



TOPLINE AND METHODOLOGY

Axios-Ipsos American Health Index – Wave 1

Conducted by Ipsos using KnowledgePanel®

A survey of the American general population (ages 18+)

Wave:	Interview dates:	Interviews:
Wave 1	February 17-21, 2023	1,213

Margin of error for the total Wave 1 sample: +/-3.0 percentage points at the 95% confidence level

NOTE: All results show percentages among all respondents, unless otherwise labeled. Reduced bases are unweighted values.

NOTE: * = less than 0.5%, - = no respondents

Annotated Questionnaire:

1. How would you describe the condition of the following right now?

Your diet

	Very good	Somewhat good	Somewhat poor	Very poor	Skipped	Total Very/somewhat good	Total Very/somewhat poor
Wave:							
February 17-21	21	56	18	5	1	77	22

Your emotional well-being

	Very good	Somewhat good	Somewhat poor	Very poor	Skipped	Total Very/somewhat good	Total Very/somewhat poor
Wave:							
February 17-21	43	43	11	3	1	86	13

Your home and home-life

	Very good	Somewhat good	Somewhat poor	Very poor	Skipped	Total Very/somewhat good	Total Very/somewhat poor
Wave:							
February 17-21	53	38	6	2	1	92	8

Your mental health

	Very good	Somewhat good	Somewhat poor	Very poor	Skipped	Total Very/somewhat good	Total Very/somewhat poor
Wave:							
February 17-21	46	40	11	2	1	86	13

Your personal finances

	Very good	Somewhat good	Somewhat poor	Very poor	Skipped	Total Very/somewhat good	Total Very/somewhat poor
Wave:							
February 17-21	29	49	15	5	1	78	21



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1. How would you describe the condition of the following right now? (Continued)

Your physical health

Wave:	<u>Very good</u>	<u>Somewhat good</u>	<u>Somewhat poor</u>	<u>Very poor</u>	<u>Skipped</u>	<u>Total Very/Somewhat good</u>	<u>Total Somewhat/Very poor</u>
February 17-21	27	56	13	3	1	83	16

2. How much of a risk to your health and well-being, if any, do you think the following activities are right now?

Contracting COVID-19

Wave:	<u>Large risk</u>	<u>Moderate risk</u>	<u>Small risk</u>	<u>No risk</u>	<u>Skipped</u>
February 17-21	5	28	51	16	1

Contracting the flu, RSV, or other respiratory illness (excluding COVID-19)

Wave:	<u>Large risk</u>	<u>Moderate risk</u>	<u>Small risk</u>	<u>No risk</u>	<u>Skipped</u>
February 17-21	4	26	53	16	*

Using gas appliances or a gas stove in your day-to-day life

Wave:	<u>Large risk</u>	<u>Moderate risk</u>	<u>Small risk</u>	<u>No risk</u>	<u>Skipped</u>
February 17-21	1	7	33	58	1

Your typical day-to-day use of a vehicle (car, truck, or SUV)

Wave:	<u>Large risk</u>	<u>Moderate risk</u>	<u>Small risk</u>	<u>No risk</u>	<u>Skipped</u>
February 17-21	4	17	47	32	*

3. In the past week, how often have you done the following, if at all?

Drove 5 miles per hour or more over the speed limit

Wave:	<u>At all times</u>	<u>Sometimes, but not all the time</u>	<u>Occasionally, but not often</u>	<u>Never</u>	<u>Skipped</u>	<u>Total At all times/Sometimes</u>	<u>Total Occasionally/ Never</u>
February 17-21	13	39	27	20	*	52	47

Social distanced – that is stayed at home and avoided others as much as possible

Wave:	<u>At all times</u>	<u>Sometimes, but not all the time</u>	<u>Occasionally, but not often</u>	<u>Never</u>	<u>Skipped</u>	<u>Total At all times/Sometimes</u>	<u>Total Occasionally/ Never</u>
February 17-21	8	23	28	40	*	32	68



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3. In the past week, how often have you done the following, if at all? (Continued)

Used text messages or social media while driving

Wave:	<u>At all times</u>	<u>Sometimes, but not all the time</u>	<u>Occasionally, but not often</u>	<u>Never</u>	<u>Skipped</u>	<u>Total At all times/sometimes</u>	<u>Total Occasionally/ Never</u>
February 17-21	2	6	22	70	*	7	92

Used text messages or social media while walking

Wave:	<u>At all times</u>	<u>Sometimes, but not all the time</u>	<u>Occasionally, but not often</u>	<u>Never</u>	<u>Skipped</u>	<u>Total At all times/Sometimes</u>	<u>Total Occasionally/ Never</u>
February 17-21	3	23	35	38	1	26	74

Wore a face mask in public settings

Wave:	<u>At all times</u>	<u>Sometimes, but not all the time</u>	<u>Occasionally, but not often</u>	<u>Never</u>	<u>Skipped</u>	<u>Total At all times/Sometimes</u>	<u>Total Occasionally/ Never</u>
February 17-21	12	18	26	44	*	30	70

Washed your hands immediately on arriving home or at your place of work

Wave:	<u>At all times</u>	<u>Sometimes, but not all the time</u>	<u>Occasionally, but not often</u>	<u>Never</u>	<u>Skipped</u>	<u>Total At all times/Sometimes</u>	<u>Total Occasionally/ Never</u>
February 17-21	35	30	21	13	*	65	35

4. In the past week, how often, if at all, did you do the following?

Drink alcohol

Wave:	<u>Several times a day</u>	<u>Daily</u>	<u>A few times</u>	<u>Once or less</u>	<u>Never</u>	<u>Skipped</u>	<u>Total Several times/Daily</u>	<u>Total Once/ Never</u>
February 17-21	1	6	20	22	51	*	7	73

Drink a caffeinated beverage (coffee, soda, energy drink)

Wave:	<u>Several times a day</u>	<u>Daily</u>	<u>A few times</u>	<u>Once or less</u>	<u>Never</u>	<u>Skipped</u>	<u>Total Several times/Daily</u>	<u>Total Once/ Never</u>
February 17-21	17	42	19	11	12	1	58	22



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4. In the past week, how often, if at all, did you do the following? *(Continued)*

Smoke or use tobacco products

Wave:	Several times a day	Daily	A few times	Once or less	Never	Skipped	Total Several times/Daily	Total Once/Never
February 17-21	5	6	3	3	83	*	10	86

Walk for at least 30 minutes

Wave:	Several times a day	Daily	A few times	Once or less	Never	Skipped	Total Several times/Daily	Total Once/Never
February 17-21	5	25	34	22	14	*	30	36

5. In the past week, how often, if at all, did you do the following?

Exercise

Wave:	Every day	Most days	A few days	Once or less	Never	Skipped	Total Every/Most days	Total Once or less /Never
February 17-21	15	19	28	20	17	*	34	38

Get at least 7 hours of sleep

Wave:	Every day	Most days	A few days	Once or less	Never	Skipped	Total Every/Most days	Total Once or less /Never
February 17-21	22	38	26	10	4	*	60	14

Take vitamins or nutritional supplements

Wave:	Every day	Most days	A few days	Once or less	Never	Skipped	Total Every/Most days	Total Once or less /Never
February 17-21	42	15	9	9	25	*	57	34

Taken an at home COVID test

Wave:	Every day	Most days	A few days	Once or less	Never	Skipped	Total Every/Most days	Total Once or less /Never
February 17-21	1	1	3	16	78	1	2	95



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6. Of the following, what do you think is the #1 threat to American public health at this moment?

Wave:	<u>Access to guns or firearms</u>	<u>Alcohol abuse</u>	<u>Cancer</u>	<u>Coronavirus and COVID-19</u>	<u>Obesity</u>	<u>Opioids and fentanyl</u>	<u>Smoking and tobacco products</u>	<u>Unsafe roads or driving</u>	<u>Something else</u>	<u>Skipped</u>
February 17-21	17	2	12	6	21	26	3	4	7	1

7. Based on what you know or feel, are the following increasing, decreasing, or staying the same in the area where you live?

Auto accident deaths

Wave:	<u>Increasing</u>	<u>Decreasing</u>	<u>Staying the same</u>	<u>Don't know</u>	<u>Skipped</u>
February 17-21	25	4	43	28	1

COVID-19 hospitalization rates

Wave:	<u>Increasing</u>	<u>Decreasing</u>	<u>Staying the same</u>	<u>Don't know</u>	<u>Skipped</u>
February 17-21	7	43	21	29	1

Deaths from COVID-19

Wave:	<u>Increasing</u>	<u>Decreasing</u>	<u>Staying the same</u>	<u>Don't know</u>	<u>Skipped</u>
February 17-21	4	48	19	28	1

Drug overdose deaths

Wave:	<u>Increasing</u>	<u>Decreasing</u>	<u>Staying the same</u>	<u>Don't know</u>	<u>Skipped</u>
February 17-21	50	3	18	28	1

Flu or other viral infection rates (excluding COVID-19)

Wave:	<u>Increasing</u>	<u>Decreasing</u>	<u>Staying the same</u>	<u>Don't know</u>	<u>Skipped</u>
February 17-21	21	13	40	25	1

The cost of medications or prescriptions

Wave:	<u>Increasing</u>	<u>Decreasing</u>	<u>Staying the same</u>	<u>Don't know</u>	<u>Skipped</u>
February 17-21	65	2	15	17	1



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7. Based on what you know or feel, are the following increasing, decreasing, or staying the same in the area where you live? *(Continued)*

Healthcare costs

Wave:	<u>Increasing</u>	<u>Decreasing</u>	<u>Staying the same</u>	<u>Don't know</u>	<u>Skipped</u>
February 17-21	72	1	12	14	1

Violent crime rates

Wave:	<u>Increasing</u>	<u>Decreasing</u>	<u>Staying the same</u>	<u>Don't know</u>	<u>Skipped</u>
February 17-21	50	3	29	17	1

COVID-19 cases

Wave:	<u>Increasing</u>	<u>Decreasing</u>	<u>Staying the same</u>	<u>Don't know</u>	<u>Skipped</u>
February 17-21	11	37	24	27	1

8. How much do you agree or disagree with the following statements?

American businesses make the health and well-being of consumers a priority

Wave:	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>Skipped</u>	<u>Total Strongly agree / Somewhat agree</u>	<u>Total Somewhat disagree / Strongly disagree</u>
February 17-21	2	20	44	33	1	22	76

American government makes the health and well-being of citizens a priority

Wave:	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>Skipped</u>	<u>Total Strongly agree / Somewhat agree</u>	<u>Total Somewhat disagree / Strongly disagree</u>
February 17-21	4	21	42	32	1	25	74



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8. How much do you agree or disagree with the following statements? (Continued)

America has already spent enough fighting COVID, it's time to stop and move on

	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>Skipped</u>	<u>Total Strongly agree / Somewhat agree</u>	<u>Total Somewhat disagree / Strongly disagree</u>
Wave:							
February 17-21	22	28	32	17	1	50	49

America is adequately prepared to deal with another pandemic or widespread health crisis

	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>Skipped</u>	<u>Total Strongly agree / Somewhat agree</u>	<u>Total Somewhat disagree / Strongly disagree</u>
Wave:							
February 17-21	4	24	38	33	1	28	71

American life makes healthy living easy to achieve

	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>Skipped</u>	<u>Total Strongly agree / Somewhat agree</u>	<u>Total Somewhat disagree / Strongly disagree</u>
Wave:							
February 17-21	6	28	39	25	1	34	65

It is easy to figure out how to live a healthy lifestyle

	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>Skipped</u>	<u>Total Strongly agree / Somewhat agree</u>	<u>Total Somewhat disagree / Strongly disagree</u>
Wave:							
February 17-21	21	46	25	7	1	67	32

The COVID-19 pandemic is over

	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>Skipped</u>	<u>Total Strongly agree / Somewhat agree</u>	<u>Total Somewhat disagree / Strongly disagree</u>
Wave:							
February 17-21	18	28	31	21	1	47	52



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9. When it comes to American public health, which of the following should be the priority for government efforts and policies?

	<u>Ensuring the safety of existing health practices and medications</u>	<u>Lowering costs for health care and prescription drugs</u>	<u>Preventing deaths from overdoses and accidents</u>	<u>Reducing gun deaths</u>	<u>Research into cures and treatment for major diseases</u>	<u>Something else</u>	<u>Skipped</u>
Wave:							
February 17-21	7	50	7	14	14	6	1

10. How much trust do you have, if any, in information about health topics from the following?

The Centers for Disease Control, or CDC

	<u>A great deal</u>	<u>A fair amount</u>	<u>Not very much</u>	<u>None at all</u>	<u>Skipped</u>	<u>Total A great deal/A fair amount</u>	<u>Total Not very much/None at all</u>
Wave:							
February 17-21	20	42	24	14	1	62	38

The National Institute of Health, or NIH

	<u>A great deal</u>	<u>A fair amount</u>	<u>Not very much</u>	<u>None at all</u>	<u>Skipped</u>	<u>Total A great deal/A fair amount</u>	<u>Total Not very much/None at all</u>
Wave:							
February 17-21	16	45	24	14	1	61	38

Members of your family or close friends

	<u>A great deal</u>	<u>A fair amount</u>	<u>Not very much</u>	<u>None at all</u>	<u>Skipped</u>	<u>Total A great deal/A fair amount</u>	<u>Total Not very much/None at all</u>
Wave:							
February 17-21	20	54	22	2	1	74	25

Your personal doctor

	<u>A great deal</u>	<u>A fair amount</u>	<u>Not very much</u>	<u>None at all</u>	<u>Skipped</u>	<u>Total A great deal/A fair amount</u>	<u>Total Not very much/None at all</u>
Wave:							
February 17-21	38	49	9	3	1	87	12



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10. How much trust do you have, if any, in information about health topics from the following?
(Continued)

Your state's governor

	<u>A great deal</u>	<u>A fair amount</u>	<u>Not very much</u>	<u>None at all</u>	<u>Skipped</u>	<u>Total A great deal/A fair amount</u>	<u>Total Not very much/None at all</u>
Wave:							
February 17-21	5	35	35	24	1	41	58

11. How much do you support or oppose the following?

Health insurance companies covering the cost of weight loss or obesity drugs

	<u>Strongly support</u>	<u>Somewhat support</u>	<u>Somewhat oppose</u>	<u>Strongly oppose</u>	<u>Skipped</u>	<u>Total Strongly/Somewhat support</u>	<u>Total Somewhat/Strongly oppose</u>
Wave:							
February 17-21	36	42	14	6	2	78	20

Health insurance companies covering transgender-related medical care

	<u>Strongly support</u>	<u>Somewhat support</u>	<u>Somewhat oppose</u>	<u>Strongly oppose</u>	<u>Skipped</u>	<u>Total Strongly/Somewhat support</u>	<u>Total Somewhat/Strongly oppose</u>
Wave:							
February 17-21	21	26	18	33	2	47	52

People quarantining for a minimum of five days if they test positive for COVID-19 or another contagious respiratory virus

	<u>Strongly support</u>	<u>Somewhat support</u>	<u>Somewhat oppose</u>	<u>Strongly oppose</u>	<u>Skipped</u>	<u>Total Strongly/Somewhat support</u>	<u>Total Somewhat/Strongly oppose</u>
Wave:							
February 17-21	40	34	14	10	1	74	24

Placing a limit of \$35 per month on the out-of-pocket costs for insulin

	<u>Strongly support</u>	<u>Somewhat support</u>	<u>Somewhat oppose</u>	<u>Strongly oppose</u>	<u>Skipped</u>	<u>Total Strongly/Somewhat support</u>	<u>Total Somewhat/Strongly oppose</u>
Wave:							
February 17-21	57	27	8	6	2	84	14



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11. How much do you support or oppose the following? (Continued)

Requiring gun owners to store firearms securely, such as with trigger locks or in gun safes

	<u>Strongly support</u>	<u>Somewhat support</u>	<u>Somewhat oppose</u>	<u>Strongly oppose</u>	<u>Skipped</u>	<u>Total Strongly/Somewhat support</u>	<u>Total Somewhat/Strongly oppose</u>
Wave:							
February 17-21	63	21	8	7	1	84	15

Using artificial intelligence (AI) for mental health therapy, in place of individual counseling

	<u>Strongly support</u>	<u>Somewhat support</u>	<u>Somewhat oppose</u>	<u>Strongly oppose</u>	<u>Skipped</u>	<u>Total Strongly/Somewhat support</u>	<u>Total Somewhat/Strongly oppose</u>
Wave:							
February 17-21	5	17	38	38	2	22	75

Using cannabis or marijuana to improve sleep quality

	<u>Strongly support</u>	<u>Somewhat support</u>	<u>Somewhat oppose</u>	<u>Strongly oppose</u>	<u>Skipped</u>	<u>Total Strongly/Somewhat support</u>	<u>Total Somewhat/Strongly oppose</u>
Wave:							
February 17-21	23	36	23	17	2	59	40

Using prescription drugs to help improve sleep quality

	<u>Strongly support</u>	<u>Somewhat support</u>	<u>Somewhat oppose</u>	<u>Strongly oppose</u>	<u>Skipped</u>	<u>Total Strongly/Somewhat support</u>	<u>Total Somewhat/Strongly oppose</u>
Wave:							
February 17-21	11	42	33	12	2	53	46

Red-flag laws that allow police to take guns from people that courts determine are dangerous

	<u>Strongly support</u>	<u>Somewhat support</u>	<u>Somewhat oppose</u>	<u>Strongly oppose</u>	<u>Skipped</u>	<u>Total Strongly/Somewhat support</u>	<u>Total Somewhat/Strongly oppose</u>
Wave:							
February 17-21	50	28	10	10	2	78	20



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11. How much do you support or oppose the following? (Continued)

Requiring background checks for all gun sales, including at gun shows, when purchasing a gun online, or when transferring a firearm to someone else

Wave:	<u>Strongly support</u>	<u>Somewhat support</u>	<u>Somewhat oppose</u>	<u>Strongly oppose</u>	<u>Skipped</u>	<u>Total Strongly/Somewhat support</u>	<u>Total Somewhat/Strongly oppose</u>
February 17-21	70	17	6	5	1	87	11

12. In the past three months, have you followed any of the following diets or eating habits for at least a week?

Calorie restricting or counting

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 17-21	23	75	1	1

Cleanse or elimination diets

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 17-21	5	92	3	1

Dry January or another alcohol-free month

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 17-21	18	78	3	1

Intermittent fasting

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 17-21	20	78	2	*

Low or no-carb diets (Atkins, Keto, etc.)

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 17-21	10	87	2	1



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12. In the past three months, have you followed any of the following diets or eating habits for at least a week? (Continued)

Vegetarian or vegan

Wave:	Yes	No	Don't Know	Skipped
February 17-21	8	89	2	1

13. In a typical week, how often, if at all, do you eat the following?

Dairy products (cheese, milk, yogurt)

Wave:	Several times a day	Daily	A few times a week	Once a week or less	Never	Skipped	Total Several times/Daily	Total Once/Never
February 17-21	7	42	37	11	2	1	49	14

Fried foods

Wave:	Several times a day	Daily	A few times a week	Once a week or less	Never	Skipped	Total Several times/Daily	Total Once/Never
February 17-21	1	4	36	51	8	1	5	59

Fruits and vegetables

Wave:	Several times a day	Daily	A few times a week	Once a week or less	Never	Skipped	Total Several times/Daily	Total Once/Never
February 17-21	15	42	33	8	1	1	57	9

Poultry or fish

Wave:	Several times a day	Daily	A few times a week	Once a week or less	Never	Skipped	Total Several times/Daily	Total Once/Never
February 17-21	2	10	56	26	6	*	12	32

Red meat

Wave:	Several times a day	Daily	A few times a week	Once a week or less	Never	Skipped	Total Several times/Daily	Total Once/Never
February 17-21	2	7	48	33	9	1	8	43



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13. In a typical week, how often, if at all, do you eat the following? (Continued)

Sugary foods or drinks (candies, cookies, sodas, etc.)

Wave:	<u>Several times a day</u>	<u>Daily</u>	<u>A few times a week</u>	<u>Once a week or less</u>	<u>Never</u>	<u>Skipped</u>	<u>Total Several times/Daily</u>	<u>Total Once/Never</u>
February 17-21	5	22	41	25	6	1	27	32

14. In the last three months, have you...?

Been in a traffic accident

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 17-21	4	95	1	1

Had the flu, RSV, or other respiratory illness (excluding COVID-19)

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 17-21	13	85	2	1

Had a significant medical event (requiring a trip to the emergency room or urgent care)

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 17-21	9	90	1	1

Had setbacks to your day-to-day life because of long COVID (defined as COVID symptoms that last longer than a month)

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 17-21	4	93	2	1

Tested positive for the coronavirus (COVID-19)

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 17-21	8	91	1	1



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15. In the last year, have you...?

Had an annual health screening with a physician

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 17-21	67	32	1	1

Had a dental check-up and cleaning

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 17-21	64	35	1	1

Had an eye or vision check-up

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 17-21	54	45	1	1

Received a COVID-19 vaccine or booster

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 17-21	45	54	1	1

Received a flu vaccine

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 17-21	50	49	*	1

Spoken with a mental health professional or counselor

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 17-21	18	81	1	1



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16. In the last three months, have you or anyone in your immediate circle...?

Used cannabis or marijuana

Wave:	Yes	No	Don't Know	Skipped
February 17-21	20	78	2	1

Used hallucinogenic drugs

Wave:	Yes	No	Don't Know	Skipped
February 17-21	2	94	2	1

Used prescription pain medications for which they had a prescription

Wave:	Yes	No	Don't Know	Skipped
February 17-21	27	69	2	1

Used prescription pain medications that they did NOT have a prescription for

Wave:	Yes	No	Don't Know	Skipped
February 17-21	4	93	2	1

Used prescription drugs for weight loss (e.g., Ozempic, Wegovy, semaglutide, Alli)

Wave:	Yes	No	Don't Know	Skipped
February 17-21	4	94	2	1

Used other illegal drugs

Wave:	Yes	No	Don't Know	Skipped
February 17-21	2	95	2	1

17. Do you or anyone in your household own a gun or firearm?

Wave:	Yes, me	Yes, someone else in my household	No	Skipped
February 17-21	24	19	60	3



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18. Do any of the following apply to the firearms in your household?

Base: Gun or firearm in household (n=457)

At least one is currently loaded

Wave:	Yes	No	Don't Know	Skipped
February 17-21	41	51	8	*

All are secured, such as with trigger locks or in a gun safe

Wave:	Yes	No	Don't Know	Skipped
February 17-21	67	28	5	*

19. Which of these is your main source of news?

Wave:	ABC/CBS/NBC News	CNN	Conservative online news	Digital or online news	FOX News	MS NBC	New York Times/Washington Post	Public television or radio	Social media	Your local newspaper	Telemundo or Univision	Other	None of these	Skipped
February 17-21	22	3	1	16	10	3	3	6	13	2	2	7	11	1

For more information on this news release, please contact:

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About the Study

This Axios-Ipsos American Health Index survey was conducted February 17 to February 21, 2023 by Ipsos using our KnowledgePanel®. This poll is based on a nationally representative probability sample of 1,213 adults ages 18+.

The survey was conducted using KnowledgePanel, the most well-established online probability-based panel that is representative of the adult US population. Our recruitment process employs a scientifically developed addressed-based sampling methodology using the latest Delivery Sequence File of the USPS – a database with full coverage of all delivery points in the US. Households are randomly sampled from all available households in the US. All persons in selected households are invited to join and participate in KnowledgePanel. Ipsos provides selected households that do not already have internet access a tablet and internet connection at no cost to them. Those who join the panel and who are selected to participate in a survey are sent a unique password-protected log-in used to complete surveys online. As a result of our recruitment and sampling methods, samples from KnowledgePanel cover all households regardless of their phone or internet status and findings can be reported with a margin of sampling error and projected to the general population.

The study was conducted in English and Spanish. The data were weighted to adjust for gender by age, race/ethnicity, education, Census region, metropolitan status, household income, and party identification. The demographic benchmarks came from the 2022 March supplement of the U.S. Census Bureau's Current Population Survey (CPS). Party ID benchmarks are from recent ABC News/Washington Post telephone polls. The weighting categories were as follows:

- Gender (Male, Female) by Age (18–29, 30–44, 45–59, and 60+)
- Race/Hispanic Ethnicity (White Non-Hispanic, Black Non-Hispanic, Other or 2+ Races Non-Hispanic, Hispanic)
- Education (Less than High School graduate, High School graduate, Some College, Bachelor's and beyond)
- Census Region (Northeast, Midwest, South, West)
- Metropolitan status (Metro, non-Metro)
- Household Income (Under \$25,000, \$25,000-\$49,999, \$50,000-\$74,999, \$75,000-\$99,999, \$100,000-\$149,999, \$150,000+)
- Party ID (Democrat, Republican, Independent, Something else)

The margin of sampling error is plus or minus 3.0 percentage points at the 95% confidence level, for results based on the entire sample of adults. The margin of sampling error takes into account the design effect, which was 1.14. The margin of sampling error is higher and varies for results based on sub-samples. In our reporting of the findings, percentage points are rounded off to the nearest whole number. As a result, percentages in a given table column may total slightly higher or lower than 100%. In questions that permit multiple responses, columns may total substantially more than 100%, depending on the number of different responses offered by each respondent.





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About Ipsos

Ipsos is one of the largest market research and polling companies globally, operating in 90 markets and employing over 18,000 people.

Our passionately curious research professionals, analysts and scientists have built unique multi-specialist capabilities that provide true understanding and powerful insights into the actions, opinions and motivations of citizens, consumers, patients, customers or employees. Our 75 solutions are based on primary data from our surveys, social media monitoring, and qualitative or observational techniques.

Our tagline "Game Changers" sums up our ambition to help our 5,000 customers move confidently through a rapidly changing world.

Founded in France in 1975, Ipsos has been listed on the Euronext Paris since July 1, 1999. The company is part of the SBF 120 and Mid-60 indices and is eligible for the Deferred Settlement Service (SRD). ISIN code FR0000073298, Reuters ISOS.PA, Bloomberg IPS:FP www.ipsos.com

