweden     71%     15%       Brazil     71%     15%       VS     71%     15%       Sweden     71%     19%       Margentia     69%     19%       Saudi Arabia     69%     20%       Italy     69%     20%       Great Britain     67%     20%       Malaysia     67%     20%       Poland     64%     20%       Germany     58%     23%     1       Stasia     55%     23%     1       India     63%     23%     1       Spain     63%     23%     9       Russia     55%     23%     1       China     52%     32%     14%       Hungary     51%     22%     20%       Fra  | Peru          |       | 78% |        |    |            |         |           |         | <mark>2</mark> %   |
| Colombia     74%     15%       Chile     73%     16%       Canada     72%     21%       Turkey     71%     18%       Sweden     71%     15%       Brazil     71%     13%       US     71%     19%       Argentina     69%     19%       Saudi Arabia     69%     20%       Italy     69%     20%       Great Britain     68%     21%       Netherlands     67%     18%     10%       Australia     67%     20%     11%       Poland     64%     20%     11%       Germany     63%     23%     1       Spain     61%     19%     14%       Germany     55%     23%     1       Kusia     55%     23%     1       India     63%     23%     9       Russia     55%     23%     15%       China     52%     32%     14%       Hungary  | South Africa  |       | 78% |        |    |            |         |           |         | <mark>% 2</mark> % |
| Chile     73%     16%       Canada     72%     21%       Turkey     71%     18%       Sweden     71%     15%     9       Brazil     71%     13%     119       US     71%     13%     119       Argentina     69%     19%     1       Saudi Arabia     69%     20%     6       Italy     69%     20%     6       Great Britain     66%     21%     6       Netherlands     67%     18%     10%       Austalia     67%     20%     6       Malaysia     65%     17%     12%       Poland     64%     20%     119       Spain     163%     23%     1       India     63%     23%     1       Belgium     61%     19%     14%       Germany     55%     23%     1       Hungary     51%     22%     20%       France     28%     37%     32%  | Serbia        |       |     | 77%    |    |            |         | 15%       | 4%      | <mark>6</mark> 3%  |
| Canada     72%     21%       Turkey     71%     18%       Sweden     71%     15%     9       Brazil     71%     13%     119       US     71%     13%     119       Argentina     69%     18%     1       Saudi Arabia     69%     20%     1       Italy     69%     20%     1       Great Britain     68%     21%     1       Netherlands     67%     18%     10%       Australia     67%     20%     1       Poland     64%     20%     1       Spain     63%     23%     1       India     63%     23%     1       Belgium     61%     19%     14%       Germany     58%     23%     1       Hungary     51%     22%     20%       France     49%     30%     14%   | Colombia      |       |     |        |    |            | 15%     | 9%        | 2%      |                    |
| Turkey     71%     18%       Sweden     71%     15%     9       Brazil     71%     13%     119       US     71%     13%     119       Argentina     69%     18%     119%       Saudi Arabia     69%     19%     110       Italy     69%     20%     116       Great Britain     68%     21%     110       Netherlands     67%     18%     100       Australia     67%     20%     119       Spain     63%     23%     119       India     63%     23%     119       Belgium     61%     19%     14%       Germany     58%     28%     99       Russia     55%     23%     15%       China     52%     32%     119       Hungary     51%     22%     20%       France     28%     37%     32%     14%  | Chile         |       |     | 73%    |    |            |         | 16%       | 9%      | 2%                 |
| Sweden     71%     15%     9       Brazil     71%     13%     119       US     71%     19%     13%     119       Argentina     69%     18%     10%<   | Canada        |       |     | 72%    |    |            |         | 21%       | 5%      | <mark>6</mark> 3%  |
| Brazil     11%     13%     119       US     71%     13%     119       Argentina     69%     18%     1       Saudi Arabia     69%     20%     1       Italy     69%     20%     1       Great Britain     68%     21%     1       Netherlands     67%     18%     10%       Australia     67%     20%     1       Malaysia     65%     17%     12%       Poland     64%     20%     1       Spain     63%     23%     1       India     63%     23%     1       India     63%     23%     9       Belgium     61%     19%     14%       Germany     55%     23%     19       Hungary     51%     22%     20%       France     49%     30%     14%  | Turkey        |       |     | 71%    |    |            |         | 18%       | 9%      | 2%                 |
| US     71%     19%       Argentina     69%     18%       Saudi Arabia     69%     19%       Italy     69%     20%       Great Britain     68%     21%       Netherlands     67%     18%     10%       Australia     67%     20%     68%       Malaysia     65%     17%     12%       Poland     64%     20%     11%       Spain     63%     23%     11%       India     63%     23%     11%       Belgium     61%     19%     14%       Germany     58%     23%     11%       Hungary     51%     23%     11%       Hungary     51%     23%     11%       France     28%     37%     32%     14%  | Sweden        |       |     | 71%    |    |            | 15      | %         | 9%      | 5%                 |
| Argentina   69%   18%     Saudi Arabia   69%   19%     Italy   69%   20%     Great Britain   68%   21%     Netherlands   67%   18%   10%     Australia   67%   20%   8     Malaysia   65%   17%   12%     Poland   64%   20%   8     India   63%   23%   1     India   63%   23%   1     India   63%   23%   9     Belgium   61%   19%   14%     Germany   58%   23%   19     Hungary   51%   22%   20%     France   49%   30%   14%     South Korea   28%   37%   32%  | Brazil        |       |     | 71%    |    |            | 13%     | 6         | 11%     | 5%                 |
| Saudi Arabia     19%       Italy     69%     20%       Great Britain     68%     21%       Netherlands     67%     18%     109       Australia     67%     20%     8       Malaysia     65%     17%     12%       Poland     64%     20%     119       Spain     63%     23%     1       India     55%     23%     1       Germany     58%     23%     119       Hungary     51%     22%     20%       France     49%     30%     14%       South Korea     28%     37%     32%   | US            |       | 7   | /1%    |    |            | -       | 19%       | 8%      | 3%                 |
| Italy     69%     20%       Great Britain     68%     21%       Netherlands     67%     18%     105       Australia     67%     20%     8       Malaysia     65%     17%     12%       Poland     64%     20%     11       Spain     63%     23%     1       India     63%     23%     9       Belgium     61%     19%     14%       Germany     58%     23%     9       Russia     55%     23%     119       Hungary     51%     22%     20%       France     28%     37%     32%  | Argentina     |       | 6   | 9%     |    |            | 18      | %         | 9%      | 4%                 |
| Great Britain     68%     21%       Netherlands     67%     18%     10%       Australia     67%     20%     8       Malaysia     65%     17%     12%       Poland     64%     20%     8       Spain     63%     23%     1       India     63%     23%     9       Belgium     61%     19%     14%       Germany     58%     23%     1       Kussia     55%     23%     119       Hungary     51%     22%     20%       France     49%     30%     14%   | Saudi Arabia  |       | 69% |        |    |            | 19      | %         | 8%      | 4%                 |
| Netherlands     67%     18%     109       Australia     67%     20%     8       Malaysia     65%     17%     12%       Poland     64%     20%     119       Spain     63%     23%     1       India     63%     23%     1       Belgium     61%     19%     14%       Germany     58%     23%     19       Russia     55%     23%     19       Hungary     51%     22%     20%       France     49%     30%     14%   | Italy         |       | 69% |        |    |            | 20      | %         | 8%      | 4%                 |
| Australia   67%   20%   8     Malaysia   65%   17%   12%     Poland   64%   20%   11     Spain   63%   23%   1     India   63%   23%   9     Belgium   61%   19%   14%     Germany   58%   23%   9     Russia   55%   23%   119     Hungary   51%   22%   20%     France   49%   30%   14%  | Great Britain |       | 68% |        |    |            | 21      | %         | 8%      | 3%                 |
| Malaysia 65% 17% 12%   Poland 64% 20% 119   Spain 63% 23% 1   India 63% 23% 9   Belgium 61% 19% 14%   Germany 58% 28% 9   Russia 55% 23% 119   Hungary 51% 22% 20%   France 49% 30% 14%   | Netherlands   |       | 679 | %      |    |            | 18%     |           | 10%     | 5%                 |
| Poland   64%   20%   119     Spain   63%   23%   1     India   63%   23%   9     Belgium   61%   19%   14%     Germany   58%   28%   9     Russia   55%   23%   119     Hungary   51%   22%   20%     France   49%   30%   14%     South Korea   28%   37%   32%  | Australia     |       | 679 | %      |    |            | 20%     |           | 8%      | 5%                 |
| Spain   63%   23%   1     India   63%   23%   9     Belgium   61%   19%   14%     Germany   58%   28%   9     Russia   55%   23%   19     China   52%   32%   119     Hungary   51%   22%   20%     France   49%   30%   14%     South Korea   28%   37%   32%  | Malaysia      |       | 65% | ,<br>D |    |            | 17%     | 1         | 12%     | 5%                 |
| India   63%   23%   9     Belgium   61%   19%   14%     Germany   58%   28%   9     Russia   55%   23%   15%     China   52%   32%   119     Hungary   51%   22%   20%     France   49%   30%   14%     South Korea   28%   37%   32%   | Poland        |       | 64% |        |    |            | 20%     |           | 11%     | 5%                 |
| Belgium   61%   19%   14%     Germany   58%   28%   9     Russia   55%   23%   15%     China   52%   32%   119     Hungary   51%   22%   20%     France   49%   30%   14%     South Korea   28%   37%   32%   | Spain         |       | 63% |        |    |            | 23%     |           | 10%     | 3%                 |
| Germany   58%   28%   9%     Russia   55%   23%   15%     China   52%   32%   11%     Hungary   51%   22%   20%     France   49%   30%   14%     South Korea   28%   37%   32%  | India         |       | 63% |        |    |            | 23%     |           | 9%      | 5%                 |
| Russia 55% 23% 15%   China 52% 32% 119   Hungary 51% 22% 20%   France 49% 30% 14%   South Korea 28% 37% 32%   | Belgium       |       | 61% |        |    | 1          | 9%      | 149       | %       | 6%                 |
| China     52%     32%     119       Hungary     51%     22%     20%       France     49%     30%     14%       South Korea     28%     37%     32%  | Germany       |       | 58% |        |    |            | 28%     |           | 9%      | 5%                 |
| Hungary     51%     22%     20%       France     49%     30%     14%       South Korea     28%     37%     32%  | Russia        |       |     |        |    | 23%        |         | 15%       | ,<br>)  | 6%                 |
| France     49%     30%     14%       South Korea     28%     37%     32%  | China         |       | 52% |        |    | 32%        |         |           | 11%     | 5%                 |
| South Korea     28%     37%     32%   | Hungary       |       |     |        |    | 22%        |         | 20%       |         | 6%                 |
|   | France        |       | 49% |        |    | 30%        |         | 14%       | 8       | 8%                 |
| Japan 24% 38% 29%   | South Korea   | 28%   |     | 37%    |    |            |         | 32%       |         | 3%                 |
|   | Japan         | 24%   |     | 38%    |    |            | 29%     |           | 9       | )%                 |

Increased spending on mental health services is a waste of money

People in India, Saudi Arabia and China are most likely to agree that increased spending on mental health services is a waster of money.



| Country       | Agree   | Neither/nor | Disagree | DK/Refusal       |
|---------------|---------|-------------|----------|------------------|
| India         | 27%     | 17%         | 52%      | 4%               |
| Saudi Arabia  | 25%     | 19%         | 50%      | 6%               |
| China         | 21%     | 17%         | 59%      | 3%               |
| Brazil        | 13% 11% |             | 71%      | 5%               |
| Malaysia      | 13% 17% |             | 67%      | 4%               |
| Russia        | 12% 14% |             | 66%      | 7%               |
| Germany       | 12% 18% |             | 65%      | 6%               |
| Belgium       | 12% 14% |             | 69%      | 5%               |
| Peru          | 11% 9%  |             | 79%      | 1%               |
| Hungary       | 9% 17%  |             | 67%      | 5%               |
| Poland        | 9% 14%  |             | 75%      | 3%               |
| US            | 9% 12%  |             | 76%      | 3%               |
| Spain         | 9% 13%  |             | 74%      | 4%               |
| Sweden        | 8% 9%   |             | 77%      | 5%               |
| South Africa  | 8% 14%  |             | 76%      | 1%               |
| Canada        | 8% 12%  |             | 78%      | 3%               |
| Turkey        | 8% 15%  |             | 74%      | 3%               |
| Netherlands   | 8% 12%  |             | 74%      | 6%               |
| France        | 8% 16%  |             | 70%      | 6%               |
| Colombia      | 8% 11%  |             | 78%      | 2 <mark>%</mark> |
| Mexico        | 8% 12%  |             | 77%      | 2 <mark>%</mark> |
| Australia     | 8% 13%  |             | 74%      | 5%               |
| South Korea   | 7% 13%  |             | 78%      | 2%               |
| Japan         | 7% 20%  |             | 67%      | 5%               |
| Great Britain | 7% 9%   |             | 80%      | 3%               |
| Italy         | 7% 15%  |             | 73%      | 5%               |
| Chile         | 7% 8%   |             | 84%      | 2%               |
| Argentina     | 6% 11%  |             | 80%      | 2 <mark>%</mark> |
| Serbia        | 6% 16%  |             | 73%      | 5%               |

Anyone with a history of mental illness should be excluded from public office

Western European countries are the least likely to agree that anyone with a history of mental illness should be excluded from public office. In Russia, three quarters of people agree with the statement.



| Country       | Agree   |        |     |        |     | Neither/nor | Disagree | DK/Ref | usal |
|---------------|---------|--------|-----|--------|-----|-------------|----------|--------|------|
| Russia        |         |        | 76% |        |     |             | 10%      | 11%    | 3%   |
| Peru          |         | 48%    |     |        | 18% |             | 32%      |        | 1%   |
| Mexico        |         | 44%    |     |        | 17% |             | 34%      |        | 3%   |
| South Korea   |         | 42%    |     |        | 23% |             | 33%      |        | 2%   |
| Argentina     |         | 42%    |     |        | 20% |             | 30%      |        | 7%   |
| Colombia      |         | 41%    |     | 19     | 9%  |             | 37%      |        | 3%   |
| China         |         | 40%    |     | 2      | 23% |             | 32%      |        | 4%   |
| Malaysia      |         | 40%    |     | 21     | %   |             | 36%      |        | 3%   |
| Chile         | 3       | 8%     |     | 19%    |     |             | 39%      |        | 4%   |
| Spain         | 3       | '%     |     | 24%    | )   |             | 32%      |        | 7%   |
| US            | 349     | ,<br>) |     | 19%    |     | 4           | 1%       |        | 6%   |
| India         | 32%     |        |     | 25%    |     | 39%         |          |        | 4%   |
| Serbia        | 32%     |        | 2   | 20%    |     | 40%         |          | 8      | 8%   |
| Italy         | 32%     |        |     | 30% 30 |     | 30%         |          |        | 8%   |
| Poland        | 32%     |        |     | 26%    |     |             | 34%      | 8      | 8%   |
| Saudi Arabia  | 29%     |        | 24  | %      |     | 4           | 1%       |        | 6%   |
| South Africa  | 27%     |        | 18% |        |     | 52%         |          |        | 3%   |
| Brazil        | 25%     |        | 16% |        |     | 50%         |          | 8      | 8%   |
| Turkey        | 25%     |        | 21% |        |     | 50%         |          |        | 5%   |
| Japan         | 20%     |        | 33% |        |     | 38%         | ,<br>D   | 9      | )%   |
| Hungary       | 19%     | 23     |     |        |     | 50%         |          |        | 7%   |
| France        | 18%     | 21%    |     |        |     | 51%         |          | 10     | %    |
| Germany       | 17%     | 25%    | 0   |        |     | 51%         |          |        | 7%   |
| Australia     | 17%     | 20%    |     |        |     | 56%         |          |        | 7%   |
| Canada        | 17%     | 20%    |     |        |     | 57%         |          |        | 6%   |
| Belgium       | 15%     | 22%    |     |        |     | 55%         |          | _9     | 9%   |
| Netherlands   | 14%     | 21%    |     |        |     | 53%         |          | 119    |      |
| Great Britain | 12%     | 20%    |     |        |     | 62%         |          |        | 6%   |
| Sweden        | 10% 13% |        |     |        | 70% |             |          |        | 7%   |

Most adults diagnosed as having a mental health condition would get better over time without the help of doctors

People in India, Saudi Arabia are also the most likely to agree that most adults diagnosed as having a mental health condition would get better over time without the help of doctors.



| Country       | Agree   |     |     |     | Neither/nor | Disagree | DK/Refusal |
|---------------|---------|-----|-----|-----|-------------|----------|------------|
| India         |         | 44% |     | 21% |             | 30%      | 5%         |
| Saudi Arabia  | 34      | 4%  |     | 26% |             | 35%      | 5%         |
| China         | 25%     |     | 22% |     | 51%         |          | 3%         |
| Brazil        | 20%     | 12% |     |     | 62%         |          | 6%         |
| Spain         | 17%     | 19% |     |     | 57%         |          | 6%         |
| Malaysia      | 17%     | 22% |     |     | 55%         |          | 6%         |
| US            | 16%     | 15% |     |     | 64%         |          | 5%         |
| South Africa  | 16%     | 15% |     |     | 68%         |          | 2%         |
| Australia     | 15%     | 20% |     |     | 58%         |          | 7%         |
| Mexico        | 13%     | 3%  |     | 749 | 6           |          | 4%         |
| Argentina     | 13% 8   | %   |     | 75% | )           |          | 4%         |
| Turkey        | 13%     | 9%  |     | 74% | ,<br>)      |          | 5%         |
| Great Britain | 13%     | 17% |     |     | 63%         |          | 7%         |
| Canada        | 13%     | 17% |     |     | 66%         |          | 4%         |
| Sweden        | 12%     | 13% |     | 7(  | )%          |          | 5%         |
| Peru          | 12% 79  | 0   |     | 78% | ,<br>D      |          | 2%         |
| Colombia      | 12% 10  | )%  |     | 749 | /<br>0      |          | 4%         |
| Hungary       | 12%     | 19% |     | 6   | )%          |          | 10%        |
| Belgium       | 11%     | 19% |     | 589 | 6           |          | 12%        |
| Italy         | 10%     | 18% |     | (   | 55%         |          | 6%         |
| Chile         | 10% 10% | 6   |     | 76% | )           |          | 4%         |
| South Korea   | 10%     | 21% |     |     | 66%         |          | 3%         |
| Germany       | 9%      | 21% |     | E   | 51%         |          | 8%         |
| France        | 9%      | 22% |     | 57  | %           |          | 12%        |
| Poland        | 9%      | 18% |     | 6   | 5%          |          | 7%         |
| Netherlands   | 9%      | 8%  |     | 63% | ,<br>)      |          | 10%        |
| Russia        | 8% 14%  | 0   |     | 72% |             |          | 6%         |
| Japan         | 6% 16%  |     |     | 749 | 0           |          | 4%         |
| Serbia        | 5% 8%   |     |     | 81% |             |          | 5%         |

Most children diagnosed as having a mental health condition would get better over time without the help of doctors

People in India, Saudi Arabia are also the most likely to agree that most children diagnosed as having a mental health condition would get better over time without the help of doctors.



| Country       | Agree   |     |     | Neither/nor Disagre | e DK/Refusal |
|---------------|---------|-----|-----|---------------------|--------------|
| India         | 42%     |     | 23% | 31%                 | 5%           |
| Saudi Arabia  | 36%     |     | 19% | 42%                 | 3%           |
| China         | 26%     | 21% |     | 48%                 | 5%           |
| Malaysia      | 21%     | 20% |     | 53%                 | 7%           |
| Brazil        | 20%     | 11% |     | 62%                 | 6%           |
| US            | 18%     | 19% |     | 58%                 | 5%           |
| South Africa  | 18%     | 14% |     | 65%                 | 3%           |
| Spain         | 17%     | 19% |     | 57%                 | 7%           |
| Chile         | 16% 9%  |     |     | 72%                 | 3%           |
| Sweden        | 15% 15  | %   |     | 62%                 | 8%           |
| Australia     | 15%     | 20% |     | 57%                 | 8%           |
| Mexico        | 14% 8%  |     | 73  | 3%                  | 4%           |
| Peru          | 13% 11% |     |     | 73%                 | 3%           |
| Great Britain | 13% 20  | %   |     | 59%                 | 8%           |
| Colombia      | 13% 13% |     |     | 70%                 | 4%           |
| Belgium       | 12% 209 | 6   | 5   | 4%                  | 14%          |
| South Korea   | 11% 18% |     |     | 68%                 | 3%           |
| Italy         | 11% 19% |     |     | 65%                 | 5%           |
| Hungary       | 11% 17% |     | 6   | 2%                  | 10%          |
| Canada        | 11% 19% |     |     | 65%                 | 5%           |
| Turkey        | 11% 9%  |     | 76  | %                   | 4%           |
| Germany       | 11% 21% |     |     | 58%                 | 9%           |
| France        | 11% 21% |     | 5   | 6%                  | 12%          |
| Argentina     | 10% 9%  |     | 769 | %                   | 4%           |
| Netherlands   | 10% 19% |     | 5   | 9%                  | 11%          |
| Russia        | 9% 15%  |     | 69  | 9%                  | 7%           |
| Poland        | 8% 17%  |     | 6   | 7%                  | 7%           |
| Japan         | 4% 18%  |     | 74  | %                   | 5%           |
| Serbia        | 3% 8%   |     | 83% |                     | 5%           |