

3. Thinking about your overall mental health and wellness, would you say that it is better, worse, or about the same as it was, prior to the pandemic?

	Total	Generation			
		Gen Z	Millennial	Gen X	Boomer
		J	K	L	M
Base: All Respondents (unwtd)	1001	67	315	301	318
Base: All Respondents (wtd)	1001	97	289	274	341
Better	94	13	42	27	13
	9%	13%	15%	10%	4%
		M*	M	M	
About the same	631	44	163	159	265
	63%	45%	56%	58%	78%
		*			JKL
Worse	276	41	84	88	63
	28%	42%	29%	32%	19%
		M*	M	M	
Sigma	1001	97	289	274	341
	100%	100%	100%	100%	100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B,C/D/E,F/G/H/I,J/K/L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D/E,F/G/H/I,J/K/L/M

Minimum Base: 30 (**), Small Base: 100 (*)

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10_2. Please rate the extent to which you agree or disagree with the following statements. - I'm anxious about going back to "normal" life in a post-pandemic world

	Total	Generation			
		Gen Z	Millennial	Gen X	Boomer
		J	K	L	M
Base: All Respondents (unwtd)	1001	67	315	301	318
Base: All Respondents (wtd)	1001	97	289	274	341
Top 2 Box (Net)	502 50%	52 54%	145 50%	148 54%	157 46%
Strongly agree	157 16%	17 17%	47 16%	48 18%	45 13%
Somewhat agree	345 35%	36 37%	98 34%	100 37%	112 33%
Bottom 2 Box (Net)	438 44%	29 30%	123 43%	113 41%	173 51%
Somewhat disagree	252 25%	22 23%	61 21%	66 24%	103 30%
Strongly disagree	186 19%	7 7%	62 22%	47 17%	70 21%
Don't know	61 6%	16 17%	21 7%	13 5%	11 3%
Sigma	1001 100%	97 100%	289 100%	274 100%	341 100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B,C/D/E,F/G/H/I,J/K/L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D/E,F/G/H/I,J/K/L/M

Minimum Base: 30 (**), Small Base: 100 (*)

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10_4. Please rate the extent to which you agree or disagree with the following statements. - There are not enough mental health treatment services and supports available in my local community

	Total	Generation			
		Gen Z	Millennial	Gen X	Boomer
		J	K	L	M
Base: All Respondents (unwtd)	1001	67	315	301	318
Base: All Respondents (wtd)	1001	97	289	274	341
Top 2 Box (Net)	664	44	213	188	219
	66%	45%	74%	69%	64%
		*	JM	J	J
Strongly agree	286	21	98	92	76
	29%	22%	34%	34%	22%
		*	M	M	
Somewhat agree	378	23	115	96	144
	38%	24%	40%	35%	42%
		*	J		J
Bottom 2 Box (Net)	178	39	50	49	41
	18%	40%	17%	18%	12%
		KLM*			
Somewhat disagree	127	28	36	31	33
	13%	28%	12%	11%	10%
		KLM*			
Strongly disagree	51	11	14	18	8
	5%	12%	5%	7%	2%
		M*		M	
Don't know	159	14	26	37	81
	16%	15%	9%	14%	24%
		*			KL
Sigma	1001	97	289	274	341
	100%	100%	100%	100%	100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B,C/D/E,F/G/H/I,J/K/L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D/E,F/G/H/I,J/K/L/M

Minimum Base: 30 (**), Small Base: 100 (*)

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10_5. Please rate the extent to which you agree or disagree with the following statements. - There is a mental health pandemic in Canada

	Total	Generation			
		Gen Z	Millennial	Gen X	Boomer
		J	K	L	M
Base: All Respondents (unwtd)	1001	67	315	301	318
Base: All Respondents (wtd)	1001	97	289	274	341
Top 2 Box (Net)	688 69%	61 63% *	223 77% JM	197 72% M	207 61%
Strongly agree	280 28%	30 31% M*	108 37% LM	79 29% M	63 18%
Somewhat agree	408 41%	31 32% *	115 40%	118 43%	144 42%
Bottom 2 Box (Net)	181 18%	14 14% *	48 17%	50 18%	69 20%
Somewhat disagree	144 14%	10 11% *	35 12%	42 15%	58 17%
Strongly disagree	37 4%	4 4% *	14 5%	8 3%	12 3%
Don't know	132 13%	22 23% KL*	17 6%	27 10%	65 19% KL
Sigma	1001 100%	97 100%	289 100%	274 100%	341 100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B,C/D/E,F/G/H/I,J/K/L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D/E,F/G/H/I,J/K/L/M

Minimum Base: 30 (**), Small Base: 100 (*)

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10_7. Please rate the extent to which you agree or disagree with the following statements. - The pandemic has changed life forever

	Total	Generation			
		Gen Z	Millennial	Gen X	Boomer
		J	K	L	M
Base: All Respondents (unwtd)	1001	67	315	301	318
Base: All Respondents (wtd)	1001	97	289	274	341
Top 2 Box (Net)	815	70	229	214	302
	81%	72%	79%	78%	88%
		*			JKL
Strongly agree	350	39	108	101	102
	35%	40%	38%	37%	30%
		*			
Somewhat agree	465	31	120	113	200
	46%	32%	42%	41%	59%
		*			JKL
Bottom 2 Box (Net)	153	16	48	54	35
	15%	16%	17%	20%	10%
		*	M	M	
Somewhat disagree	103	8	34	35	26
	10%	8%	12%	13%	8%
		*			
Strongly disagree	49	8	14	19	9
	5%	8%	5%	7%	3%
		*		M	
Don't know	33	11	12	6	4
	3%	12%	4%	2%	1%
		KLM*			
Sigma	1001	97	289	274	341
	100%	100%	100%	100%	100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B,C/D/E,F/G/H/I,J/K/L/M

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B,C/D/E,F/G/H/I,J/K/L/M

Minimum Base: 30 (**), Small Base: 100 (*)

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