Will you make a New Year's resolution about..? - Your finances

		REGION						HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<$40K	$40K - <$60K	$60K - <$100K	$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L
Base: All Respondents (unwtd)	**1001**	**125**	**118**	**109**	**385**	**161**	**103**	**275**	**178**	**281**	**209**	**265**	**736**
Base: All Respondents (wtd)	**1001**	**134**	**113**	**62**	**385**	**239**	**67**	**302**	**185**	**262**	**191**	**259**	**742**
Yes	410	48	37	26	153	122	25	135	72	99	86	136	274
	41%	35%	33%	41%	40%	51%	37%	45%	39%	38%	45%	52%	37%
		*	*	*		ABDF	*					L	
No	454	74	56	29	177	91	27	113	99	125	91	75	379
	45%	55%	49%	47%	46%	38%	40%	37%	53%	47%	48%	29%	51%
		EF*	*	*			*		G	G			K
I'm not sure yet	137	12	21	7	55	26	16	53	15	39	14	49	89
	14%	9%	18%	12%	14%	11%	23%	18%	8%	15%	7%	19%	12%
		*	*	*			AE*	HJ		J		L	
Sigma	1001	134	113	62	385	239	67	302	185	262	191	259	742
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Will you make a New Year's resolution about..? - Your physical health

		REGION						HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<$40K	$40K - <$60K	$60K - <$100K	$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L
Base: All Respondents (unwtd)	**1001**	**125**	**118**	**109**	**385**	**161**	**103**	**275**	**178**	**281**	**209**	**265**	**736**
Base: All Respondents (wtd)	**1001**	**134**	**113**	**62**	**385**	**239**	**67**	**302**	**185**	**262**	**191**	**259**	**742**
Yes	484	62	51	24	180	133	34	151	88	118	106	144	340
	48%	46%	45%	39%	47%	56%	51%	50%	47%	45%	55%	56%	46%
		*	*	*		C	*				I	L	
No	377	58	41	29	159	67	21	95	79	106	70	72	305
	38%	43%	37%	48%	41%	28%	32%	31%	43%	41%	37%	28%	41%
		E*	*	EF*	E		*		G				K
I'm not sure yet	140	14	21	9	46	39	12	56	19	38	15	43	97
	14%	10%	18%	14%	12%	16%	17%	19%	10%	14%	8%	17%	13%
		*	*	*			*	HJ					
Sigma	1001	134	113	62	385	239	67	302	185	262	191	259	742
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Statistics:

Will you make a New Year's resolution about..? - Your mental health

		REGION						HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<$40K	$40K - <$60K	$60K - <$100K	$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L
Base: All Respondents (unwtd)	**1001**	**125**	**118**	**109**	**385**	**161**	**103**	**275**	**178**	**281**	**209**	**265**	**736**
Base: All Respondents (wtd)	**1001**	**134**	**113**	**62**	**385**	**239**	**67**	**302**	**185**	**262**	**191**	**259**	**742**
Yes	366	42	35	21	133	111	23	128	68	82	66	116	249
	37%	31%	31%	34%	35%	47%	35%	42%	37%	31%	34%	45%	34%
		*	*	*		ABD	*	I				L	
No	477	78	56	34	190	88	31	120	98	133	101	86	391
	48%	58%	50%	54%	49%	37%	46%	40%	53%	51%	53%	33%	53%
		E*	*	E*	E		*		G	G	G		K
I'm not sure yet	158	14	23	7	62	40	13	54	19	48	24	56	102
	16%	10%	20%	12%	16%	17%	20%	18%	10%	18%	13%	22%	14%
		*	*	*			*			H		L	
Sigma	1001	134	113	62	385	239	67	302	185	262	191	259	742
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Will you make a New Year's resolution about..? - Your family life

		REGION						HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<$40K	$40K - <$60K	$60K - <$100K	$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L
Base: All Respondents (unwtd)	**1001**	**125**	**118**	**109**	**385**	**161**	**103**	**275**	**178**	**281**	**209**	**265**	**736**
Base: All Respondents (wtd)	**1001**	**134**	**113**	**62**	**385**	**239**	**67**	**302**	**185**	**262**	**191**	**259**	**742**
Yes	354	35	36	26	134	97	26	125	61	78	70	124	230
	35%	26%	32%	43%	35%	40%	39%	41%	33%	30%	37%	48%	31%
		*	*	A*		A	*	I				L	
No	485	80	52	29	196	99	27	125	102	135	96	80	405
	48%	60%	46%	47%	51%	41%	41%	41%	55%	51%	50%	31%	55%
		EF*	*	*			*		G	G			K
I'm not sure yet	162	18	25	6	55	44	14	52	22	50	25	55	107
	16%	14%	22%	10%	14%	18%	20%	17%	12%	19%	13%	21%	14%
		*	C*	*			*					L	
Sigma	1001	134	113	62	385	239	67	302	185	262	191	259	742
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Will you make a New Year's resolution about..? - Work/career/education

		REGION						HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<$40K	$40K - <$60K	$60K - <$100K	$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L
Base: All Respondents (unwtd)	**1001**	**125**	**118**	**109**	**385**	**161**	**103**	**275**	**178**	**281**	**209**	**265**	**736**
Base: All Respondents (wtd)	**1001**	**134**	**113**	**62**	**385**	**239**	**67**	**302**	**185**	**262**	**191**	**259**	**742**
Yes	316	44	33	18	110	97	13	103	53	76	70	116	201
	32%	33%	29%	30%	29%	41%	20%	34%	28%	29%	37%	45%	27%
		*	*	*		DF	*					L	
No	527	79	54	36	214	103	40	137	106	152	100	95	432
	53%	59%	48%	58%	56%	43%	60%	45%	57%	58%	52%	37%	58%
		E*	*	E*	E		E*		G	G			K
I'm not sure yet	158	10	26	8	61	39	14	63	27	34	21	49	109
	16%	8%	23%	13%	16%	16%	20%	21%	15%	13%	11%	19%	15%
		*	A*	*	A		A*	IJ					
Sigma	1001	134	113	62	385	239	67	302	185	262	191	259	742
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Will you make a New Year's resolution about..? - Learning a new skill/hobby

		REGION						HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<$40K	$40K - <$60K	$60K - <$100K	$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L
Base: All Respondents (unwtd)	**1001**	**125**	**118**	**109**	**385**	**161**	**103**	**275**	**178**	**281**	**209**	**265**	**736**
Base: All Respondents (wtd)	**1001**	**134**	**113**	**62**	**385**	**239**	**67**	**302**	**185**	**262**	**191**	**259**	**742**
Yes	325	43	40	22	102	100	19	114	57	75	66	105	221
	33%	32%	35%	35%	26%	42%	28%	38%	31%	29%	34%	40%	30%
		*	*	*		DF	*					L	
No	484	70	48	32	212	91	31	117	99	140	95	92	392
	48%	52%	43%	51%	55%	38%	46%	39%	53%	53%	50%	35%	53%
		E*	*	*	BE		*		G	G	G		K
I'm not sure yet	192	21	25	8	72	48	17	71	29	47	31	63	129
	19%	15%	22%	14%	19%	20%	26%	24%	16%	18%	16%	24%	17%
		*	*	*			*					L	
Sigma	1001	134	113	62	385	239	67	302	185	262	191	259	742
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

What will your resolution be?

		REGION						HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<$40K	$40K - <$60K	$60K - <$100K	$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L
Base: All Answering (unwtd)	**412**	**48**	**40**	**44**	**156**	**83**	**41**	**120**	**71**	**112**	**91**	**142**	**270**
Base: All Answering (wtd)	**410**	**48**	**37**	**26**	**153**	**122**	**25**	**135**	**72**	**99**	**86**	**136**	**274**
Pay off debt	195	19	20	15	82	41	18	68	32	49	34	67	128
	48%	41%	55%	57%	54%	33%	71%	51%	45%	49%	40%	49%	47%
		*	E*	E*	E	*	AE*	*	*	*	*		
Save for a rainy day	150	17	14	15	66	27	12	57	25	37	25	49	101
	36%	35%	38%	58%	43%	22%	48%	42%	35%	37%	29%	36%	37%
		*	*	AE*	E	*	E*	*	*	*	*		
Save for retirement	141	15	14	8	57	41	7	34	26	45	32	49	93
	34%	31%	37%	31%	38%	33%	28%	25%	36%	46%	37%	36%	34%
		*	*	*		*	*	*	*	G*	*		
Make and stick to a budget	185	17	19	12	72	53	12	61	37	42	40	74	112
	45%	35%	51%	49%	47%	43%	49%	45%	51%	42%	46%	54%	41%
		*	*	*		*	*	*	*	*	*	L	
Investing more	141	20	17	9	59	28	9	27	31	39	35	51	90
	34%	43%	45%	34%	39%	23%	34%	20%	43%	40%	41%	38%	33%
		E*	E*	*	E	*	*	*	G*	G*	G*		
Learn about finances	93	11	12	5	35	25	5	35	10	18	22	35	58
	23%	23%	32%	19%	23%	20%	21%	26%	15%	18%	26%	26%	21%
		*	*	*		*	*	*	*	*	*		
Something else	51	6	2	3	19	20	2	23	7	9	9	11	40
	12%	12%	6%	10%	12%	16%	8%	17%	9%	9%	10%	8%	15%
		*	*	*		*	*	*	*	*	*		
Sigma	956	104	97	66	389	234	64	306	168	238	197	334	621
	233%	219%	265%	258%	255%	191%	259%	226%	234%	241%	229%	247%	226%

Thinking about your current situation, what is the greatest barrier to financial security for you and your family?

		REGION						HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<$40K	$40K - <$60K	$60K - <$100K	$100K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K	L
Base: All Respondents (unwtd)	**1001**	**125**	**118**	**109**	**385**	**161**	**103**	**275**	**178**	**281**	**209**	**265**	**736**
Base: All Respondents (wtd)	**1001**	**134**	**113**	**62**	**385**	**239**	**67**	**302**	**185**	**262**	**191**	**259**	**742**
Taxes	171	33	19	15	67	27	11	33	26	55	43	41	130
	17%	25%	16%	24%	17%	11%	16%	11%	14%	21%	23%	16%	18%
		E*	*	E*			*			G	G		
Debt (Net)	203	18	26	19	68	54	18	62	49	43	37	61	142
	20%	13%	23%	31%	18%	22%	28%	20%	26%	16%	19%	24%	19%
		*	*	AD*			AD*		I				
Credit card debt	201	18	25	19	68	53	18	61	48	43	36	60	140
	20%	13%	22%	31%	18%	22%	27%	20%	26%	16%	19%	23%	19%
		*	*	AD*			A*		I				
Student debt/ tuition	3	-	1	-	1	1	*	1	1	-	1	1	2
	*	-	1%	-	*	*	1%	*	1%	-	*	*	*
		*	*	*			*						
Low wages	153	22	16	7	65	33	9	53	42	37	16	30	122
	15%	17%	14%	12%	17%	14%	14%	17%	23%	14%	9%	12%	17%
		*	*	*			*	J	IJ				
Inability to find work	76	7	19	6	25	14	5	36	13	17	7	19	58
	8%	5%	17%	10%	7%	6%	7%	12%	7%	6%	4%	7%	8%
		*	ADEF*	*			*	J					
Housing costs (e.g. mortgage, rent)	307	51	32	15	149	48	12	95	53	80	63	91	216
	31%	38%	28%	24%	39%	20%	18%	31%	29%	31%	33%	35%	29%
		CEF*	*	*	CEF		*						
Healthcare costs	105	15	10	9	39	30	3	44	18	28	12	19	86
	11%	11%	9%	15%	10%	13%	4%	15%	10%	11%	6%	7%	12%
		*	*	F*		F	*	J					
Paying for my kids' education	34	1	3	*	16	12	2	1	6	10	17	34	-
	3%	1%	2%	1%	4%	5%	3%	*	3%	4%	9%	13%	-
		*	*	*			*		G	G	GHI	L	
Looking after an elderly parent or loved one	44	8	3	*	17	13	3	8	12	15	8	15	29
	4%	6%	3%	1%	4%	5%	4%	3%	6%	6%	4%	6%	4%
		*	*	*			*						
Groceries/food costs	479	64	54	28	187	113	31	186	96	114	62	111	368
	48%	48%	48%	46%	49%	47%	47%	62%	52%	43%	33%	43%	50%
		*	*	*			*	IJ	J	J			
Transportation (e.g. gas prices, auto expenses, etc.)	204	29	23	16	80	39	17	61	36	54	40	50	155
	20%	21%	20%	26%	21%	16%	26%	20%	19%	21%	21%	19%	21%
		*	*	*			*						
Ability to save	207	20	30	11	86	44	16	74	41	56	30	50	157
	21%	15%	27%	18%	22%	18%	24%	25%	22%	21%	16%	19%	21%
		*	A*	*			*	J					
Rising interest rates	101	10	15	7	41	22	6	25	19	28	22	27	74
	10%	8%	13%	11%	11%	9%	9%	8%	10%	11%	12%	10%	10%
		*	*	*			*						
Childcare costs	35	5	5	4	8	11	3	11	2	9	11	35	-
	4%	4%	4%	6%	2%	5%	4%	4%	1%	3%	6%	14%	-
		*	*	*			*				H	L	
Health problems	3	1	-	1	1	-	-	2	-	1	1	-	3
	*	1%	-	1%	*	-	-	*	-	*	*	-	*
		*	*	*			*						
Inflation/ Cost of Living/ Utilities	8	1	1	-	3	2	-	2	1	1	4	1	7
	1%	1%	1%	-	1%	1%	-	1%	1%	*	2%	*	1%
		*	*	*			*						
On disability/ Pension/ Senior Pay	1	-	-	*	-	-	1	1	-	-	-	-	1
	*	-	-	1%	-	-	1%	*	-	-	-	-	*
		*	*	*			D*						
Covid	2	1	-	-	1	-	-	-	-	2	-	2	-
	*	1%	-	-	*	-	-	-	-	1%	-	1%	-
		*	*	*			*						
Other	3	-	-	2	2	-	-	2	1	-	-	2	2
	*	-	-	2%	*	-	-	1%	*	-	-	1%	*
		*	*	DE*			*						
No barriers, I/we already have financial security	137	24	11	8	46	37	11	23	15	44	36	21	116
	14%	18%	10%	13%	12%	15%	17%	7%	8%	17%	19%	8%	16%
		*	*	*			*			GH	GH		K
Dk/ns	1	1	-	-	-	-	-	-	-	1	-	-	1
	*	1%	-	-	-	-	-	-	-	*	-	-	*
		*	*	*			*						
Sigma	2275	312	266	149	901	500	148	718	429	593	411	607	1668
	227%	233%	235%	240%	234%	209%	221%	238%	231%	226%	215%	235%	225%