

By how much has your weekly grocery bill increased, if at all, in the last 6 months:

[illegible]

Ex. By how much has your weekly grocery bill increased, if at all, in the last 6 months: - Excluding \$201+

		REGION						HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION		Do you own a home?	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids	Yes	No
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
Base: All Answering (unwtd)	926	110	92	97	339	227	61	185	151	260	264	237	689	567	359
Base: All Answering (wtd)	928	123	102	61	361	223	58	229	169	233	218	223	704	512	416
\$0-\$50	361	47	38	26	131	99	21	65	76	103	92	53	308	221	140
	39%	38%	37%	42%	36%	44%	37%	29%	45%	44%	42%	24%	44%	43%	34%
		*	*	*			*		G	G	G		K	N	
\$51-\$100	264	39	30	15	103	56	20	82	42	54	67	76	187	140	124
	28%	32%	29%	25%	28%	25%	35%	36%	25%	23%	31%	34%	27%	27%	30%
		*	*	*			*	I							
\$101-\$150	69	10	3	3	30	23	-	11	21	16	14	28	42	28	41
	7%	8%	3%	5%	8%	10%	-	5%	12%	7%	6%	12%	6%	6%	10%
		*	*	*	F	F	*		G			L			M
\$151-\$200	71	10	12	6	29	7	7	21	9	27	12	35	37	39	32
	8%	8%	12%	11%	8%	3%	12%	9%	5%	11%	6%	15%	5%	8%	8%
		*	E*	E*	E		E*			J		L			
My grocery bill hasn't increased in the last 6 months	162	17	19	10	69	39	9	50	21	34	33	32	131	84	79
	18%	14%	19%	17%	19%	17%	16%	22%	13%	15%	15%	14%	19%	16%	19%
		*	*	*			*								
Sigma	928	123	102	61	361	223	58	229	169	233	218	223	704	512	416
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Summary															
\$1-\$50	361	47	38	26	131	99	21	65	76	103	92	53	308	221	140
	39%	38%	37%	42%	36%	44%	37%	29%	45%	44%	42%	24%	44%	43%	34%
		*	*	*			*		G	G	G		K	N	
\$0 or My grocery bill hasn't increased in the last 6 month	162	17	19	10	69	39	9	50	21	34	33	32	131	84	79
	18%	14%	19%	17%	19%	17%	16%	22%	13%	15%	15%	14%	19%	16%	19%
		*	*	*			*								
Mean	78.9	83.4	84.6	76.6	80.5	70.9	82.7	83.1	75.1	81.9	74.2	102.3	71.1	75.4	83.3
		*	*	*			*		*			L			
STD. DEV.	53.04	53.35	56.51	59.45	53.27	47.51	56.96	55.57	50.87	58.2	48.29	58.24	48.8	51.81	54.33
STD. ERR.	1.91	5.44	6.48	6.65	3.21	3.46	7.82	4.55	4.46	3.94	3.23	4.06	2.06	2.37	3.17
Median	60	75	66.7	50	74.25	50	72.89	75	50	50	60	100	50	50	75
Base: All Answering (Excluding 0)	765	106	83	50	292	185	49	179	148	199	185	192	574	428	337
Mean (Excluding 0)	78.9	83.4	84.6	76.6	80.5	70.9	82.7	83.1	75.1	81.9	74.2	102.3	71.1	75.4	83.3
		*	*	*			*		*			L			
STD. DEV. (Excluding 0)	53.04	53.35	56.51	59.45	53.27	47.51	56.96	55.57	50.87	58.2	48.29	58.24	48.8	51.81	54.33
STD. ERR. (Excluding 0)	1.91	5.44	6.48	6.65	3.21	3.46	7.82	4.55	4.46	3.94	3.23	4.06	2.06	2.37	3.17
Median (Excluding 0)	60	75	66.7	50	74.25	50	72.89	75	50	50	60	100	50	50	75

Which of the following have you done in 2024 in order to deal with the higher cost of living due to inflation?

		REGION						HOUSEHOLD INCOME				HOUSEHOLD COMPOSITION		Do you own a home?	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$40K	\$40K - <\$60K	\$60K - <\$100K	\$100K+	Kids	No Kids	Yes	No
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
Base: All Respondents (unwtd)	1001	123	105	100	364	239	70	200	162	285	283	271	730	615	386
Base: All Respondents (wtd)	1001	134	113	62	385	239	67	245	181	258	234	254	747	554	447
Cutting back on dining out	608	83	79	43	234	131	39	124	111	173	146	158	450	350	258
	61%	62%	70%	69%	61%	55%	58%	51%	61%	67%	62%	62%	60%	63%	58%
		*	E*	E*			*			G	G				
Looking at flyers for sales	607	82	64	33	237	148	42	142	121	147	137	143	464	337	271
	61%	61%	57%	53%	62%	62%	63%	58%	67%	57%	59%	56%	62%	61%	61%
		*	*	*			*								
Putting off purchases like new clothing, etc.	531	77	56	35	209	119	36	137	93	139	116	149	382	266	265
	53%	57%	49%	57%	54%	50%	53%	56%	51%	54%	50%	59%	51%	48%	59%
		*	*	*			*								M
Using a couponing or sale app to save money	353	49	37	17	147	83	20	79	61	91	97	109	244	200	153
	35%	36%	33%	28%	38%	35%	30%	32%	34%	35%	41%	43%	33%	36%	34%
		*	*	*			*					L			
Buying fewer fresh fruits and vegetables	345	52	40	20	140	67	26	103	68	84	60	89	256	155	189
	34%	39%	35%	32%	36%	28%	39%	42%	37%	33%	26%	35%	34%	28%	42%
		*	*	*			*	J	J						M
Switched my regular grocery store for one I think is cheaper	338	42	42	17	138	78	22	79	63	83	83	93	245	187	151
	34%	31%	37%	27%	36%	32%	33%	32%	35%	32%	36%	37%	33%	34%	34%
		*	*	*			*								
Eating less meat	330	42	42	16	120	82	29	86	65	87	63	85	245	171	160
	33%	31%	37%	26%	31%	34%	43%	35%	36%	34%	27%	34%	33%	31%	36%
		*	*	*			*								
Dipped into my personal savings to make ends meet	294	51	37	17	111	55	22	81	52	73	64	92	201	146	148
	29%	38%	32%	28%	29%	23%	33%	33%	29%	28%	27%	36%	27%	26%	33%
		E*	*	*			*					L			M
Pausing on saving for retirement	213	42	38	12	90	18	14	53	40	55	50	62	151	113	100
	21%	32%	33%	19%	23%	7%	20%	22%	22%	22%	22%	24%	20%	20%	22%
		E*	CE*	E*	E		E*								
Using money I was setting aside for retirement	146	26	22	11	58	16	13	33	34	38	35	38	108	88	58
	15%	19%	19%	18%	15%	7%	19%	13%	19%	15%	15%	15%	15%	16%	13%
		E*	E*	E*	E		E*								
Accessing food banks	115	12	10	8	49	26	11	69	22	16	5	31	84	25	90
	11%	9%	9%	12%	13%	11%	16%	28%	12%	6%	2%	12%	11%	5%	20%
		*	*	*			*	HIJ	J	J					M
Delayed or did not renew a medical prescription	97	16	9	5	33	24	11	24	16	30	19	32	65	41	56
	10%	12%	8%	7%	8%	10%	16%	10%	9%	12%	8%	12%	9%	7%	13%
		*	*	*			*								M
None of the above	75	4	9	7	26	25	4	19	5	18	27	9	65	51	24
	7%	3%	8%	12%	7%	11%	6%	8%	3%	7%	11%	4%	9%	9%	5%
		*	*	A*		A	*				H		K	N	
Sigma	4052	578	482	241	1591	872	288	1028	749	1035	903	1091	2961	2129	1922
	405%	431%	426%	388%	413%	365%	430%	419%	414%	402%	385%	430%	396%	385%	430%