

Are you currently experiencing any mental health issues?

		REGION						HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L
Base: All Respondents (unwtd)	1000	124	100	91	357	233	95	251	158	266	206	285	715
Base: All Respondents (wtd)	1000	134	113	62	385	239	67	309	144	236	174	264	736
Anxiety	397	51	52	27	157	81	28	144	56	81	68	114	283
	40%	38%	46%	44%	41%	34%	41%	47%	39%	35%	39%	43%	38%
		*	*	*			*	I					
Stress	392	57	59	30	160	58	28	134	54	94	67	129	264
	39%	43%	52%	49%	41%	24%	42%	43%	37%	40%	39%	49%	36%
		E*	E*	E*	E		E*					L	
Depression	288	41	41	20	128	36	22	113	41	59	40	75	213
	29%	30%	37%	32%	33%	15%	32%	37%	28%	25%	23%	28%	29%
		E*	E*	E*	E		E*	IJ					
Addiction	71	6	13	5	22	15	10	42	4	13	3	29	42
	7%	4%	11%	8%	6%	6%	16%	14%	3%	6%	2%	11%	6%
		*	*	*			ADE*	HIJ				L	
No, I am not currently experiencing any mental health issues	405	54	42	23	145	120	22	101	63	98	73	82	323
	40%	40%	37%	37%	38%	50%	33%	33%	44%	42%	42%	31%	44%
		*	*	*		DF	*					K	
Other	13	1	1	1	6	4	1	6	3	2	2	4	9
	1%	1%	1%	2%	1%	2%	1%	2%	2%	1%	1%	2%	1%
		*	*	*			*						
Don't know	3	-	-	-	3	-	-	-	-	-	-	-	3
	*	-	-	-	1%	-	-	-	-	-	-	-	*
		*	*	*			*						
Sigma	1570	209	208	106	622	314	111	540	220	347	254	432	1138
	157%	156%	184%	171%	161%	132%	165%	175%	153%	147%	146%	164%	155%

[illegible]

What barriers are stopping you from receiving medical care for your mental health issue(s) at this time?

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		A	B	C	D	E	F	G	H	I	J	K	L
Base: All Answering (unwtd)	313	34	31	29	122	64	33	87	42	91	63	99	214
Base: All Answering (wtd)	321	41	33	20	131	69	27	108	36	79	60	90	231
No access (i.e. services are closed or suspended, long wait list)	34	2	1	*	15	11	6	13	5	11	5	9	26
	11%	4%	3%	2%	11%	16%	22%	12%	14%	14%	8%	10%	11%
	**	**	**	*	*	*	**	*	*	*	*	*	*
I am currently unemployed/laid off and no longer have group benefits coverage	40	3	4	4	20	3	6	9	7	9	5	10	30
	12%	7%	12%	21%	15%	4%	21%	8%	19%	11%	8%	11%	13%
	**	**	**	*	*	*	**	*	*	*	*	*	*
I am concerned about negative stigma in my workplace	21	-	4	1	13	1	3	7	3	5	3	5	16
	7%	-	11%	5%	10%	2%	10%	7%	8%	6%	6%	6%	7%
	**	**	**	*	*	*	**	*	*	*	*	*	*
I can't afford it	82	6	14	8	35	8	11	30	10	22	8	28	54
	25%	13%	42%	41%	27%	12%	39%	28%	29%	27%	14%	31%	23%
	**	**	**	E*	*	*	**	*	*	*	*	*	*
I am embarrassed to ask for help	74	12	10	3	35	7	7	15	9	20	19	31	44
	23%	30%	31%	14%	27%	10%	25%	14%	26%	25%	31%	34%	19%
	**	**	**	E*	*	*	**	*	*	*	G*	L*	*
I don't know where to go or who to ask for help	57	11	8	4	29	3	2	11	6	15	17	22	35
	18%	27%	23%	18%	22%	5%	9%	10%	18%	19%	28%	25%	15%
	**	**	**	E*	*	*	**	*	*	*	G*	*	*
I'm too busy	60	6	7	4	28	11	4	15	4	14	19	35	24
	19%	14%	20%	18%	21%	16%	16%	14%	12%	18%	32%	39%	11%
	**	**	**	**	*	*	**	*	*	*	GH*	L*	*
Lack of privacy in my home to access support	48	6	7	2	21	8	4	10	5	14	15	27	21
	15%	14%	21%	12%	16%	12%	15%	9%	14%	17%	25%	30%	9%
	**	**	**	**	*	*	**	*	*	*	G*	L*	*
Other	13	4	1	1	5	2	1	2	3	4	4	3	10
	4%	9%	2%	3%	4%	2%	4%	2%	7%	5%	6%	3%	4%
	**	**	**	**	*	*	**	*	*	*	*	*	*
I don't need medical care	101	13	8	4	35	33	8	45	8	25	11	14	87
	31%	32%	23%	18%	27%	49%	29%	42%	23%	32%	19%	15%	38%
	**	**	**	**	*	D*	**	J*	*	*	*	*	K
Don't know	3	-	-	-	3	-	-	-	-	-	-	-	3
	1%	-	-	-	3%	-	-	-	-	-	-	-	1%
	**	**	**	**	*	*	**	*	*	*	*	*	*
Sigma	533	62	63	31	238	88	52	157	61	138	106	183	350
	166%	151%	188%	151%	183%	128%	190%	145%	170%	174%	176%	204%	151%