

Which of the following have you done in 2024 in order to deal with the higher cost of living?

		Gender			AGE			EDUCATION				Generation			
	Total	Male	Female	Other/Prefer not to answer	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad	Gen Z	Millennial	Gen X	Boomer
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
Base: All Respondents (unwtd)	1000	470	515	15	261	391	348	27	186	370	417	107	307	318	268
Base: All Respondents (wtd)	1000	482	503	15	281	346	373	146	276	335	243	143	274	303	281
Cutting back on entertainment	474	222	239	12	135	185	154	72	130	164	108	64	137	161	111
	47%	46%	48%	83%	48%	53%	41%	49%	47%	49%	45%	45%	50%	53%	39%
				**		F		**				*	N	N	
Cutting back on dining out	548	263	276	9	159	193	196	56	164	199	129	77	147	172	152
	55%	55%	55%	59%	57%	56%	53%	38%	59%	60%	53%	54%	54%	57%	54%
				**				**				*			
Cutting back on travel outside the country	229	124	102	3	49	94	85	20	51	90	68	27	49	82	70
	23%	26%	20%	20%	18%	27%	23%	13%	19%	27%	28%	19%	18%	27%	25%
				**		D		**		H	H	*		L	
Cutting back on travel inside the country	262	127	133	2	67	98	98	31	76	97	59	34	66	95	68
	26%	26%	26%	16%	24%	28%	26%	21%	28%	29%	24%	24%	24%	31%	24%
				**				**				*			
More car pooling/fewer car trips	105	51	53	2	40	43	22	10	26	38	32	27	34	32	12
	11%	11%	10%	12%	14%	13%	6%	7%	9%	11%	13%	19%	13%	11%	4%
				**	F	F		**				N*	N	N	
Cutting back on organized sports for my kids	32	12	20	-	12	17	4	6	7	6	12	1	16	15	1
	3%	2%	4%	-	4%	5%	1%	4%	3%	2%	5%	1%	6%	5%	*
				**	F	F		**			I	*	N	N	
Switched my regular grocery store for one I think is cheaper	281	127	149	5	91	98	93	45	70	94	73	48	77	90	66
	28%	26%	30%	32%	32%	28%	25%	31%	25%	28%	30%	34%	28%	30%	23%
				**				**				*			
Looking at flyers for sales	509	227	279	3	116	175	218	58	135	195	121	64	122	161	163
	51%	47%	55%	22%	41%	50%	59%	40%	49%	58%	50%	45%	44%	53%	58%
			A	**			D	**		J		*			L
Using a couponing or sale app to save money	328	128	199	2	98	121	110	46	82	125	75	48	98	102	81
	33%	27%	39%	12%	35%	35%	29%	31%	30%	37%	31%	33%	36%	34%	29%
			A	**				**				*			
Eating less meat	273	103	166	4	73	92	108	60	66	88	59	36	84	78	75
	27%	21%	33%	26%	26%	27%	29%	41%	24%	26%	24%	25%	31%	26%	27%
			A	**				**				*			
Pausing on saving for retirement	157	61	94	2	44	68	45	29	32	58	38	13	59	59	26
	16%	13%	19%	10%	16%	20%	12%	20%	11%	17%	16%	9%	21%	19%	9%
				**		F		**				*	KN	N	
Dipped into my personal savings to make ends meet	249	121	124	5	73	102	74	30	58	109	52	44	66	87	52
	25%	25%	25%	32%	26%	30%	20%	21%	21%	33%	21%	31%	24%	29%	19%
				**		F		**		HJ		*		N	
Considered moving somewhere with a lower cost of living than where I live now	149	75	72	1	68	47	34	25	37	52	35	42	48	42	17
	15%	16%	14%	8%	24%	14%	9%	17%	13%	16%	14%	29%	18%	14%	6%
				**	EF			**				MN*	N	N	
Buying fewer fresh fruits and vegetables	279	130	142	7	89	101	90	63	70	91	54	41	83	95	60
	28%	27%	28%	47%	32%	29%	24%	43%	26%	27%	22%	29%	30%	31%	21%
				**				**				*		N	
Putting off purchases like new clothing, etc.	431	180	242	9	151	165	116	62	112	153	104	76	136	141	78
	43%	37%	48%	58%	54%	48%	31%	42%	40%	46%	43%	53%	50%	47%	28%
			A	**	F	F		**				N*	N	N	
Telling my kids "no" more often	67	29	38	-	20	42	5	6	16	28	17	1	33	30	2
	7%	6%	8%	-	7%	12%	1%	4%	6%	8%	7%	1%	12%	10%	1%
				**	F	F		**				*	KN	KN	
Using money I was setting aside for retirement	139	71	66	1	36	49	54	25	27	53	34	8	41	57	32
	14%	15%	13%	6%	13%	14%	14%	17%	10%	16%	14%	6%	15%	19%	11%
				**				**				*		KN	
Delayed or did not renew a medical prescription	94	41	50	3	46	31	18	25	27	25	17	22	37	25	11
	9%	9%	10%	21%	16%	9%	5%	17%	10%	7%	7%	15%	13%	8%	4%
				**	EF			**				N*	N		
Accessing food banks	101	45	53	4	45	44	12	25	36	26	14	23	40	31	7
	10%	9%	10%	24%	16%	13%	3%	17%	13%	8%	6%	16%	15%	10%	2%
				**	F	F		**	IJ			N*	N	N	
Made purchases through micro payments rather than a one-time payment	105	45	60	-	37	47	22	14	29	42	20	20	36	35	14
	11%	9%	12%	-	13%	13%	6%	10%	10%	13%	8%	14%	13%	12%	5%
				**	F	F		**				N*	N	N	
Putting off buying a home	104	55	47	2	59	32	14	18	22	39	25	27	52	18	8
	10%	11%	9%	12%	21%	9%	4%	12%	8%	12%	10%	19%	19%	6%	3%
				**	EF	F		**				MN*	MN		
Cut down on holiday spending	364	166	191	7	97	140	127	45	91	138	90	50	104	126	84
	36%	35%	38%	49%	34%	41%	34%	31%	33%	41%	37%	35%	38%	42%	30%
				**				**				*		N	
Cutting back on back-to-school spending (school supplies, new clothes, etc.)	61	19	42	*	30	28	3	18	15	18	11	11	33	16	1
	6%	4%	8%	2%	11%	8%	1%	13%	5%	5%	4%	8%	12%	5%	*
			A	**	F	F		**				N*	MN	N	
Switched or looking for a mortgage broker to try to get a better rate	21	14	7	-	9	7	5	-	4	9	7	3	8	7	3
	2%	3%	1%	-	3%	2%	1%	-	1%	3%	3%	2%	3%	2%	1%
				**				**				*			
Switched my bank to one that offers better deals or programs	65	32	33	-	25	27	12	6	12	30	16	12	26	18	9
	6%	7%	7%	-	9%	8%	3%	4%	4%	9%	7%	8%	9%	6%	3%
				**	F	F		**		H		*	N		
None of the above	112	61	50	1	27	22	63	29	28	30	25	16	16	31	49
	11%	13%	10%	8%	10%	6%	17%	20%	10%	9%	10%	11%	6%	10%	17%
				**			E	**				*			LM
Sigma	5540	2531	2926	84	1693	2066	1781	825	1424	1997	1295	836	1650	1806	1249
	554%	525%	581%	560%	603%	597%	477%	565%	516%	596%	533%	585%	603%	597%	444%

How concerned are you about the following? - That economic hardship will mean that you have to delay future plans or life projects like buying a home, starting a family, traveling, etc.

[illegible]

2_15. How concerned are you about the following? - That you can't absorb any unexpected costs of \$1,000 or more

[illegible]

How concerned are you about the following? - T2B Summary

	Gender				AGE			EDUCATION				Generation			
	Total	Male	Female	Other/Pref er not to answer	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad	Gen Z	Millennial	Gen X	Boomer
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
That you might not have enough money to feed your family	430	214	211	5	170	173	87	85	115	136	94	87	148	140	56
	43%	45%	42%	30%	60%	50%	23%	58%	42%	40%	38%	61%	54%	46%	20%
				**	F	F		**				N*	N	N	
That you might not be able to afford gasoline	417	199	210	8	160	156	101	95	118	117	87	87	132	130	68
	42%	41%	42%	53%	57%	45%	27%	65%	43%	35%	36%	61%	48%	43%	24%
				**	EF	F		**				MN*	N	N	
That economic hardship will mean that you have to delay future plans or life projects like buying a home, starting a family, traveling, etc.	631	294	322	15	226	252	153	97	171	210	153	118	211	195	107
	63%	61%	64%	100%	80%	73%	41%	67%	62%	63%	63%	83%	77%	65%	38%
				**	F	F		**				MN*	MN	N	
That you won't be able to pay your full credit card bill	477	231	236	11	173	183	122	78	131	164	105	82	159	158	78
	48%	48%	47%	70%	62%	53%	33%	53%	48%	49%	43%	57%	58%	52%	28%
				**	F	F		**				N*	N	N	
That you may have to use a line of credit to pay your credit card bill	414	215	191	8	152	167	96	60	115	137	103	81	134	136	62
	41%	45%	38%	51%	54%	48%	26%	41%	42%	41%	42%	57%	49%	45%	22%
				**	F	F		**				N*	N	N	
That you can't absorb any unexpected costs of \$1,000 or more	625	286	328	12	221	242	162	123	179	200	124	120	192	211	102
	63%	59%	65%	81%	79%	70%	44%	84%	65%	60%	51%	84%	70%	70%	36%
				**	F	F		**	J	J		LMN*	N	N	

How concerned are you about the following? - B2B Summary

	Gender				AGE			EDUCATION				Generation			
	Total	Male	Female	Other/Pref er not to answer	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad	Gen Z	Millennial	Gen X	Boomer
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
That you might not have enough money to feed your family	570	267	292	10	111	173	286	61	161	199	149	56	126	163	225
	57%	55%	58%	70%	40%	50%	77%	42%	58%	60%	62%	39%	46%	54%	80%
				**			DE	**				*			KLM
That you might not be able to afford gasoline	583	283	293	7	121	190	272	51	158	218	156	56	141	173	213
	58%	59%	58%	47%	43%	55%	73%	35%	57%	65%	64%	39%	52%	57%	76%
				**		D	DE	**				*		K	KLM
That economic hardship will mean that you have to delay future plans or life projects like buying a home, starting a family, traveling, etc.	369	187	181	-	55	94	220	49	105	125	90	25	63	107	174
	37%	39%	36%	-	20%	27%	59%	33%	38%	37%	37%	17%	23%	35%	62%
				**			DE	**				*		KL	KLM
That you won't be able to pay your full credit card bill	523	251	268	4	108	163	251	68	145	171	138	61	114	144	203
	52%	52%	53%	30%	38%	47%	67%	47%	52%	51%	57%	43%	42%	48%	72%
				**			DE	**				*			KLM
That you may have to use a line of credit to pay your credit card bill	586	266	312	7	129	179	277	86	161	198	140	62	139	166	219
	59%	55%	62%	49%	46%	52%	74%	59%	58%	59%	58%	43%	51%	55%	78%
				**			DE	**				*			KLM
That you can't absorb any unexpected costs of \$1,000 or more	375	196	176	3	60	104	211	23	97	135	119	23	82	92	179
	37%	41%	35%	19%	21%	30%	56%	16%	35%	40%	49%	16%	30%	30%	64%
				**			DE	**			HI	*	K	K	KLM