# THE COVID-19 PANDEMIC'S IMPACT ON WORKERS' LIVES

**28-country Ipsos survey for The World Economic Forum** 

December 2020

For more information, go to https://www.ipsos.com/en/covid-19-pandemics-impact-workers-lives

### GAME CHANGERS



#### WORK-RELATED CHANGES SINCE THE OUTBREAK OF THE PANDEMIC

#### Q. Did you do any of the following at any time since the outbreak of the COVID-19 pandemic: Yes **Global Average** At one time or another since the outbreak of the 52% Work from home pandemic, 52% of all employed adults surveyed 20% 31% 17% 31% across the 28 countries say they worked from home, 32% worked longer hours, 32% worked fewer hours, 30% took a leave of absence and 15% left their job. Reduce the number of hours 32% 17% 21% 15% 48% you work Many workers around the world experienced both an increase in the number of hours they worked at times and a reduction at other times, Increase the number of hours 32% 11% highlighting the extent to which they had to adapt 21% 22% 47% vou work in different ways according to the cycles of the pandemic and the local policies in their country. Take a leave of absence from Only half of those who worked fewer hours and 30% 10% 51% 19% 20% work those who left their job chose to do so. In contrast, those who worked from home, those who increased their hours working, and those who took a leave of absence are more likely to 15% Leave your job 8% 18% 67% 7% have done it by choice than out of obligation or necessity.

■Yes, but it was not my choice ■Yes and I chose to do it ■No, but I considered doing it ■No and I did not consider doing it



Total

\* Online samples in Brazil, Chile, mainland China, Colombia, India, Malaysia, Mexico, Peru, Russia, Saudi Arabia, South Africa, and Turkey tend to be more urban, educated, and/or affluent than the general population

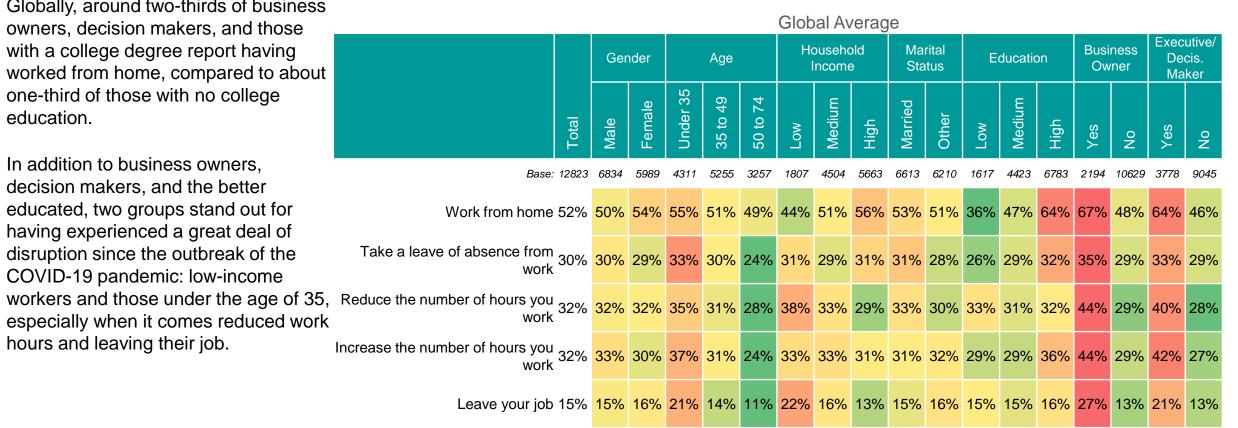
Base: 12,823 employed online adults aged 16-74 across 28 countries

#### WORK-RELATED CHANGES SINCE THE OUTBREAK OF THE PANDEMIC

#### Q. Did you do any of the following at any time since the outbreak of the COVID-19 pandemic (% Total Yes)

Globally, around two-thirds of business owners, decision makers, and those with a college degree report having worked from home, compared to about one-third of those with no college education.

In addition to business owners, decision makers, and the better educated, two groups stand out for having experienced a great deal of disruption since the outbreak of the COVID-19 pandemic: low-income hours and leaving their job.



Base: 12,823 employed online adults aged 16-74 across 28 countries

\* Online samples in Brazil, Chile, mainland China, Colombia, India, Malaysia, Mexico, Peru, Russia, Saudi Arabia, South Africa, and Turkev tend to be more urban, educated and/or affluent than the general population

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#### WORK FROM HOME

Q. Did you do any of the following at any time since the outbreak of the COVID-19 pandemic:

#### Work from home

Globally, 52% say they worked from home at some point – from 74% in Colombia to just 26% in Japan.

Total	20%	31%			17%		31%	0	52%
Colombia	26%			49%			13%	13%	74%
India	24%		4	9%			16%	11%	73%
South Africa	33%			38%		1	3%	16%	71%
Peru	17%		52%				20%	12%	69%
Malaysia	23%		42%			229	%	14%	65%
Sweden	18%		44%		6%		32%	)	62%
Great Britain	30%		30%		9%		32%	)	60%
Chile	30%		<b>29%</b>			22%		19%	59%
Netherlands	24%		34%		4%		38%		58%
Mexico	24%		33%			25%		18%	57%
Argentina	20%	36	5%		2	3%		21%	56%
Saudi Arabia	24%	3	1%		2	6%		20%	54%
Brazil	18%	36%	l		20%			26%	54%
Turkey	23%	29%	6		22%		2	26%	51%
Australia	20%	30%		11%			39%		50%
United States	23%	26%		12%			39%		49%
Belgium	23%	24%		12%			41%		47%
Canada	22%	25%		15%			39%		47%
China	13%	34%			<b>28%</b>			25%	47%
Russia	19%	25%		21%			35%		44%
Italy	17%	26%		19%			38%		43%
Poland	15%	25%		22%			39%		40%
Spain	17%	22%	17	%			44%		39%
France	16%	22%	<b>12%</b>			51%	, D		38%
Germany	14%	24%	12%			50%	6		38%
South Korea	16%	22%		28%			35%		37%
Hungary	15%	20%	13%			52%			35%
Japan	8% 18%	13%				61%			26%

Base: 12,823 employed online adults aged 16-74 across 28 countries \* Online samples in Brazil, Chile, mainland China, Colombia, India, Malaysia, Mexico, Peru, Russia, Saudi Arabia, South Africa, and Turkey tend to be more urban, educated, and/or affluent than the general population

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#### TAKE A LEAVE OF ABSENCE FROM WORK

Q. Did you do any of the following at any time since the outbreak of the COVID-19 pandemic:

#### Take a leave of absence from work

Globally, 30% of employed adults say they took a leave of absence from work – from 50% in South Korea to just 9% in Spain.

Total	10%	19%	20	%		51%	30%
South Korea	8%		42%		22%	28%	50%
Saudi Arabia	18%		28%		29%	25%	46%
India	13%		32%		28%	27%	45%
Hungary	18%		24%	18%		41%	42%
Poland	8%		35%		28%	30%	42%
Russia	8%	29%		19%		44%	37%
Belgium	8%	28%	0	14%		50%	36%
South Africa	19%	o	15%	21%		45%	34%
Malaysia	16%	1	6%	24%		44%	32%
China	8%	25%		27%		41%	32%
Japan	8%	24%		23%		45%	32%
Netherlands	3%	27%	11%			60%	30%
Australia	11%	20%	14%			55%	31%
Germany	7%	24%	16%	6		54%	31%
Peru	18%	10	%	28%		44%	28%
Argentina	15%	13%	17%			55%	28%
Turkey	13%	15%		26%		46%	28%
Mexico	14%	10%	20%			56%	25%
Brazil	12%	11%	18%			59%	23%
Colombia	11%	11%	19%			59%	22%
Great Britain	10%	12%	12%		67%	)	22%
France	4%	18%	20%			58%	22%
Chile	11%	9%	20%			60%	20%
Canada	8%	12%	16%		64	%	20%
Italy	4%	6%	24%			57%	20%
<b>United States</b>	10%	9%	12%		69%		19%
Sweden	3% 8%	7%			82%		11%
Spain	% 7%	14%			78%		9%

Base: 12,823 employed online adults aged 16-74 across 28 countries \* Online samples in Brazil, Chile, mainland China, Colombia, India, Malaysia, Mexico, Peru, Russia, Saudi Arabia, South Africa, and Turkey tend to be more urban, educated, and/or affluent than the general population

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#### REDUCE THE NUMBER OF HOURS WORKED

Q. Did you do any of the following at any time since the outbreak of the COVID-19 pandemic:

#### Reduce the number of hours you work

Globally, 32% say they reduced the number of hours they work at one point or another – from 49% in India to just 13% in the Netherlands.

Total	17%	15%	0	21%		48%		32%
India	18%		31%		26%		25%	49%
Saudi Arabia	26	6%	21%	0	25%		28%	47%
Turkey		30%	17	7%	25%		29%	46%
South Africa	2	7%	14%	18%		41%		41%
Malaysia	18%		23%	20	6%	3	3%	41%
Brazil	19%		20%	21%		41%		39%
Mexico	23%	o	15%	21%		42%		38%
South Korea	17%		20%	28%		35	5%	37%
China	13%	22%	0	30%		35	5%	35%
Australia	20%		4%	15%		51%		34%
Peru	18%	15	5%	30%		37%	6	33%
Canada	22%	D	9% 1	3%		55%		32%
Great Britain	18%	11%	159	%		56%		30%
Chile	14%	16%		27%		44%		30%
<b>United States</b>	21%	8%				59%		29%
Argentina	16%	14%		20%		50%		29%
Hungary	17%	9%	10%			63%		27%
Russia	16%	11%	17%			56%		27%
Sweden	18%	8%	12%			62%		26%
Colombia	14%	13%		27%		47%		26%
Japan	10%	16%	21%	0		54%		26%
Germany	14%	12%	15%			60%		25%
Poland	14%	9%	25%	0		51%		23%
Spain	13%	10%	17%			61%		23%
Italy	12%	11%	26%	6		51%		23%
Belgium	11%	10%	15%			63%		22%
France	10%	12%	18%			61%		21%
Netherlands	6% <mark>7%</mark>	11%			76%			13%

Base: 12,823 employed online adults aged 16-74 across 28 countries \* Online samples in Brazil, Chile, mainland China, Colombia, India, Malaysia, Mexico, Peru, Russia, Saudi Arabia, South Africa, and Turkey tend to be more urban, educated, and/or affluent than the general population

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### **INCREASE THE NUMBER OF HOURS YOU WORK**

Q. Did you do any of the following at any time since the outbreak of the COVID-19 pandemic:

Increase the number of hours you work

Globally, 32% say they increased the number of hours they work at one point or another – from 59% in India to just 12% in Japan.

Total	11%	21%	2	2%		47%		32%
India	20	%	39%			25%		16% 59%
South Africa	15%		30%		22%		34%	45%
Peru	17%		26%		33%		24%	43%
Saudi Arabia	17%		23%	3	80%		31%	40%
Colombia	14%	26	5%	24%	6		35%	40%
Argentina	15%	24	%	24%			37%	39%
Malaysia	13%	25%		32	2%		31%	38%
Australia	11%	24%	1	6%		50%		34%
South Korea	7%	27%		30%			37%	34%
Mexico	15%	17%		24%		44 <sup>0</sup>	%	33%
Chile	13%	20%		25%		43	3%	32%
Brazil	12%	20%	20	%		49%		31%
Great Britain	7%	24%	14%			55%		31%
China	7%	24%		28%			1%	31%
Sweden	11%	18%	13%			59%		29%
Italy	7%	22%	23%	6		48%		29%
Russia	11%	17%	21%			51%		28%
Canada	9%	19%	19%			53%		28%
United States	7%	21%	18%			54%		28%
Belgium	9%	17%	15%			59%		26%
France		18%	17%			58%		26%
Poland	8%	18%	30%	6		45%	6	25%
Turkey	15%	9%	20%			57%		24%
Spain	9%	15%	19%			57%		24%
Hungary	9%	14%	14%			63%		23%
Netherlands	8%	13% 12	2%		6	7%		21%
Germany		14% 15	5%			65%		20%
Japan	<u>3% 9%</u>	19%			70	%		12%

Base: 12,823 employed online adults aged 16-74 across 28 countries \* Online samples in Brazil, Chile, mainland China, Colombia, India, Malaysia, Mexico, Peru, Russia, Saudi Arabia, South Africa, and Turkey tend to be more urban, educated, and/or affluent than the general population

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#### LEAVE YOUR JOB

Q. Did you do any of the following at any time since the outbreak of the COVID-19 pandemic:

#### Leave your job

Globally, 15% say they left their job – from 33% in India to just 9% in Belgium, Japan, and the Netherlands.

Total	7%	8%	18%			67%	15%
India	10%		23%		20%	47%	33%
Saudi Arabia	11%	1	2%	22%		55%	23%
Peru	12%	6 8	<mark>% 1</mark> 7	%		62%	21%
Mexico	12%	6 <b>7%</b>	16%			66%	19%
Brazil	10%	10%				63%	19%
South Africa	10%	9%	19	%		62%	19%
Malaysia		7%	19%			64%	17%
South Korea		11%		30%		53%	17%
Australia	6%	10%	18%			65%	17%
Turkey	10%	6%	<b>20%</b>			65%	15%
Sweden	8%	8%	10%			75%	15%
Russia	8%	8%	17%			68%	15%
United States	8%	7%	11%			74%	15%
China		8%	17%			68%	15%
Argentina		5%	15%			72%	14%
Great Britain	6%	8%	20%			67%	14%
Canada		6%	18%			68%	13%
Colombia		6%	17%			70%	13%
Germany		7%	17%			70%	13%
		9%	21%			66%	13%
Chile		7%	18%			70%	12%
Spain		7%	14%			74%	12%
Poland		)%	19%			69%	12%
Hungary			18%			72%	11%
France			17%			72%	11%
Netherlands		9%				82%	9%
Japan			19%			72%	9%
Belgium	<u>2% 6%</u>	15	5%			76%	9%

Base: 12,823 employed online adults aged 16-74 across 28 countries \* Online samples in Brazil, Chile, mainland China, Colombia, India, Malaysia, Mexico, Peru, Russia, Saudi Arabia, South Africa, and Turkey tend to be more urban, educated, and/or affluent than the general population

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### WORK-RELATED CHALLENGES RESULTING FROM THE PANDEMIC

Q. How much have you experienced each of th	ne following as a result of the COVIC	J-19 pander	mic?			Total To a large or
Each of the following is reported to have been			Globa	al Average		some extent
experienced by about half of working adults globally as a result of the COVID-19 pandemic:	Increased anxiety around job security	22%	34%	25%	20%	56%
Increased anxiety around job security, by 56%;						
<ul> <li>Stress due to changes in work routines and organization, by 55%, or due to family pressures such as childcare, by 45%;</li> </ul>	Stress due to changes in work routines and organization	18%	36%	27%	19%	55%
<ul> <li>Difficulty finding a work-life balance, by 50%;</li> </ul>	Difficulty finding a work-life balance	15%	35%	28%	22%	50%
Reduced productivity, by 46%; and						
Working at unconventional hours, by 44%.	# If worked from home: Feeling lonely or isolated when working from home	17%	33%	27%	24%	49%
And these were experienced by about nearly half of those who worked from home:	Reduced productivity	13%	33%	30%	24%	46%
<ul> <li>Feeling lonely or isolated when working from home, by 49%; and</li> </ul>	# If worked from home: Difficulty getting work done at home due to inadequate home office setup or equipment	13%	33%	29%	25%	46%
<ul> <li>Difficulty getting work done at home due to</li> </ul>	nome once setup of equipment					
inadequate home office setup or equipment, also by 46%.	Stress due to family pressures (e.g., childcare)	16%	29%	25%	30%	45%
Base: 12,823 employed online adults aged 16-74 across 28 countries * Peru, Russia, Saudi Arabia, South Africa, and Turkey tend to be more urban, educated,	Working at unconventional hours (e.g., very early in the morning or late at night)	14%	30%	25%	31%	44%
and/or affluent than the general population # Asked only of the 6,820 adults who worked from home	■ To a large extent	To some ext	tent Ve	ery little	■Not at all	
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Total

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- Increased anxiety
- Stress due to characteristic stress due to organization, by 5 pressures such as
- Difficulty finding a
- Reduced production
- Working at unconv

- Feeling lonely or is home, by 49%; ar
- Difficulty getting w inadequate home also by 46%.

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#### WORK-RELATED CHALLENGES AS A RESULT OF THE PANDEMIC

#### Q. How much have you experienced each of the following as a result of the COVID-19 pandemic? (% To a large extent/to some extent)

Those under the age of 35, business owners, decision makers, lower-income workers, women, and those with a college education are especially prone to reporting negative effects on their well-being from pandemic-related changes in their work life.

Base: 12,823 employed online adults aged 16-74 across 28 countries

\* Online samples in Brazil, Chile, mainland China, Colombia, India, Malaysia, Mexico, Peru, Russia, Saudi Arabia, South Africa, and Turkey tend to be more urban, educated, and/or affluent than the general population # Asked only of the 6,820 adults who worked from home

		Ger	nder		Age			ouseho ncome		Ma Sta	rital itus	E	ducatio	on	Busi Ow	ness 'ner	Exec De Ma	cis.
	Total	Male	Female	Under 35	35 to 49	50 to 74	Low	Medium	High	Married	Other	Low	Medium	High	Yes	No	Yes	No
Base:	12823	6834	5989	4311	5255	3257	1807	4504	5663	6613	6210	1617	4423	6783	2194	10629	3778	9045
Stress due to family pressures (e.g., childcare)	45%	42%	48%	50%	48%	33%	50%	45%	44%	47%	43%	44%	44%	47%	52%	43%	51%	42%
Difficulty finding a work-life balance	50%	48%	52%	54%	51%	41%	53%	50%	49%	49%	50%	45%	48%	54%	55%	49%	54%	48%
Increased anxiety around job security	56%	53%	59%	59%	57%	49%	61%	58%	54%	56%	56%	56%	55%	58%	63%	55%	61%	54%
Stress due to changes in work routines and organization																		
Working at unconventional hours (e.g., very early in the morning or late at night)		45%	44%	50%	44%	36%	47%	46%	43%	44%	45%	37%	43%	49%	54%	42%	53%	40%
Reduced productivity	46%	44%	48%	50%	46%	38%	51%	47%	44%	46%	46%	44%	45%	47%	55%	44%	52%	43%
<sup>#</sup> Feeling lonely or isolated when working from home	49%	48%	51%	55%	48%	44%	51%	51%	48%	47%	52%	51%	48%	50%	52%	49%	51%	48%
<sup>#</sup> Difficulty getting work done at home due to inadequate home office setup or equipment	46%	44%	49%	51%	46%	38%	54%	47%	44%	47%	46%	50%	44%	47%	49%	45%	47%	46%

**Global Average** 



### EXPERIENCED STRESS DUE TO FAMILY PRESSURES

Tatal

Total To a large or some extent

Q. How much have you experienced each of the following as a result of the COVID-19 pandemic?

## Stress due to family pressures (e.g., childcare)

Globally, 45% say they experienced stress due to family pressure as a results of the pandemic – from 64% in South Africa and Saudi Arabia to just 18% in the Netherlands.

Total	16%		29%		25%		30%	45%
South Africa	28	3%		36%		23%	13%	64%
Saudi Arabia	23%			41%		22%	14%	64%
Peru	24%	)		37%		26%	12%	62%
Argentina		32%		27%	10	6%	26%	59%
Malaysia	18%		39%			21%	22%	58%
Chile	279	%	2	29%		24%	20%	56%
India	19%		36%			28%	17%	55%
Colombia	22%		33%		2	26%	20%	54%
Turkey	21%		31%		26%	6	22%	52%
Mexico	20%		32%		3	31%	17%	52%
Spain	19%		32%		20%		29%	51%
South Korea	11%		88%		35	5%	16%	49%
Italy	11%	34	%		28%		27%	46%
Brazil	18%		27%		28%		27%	45%
China	10%	33%			35%		22%	43%
Canada	12%	29%	I.	25%	6		35%	41%
United States	14%	27%	6	25%	0		35%	40%
Poland	12%	28%		26%	0		34%	40%
Russia	12%	27%		28%	/ 0		33%	39%
Great Britain	13%	25%		23%			38%	38%
France	11%	26%		27%			36%	37%
Australia	11%	25%		27%			38%	36%
Hungary	11%	24%		18%		47%		35%
Belgium	10%	23%		<b>29</b> %			38%	33%
Germany	9%	22%		23%		46%	)	31%
Sweden	8%	16%	21%			55%		24%
Japan	6% 16	5%	19%			59%		22%
Netherlands	7% 12%	0	25%			57%		18%
	To a large exter	nt	■To some e	xtent	Very little	е	■Not at all	



### DIFFICULTY FINDING A WORK-LIFE BALANCE

Total

Turkey

Saudi Arabia

15%

To a large extent

21%

Total To a large or some extent

50%

69%

68%

22%

23%

22%

Q. How much have you experienced each of the following as a result of the COVID-19 pandemic?

Difficulty finding a work-life balance

Globally, 50% say they had trouble finding a work-life balance as a result of the pandemic – from 69% in Saudi Arabia to just 22% in Japan.

Malaysia         23%         40%         23%         14%         63           South Africa         23%         37%         24%         17%         60           Argentina         28%         31%         27%         14%         59	rancy		21/0		<b>TU</b> /0			11/0	00
South Africa         23%         37%         24%         17%         60           Argentina         28%         31%         27%         14%         59           South Korea         12%         46%         31%         11%         59           India         20%         38%         29%         13%         56           Chile         22%         34%         26%         17%         54           Mexico         18%         36%         29%         17%         54           Colombia         17%         34%         26%         17%         54           Brazil         17%         34%         30%         16%         51           Brazil         17%         33%         29%         21%         50           Spain         17%         33%         29%         21%         50           Great Britain         17%         33%         23%         26%         50           Italy         11%         39%         30%         26%         50           Italy         11%         35%         25%         28%         44           Canada         15%         30%         26%         44	Peru	19%		47	7%		26%	8%	66
Argentina       28%       31%       27%       14%       59         South Korea       12%       46%       31%       11%       59         India       20%       38%       29%       13%       58         Chile       22%       34%       26%       17%       57         Mexico       18%       36%       29%       17%       54         Colombia       17%       34%       33%       16%       51         Brazil       17%       34%       30%       19%       50         Spain       17%       34%       30%       29%       21%       50         Great Britain       17%       33%       23%       27%       50         Russia       13%       37%       24%       26%       50         Italy       11%       39%       30%       26%       50         Belgium       12%       35%       25%       28%       44%         Canada       15%       30%       23%       26%       45         Australia       11%       35%       23%       30%       44%         China       5%       35%       32%       26%	Malaysia	23	3%	4	0%	23%	6	14%	63
South Korea         12%         46%         31%         11%         59           India         20%         38%         29%         13%         56           Chile         22%         34%         26%         17%         57           Mexico         18%         36%         29%         17%         54           Colombia         17%         34%         33%         16%         51           Brazil         17%         34%         30%         19%         50           Spain         17%         33%         29%         21%         50           Great Britain         17%         33%         23%         27%         50           Russia         13%         37%         24%         26%         50           Italy         11%         39%         30%         20%         50           Belgium         12%         30%         25%         28%         47           Canada         15%         30%         26%         45           Hungary         12%         30%         23%         26%         45           Hungary         12%         30%         23%         31%         44	South Africa	2	3%	379	%	24%			60
India         20%         38%         29%         13%         58           Chile         22%         34%         26%         17%         57           Mexico         18%         36%         29%         17%         57           Mexico         18%         36%         29%         17%         54           Colombia         17%         34%         33%         16%         51           Brazil         17%         34%         30%         19%         50           Spain         17%         33%         29%         21%         50           Great Britain         17%         33%         23%         27%         50           Russia         13%         37%         24%         26%         50           Italy         11%         39%         30%         20%         50           Belgium         12%         35%         25%         28%         47           Canada         15%         30%         26%         45           Hungary         12%         30%         23%         26%         45           Sweden         10%         32%         32%         26%         44 <t< td=""><td>Argentina</td><td></td><td>28%</td><td>3</td><td>31%</td><td>27%</td><td></td><td>14%</td><td>59</td></t<>	Argentina		28%	3	31%	27%		14%	59
Chile         22%         34%         26%         17%         57           Mexico         18%         36%         29%         17%         54           Colombia         17%         34%         33%         16%         51           Brazil         17%         34%         30%         19%         50           Spain         17%         33%         29%         21%         50           Great Britain         17%         33%         23%         27%         50           Russia         13%         37%         24%         26%         50           Italy         11%         39%         30%         20%         50           Belgium         12%         35%         25%         28%         47           Canada         15%         30%         30%         26%         42           Australia         11%         35%         30%         26%         42           France         11%         30%         23%         26%         42           France         11%         30%         29%         31%         44           China         5%         35%         32%         26%	South Korea	12%		46%		31%	)	11%	59
Mexico         18%         36%         29%         17%         54           Colombia         17%         34%         33%         16%         51           Brazil         17%         34%         30%         19%         50           Spain         17%         33%         29%         21%         50           Great Britain         17%         33%         23%         27%         50           Russia         13%         37%         24%         26%         50           Russia         13%         37%         24%         26%         50           Russia         13%         37%         24%         26%         50           Italy         11%         39%         30%         20%         50           Belgium         12%         35%         25%         28%         47           Canada         15%         30%         26%         45         445           Australia         11%         35%         30%         26%         45           Hungary         12%         30%         23%         34%         44           Sweden         10%         32%         36%         31%	India	20%	6	38%		29%		13%	58
Colombia         17%         34%         33%         16%         51           Brazil         17%         34%         30%         19%         50           Spain         17%         33%         29%         21%         50           Spain         17%         33%         29%         21%         50           Great Britain         17%         33%         23%         27%         50           Russia         13%         37%         24%         26%         50           Italy         11%         39%         30%         20%         50           Belgium         12%         35%         25%         28%         47           Canada         15%         30%         30%         26%         45           Australia         11%         35%         30%         26%         45           Hungary         12%         30%         23%         34%         42           Sweden         10%         32%         32%         26%         42           France         11%         30%         29%         31%         42           United States         13%         26%         32%         23% <td>Chile</td> <td>22</td> <td>2%</td> <td>34%</td> <td></td> <td>26%</td> <td></td> <td>17%</td> <td>57</td>	Chile	22	2%	34%		26%		17%	57
Brazil       17%       34%       30%       19%       50         Spain       17%       33%       29%       21%       50         Great Britain       17%       33%       23%       27%       50         Russia       13%       37%       24%       26%       50         Italy       11%       39%       30%       20%       50         Belgium       12%       35%       25%       28%       47         Canada       15%       30%       30%       26%       45         Australia       11%       35%       30%       26%       45         Hungary       12%       30%       23%       34%       47         Sweden       10%       32%       32%       26%       44         France       11%       30%       23%       34%       47         Ohina       5%       32%       32%       26%       44         France       11%       30%       23%       34%       47         Ohina       5%       35%       32%       32%       34%       47         Ohina       5%       35%       32%       34%       32%<	Mexico	18%		36%		29%		17%	54
Spain         17%         33%         29%         21%         50           Great Britain         17%         33%         23%         27%         50           Russia         13%         37%         24%         26%         50           Italy         11%         39%         30%         20%         50           Italy         11%         39%         30%         20%         50           Belgium         12%         35%         25%         28%         47           Canada         15%         30%         30%         26%         45           Australia         11%         35%         30%         26%         45           Hungary         12%         30%         23%         34%         47           Sweden         10%         32%         32%         26%         42           France         11%         30%         29%         31%         44           China         5%         35%         32%         26%         42           Inited States         13%         26%         32%         29%         34         46           United States         13%         26%         32% </td <td>Colombia</td> <td>17%</td> <td></td> <td>34%</td> <td></td> <td>33%</td> <td></td> <td>16%</td> <td>51</td>	Colombia	17%		34%		33%		16%	51
Great Britain       17%       33%       23%       27%       50         Russia       13%       37%       24%       26%       50         Italy       11%       39%       30%       20%       50         Belgium       12%       35%       25%       28%       47         Canada       15%       30%       30%       26%       45         Australia       11%       35%       30%       26%       45         Hungary       12%       30%       23%       34%       42         Sweden       10%       32%       32%       26%       42         France       11%       30%       29%       31%       44         China       5%       35%       37%       26%       42         France       11%       30%       29%       31%       44         China       5%       35%       37%       23%       40         United States       13%       26%       32%       34%       34%       35         Germany       10%       29%       28%       34%       34%       35       36%       37         Netherlands       8%	Brazil	17%		34%		30%		19%	50
Russia13%37%24%26%50Italy11%39%30%20%50Belgium12%35%25%28%47Canada15%30%30%26%45Australia11%35%30%26%45Hungary12%30%23%34%47Sweden10%32%32%26%42France11%30%29%31%47China5%35%37%23%40United States13%26%32%34%35Poland9%28%31%32%36%37Netherlands8%23%32%36%3736%	Spain			33%		29%	2	1%	50
Italy       11%       39%       30%       20%       50         Belgium       12%       35%       25%       28%       47         Canada       15%       30%       30%       26%       49         Australia       11%       35%       30%       26%       49         Australia       11%       35%       30%       26%       49         Hungary       12%       30%       23%       34%       47         Sweden       10%       32%       32%       26%       44         France       11%       30%       23%       34%       47         Sweden       10%       32%       32%       26%       44         France       11%       30%       29%       31%       47         China       5%       35%       37%       23%       44         United States       13%       26%       32%       23%       44         United States       13%       26%       32%       29%       39         Germany       10%       29%       28%       31%       32%       34%       39         Poland       9%       28%       31%	Great Britain	17%		33%		23%	27%		50
Belgium       12%       35%       25%       28%       47         Canada       15%       30%       30%       26%       49         Australia       11%       35%       30%       26%       49         Hungary       12%       30%       23%       34%       49         Sweden       10%       32%       32%       26%       42         France       11%       30%       23%       34%       42         Sweden       10%       32%       32%       26%       42         France       11%       30%       29%       31%       42         China       5%       35%       37%       23%       40         United States       13%       26%       32%       34%       39         Germany       10%       29%       28%       34%       39         Poland       9%       28%       31%       32%       36%       37         Netherlands       8%       23%       32%       36%       37	Russia	13%		37%		24%	26%	6	50
Canada       15%       30%       30%       26%       44         Australia       11%       35%       30%       26%       44         Hungary       12%       30%       23%       34%       44         Sweden       10%       32%       32%       26%       44         France       11%       30%       23%       34%       44         China       5%       32%       32%       26%       44         United States       13%       26%       32%       23%       44         Defensor       13%       26%       32%       23%       44         Netherlands       8%       23%       31%       32%       36%       34%				39%		30%		20%	50
Australia       11%       35%       30%       26%       45         Hungary       12%       30%       23%       34%       42         Sweden       10%       32%       32%       26%       42         France       11%       30%       29%       31%       42         China       5%       35%       29%       31%       47         China       5%       35%       37%       23%       40         United States       13%       26%       32%       29%       33         Germany       10%       29%       28%       34%       33         Poland       9%       28%       31%       32%       37         Netherlands       8%       23%       32%       36%       31	-			35%	2	5%	28%		47
Hungary       12%       30%       23%       34%       42         Sweden       10%       32%       32%       26%       42         France       11%       30%       29%       31%       42         China       5%       35%       29%       31%       42         United States       13%       26%       32%       29%       33         Germany       10%       29%       28%       34%       33         Poland       9%       28%       31%       32%       37         Netherlands       8%       23%       32%       36%       37					30	)%			4
Sweden       10%       32%       32%       26%       42         France       11%       30%       29%       31%       4         China       5%       35%       37%       23%       4         United States       13%       26%       32%       29%       39         Germany       10%       29%       28%       34%       35         Poland       9%       28%       31%       32%       37         Netherlands       8%       23%       32%       36%       37	Australia	11%	3	5%		0%		6	4
France       11%       30%       29%       31%       4         China       5%       35%       37%       23%       40         United States       13%       26%       32%       29%       39         Germany       10%       29%       28%       34%       39         Poland       9%       28%       31%       32%       37         Netherlands       8%       23%       32%       36%       37					23%				42
China       5%       35%       37%       23%       40         United States       13%       26%       32%       29%       39         Germany       10%       29%       28%       34%       39         Poland       9%       28%       31%       32%       37         Netherlands       8%       23%       32%       36%       31						0		6	
United States         13%         26%         32%         29%         39           Germany         10%         29%         28%         34%         39           Poland         9%         28%         31%         32%         37           Netherlands         8%         23%         32%         36%         31			30%	6					
Germany         10%         29%         28%         34%         39           Poland         9%         28%         31%         32%         37           Netherlands         8%         23%         32%         36%         31%						6		8%	4(
Poland         9%         28%         31%         32%         37           Netherlands         8%         23%         32%         36%         37		/ -		%					39
Netherlands 8% 23% 32% 36% 3 <sup>4</sup>									
			28%		31%		32%		37
Japan 5% 16% 26% 53% 22	Netherlands	8%	23%		32%				3′
	Japan	5%	16%	26%		53%	)		22

48%

40%

28%

Very little

35%

To some extent

Base: 12,823 employed online adults aged 16-74 across 28 countries \* Online samples in Brazil, Chile, mainland China, Colombia, India, Malaysia, Mexico, Peru, Russia, Saudi Arabia, South Africa, and Turkey tend to be more urban, educated, and/or affluent than the general population

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Not at all

#### INCREASED ANXIETY AROUND JOB SECURITY

Total To a large or some extent

Q. How much have you experienced each of the following as a result of the COVID-19 pandemic?

Increased anxiety around job security

Globally, 56% say they experienced increased anxiety around job security as a result of the pandemic – from 74% in Malaysia to just 24% in the Netherlands.

Total	22%	34%	25%		20%	56%
Malaysia	34%		40%	16%	10%	74%
Saudi Arabia	30%		43%	17%	11%	73%
South Korea	20%	52	2%	22%	5%	73%
Argentina	38%		32%	18%	13%	70%
Turkey	33%		37%	18%	12%	70%
Chile	34%		35%	22%	9%	69%
Peru	30%		39%	22%	9%	69%
South Africa	32%		35%	21%	12%	67%
Spain	29%	3	37%	18%	16%	66%
Colombia	31%		%	24%	14%	62%
Italy	20%	42%		26%	12%	62%
India	22%	39%		27%	12%	61%
Brazil	26%	34%	2	3%	17%	60%
Mexico	27%	30%		3%	15%	57%
Poland	16%	37%	26%		21%	54%
Russia	19%	34%	28%		19%	53%
Australia	14%	37%	25%	24	1%	51%
United States	17%	33%	25%		5%	50%
Great Britain	20%	29%	25%	270		49%
Sweden	15%	33%	24%	28%		48%
Hungary	22%	25%	27%	27%		47%
Canada	17%	30%	26%	28%		47%
France		33%	27%	28%		45%
Belgium		30%	27%	30%		43%
China		36%	40%		17%	43%
Germany		28%	25%	34%		41%
Japan		28%		45%		28%
Netherlands	8% 16%	34%		42%		24%
	To a large extent	To some extent	Very little	Not at	all	



### STRESS DUE TO CHANGES IN WORK ROUTINES AND ORGANIZATION

Tatal

Total To a large or some extent

Q. How much have you experienced each of the following as a result of the COVID-19 pandemic?

## Stress due to changes in work routines and organization

Globally, 55% say they experienced stress due to changes in work routines and organization as a result of the pandemic – from 72% in Peru and Saudi Arabia to just 26% in the Netherlands.

Total	18%		36%	2	7%	19%	55%
Peru	25%		47	%		21% 8%	72%
Saudi Arabia	25%		479	%	1	9% 10%	72%
Turkey	26%		42%	/ 0	24	8%	69%
Chile	31%		3	7%	19%	13%	68%
Argentina	349	%		32%	18%	15%	67%
Malaysia	24%		43%		20%	12%	67%
South Africa	28%		36%		23%	13%	64%
South Korea	15%		47%		31%	7%	62%
Colombia	27%		34%		24%	16%	60%
India	21%		39%		29%	11%	60%
Mexico	24%		33%		31%	12%	57%
Spain	20%		37%		25%	18%	57%
Brazil	21%		35%		29%	15%	56%
Italy	16%		39%		29%	17%	54%
Great Britain	18%		34%	26%		22%	52%
Canada	17%		36%	29	%	18%	52%
Hungary	17%		35%	23%		26%	52%
Russia	14%		37%	26%		24%	51%
Australia	13%		88%	28%		21%	51%
France	14%	3	6%	25%		25%	<b>50%</b>
United States	15%		34%	29%		22%	49%
Belgium	15%	33	8%	31%		22%	48%
Poland	9%	39%		27%		26%	47%
Germany	11%	34%		27%		28%	45%
China	4%	40%		38%		18%	44%
Sweden	12%	28%		32%		28%	40%
Japan	<b>6% 21</b> %	/。	26%		47%		28%
Netherlands	6% 20%		32%		419	6	26%
	To a large extent		To some extent	Very little		Not at all	



### WORKING AT UNCONVENTIONAL HOURS

Total To a large or some extent

Q. How much have you experienced each of the following as a result of the COVID-19 pandemic?

Working at unconventional hours (e.g., very early in the morning or late at night)

Globally, 44% say they worked at unconventional hours as a result of the pandemic – from 66% in Peru and Saudi Arabia to just 16% in Japan.

Total	14%	30%	, 0	2	25%		31%	44%
Peru	24%			42%		24%	10%	66%
Saudi Arabia	23%			42%		24%	10%	66%
Colombia	24%			39%		22%	16%	63%
Chile	23%		3	7%		20%	20%	60%
India	18%		39%			27%	15%	57%
Malaysia	16%		41%			22%	22%	57%
South Africa	22%		34%			3%	22%	55%
Mexico	18%		35%		26%		22%	52%
Argentina	28%		23%	6	26%		23%	51%
Turkey	19%		30%		27%		25%	49%
Brazil	17%		31%		23%		29%	48%
Spain	14%	28%		24%	0		34%	42%
France	14%	27%		21%		3	8%	41%
Belgium	12%	28%		25%			35%	40%
Sweden	11%	28%		22%		3	9%	40%
South Korea	9%	30%			41%		20%	39%
China	7%	33%			39%		22%	39%
Australia	11%	27%		25%			37%	38%
Italy	10%	28%		25%			37%	38%
Hungary	12%	25%		21%		43%		37%
Russia	11%	26%		31%			33%	37%
Great Britain	12%	24%		26%			8%	36%
Canada	11%	25%		24%		41'		35%
United States	11%	23%		23%		43%		34%
Poland	8%	26%		25%		42%		34%
Germany	8%	23%		25%		43%		32%
Netherlands			23%			54%		23%
Japan	5% 11%	18%			6	6%		16%
	To a large extent		To some ex	tent	Very little	Э	■Not at all	



#### REDUCED PRODUCTIVITY

Q. How much have you experienced each of the following as a result of the COVID-19 pandemic?

#### Reduced productivity

Globally, 46% say they experienced reduced productivity as a result of the pandemic – from 64% in Malaysia to just 23% in the Netherlands.

Base: 12,823 employed online adults aged 16-74 across 28 countries \* Online samples in Brazil, Chile, mainland China, Colombia, India, Małaysia, Mexico, Peru, Russia, Saudi Arabia, South Africa, and Turkey tend to be more urban, educated, and/or affluent than the general population

Total	13%	3:	3%	30%		24%	46%
Malaysia	20%	0	44%		23%	13%	64%
Turkey	229	%	41%		21%	16%	63%
Saudi Arabia	19%		43%		26%	12%	62%
Peru	15%		44%		32%	9%	59%
South Korea	11%		44%		35%	10%	55%
Chile	18%		37%	27		18%	54%
South Africa	21%	/₀	32%	27%		21%	53%
India	18%		33%	35	5%	14%	51%
Argentina	19%		32%	29%		21%	50%
Brazil	16%		33%	26%		25%	49%
Colombia	17%		31%	34%		19%	47%
Mexico	14%		33%	36%		17%	47%
Russia	10%	369	%	30%		25%	46%
China	6%	41%		38%		16%	46%
ltaly	13%		3%	29%		26%	45%
Great Britain	11%	32%		30%		28%	42%
Australia	8%	34%		29%		30%	42%
Canada	10%	31%		29%		30%	41%
Spain	11%	29%		30%		31%	40%
France	10%	30%		29%		32%	40%
Belgium		32%		31%		29%	40%
Hungary		32%		26%	34	%	40%
Sweden	5%	35%		30%		30%	40%
United States	9%	27%		33%		32%	36%
Germany	9%	24%		32%		%	34%
Poland		27%		32%		%	34%
Japan		17%	32%		44%		24%
Netherlands	6%	17%	30%		48%		23%
	To a large ex	tent	To some extent	Very little		lot at all	



Total To a large or some extent

## FEELING LONELY OR ISOLATED WHEN WORKING FROM HOME (IF WORKED FROM HOME)

Total To a large or some extent

Q. How much have you experienced each of the following as a result of the COVID-19 pandemic?

#### Feeling lonely or isolated when working from home (Asked only of those who worked from home)

Globally, 49% say they have felt lonely or isolated when working from home as a result of the pandemic – from 75% in Turkey to just 24% in Japan.

Base: 6,820 employed online adults who worked from home aged 16-74 across 28 countries

\* Online samples in Brazil, Chile, mainland China, Colombia, India, Malaysia, Mexico, Peru, Russia, Saudi Arabia, South Africa, and Turkey tend to be more urban, educated, and/or affluent than the general population

Total	17%	33%	27%	24%	49%
Turkey		38%	38%	16% 9%	75%
Saudi Arabia	24%	39	9%	25% 12%	63%
Sweden	13%	48%	13%	26%	61%
India	21%	36%	28%	16%	57%
Malaysia	15%	41%	18%	25%	57%
Canada	17%	38%	23%	22%	55%
Peru	15%	39%	31%	15%	54%
Spain	20%	33%	23%	24%	53%
Chile	19%	34%	22%	26%	53%
Belgium	15%	38%	26%	21%	53%
South Africa	20%	32%	22%	26%	52%
France	16%	35%	25%	25%	50%
Hungary	19%	30%	22%	29%	49%
Italy	16%	33%	31%	20%	49%
Brazil	18%	30%	24%	27%	48%
Great Britain	16%	32%	28%	23%	48%
Argentina	25%	22%	29%	25%	47%
Australia	12%	33%	32%	23%	45%
Mexico	17%	27%	28%	29%	44%
United States	16%	28%	27%	29%	44%
South Korea	13%	32%	40%	16%	44%
Germany	13%	31%	22%	34%	44%
Poland	12%	32%	35%	22%	44%
Colombia	16%	26%	31%	27%	43%
Netherlands	11%	26%	37%	26%	37%
Russia	13%	24%	31%	33%	36%
China	7%	28%	44%	21%	34%
Japan 🛽	3% 21%	28%		48%	24%
	To a large extent	To some exten	t Very little	■ Not at all	



#### DIFFICULTY GETTING WORK DONE AT HOME DUE TO INADEQUATE HOME OFFICE SETUP OR EQUIPMENT (IF WORKED FROM HOME)

Total To a large or some extent

Q. How much have you experienced each of the following as a result of the COVID-19 pandemic?

Difficulty getting work done at home due to inadequate home office setup or equipment (Asked only of those who worked from home)

Globally, 46% of those who ever worked from home during the pandemic say they have had difficulty getting work done there due to inadequate home office setup or equipment – from 67% in Turkey to just 23% in the Netherlands.

Base: 6,820 employed online adults who worked from home aged 16-74 across 28 countries

\* Online samples in Brazil, Chile, mainland China, Colombia, India, Malaysia, Mexico, Peru, Russia, Saudi Arabia, South Africa, and Turkey tend to be more urban, educated, and/or affluent than the general population

Total	13%	% 33%		29%		25%	46%
Turkey	22%		45%		14%	19%	67%
Malaysia	23%		40%		25%	13%	62%
Saudi Arabia	21%		37%		26%	17%	58%
Peru	17%		40%		29%	14%	57%
India	20%		35%		29%	16%	55%
Mexico	15%	39'	%		28%	19%	53%
South Korea	9%	43%			35%		52%
Argentina	24%		26%	28%	6	22%	51%
South Africa	19%	31	%	25%		25%	50%
Brazil	11%	39%		26%		24%	50%
Spain	11%	39%		21%		29%	50%
Colombia	15%	15% 31%		34%		20%	46%
Russia	15%	15% 31%		27%		27%	46%
Hungary	13%	13% 33%		21%		33%	46%
France	9%	36%		27%		28%	45%
Chile	17%	24%		31%		28%	41%
Germany	9%	31%		26%		34%	40%
Belgium	8%	32%		32%		28%	40%
Canada		31%		25%		35%	39%
Sweden		33%		29%		32%	39%
China		32%		45%		17%	38%
Poland	4%	34%		34%		28%	38%
United States		27%		27%		36%	37%
Great Britain	7%	30%		33%		31%	37%
ltaly		29%		31%		33%	36%
Australia		28%		33%		33%	34%
Japan			26%		48%		25%
Netherlands	7% 16%		29%		49%		23%
	To a large extent	■ To s	ome extent	■ Very littl	le	■Not at all	



### METHODOLOGY

- These are the results of a 28-country survey conducted by Ipsos on its Global Advisor online platform in Argentina, Australia, Belgium, Brazil, Canada, Chile, China (mainland), Colombia, France, Germany, Great Britain, Hungary, India, Italy, Japan, Malaysia, Mexico, the Netherlands, Peru, Poland, Russia, Saudi Arabia, South Africa, South Korea, Spain, Sweden, Turkey, and the United States.
- Ipsos interviewed a total of 12,823 employed adults aged 18-74 in United States, Canada, Malaysia, South Africa, and Turkey, and 16-74 in 23 other countries between November 20 and December 4, 2020.
- The sample consists of employed individuals. The sample size ranges from n=249 in Sweden to n=801 in China with an average of 458 per country. See table on the right.
- The samples in Argentina, Australia, Belgium, Canada, France, Germany, Great Britain, Hungary, Italy, Japan, the Netherlands, Poland, South Korea, Spain, Sweden, and the U.S. can be taken as representative of those who are employed within the general adult population.
- The samples in Brazil, Chile, China (mainland), Colombia India, Malaysia, Mexico, Peru, Russia, Saudi Arabia, South Africa and

Turkey are more urban, more educated, and/or more affluent than the national population of employed adults. The survey results for these countries should be viewed as reflecting the views of the more "connected" segment of their employed population.

Weighting has been employed to balance demographics and ensure that the composition of each country's sample reflects that the adult population according to the most recent census data.

The precision of Ipsos online polls are calculated using a credibility interval with a poll of N=1,000 accurate to +/- 3.5 percentage points, N=750 to +/- 4.1 points, N=500 accurate to +/- 5.0 points and N=250 to +/- 7.1 points. For more information on the Ipsos use of credibility intervals, please visit the Ipsos website.

Where results do not sum to 100 or the 'difference' appears to be +/-1 more/less than the actual, this may be due to rounding, multiple responses or the exclusion of don't knows or not stated responses.

The publication of these findings abides by local rules and regulations.

	Sample size		
	(N=)		
Total	12,823		
Argentina	313		
Australia	576		
Belgium	553		
Brazil	675		
Canada	570		
Chile	308		
China	801		
Colombia	319		
Germany	639		
Spain	622		
France	646		
Great Britain	554		
Hungary	299		
India	333		
Italy	582		
Japan	602		
South Korea	376		
Mexico	623		
Malaysia	368		
Netherlands	265		
Peru	317		
Poland	341		
Russia	348		
Saudi Arabia	345		
Sweden	249		
Turkey	320		
United States	541		
South Africa	338		



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Our research professionals, analysts and scientists have built unique multi-specialist capabilities that provide powerful insights into the actions, opinions and motivations of citizens, consumers, patients, customers or employees. Our 75 business solutions are based on primary data coming from our surveys, social media monitoring, and qualitative or observational techniques.

"Game Changers" – our tagline – summarises our ambition to help our 5,000 clients to navigate more easily our deeply changing world.

Founded in France in 1975, Ipsos is listed on the Euronext Paris since July 1st, 1999. The company is part of the SBF 120 and the Mid-60 index and is eligible for the Deferred Settlement Service (SRD).

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In our world of rapid change, the need for reliable information to make confident decisions has never been greater.

At Ipsos we believe our clients need more than a data supplier, they need a partner who can produce accurate and relevant information and turn it into actionable truth.

This is why our passionately curious experts not only provide the most precise measurement, but shape it to provide True Understanding of Society, Markets and People.

To do this we use the best of science, technology and know-how and apply the principles of security, simplicity, speed and substance to everything we do.

So that our clients can act faster, smarter and bolder. Ultimately, success comes down to a simple truth: **You act better when you are sure.** 

