

Which of the following have you done in 2023 in order to deal with the higher cost of living due to inflation?

	Total		Gender		AGE		EDUCATION						Age 1			
	Total	Male	Female	Other/Prefer not to answer	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad	Gen Z	Millennial	Gen X	Boomer	
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	
Base: All Respondents (unweighted)	1000	459	538	6	246	388	366	54	177	400	360	105	287	310	298	
Base: All Respondents (weighted)	1000	486	508	6	281	346	373	146	276	335	243	131	277	283	310	
Cutting back on entertainment	455	204	240	6	111	185	150	22	118	152	114	41	144	137	133	
	46%	42%	48%	100%	45%	53%	43%	4%	45%	47%	31%	12%	48%	46%	43%	
Cutting back on dining out	567	257	309	A	132	222	213	84	159	195	130	52	160	181	175	
	57%	53%	60%	69%	47%	64%	52%	25%	58%	58%	48%	19%	58%	64%	57%	
Cutting back on travel outside the country	269	114	152	1	69	99	101	25	70	96	78	35	74	75	85	
	27%	23%	30%	43%	24%	29%	27%	17%	25%	29%	32%	26%	27%	27%	28%	
Cutting back on travel inside the country	279	125	151	1	76	91	112	34	80	100	65	33	83	67	96	
	28%	26%	30%	17%	47%	26%	30%	22%	29%	30%	27%	26%	30%	24%	31%	
More car pooling/ fewer car trips	126	44	81	1	51	39	35	23	29	44	29	24	41	31	30	
	13%	9%	16%	14%	18%	11%	10%	16%	11%	13%	12%	18%	15%	11%	10%	
Cutting back on organized sports for my kids	41	23	18	-	15	27	-	10	10	14	7	6	10	17	-	
	4%	5%	4%	-	5%	8%	-	7%	4%	4%	3%	4%	7%	6%	-	
Sanitized my regular grocery store for one I think is cheaper	303	128	171	A	4	89	115	99	53	72	110	68	37	84	83	
	30%	26%	34%	72%	12%	33%	27%	37%	26%	33%	28%	28%	34%	31%	27%	
Looking at flyers for sales	558	273	285	A	111	189	235	61	130	181	117	39	139	112	156	
	57%	46%	59%	45%	46%	52%	61%	16%	50%	52%	40%	25%	54%	44%	53%	
Using a shopping or sale app to save money	321	123	198	A	89	118	115	49	77	110	75	40	91	98	92	
	32%	25%	38%	66%	32%	34%	31%	33%	28%	36%	31%	31%	33%	35%	30%	
Eating less meat	285	118	165	A	3	71	115	99	44	63	96	65	24	91	87	
	29%	26%	32%	25%	23%	33%	29%	44%	19%	29%	29%	19%	31%	31%	27%	
Passing up saving for retirement	153	57	96	A	13	61	88	38	48	61	51	44	21	65	47	
	15%	12%	18%	84%	10%	18%	10%	12%	15%	15%	17%	18%	20%	17%	17%	
Dipped into my personal savings to make ends meet	179	110	149	A	1	84	108	77	45	69	101	63	38	63	63	
	18%	30%	31%	40%	34%	31%	31%	33%	35%	30%	36%	27%	17%	38%	30%	
Considered moving somewhere with a lower cost of living than where I live now	171	78	92	A	1	53	70	48	30	57	49	35	32	53	49	
	17%	16%	18%	14%	19%	20%	13%	20%	21%	15%	14%	24%	19%	17%	12%	
Buying fewer fresh fruits and vegetables	318	106	211	A	4	90	123	115	61	98	112	56	41	96	97	
	33%	22%	43%	69%	32%	36%	33%	42%	30%	34%	33%	31%	30%	34%	30%	
Putting off purchases like new clothing, etc.	472	178	290	A	4	127	187	159	60	128	181	103	61	132	152	
	47%	37%	57%	66%	45%	54%	43%	43%	46%	54%	42%	46%	48%	54%	41%	
Telling my kids "no" more often	301	41	60	A	1	40	60	1	30	30	31	13	6	62	30	
	30%	8%	12%	-	14%	17%	1	14%	7%	11%	20%	7%	22%	10%	1	
Using money I was setting aside for retirement	142	61	81	A	1	38	51	53	1	44	57	34	19	38	44	
	14%	12%	16%	14%	14%	15%	14%	5%	16%	17%	14%	14%	14%	16%	13%	
Delayed or did not renew a medical prescription	109	36	73	A	1	32	53	24	18	29	43	19	12	41	41	
	11%	7%	14%	48%	11%	15%	7%	12%	11%	13%	8%	9%	10%	14%	5%	
Conserving food banks	110	49	66	A	1	37	59	23	35	33	33	17	13	30	20	
	12%	30%	32%	40%	13%	17%	6%	28%	12%	16%	7%	10%	18%	15%	6%	
Made purchases through micro payments rather than a one-time payment	118	43	74	A	1	42	50	26	21	30	39	27	23	41	37	
	12%	9%	15%	14%	11%	14%	7%	16%	11%	12%	11%	17%	11%	13%	6%	
Putting off buying a home	133	68	63	A	2	70	56	7	27	39	31	15	30	49	29	
	13%	14%	12%	31%	23%	16%	2%	16%	14%	10%	14%	23%	23%	10%	1%	
Cut down on holiday spending	419	192	242	A	1	101	146	172	59	116	158	107	42	124	133	
	44%	39%	48%	89%	46%	48%	46%	49%	42%	47%	44%	32%	45%	47%	45%	
Putting off starting a family or growing your family	72	32	40	A	1	52	19	1	12	16	25	19	27	36	1	
	7%	6%	8%	14%	19%	5%	1	8%	6%	7%	8%	20%	11%	3%	1	
Delaying retirement	78	48	29	A	1	18	31	29	7	20	25	26	6	21	31	
	8%	10%	6%	21%	7%	9%	8%	9%	7%	8%	11%	5%	8%	11%	7%	
Delaying a wedding or other major celebrations/event	51	26	24	A	1	32	19	-	11	15	17	8	12	27	11	
	5%	5%	5%	18%	11%	5%	-	7%	5%	5%	3%	9%	10%	4%	-	
Downsizing my home	52	25	24	A	2	14	19	18	8	14	12	18	12	18	16	
	5%	5%	5%	28%	5%	6%	5%	5%	5%	4%	7%	5%	6%	5%	5%	
Moving somewhere cheaper	301	47	54	A	1	38	30	33	26	29	26	20	21	31	23	
	30%	10%	11%	14%	14%	9%	9%	18%	11%	8%	8%	14%	11%	8%	9%	
Participating in "Buy Nothing" Day	101	43	57	A	2	36	37	28	21	28	35	17	15	32	24	
	10%	9%	11%	31%	13%	11%	8%	14%	10%	10%	7%	12%	11%	11%	8%	
Participating in "Pay-it-forward" trade groups	37	11	23	A	2	15	12	10	6	8	13	10	7	14	5	
	4%	2%	5%	31%	5%	3%	3%	4%	3%	4%	4%	6%	5%	2%	3%	
Putting more money into savings	118	61	56	A	2	36	48	34	11	41	38	44	34	45	34	
	14%	13%	15%	26%	10%	14%	9%	10%	15%	11%	18%	26%	16%	12%	8%	
Prepaying or cancelling vacations	256	132	121	A	2	66	106	83	40	59	93	65	31	78	69	
	26%	27%	24%	32%	14%	16%	22%	17%	21%	26%	27%	24%	28%	28%	23%	
None of the above	90	58	33	A	1	18	21	51	19	27	27	17	14	9	20	
	9%	12%	6%	-	7%	6%	14%	13%	10%	8%	7%	11%	8%	7%	13%	
Sigma	6712	2872	3767	13	1088	2174	2202	1064	1779	2319	1540	445	2110	1999	1797	
	67.1%	59.1%	74.2%	12.1%	69.9%	74.6%	59.9%	7.9%	63.5%	63.2%	63.8%	64.5%	74.2%	69.8%	64.1%	

And which of the following do you anticipate doing in 2024 to deal with the higher cost of living due to inflation?

	Gender										AGE										EDUCATION										App 1																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																													
	Total					Male					Female					Other/Prefer not to answer					18-34					35-54					55+					<HS					HS					Post Sec					Univ Grad					Gen Z					Millennial					Gen X					Boomer																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																					
	A	B	C	D	E	A	B	C	D	E	A	B	C	D	E	A	B	C	D	E	A	B	C	D	E	A	B	C	D	E	A	B	C	D	E	A	B	C	D	E	A	B	C	D	E	A	B	C	D	E	A	B	C	D	E	A	B	C	D	E	A	B	C	D	E																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																											
Base: All Respondents (unwt)	1000	459	538	6	296	388	366	54	177	400	360	105	287	310	298	1000	486	508	6	281	346	373	146	276	335	243	131	277	283	310	455	221	230	4	119	172	165	78	122	148	107	45	143	130	137	455	45%	45%	65%	65%	42%	50%	44%	66%	46%	44%	44%	34%	52%	46%	44%	534	229	300	5	223	214	197	79	156	182	116	49	147	176	161	536	47%	47%	59%	68%	44%	44%	53%	64%	37%	34%	48%	18%	52%	38%	37%	252	104	144	4	67	96	89	20	70	96	67	31	74	77	70	252	21%	20%	62%	64%	28%	24%	11%	25%	20%	27%	23%	27%	27%	23%	279	127	140	4	66	101	112	26	88	100	65	30	76	78	95	28%	26%	29%	63%	63%	29%	30%	18%	32%	30%	27%	23%	27%	27%	31%	177	67	100	2	70	64	43	26	44	66	42	30	40	50	36	18%	14%	22%	26%	23%	19%	12%	18%	16%	20%	17%	23%	22%	18%	12%	46	19	22	-	16	29	-	5	10	18	14	5	16	15	-	5%	4%	5%	-	6%	8%	-	8%	3%	5%	6%	4%	6%	5%	-	364	124	130	4	63	108	92	41	72	90	62	29	73	80	77	26%	25%	27%	69%	23%	31%	25%	28%	26%	27%	25%	22%	27%	30%	25%	475	182	288	4	98	181	218	67	128	180	151	28	116	135	186	48%	37%	37%	65%	44%	47%	55%	35%	42%	48%	45%	32%	41%	48%	62%	333	126	203	4	81	138	128	45	96	122	70	42	86	100	100	33%	26%	40%	66%	29%	36%	34%	31%	35%	36%	29%	32%	31%	35%	34%	287	111	171	3	70	113	105	55	70	100	62	27	86	87	87	29%	23%	14%	26%	23%	29%	38%	25%	30%	29%	21%	31%	31%	28%	163	64	99	4	54	74	74	38	59	56	38	21	53	62	21	10%	13%	18%	66%	19%	21%	9%	12%	18%	17%	15%	18%	19%	22%	7%	325	98	124	3	87	97	75	33	58	86	48	30	60	68	66	32%	30%	34%	49%	33%	26%	20%	32%	31%	36%	30%	23%	31%	34%	33%	165	70	93	2	67	66	42	30	46	55	34	34	54	44	33	16%	14%	18%	32%	20%	19%	13%	20%	17%	17%	14%	26%	20%	16%	11%	273	97	172	4	68	100	101	41	83	96	53	31	77	80	85	27%	9%	17%	32%	22%	26%	26%	20%	24%	23%	27%	24%	28%	28%	28%	419	155	259	5	103	165	151	62	109	149	99	42	123	134	120	42%	32%	51%	84%	37%	48%	43%	42%	39%	45%	41%	32%	44%	47%	39%	86	35	46	1	32	53	1	34	33	30	10	5	14	16	11	8%	7%	10%	21%	11%	15%	1	9%	8%	9%	8%	4%	10%	9%	-	146	64	86	3	64	47	81	47	53	37	24	19	60	32	14%	12%	17%	40%	13%	18%	13%	6%	17%	16%	15%	11%	14%	21%	10%	91	36	52	2	30	37	24	7	36	30	17	12	30	29	20	9%	7%	10%	21%	11%	11%	6%	3%	11%	9%	7%	9%	11%	10%	6%	143	76	67	2	42	67	36	30	52	42	22	20	48	47	30	15%	16%	12%	32%	15%	20%	20%	17%	12%	12%	9%	14%	17%	17%	10%	126	47	78	1	50	46	30	11	19	43	30	24	47	32	22	13%	10%	10%	14%	18%	13%	8%	9%	14%	13%	13%	18%	17%	11%	7%	121	58	61	2	63	48	9	21	36	35	28	27	58	29	6	12%	12%	12%	30%	23%	14%	3%	15%	11%	11%	11%	23%	23%	10%	2%	413	177	234	5	89	169	157	75	111	143	86	40	114	134	127	42%	36%	46%	80%	32%	40%	42%	40%	43%	43%	31%	31%	41%	47%	43%	71	36	34	1	48	22	1	12	15	22	21	28	32	9	1	7%	7%	7%	14%	17%	6%	1	9%	5%	7%	9%	22%	12%	3%	1	48	44	51	3	31	33	35	5	30	33	30	15	25	16	23	10%	9%	10%	13%	11%	9%	9%	4%	11%	10%	12%	11%	9%	13%	7%	59	19	38	2	36	19	3	7	19	19	15	17	29	12	1	6%	4%	7%	12%	13%	6%	1%	4%	7%	6%	6%	13%	10%	4%	1	92	35	52	3	34	34	24	13	26	30	24	19	24	29	21	9%	7%	11%	46%	12%	10%	6%	9%	9%	9%	10%	15%	9%	10%	7%	135	65	68	3	42	58	36	24	44	42	25	22	44	46	24	14%	13%	13%	48%	15%	17%	10%	17%	16%	16%	17%	16%	16%	16%	8%	136	11%	15%	4%	13%	16%	9%	17%	15%	15%	14%	13%	15%	16%	9%	13%	11%	12%	41%	13%	16%	9%	17%	15%	15%	14%	13%	15%	16%	9%	38	17	20	1	21	12	5	1	14	13	10	12	15	6	5	4%	3%	4%	14%	8%	3%	1%	1	5%	4%	4%	9%	6%	2%	2%	176	83	91	3	76	63	38	21	46	53	54	40	67	41	28	18%	17%	18%	46%	17%	18%	10%	17%	16%	16%	16%	24%	24%	15%	9%	293	143	148	2	68	121	104	53	74	101	65	28	86	92	86	29%	29%	29%	32%	44%	36%	29%	17%	27%	30%	27%	21%	31%	31%	29%	97	55	42	-	20	25	52	16	26	37	17	15	17	23	46	10%	11%	8%	-	2%	2%	12%	1%	2%	3%	1%	1%	1%	2%	4%	668	281	374	8	187	261	219	93	187	221	151	83	203	203	174	65%	62%	73%	143%	60%	74%	57%	67%	68%	63%	62%	64%	73%	73%	57%

How concerned are you about the following? - Top 2 Box Summary

	Total	Gender			AGE			EDUCATION				Age 1			
		Male	Female	Other/Pref er not to answer	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad	Gen Z	Millennial	Gen X	Boomer
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
That you might not have enough money to feed your family	526	250	271	5	190	214	122	104	150	173	99	84	184	162	96
	53%	51%	53%	86%	68%	62%	33%	71%	54%	52%	41%	64%	67%	57%	31%
				**	F	F		HIJ*	J	J		N*	MN	N	
That you might not be able to afford gasoline	534	255	275	5	181	204	149	100	153	171	111	84	181	145	124
	53%	52%	54%	83%	64%	59%	40%	69%	55%	51%	46%	64%	65%	51%	40%
				**	F	F		IJ*	J			N*	MN	N	
That economic hardship will mean that you have to delay future plans or life projects like buying a home, starting a family, traveling, etc.	661	314	342	6	226	262	174	106	175	216	164	97	235	193	136
	66%	65%	67%	100%	80%	76%	47%	73%	64%	64%	67%	74%	85%	68%	44%
				**	F	F		*				N*	KMN	N	
That you won't be able to pay your full credit card bill	554	246	302	5	191	222	140	85	156	191	121	83	197	163	111
	55%	51%	59%	86%	68%	64%	38%	58%	56%	57%	50%	63%	71%	58%	36%
			A	**	F	F		*				N*	MN	N	
That you may have to use a line of credit to pay your credit card bill	487	223	258	5	186	188	112	62	142	173	109	87	181	131	88
	49%	46%	51%	83%	66%	54%	30%	42%	51%	52%	45%	66%	65%	46%	28%
				**	EF	F		*				MN*	MN	N	
That you can't absorb any unexpected costs of \$1,000 or more	691	311	375	5	227	264	200	116	196	233	146	103	226	200	163
	69%	64%	74%	86%	81%	76%	54%	80%	71%	70%	60%	79%	82%	71%	53%
			A	**	F	F		J*	J	J		N*	MN	N	

How concerned are you about the following? - Bottom 2 Box Summary

	Total	Gender			AGE			EDUCATION				Age 1			
		Male	Female	Other/Pref er not to answer	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad	Gen Z	Millennial	Gen X	Boomer
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
That you might not have enough money to feed your family	474	236	237	1	91	132	251	42	126	162	144	47	92	120	214
	47%	49%	47%	14%	32%	38%	67%	29%	46%	48%	59%	36%	33%	43%	69%
				**			DE	*	G	G	GHI	*		L	KLM
That you might not be able to afford gasoline	466	231	233	1	100	142	224	46	123	164	132	47	96	137	185
	47%	48%	46%	17%	36%	41%	60%	31%	45%	49%	54%	36%	35%	49%	60%
				**			DE	*		G	GH	*		L	KLM
That economic hardship will mean that you have to delay future plans or life projects like buying a home, starting a family, traveling, etc.	339	172	166	-	55	84	199	40	101	119	79	34	42	90	173
	34%	35%	33%	-	20%	24%	53%	27%	36%	36%	33%	26%	15%	32%	56%
				**			DE	*				L*		L	KLM
That you won't be able to pay your full credit card bill	446	240	206	1	90	124	233	61	120	144	122	48	80	119	199
	45%	49%	41%	14%	32%	36%	62%	42%	44%	43%	50%	37%	29%	42%	64%
		B		**			DE	*				*		L	KLM
That you may have to use a line of credit to pay your credit card bill	513	263	250	1	95	158	261	84	134	162	134	44	96	151	222
	51%	54%	49%	17%	34%	46%	70%	58%	49%	48%	55%	34%	35%	54%	72%
				**		D	DE	*				*		KL	KLM
That you can't absorb any unexpected costs of \$1,000 or more	309	175	133	1	54	82	173	30	80	102	97	28	51	83	147
	31%	36%	26%	14%	19%	24%	46%	20%	29%	30%	40%	21%	18%	29%	47%
		B		**			DE	*			GHI	*		L	KLM