

3. Thinking about your overall mental health and wellness, would you say that it is better, worse, or about the same as it was, prior to the pandemic?

		REGION					
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic
		A	B	C	D	E	F
Base: All Respondents (unwtd)	1001	120	100	98	357	226	100
Base: All Respondents (wtd)	1001	134	113	62	385	239	67
Better	94	13	9	6	36	26	5
	9%	10%	8%	9%	9%	11%	8%
	*	*	*			*	
About the same	631	92	69	36	229	161	45
	63%	68%	61%	59%	59%	67%	66%
	*	*	*			*	
Worse	276	29	36	20	121	52	17
	28%	22%	32%	32%	31%	22%	26%
	*	*	*	E		*	
Sigma	1001	134	113	62	385	239	67
	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B/C/D/E/F,G/H/I/J,K/L

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B/C/D/E/F,G/H/I/J,K/L

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of contents](#)

10_2. Please rate the extent to which you agree or disagree with the following statements. - I'm anxious about going back to "normal" life in a post-pandemic world

	Total	REGION					
		BC	AB	SK/MB	Ontario	Quebec	Atlantic
		A	B	C	D	E	F
Base: All Respondents (unwtd)	1001	120	100	98	357	226	100
Base: All Respondents (wtd)	1001	134	113	62	385	239	67
Top 2 Box (Net)	502	66	60	35	223	81	37
	50%	49%	53%	56%	58%	34%	55%
		E*	E*	E*	E		E*
Strongly agree	157	13	23	14	83	15	9
	16%	10%	21%	22%	22%	6%	13%
		*	E*	AE*	AE		*
Somewhat agree	345	53	36	21	140	66	28
	35%	40%	32%	35%	36%	28%	42%
		E*	*	*			E*
Bottom 2 Box (Net)	438	60	44	25	144	137	29
	44%	45%	39%	40%	37%	57%	43%
		*	*	*		BCDF	*
Somewhat disagree	252	34	27	15	84	75	16
	25%	26%	24%	24%	22%	32%	24%
		*	*	*		D	*
Strongly disagree	186	25	17	10	59	61	13
	19%	19%	15%	16%	15%	26%	20%
		*	*	*		D	*
Don't know	61	8	9	2	19	21	1
	6%	6%	8%	4%	5%	9%	1%
		*	*	*		F	*
Sigma	1001	134	113	62	385	239	67
	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B/C/D/E/F,G/H/I/J,K/L

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B/C/D/E/F,G/H/I/J,K/L

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of contents](#)

10_4. Please rate the extent to which you agree or disagree with the following statements. - There are not enough mental health treatment services and supports available in my local community

	Total	REGION					
		BC	AB	SK/MB	Ontario	Quebec	Atlantic
		A	B	C	D	E	F
Base: All Respondents (unwtd)	1001	120	100	98	357	226	100
Base: All Respondents (wtd)	1001	134	113	62	385	239	67
Top 2 Box (Net)	664	90	65	44	260	156	50
	66%	67%	57%	71%	67%	65%	75%
		*	*	*			B*
Strongly agree	286	38	30	25	99	64	30
	29%	28%	27%	41%	26%	27%	45%
		*	*	DE*			ABDE*
Somewhat agree	378	52	34	19	161	92	20
	38%	39%	30%	30%	42%	38%	29%
		*	*	*			*
Bottom 2 Box (Net)	178	23	21	15	78	35	7
	18%	17%	18%	23%	20%	14%	11%
		*	*	F*			*
Somewhat disagree	127	16	16	10	56	25	4
	13%	12%	15%	16%	15%	10%	6%
		*	*	F*	F		*
Strongly disagree	51	7	4	5	22	10	3
	5%	5%	4%	8%	6%	4%	5%
		*	*	*			*
Don't know	159	22	28	3	47	49	10
	16%	16%	25%	5%	12%	20%	15%
		C*	CD*	*		CD	*
Sigma	1001	134	113	62	385	239	67
	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B/C/D/E/F,G/H/I/J,K/L

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B/C/D/E/F,G/H/I/J,K/L

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of contents](#)

10_5. Please rate the extent to which you agree or disagree with the following statements. - There is a mental health pandemic in Canada

	Total	REGION					
		BC	AB	SK/MB	Ontario	Quebec	Atlantic
		A	B	C	D	E	F
Base: All Respondents (unwtd)	1001	120	100	98	357	226	100
Base: All Respondents (wtd)	1001	134	113	62	385	239	67
Top 2 Box (Net)	688 69%	87 65%	70 62%	46 74%	280 73%	156 65%	48 72%
		*	*	*			*
Strongly agree	280 28%	32 24%	36 32%	24 39%	125 32%	43 18%	19 29%
		*	E*	AE*	E		*
Somewhat agree	408 41%	55 41%	34 30%	22 35%	155 40%	113 47%	29 43%
		*	*	*		B	*
Bottom 2 Box (Net)	181 18%	32 23%	19 17%	9 15%	63 16%	52 22%	7 11%
		F*	*	*			*
Somewhat disagree	144 14%	29 22%	15 13%	6 10%	49 13%	40 17%	5 8%
		DF*	*	*			*
Strongly disagree	37 4%	3 2%	4 3%	3 5%	14 4%	11 5%	2 3%
		*	*	*			*
Don't know	132 13%	15 11%	24 22%	7 11%	42 11%	32 13%	11 17%
		*	D*	*			*
Sigma	1001 100%	134 100%	113 100%	62 100%	385 100%	239 100%	67 100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B/C/D/E/F,G/H/I/J,K/L

Minimum Base: 30 (**), Small Base: 100 (*)

- Column Means:

Columns Tested (5%): A/B/C/D/E/F,G/H/I/J,K/L

Minimum Base: 30 (**), Small Base: 100 (*)

[Table of contents](#)

10_7. Please rate the extent to which you agree or disagree with the following statements. - The pandemic has changed life forever

	Total	REGION					
		BC	AB	SK/MB	Ontario	Quebec	Atlantic
		A	B	C	D	E	F
Base: All Respondents (unwtd)	1001	120	100	98	357	226	100
Base: All Respondents (wtd)	1001	134	113	62	385	239	67
Top 2 Box (Net)	815	111	92	55	303	195	60
	81%	82%	81%	89%	79%	81%	89%
		*	*	*			D*
Strongly agree	350	46	35	30	143	67	29
	35%	35%	31%	49%	37%	28%	43%
		*	*	BE*			E*
Somewhat agree	465	64	57	25	160	128	31
	46%	48%	50%	40%	41%	54%	46%
		*	*	*		D	*
Bottom 2 Box (Net)	153	21	15	4	75	33	4
	15%	16%	13%	7%	19%	14%	6%
		*	*	*	CF		*
Somewhat disagree	103	15	10	4	51	22	2
	10%	11%	9%	6%	13%	9%	3%
		F*	*	*	F		*
Strongly disagree	49	6	5	*	24	11	2
	5%	4%	5%	1%	6%	5%	4%
		*	*	*			*
Don't know	33	3	6	3	8	11	3
	3%	2%	5%	5%	2%	5%	4%
		*	*	*			*
Sigma	1001	134	113	62	385	239	67
	100%	100%	100%	100%	100%	100%	100%

Statistics:

Overlap formulae used

- Column Proportions:

Columns Tested (5%): A/B/C/D/E/F,G/H/I/J,K/L

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Minimum Base: 30 (**), Small Base: 100 (*)

[Table of contents](#)