



PRESS RELEASE

The impact on mental health and our economic future among biggest concerns in NSW from COVID-19 – *The Sydney Morning Herald* Nine News Ipsos Poll

Sydney, Australia, October 26, 2020 — Australians are most worried about the impact on their mental health by the coronavirus pandemic, fears of a further wave of the virus and the economic recession, according to the latest *Sydney Morning Herald* and Nine News Ipsos Poll.

Looking ahead to 2021

When asked to think about next year, three in five are worried about the possibility of a further wave of the virus and consequent lockdown period (63%) and the fear of an ongoing economic recession (61%). Half (49%) are concerned at the prospect of not being able to travel interstate or overseas.

Younger people are more worried than older about their employment prospects and the impact on their mental health. Those over 55 are significantly more worried about catching the virus than others.

Personal and mental health impact of the pandemic

45% believe that their mental health has been impacted 'a great deal' or 'fair amount' by the pandemic and resulting lockdown. This impact on mental health is significantly higher for those living in metro areas (48%) and for younger people (65% among those aged 18-24, and 61% among those aged 25-39).

Ipsos Australia Public Affairs Director, Jess Elgood, said: "Looking to 2021, people in NSW are worried about a further wave of the virus, and the ongoing impact on the economy, but they are also worried about their mental health. Almost half feel their mental health has been impacted, and that is particularly the case among younger people."

Notes to editors

Technical details

These are the findings of an online survey of a representative sample of 863 adults in NSW, aged 18+, between 21st - 23rd October 2020. $\pm 3.4\%$ is the maximum margin of sampling error that might apply to this sample. The data are weighted to reflect the population distribution.

For more information on this news release, please contact:

Jess Elgood
Ipsos

Rochelle Burbury
Third Avenue Consulting



PRESS RELEASE

0431 656 217

Jessica.elgood@ipsos.com

0408 774 577

rochelle@thirdavenuecom.au

About Ipsos

Ipsos is the world's third largest market research company, present in 90 markets and employing more than 18,000 people.

Our passionately curious research professionals, analysts and scientists have built unique multi-specialist capabilities that provide true understanding and powerful insights into the actions, opinions and motivations of citizens, consumers, patients, customers or employees. We serve more than 5000 clients across the world with 75 business solutions.

Founded in France in 1975, Ipsos is listed on the Euronext Paris since July 1st, 1999. The company is part of the SBF 120 and the Mid-60 index and is eligible for the Deferred Settlement Service (SRD).

ISIN code FR0000073298, Reuters ISOS.PA, Bloomberg IPS:FP www.ipsos.com