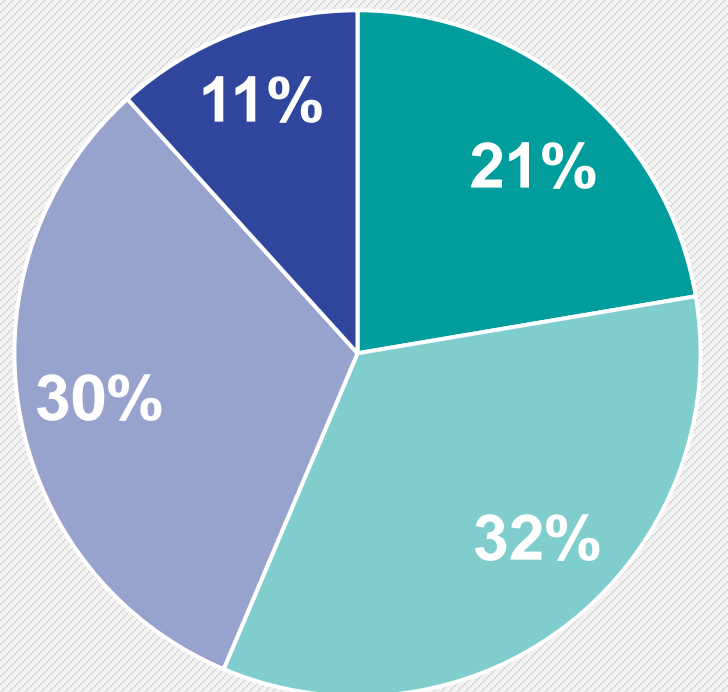


DEMOGRAPHIC DIFFERENCES: MENTAL WELLBEING

Q How often do you think about your own mental wellbeing?

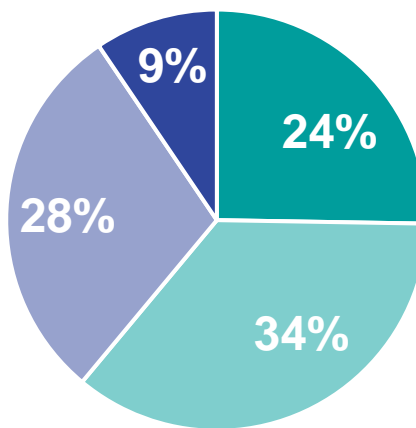
GLOBAL COUNTRY AVERAGES



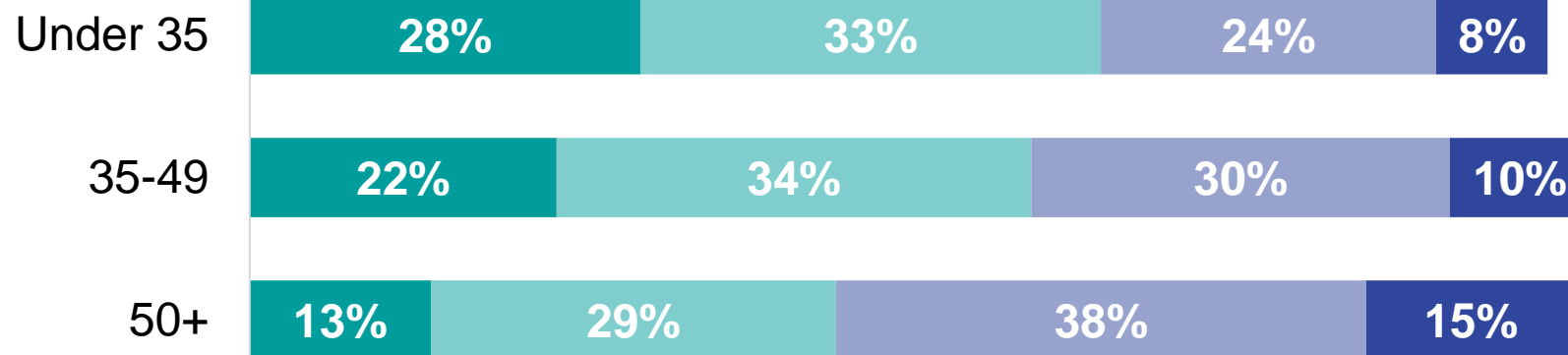
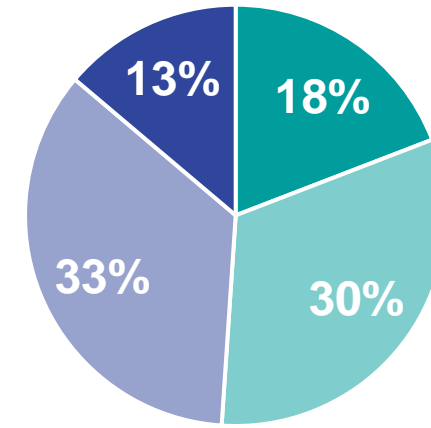
■ VERY OFTEN ■ FAIRLY OFTEN
■ NOT VERY OFTEN ■ NEVER



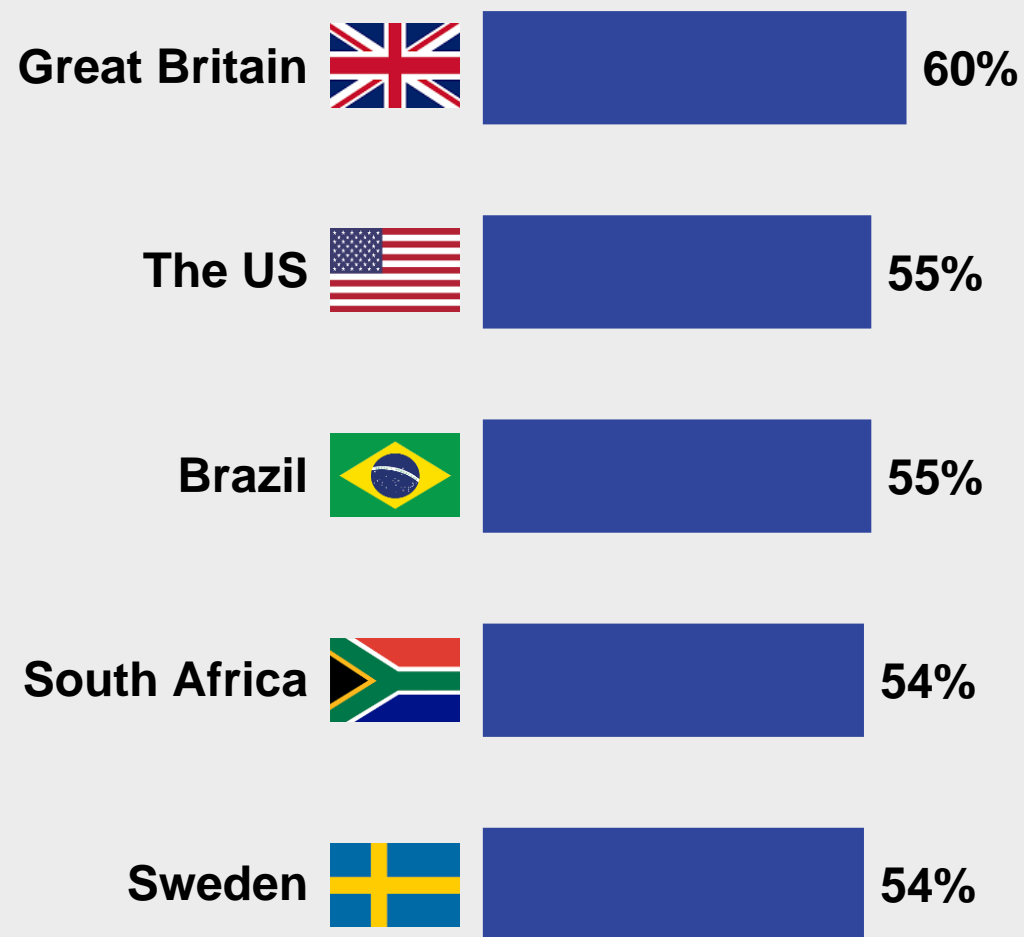
FEMALE



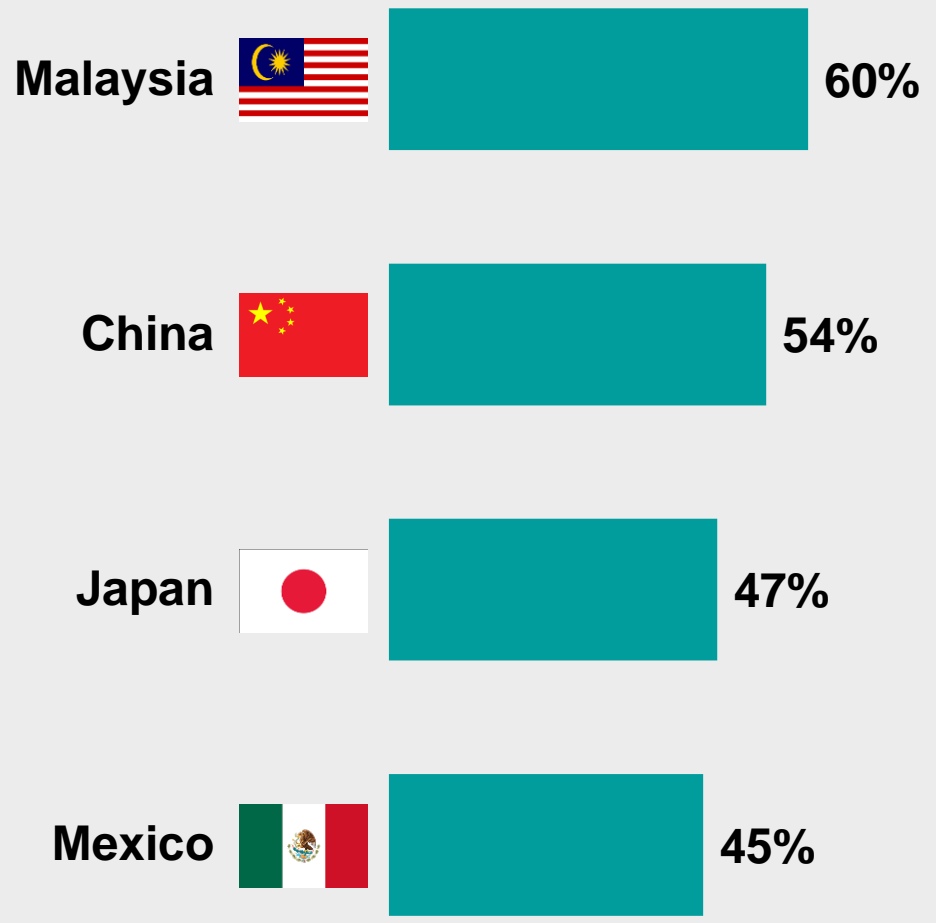
MALE



There is strongest agreement that physical health is treated with greater importance in:



The countries where more think that both mental and physical health are treated as equally important are:



PERCEIVED VS. EXPERIENCED IMPORTANCE OF HEALTH

A majority think mental and physical health are equally important, but healthcare services place greater importance on physical health.

Global country average

Thinking of your own health, do you think mental or physical health is more important?

How are mental health and physical health treated in your country's healthcare system?

