

How often do you think about your finances?

		REGION					
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic
		A	B	C	D	E	F
<b>Base: All Respondents (unwtd)</b>	<b>1001</b>	<b>126</b>	<b>107</b>	<b>94</b>	<b>366</b>	<b>237</b>	<b>71</b>
<b>Base: All Respondents (wtd)</b>	<b>1001</b>	<b>134</b>	<b>113</b>	<b>62</b>	<b>385</b>	<b>239</b>	<b>67</b>
A couple of times every day	305	41	42	26	111	61	24
	30%	31%	37%	42%	29%	25%	36%
		*	*	E*			*
About once a day	240	28	23	17	110	46	15
	24%	21%	21%	28%	29%	19%	23%
		*	*	*	E		*
Weekly	283	31	37	14	96	88	17
	28%	23%	33%	23%	25%	37%	25%
		*	*	*		AD	*
Monthly	107	15	10	1	42	33	6
	11%	11%	8%	2%	11%	14%	10%
		C*	*	*	C	C	*
Every few months	41	17	1	2	14	7	-
	4%	13%	1%	3%	4%	3%	-
		BDEF*	*	*			*
Annually	9	1	-	-	3	1	5
	1%	1%	-	-	1%	*	7%
		*	*	*			BDE*
Never	16	1	1	2	10	3	-
	2%	1%	1%	2%	3%	1%	-
		*	*	*			*
Sigma	1001	134	113	62	385	239	67
	100%	100%	100%	100%	100%	100%	100%

To what extent do you agree or disagree with the following statements? - I often have a difficult time sleeping because I am worried about my finances.

		REGION					
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic
		A	B	C	D	E	F
Base: All Respondents (unwtd)	1001	126	107	94	366	237	71
Base: All Respondents (wtd)	1001	134	113	62	385	239	67
Top 2 Box (Net)	403	61	44	31	149	90	29
	40%	46%	39%	50%	39%	37%	44%
		*	*	*			*
Strongly agree	148	16	22	9	55	33	14
	15%	12%	19%	14%	14%	14%	21%
		*	*	*			*
Somewhat agree	255	46	22	22	94	57	16
	26%	34%	19%	35%	24%	24%	23%
		B*	*	B*			*
Bottom 2 Box (Net)	588	72	67	31	233	147	38
	59%	54%	59%	50%	60%	61%	56%
		*	*	*			*
Somewhat disagree	293	30	34	14	108	89	18
	29%	22%	30%	22%	28%	37%	26%
		*	*	*		A	*
Strongly disagree	295	42	33	17	124	58	20
	29%	31%	30%	28%	32%	24%	30%
		*	*	*			*
Don't know	10	1	3	-	4	3	-
	1%	1%	2%	-	1%	1%	-
		*	*	*			*
Sigma	1001	134	113	62	385	239	67
	100%	100%	100%	100%	100%	100%	100%

To what extent do you agree or disagree with the following statements? - I have a significant amount of stress in my personal relationships that is related to my finances.

		REGION					
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic
		A	B	C	D	E	F
<b>Base: All Respondents (unwtd)</b>	<b>1001</b>	<b>126</b>	<b>107</b>	<b>94</b>	<b>366</b>	<b>237</b>	<b>71</b>
<b>Base: All Respondents (wtd)</b>	<b>1001</b>	<b>134</b>	<b>113</b>	<b>62</b>	<b>385</b>	<b>239</b>	<b>67</b>
Top 2 Box (Net)	426	61	52	26	137	106	44
	43%	46%	46%	42%	36%	44%	65%
		*	*	*			CDE*
Strongly agree	158	18	24	11	53	38	13
	16%	14%	21%	18%	14%	16%	20%
		*	*	*			*
Somewhat agree	269	43	28	15	85	67	30
	27%	32%	25%	24%	22%	28%	45%
		*	*	*			BCD*
Bottom 2 Box (Net)	555	66	58	35	243	130	23
	55%	49%	52%	57%	63%	54%	34%
		*	*	F*	AF	F	*
Somewhat disagree	271	34	29	15	106	77	11
	27%	25%	25%	25%	27%	32%	17%
		*	*	*			*
Strongly disagree	283	32	30	20	137	53	11
	28%	24%	26%	32%	36%	22%	17%
		*	*	*	EF		*
Don't know	20	7	3	1	5	4	1
	2%	5%	2%	1%	1%	2%	1%
		D*	*	*			*
Sigma	1001	134	113	62	385	239	67
	100%	100%	100%	100%	100%	100%	100%

To what extent do you agree or disagree with the following statements? - My mental health is negatively impacted by my thoughts about my finances.

		REGION					
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic
		A	B	C	D	E	F
Base: All Respondents (unwtd)	1001	126	107	94	366	237	71
Base: All Respondents (wtd)	1001	134	113	62	385	239	67
Top 2 Box (Net)	483	71	55	37	176	106	38
	48%	53%	49%	59%	46%	44%	57%
		*	*	*			*
Strongly agree	207	29	28	14	79	41	16
	21%	22%	25%	23%	21%	17%	23%
		*	*	*			*
Somewhat agree	276	42	27	23	97	65	23
	28%	31%	24%	37%	25%	27%	34%
		*	*	*			*
Bottom 2 Box (Net)	489	56	55	25	204	119	28
	49%	42%	49%	41%	53%	50%	42%
		*	*	*			*
Somewhat disagree	261	31	27	11	94	78	20
	26%	23%	24%	18%	24%	33%	30%
		*	*	*			*
Strongly disagree	228	26	29	14	111	41	8
	23%	19%	25%	23%	29%	17%	12%
		*	*	*	EF		*
Don't know	29	7	3	-	5	14	1
	3%	5%	2%	-	1%	6%	1%
		*	*	*		D	*
Sigma	1001	134	113	62	385	239	67
	100%	100%	100%	100%	100%	100%	100%

To what extent do you agree or disagree with the following statements? - I think I would be happier if I had more confidence in my financial future.

		REGION					
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic
		A	B	C	D	E	F
Base: All Respondents (unwtd)	1001	126	107	94	366	237	71
Base: All Respondents (wtd)	1001	134	113	62	385	239	67
Top 2 Box (Net)	750	108	82	50	288	165	57
	75%	80%	73%	80%	75%	69%	86%
		*	*	*			E*
Strongly agree	350	39	40	27	132	77	36
	35%	29%	35%	44%	34%	32%	53%
		*	*	*			ADE*
Somewhat agree	401	69	43	23	156	89	22
	40%	51%	38%	36%	40%	37%	32%
		E*	*	*			*
Bottom 2 Box (Net)	203	17	22	11	84	63	6
	20%	13%	20%	18%	22%	26%	8%
		*	*	*		AF	*
Somewhat disagree	143	14	13	9	50	54	2
	14%	11%	12%	14%	13%	23%	3%
		*	*	*		ADF	*
Strongly disagree	61	3	9	2	34	9	4
	6%	2%	8%	4%	9%	4%	6%
		*	*	*	A		*
Don't know	47	9	9	1	13	11	4
	5%	7%	8%	2%	3%	5%	6%
		*	*	*			*
Sigma	1001	134	113	62	385	239	67
	100%	100%	100%	100%	100%	100%	100%

To what extent do you agree or disagree with the following statements? - I know my financial situation could be healthier if I spent more time on it.

		REGION					
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic
		A	B	C	D	E	F
Base: All Respondents (unwtd)	1001	126	107	94	366	237	71
Base: All Respondents (wtd)	1001	134	113	62	385	239	67
Top 2 Box (Net)	613	79	60	31	231	158	54
	61%	59%	53%	50%	60%	66%	81%
		*	*	*		C	ABCD*
Strongly agree	181	22	16	9	56	62	16
	18%	17%	14%	15%	14%	26%	23%
		*	*	*		D	*
Somewhat agree	432	57	44	21	175	96	39
	43%	42%	38%	34%	45%	40%	58%
		*	*	*			C*
Bottom 2 Box (Net)	316	41	40	28	132	64	12
	32%	31%	36%	44%	34%	27%	18%
		*	*	EF*	F		*
Somewhat disagree	242	31	37	23	90	53	7
	24%	23%	33%	36%	23%	22%	11%
		*	F*	EF*			*
Strongly disagree	75	10	3	5	42	10	4
	7%	8%	2%	8%	11%	4%	7%
		*	*	*	BE		*
Don't know	72	13	13	4	23	17	1
	7%	10%	12%	6%	6%	7%	2%
		*	*	*			*
Sigma	1001	134	113	62	385	239	67
	100%	100%	100%	100%	100%	100%	100%