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# Background, sample & methodology

## Background, sample & methodology

#### **Business context**

The Pfizer vaccines team commissioned Ipsos to conduct primary market research to assess the behaviour linked to meningitis risk factors of adolescents and young adults in key European markets

#### **Research objectives**

- Measure awareness and perceptions of meningococcal meningitis among adolescents, young adults and parents
- Identify the type of social activities and frequency of engagement in them among adolescents and young adults
- Measure the level of association between social activities and the risk of contracting meningococcal meningitis
- Measure awareness, knowledge and coverage of vaccination



#### Methodology

The research focused on adolescents, young adults and parents. Participants completed an 15-minute online survey. Participants were recruited from access panels and interviews were carried out between February-June 2018



#### Sample

	Total	France	Greece	Italy	Portugal	Spain
Adolescents (15-17 years)	1438	300	288	300	250	300
Young adults (18-24 years)	1501	300	301	300	300	300
Parents of adolescents/ young adults	1621	330	317	333	301	340

## Quotas & weighting

#### Quotas

Quotas were imposed to ensure national representation based on age, gender and region

### Weighting

Corrective weights have been applied to bring the sample in line with the population profile. The data presented in this report have been weighted on two separate levels:

- Country level distribution\*: To ensure national representation based on age, gender and region (across all three groups), for each market separately
- Combined market-level distribution: To ensure that each market is sufficiently represented according to its population profile. Calculated for all data presented at a 'Total level' (i.e. all five markets combined)

#### Combined market-level distribution



Adolescents (15-17)



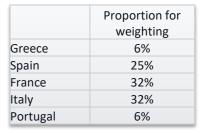
Young Adults (18-24)



Parents of adolescents & young adults (15-24)

	Proportion for weighting
Greece	5%
Spain	21%
France	40%
Italy	28%
Portugal	6%

	Proportion for
	weighting
Greece	6%
Spain	23%
France	38%
Italy	28%
Portugal	5%





Total level (all markets)

The above combined market-level weighting distributions are relevant for all slides in this report marked 'Total level (all markets)', whereby the more densely populated countries (France, Italy, Spain) are awarded a greater 'weight' in terms of the responses given



# Main findings



## Main findings: Overall summary

Most adolescents and young adults do not see themselves as being more at risk than other groups

- Awareness of meningococcal meningitis is lower than other diseases, with lower awareness amongst adolescents, and particularly young adults, compared to parents
- Only around one third of young adults and 4 in 10 adolescents believe their age group is at higher risk than the average population of contracting meningitis
- Almost two thirds of young adults (and 6 in 10 adolescents) aware of meningococcal meningitis are not personally concerned about catching it

Many social activities they engage in are not associated with risk either

- Many adolescents and young adults frequently participate in activities that are associated with a higher than average risk of contracting meningitis
- However, most adolescents and young people <u>do not</u> associate many of the activities they engage in with a higher than average risk of contracting meningitis

Vaccination awareness and general understanding is lower for meningitis compared with other diseases

- Belief in receiving vaccinations in general is low; one third of young adults do not believe in having all recommended vaccinations
- In comparison to other vaccine preventable diseases, perceived ability to be vaccinated against meningitis is lower than other diseases
- Amongst those aware of meningitis, only a minority have considered getting the vaccine for themselves/their children



## Main findings: Country comparisons (1 of 3)

### Most adolescents and young adults do not see themselves as being more at risk than other groups

## Main finding

- Awareness of meningococcal meningitis is lower than other diseases, with lower awareness amongst adolescents, and particularly young adults, compared to parents
- Only around one third of young adults and 4
  in 10 adolescents believe their age group is at
  higher risk than the average population of
  contracting meningitis
- Almost two thirds of young adults (and 6 in 10 adolescents) aware of meningococcal meningitis are not personally concerned about catching it

### **Country differences**

- Awareness of meningococcal meningitis is lowest in Portugal (particularly among young adults) and highest in Italy (across all three groups adolescents, young adults and parents)
- A significantly lower proportion of adolescents and young adults in Portugal believe that their age group is at a higher risk, whilst those in Italy report an overall higher awareness of this increased risk
- Adolescents and young adults in France are least concerned over personally catching meningitis, whilst almost 7 in 10 young adults in Greece report not being concerned



## Main findings: Country comparisons (2 of 3)

#### Many social activities they engage in are not associated with risk either

#### **Main finding**

- Many adolescents and young adults frequently participate in activities that are associated with a higher than average risk of contracting meningitis
- However, most adolescents and young people
   <u>do not associate</u> many of the activities they
   engage in with a higher than average risk of
   contracting meningitis

### **Country differences**

- Both adolescents and young adults in **Italy** and **Spain** are most likely to be engaging in activities that put them at a heightened risk of contracting meningitis
  - In contrast, those in France, and particularly Portugal, report a lower frequency of engaging in such activities
  - Adolescents and young adults in France are least likely to associate most activities with a heightened risk of contracting meningitis
    - However, there is a **greater awareness** of the risks associated with the various activities amongst those in **Italy**

## Main findings: Country comparisons (3 of 3)

Vaccination awareness and general understanding is lower for meningitis compared with other diseases

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#### **Main finding**

- Belief in receiving vaccinations in general is low; one third of young adults do not believe in having all recommended vaccinations
- In comparison to other vaccine preventable diseases, perceived ability to be vaccinated against meningitis is lower than other diseases
- Amongst those aware of meningitis, only a minority have considered getting the vaccine for themselves/their children

### **Country differences**

- Belief in vaccination is lowest in France (for adolescents, young adults and parents),
   whilst those in Portugal exhibit the overall strongest belief in vaccination in general
- More than half of adolescents in Spain and over 7 in 10 young adults in Greece do not
  think it possible or don't know that is possible to be vaccinated against meningitis
  (concurrent with the lower awareness reported by parents in these markets), whilst
  there is generally good awareness of the vaccine in Italy
- The majority of adolescents and parents in France have <u>not considered</u> vaccination against meningitis (for themselves or their children, respectively). In contrast, two thirds of parents and almost half of adolescents in Portugal have considered being vaccinated against the disease (a similar proportion to that seen amongst young adults in Italy)

## Main findings: Country comparison summary











	France	Greece	Italy	Portugal	Spain
Awareness of meningococcal meningitis	Moderate (>65% in all groups)	Moderate (>70% in all groups)	Very high (>80% in all groups)	Low (lowest across all groups)	Moderate (>70% in all groups)
Agreement with statement: Adolescents and young adults are at higher risk than the average population to contract meningococcal meningitis	Moderate (>35% in all groups)	Moderate (>25% in all groups)	High (>40% in all groups)	Low (<30% agreement in all groups)	Moderate (>25% in all groups)
Concern over contracting meningitis	Very low (especially for adolescents, >60% not concerned)	Low (especially for young adults, >60% not concerned)	Moderate (>40% not concerned)	Moderate (>35% not concerned)	High (for parents, >65% concerned)
Frequency of engaging in activities with associated risk for contracting meningitis	Low	Moderate	High	Low	High
Association of activities engaged in with risk for contracting meningitis	Low	Moderate	High	Moderate	Moderate
Overall belief in vaccination	Very low (<65% agreement, adolescents, young adults)	Moderate (>65% agreement, adolescents, young adults)	Moderate (>75% agreement, adolescents, young adults)	High (>85% agreement, all groups)	Moderate (>75% agreement, adolescents, young adults)
Awareness of possibility to be vaccinated against meningitis	Moderate (>60% awareness, adolescents, parents)	Low (<50% awareness, young adults, parents)	High (>70% awareness, all groups)	Moderate (>65% awareness, adolescents, parents)	Low (<50% awareness, adolescents, young adults)
Current consideration for meningitis vaccine	Low (<20% adolescents, young adults)	Moderate (>25% all groups)	High (>40% adolescents, >50% young adults)	High (>65% parents, >45% adolescents)	Very low (<15% adolescents, young adults)

## Main findings: Implications

### Overall country profile



### Implications – future strategy



Representing the market that is **least engaged with vaccination** in general, together with lower overall association of risk factors contributing to contracting meningitis, France poses a **challenge** for Pfizer...

Efforts for this market should focus on **building awareness of the risk factors** for meningococcal meningitis, and in doing so increasing understanding surrounding contracting the disease to widen potential vaccination appeal and uptake.



A **low overall concern** over contracting meningitis (particularly among young adults), along with a low reported awareness of the possibility to be vaccinated...

Similar to France, **increasing the overall understanding** with regard to meningitis in general (the disease itself, risk factors, possibility to be vaccinated) will help support the case of vaccination here.



Representing the 'highest potential' market, results indicate that the majority of the population is already aware of the dangers of contracting meningitis; there is already a high consideration for vaccination even among those not vaccinated...

In order to cement meningitis as a 'must have' vaccination, the key objectives in Italy should be continued education, together with taking action on the already-instilled awareness and the high intent to vaccinate.



Portugal represents a **sizeable opportunity** for Pfizer; while there is **low overall awareness** for meningitis and its risk factors, there is a **strong belief in vaccination**, as well as an already high consideration for the meningitis vaccine...

Harnessing the strong belief in vaccination will be crucial in this market (particularly among parents), as will building awareness of the disease in line with other vaccine-preventable diseases.



Whilst those in Spain **demonstrate** a **strong concern** for contracting meningitis, together with a high participation rate for the various risk factors, there is little to **no consideration for the vaccine** at present...

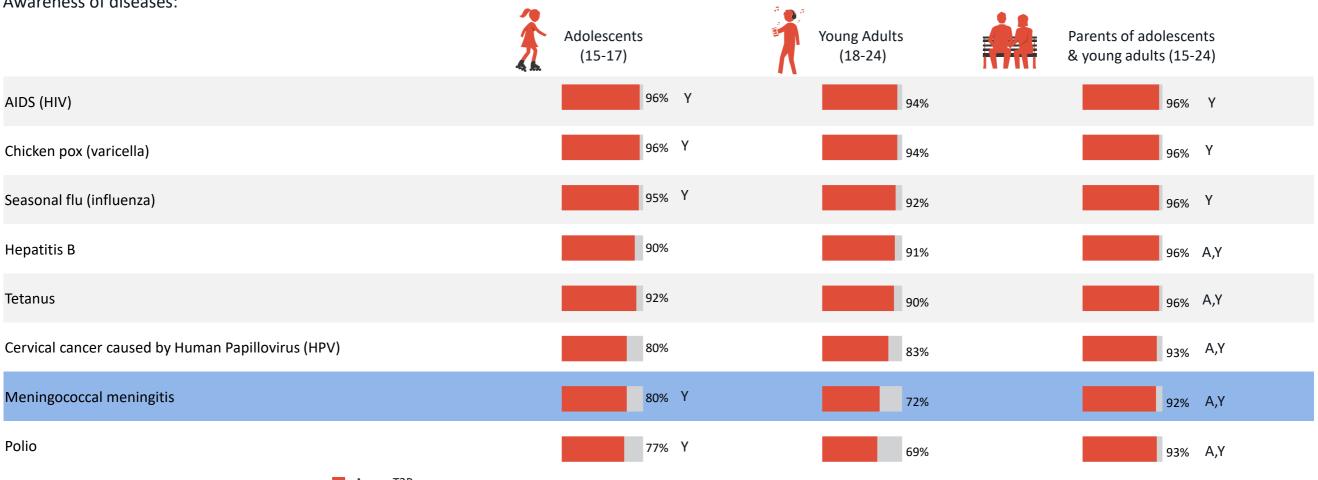
The focus for Spain should be to **promote the association** between the various risk factors and contracting the disease, together with increasing awareness of the availability of the vaccine.



# Awareness and perceptions of meningococcal meningitis

## In the context of other diseases, awareness of meningococcal meningitis is lower than other diseases, particularly amongst young adults

Awareness of diseases:

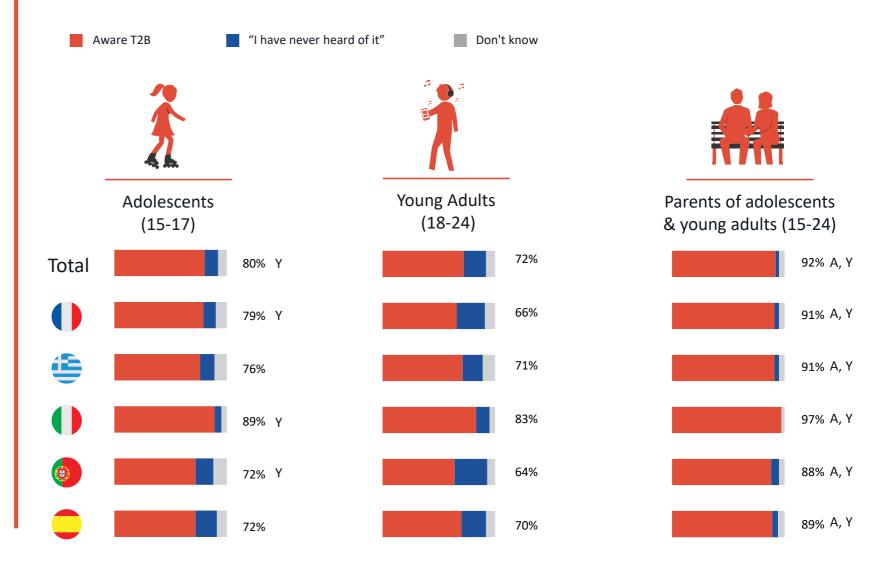


Aware T2B

In general awareness of meningitis is lower for young adults compared to adolescents. In France, Italy and Portugal, adolescents have significantly greater awareness than young adults

Across all markets parents have significantly greater awareness of meningococcal meningitis than adolescents and young adults

#### Awareness of meningococcal meningitis:



Looking at perceptions of risk, across groups a majority don't agree or don't know whether adolescents or young adults are at greater risk of contracting meningitis

Fewer young adults perceive their age group to be at greater risk - a greater proportion of parents and adolescents agree that adolescents and young adults are at higher risk

In Greece and Italy this difference is significant. In France, parents have significantly greater agreement than both adolescents and young adults

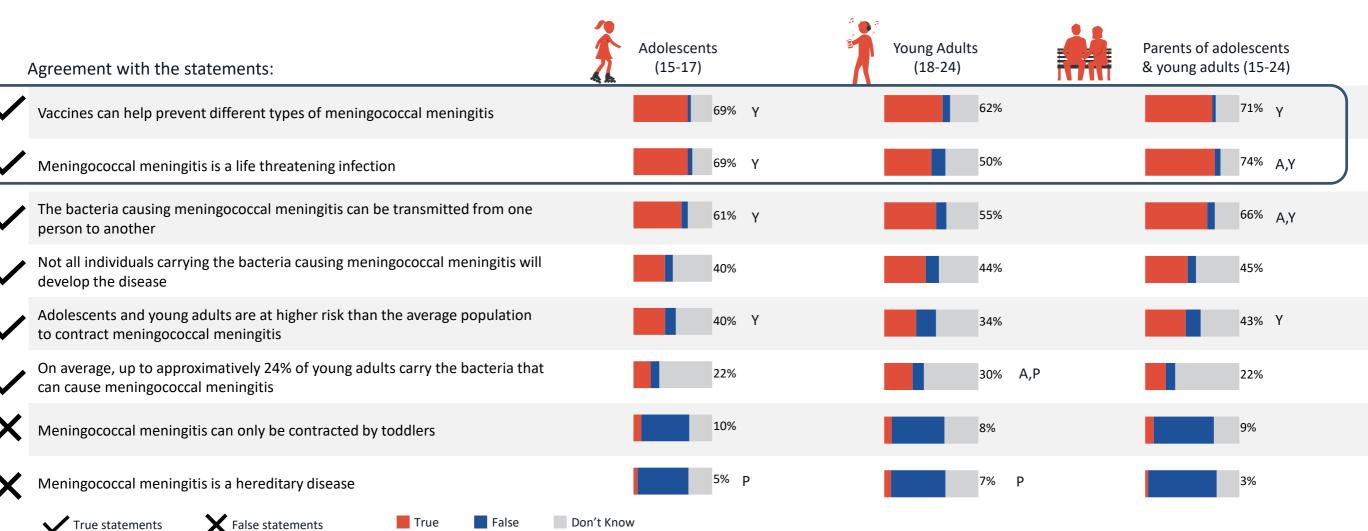
Agreement with the statement:

"Adolescents and young adults are at higher risk than the average population to contract meningococcal meningitis"





# More than a **third of adolescents and young adults either don't agree or don't know that vaccines can help prevent** different types of meningitis or that it is a **life threatening infection**; over a quarter of parents don't agree or know



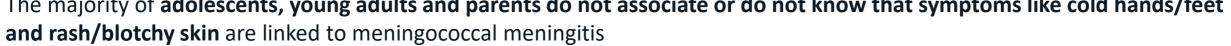
Q20. Please indicate which of the following statements you think is true or false. Base: Aware of Meningitis: Adolescents (15-17 years) (n=1081); Parents of adolescents & young adults (15-24) (n=1491). A, Y, P = statistically significant difference between groups at 95% CI (A=adolescents, Y=young adults, P=parents)

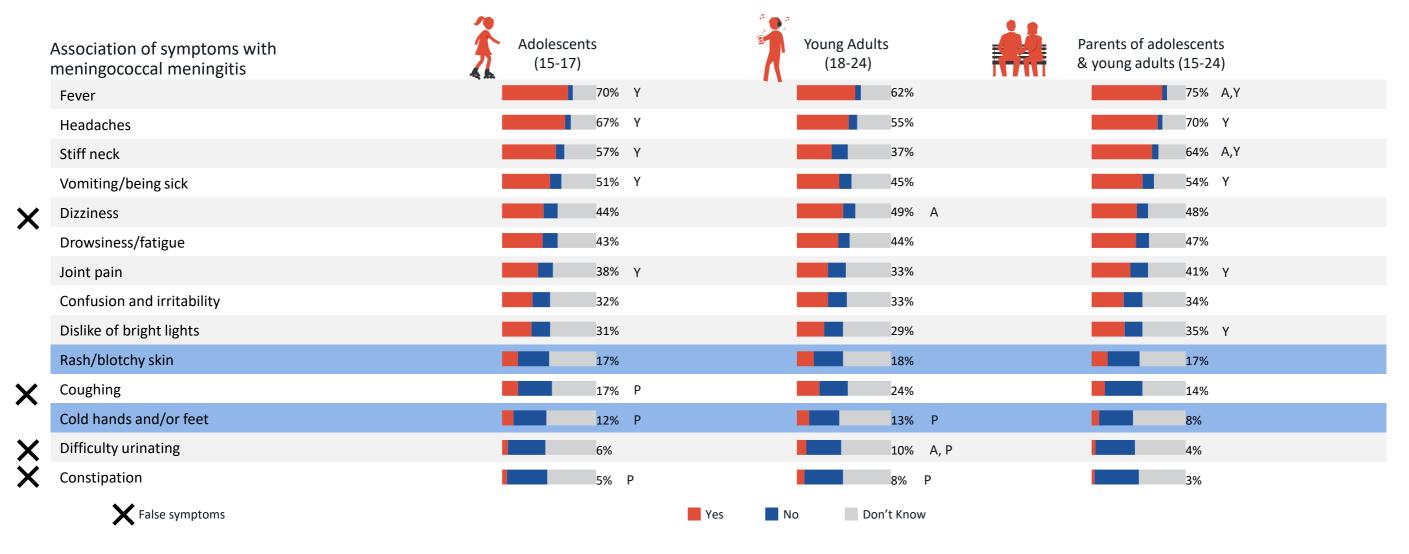




markets)

## The majority of adolescents, young adults and parents do not associate or do not know that symptoms like cold hands/feet





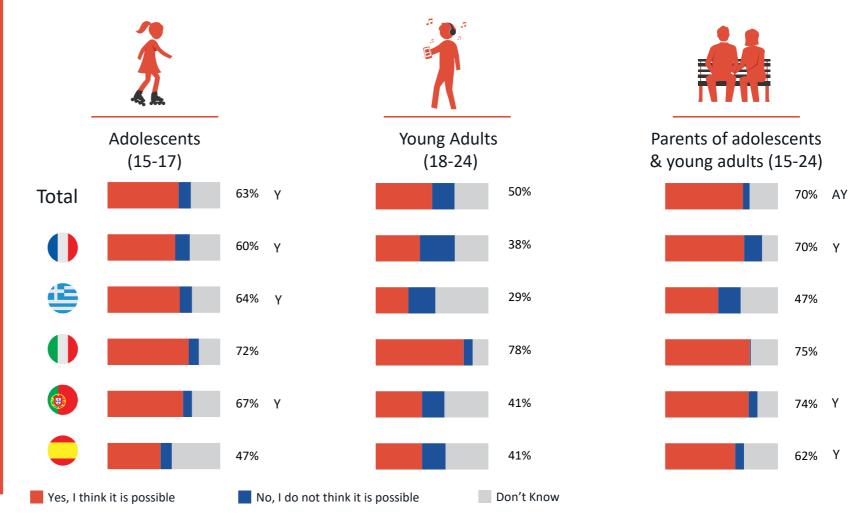
Across all markets, except Italy, awareness of the meningococcal meningitis vaccine is lower amongst young adults than parents and adolescents

Amongst young adults, awareness of the vaccination is lowest in Greece, with over 7 in 10 who don't know or think it is not possible to be vaccinated against the disease

Overall awareness of the vaccine is **highest in Italy** compared to the other markets

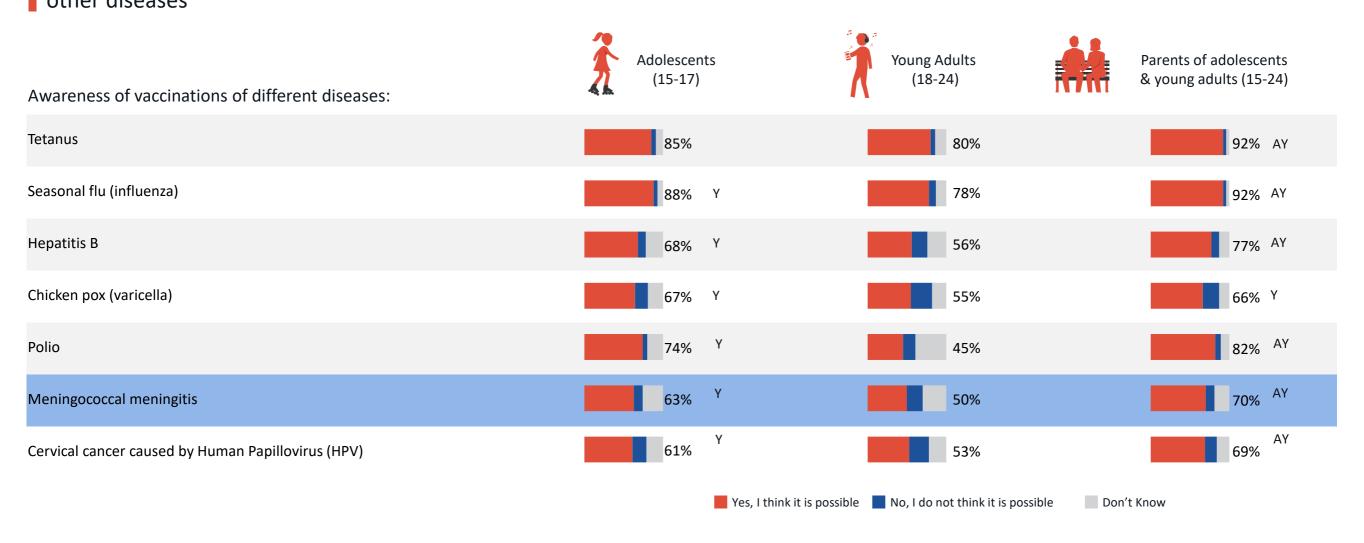
## Awareness of possibility to vaccinated against meningitis:

(GR, IT, ES: amongst those not vaccinated; FR, PT: amongst those aware of meningococcal meningitis)



Q17. Do you know if that it is possible to be vaccinated against of the following diseases? Base: aware of meningococcal meningitis (FR/PT)/not vaccinated against meningococcal meningitis (GR, IT, ES): Adolescents (n=336); Young adults (n=317); Parents (n=630). A, Y, P = statistically significant difference between groups at 95% CI (A=adolescents, Y=young adults, P=parents)

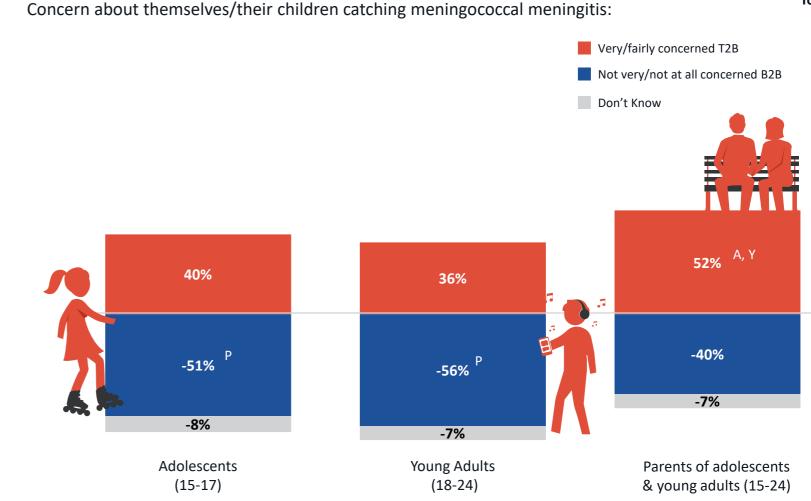
## **Across all groups**, a **smaller proportion think it possible to be vaccinated** against meningococcal meningitis compared to other diseases



Total level (all markets)

Over half of adolescents and young adults, aware of meningococcal meningitis, are not personally concerned about catching it

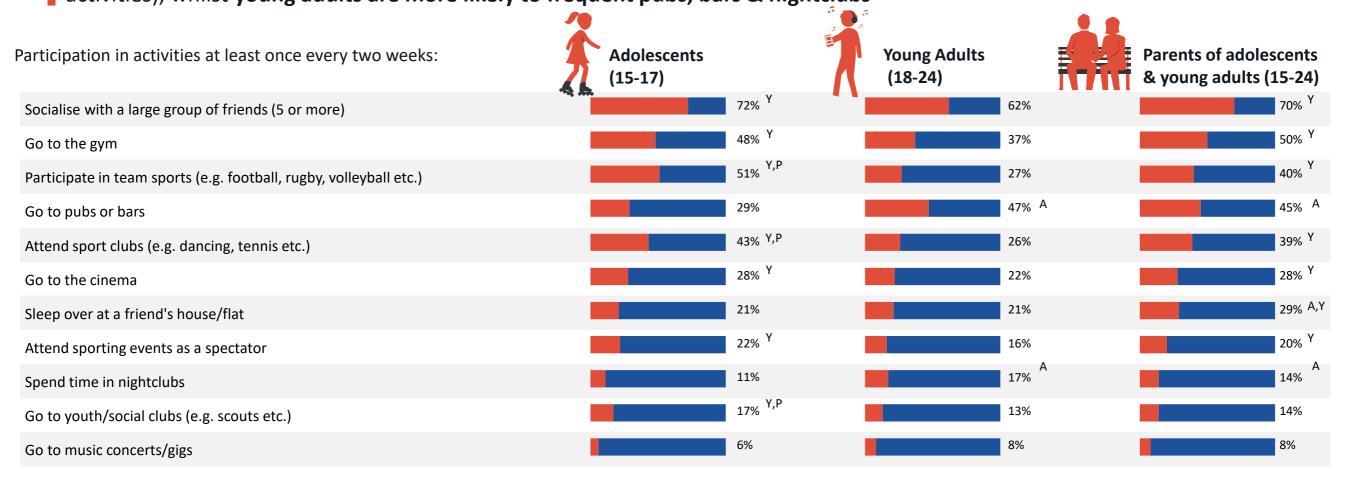
Concern is slightly greater amongst parents, with just under half of those aware of meningococcal meningitis not concerned about their children catching it





# Behaviours related to meningococcal meningitis

## Overall, adolescents partake in the various activities more frequently compared with young adults (particularly sporting activities), whilst young adults are more likely to frequent pubs, bars & nightclubs

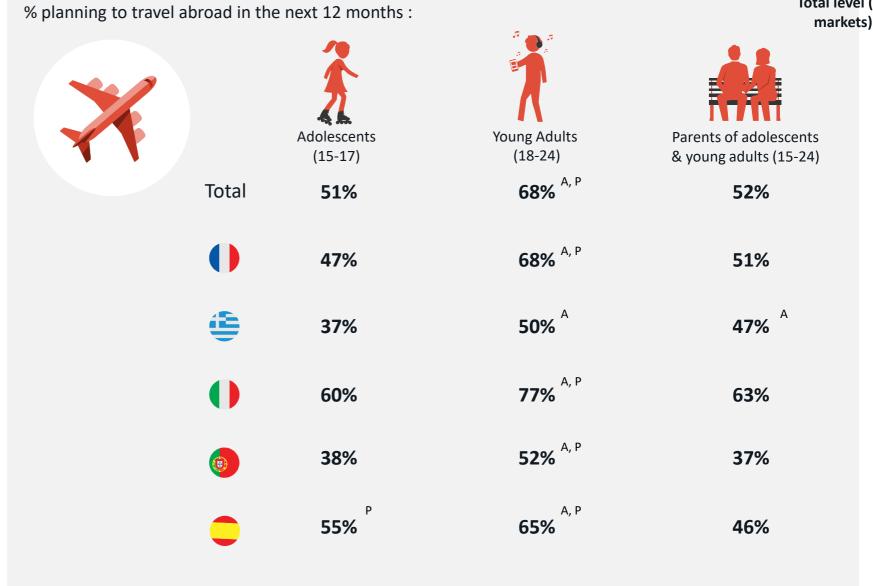


At Least Once Every 2 Weeks

Two-thirds of young adults and just over half of adolescents plan to travel abroad within the next 12 months

Across all markets, young adults exhibit a higher intent to travel abroad compared to that seen for adolescents

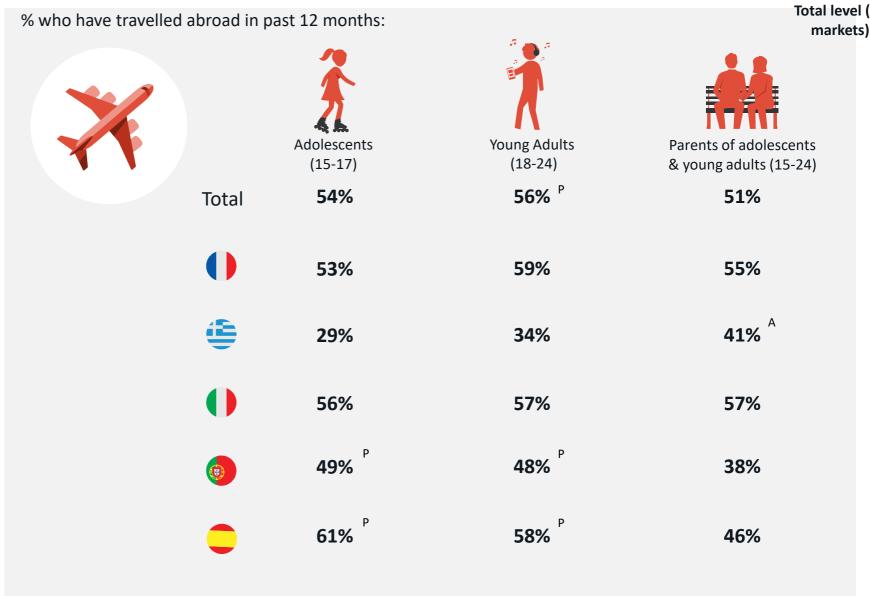
In Spain, there is somewhat of a disconnect between the travel plans of both adolescents and young adults, compared to what their parents predict



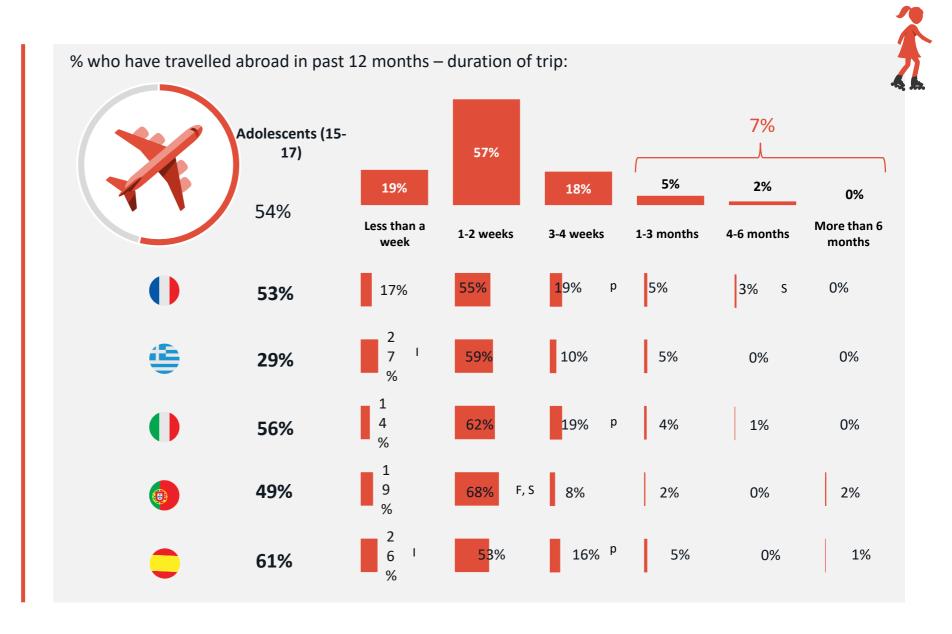
Total level (all

In the past year, just over half of adolescents and young adults have travelled abroad, which is slightly higher than what their parents believe to be the case

Adolescents in **Spain** are most well travelled overall, followed by **Italy** and **France**, which is also true of young adults

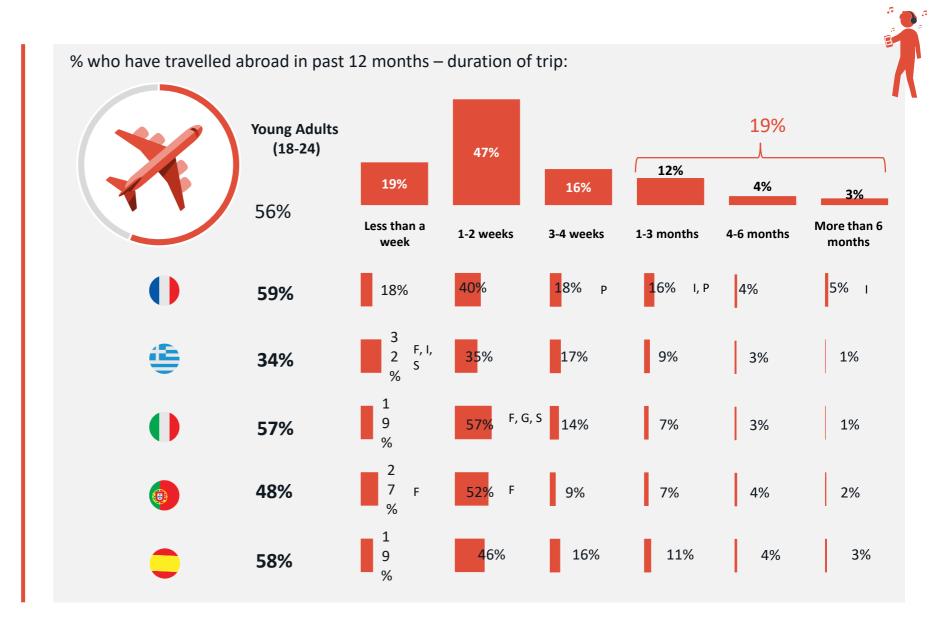


For the majority of adolescents that have been abroad in the last 12 months, most trips are short-term (1-2 weeks), although 1 in 5 report a slightly longer duration (3-4 weeks)

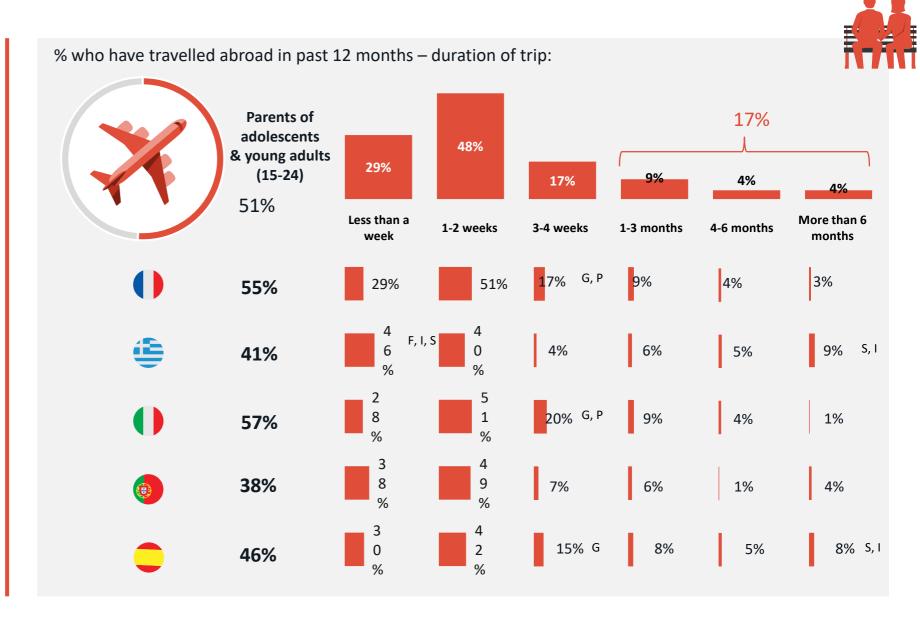


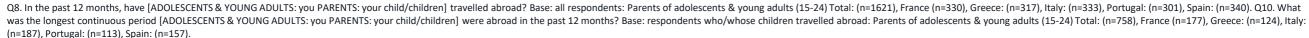
Although most travel is short term, a fifth of young adults have travelled abroad for a period of one month or more in the last 12 months

Young adults in France report the longest duration of travel in general; 1 in 4 report having been away for one month or more in the last year



Parents concur that most travel taking place in the last 12 months has been on a short term basis, though just under 1 in 5 mention travel of one month or more



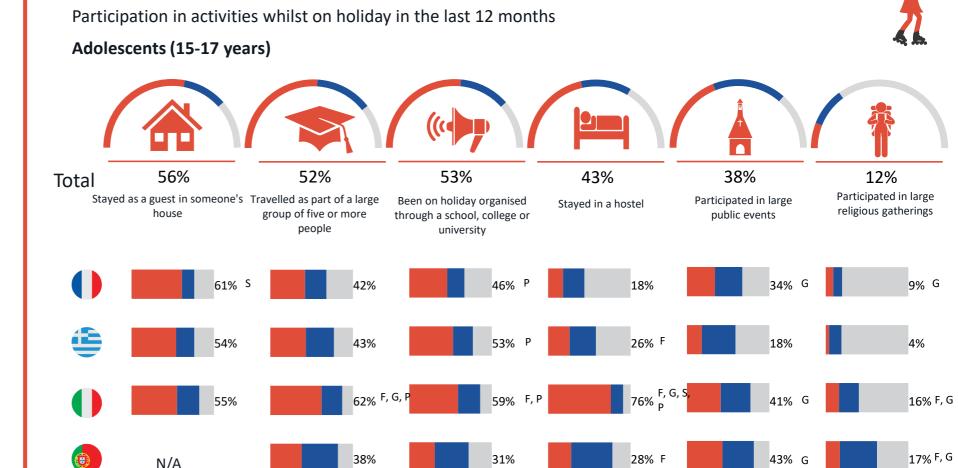


13% G

Just over a half of adolescents have stayed as a guest in someone's house whilst on holiday in the last 12 months

In addition, a similar proportion have travelled as part of a **large group** or have been abroad as part of a **school trip** 

Travelling abroad on school trips or in large groups is more commonplace in **Spain and Italy** 



Yes- have done already

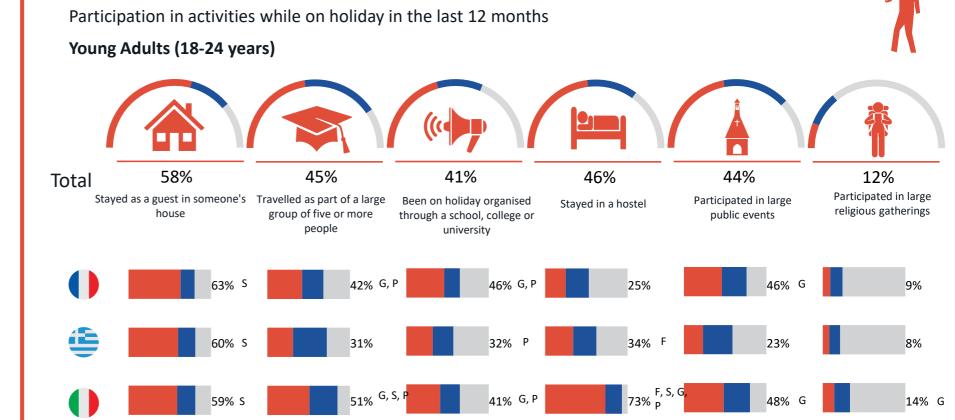
No – but would like to in future

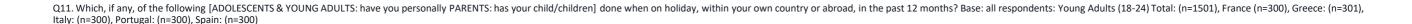
15% F, G

13% G

Similarly for young adults, almost 6 out of 10 (58%) have stayed as a **guest in someone's house** whilst on holiday in the last 12 months

Similar to that reported by adolescents, young adults in Italy are more likely to have stayed in hostel accommodation whilst abroad, compared to all other markets





No – but would like to in future

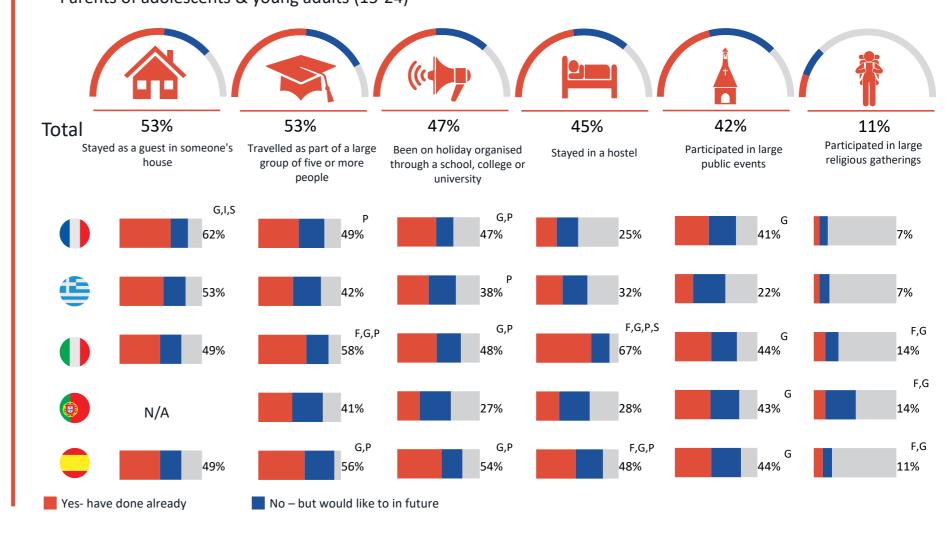
N/A

Yes- have done already

Just over half of parents report that their children have stayed as a guest in someone's house or travelled as part of a large group in the last 12 months

Participation in activities while on holiday in the last 12 months (their children)

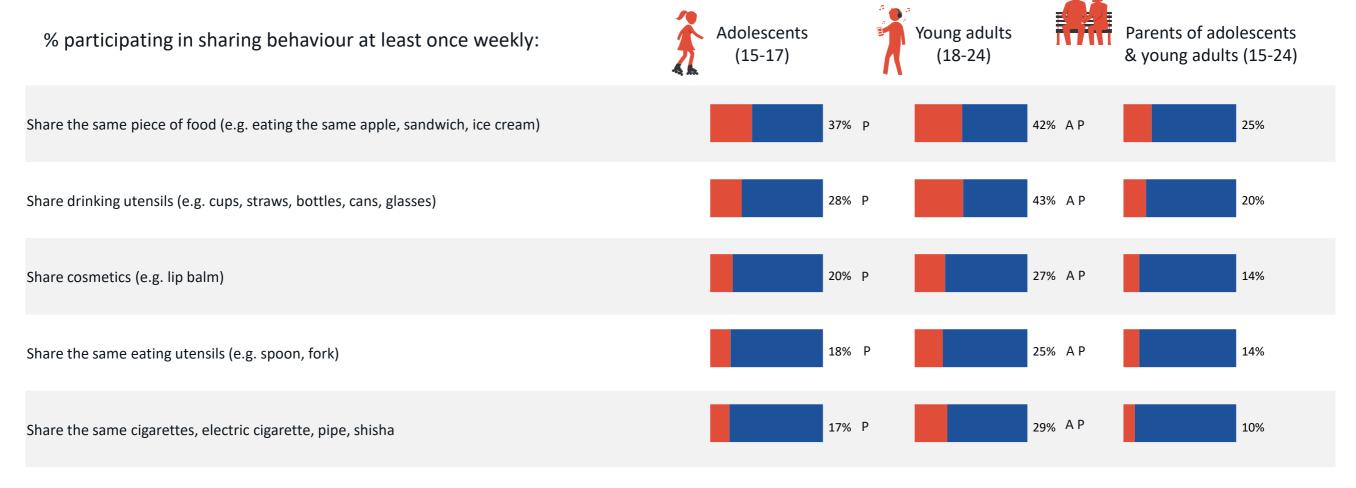
Parents of adolescents & young adults (15-24)





## Young adults report a higher level of engagement with the various sharing behaviours when compared to that seen of

adolescents, and this is consistent across all markets

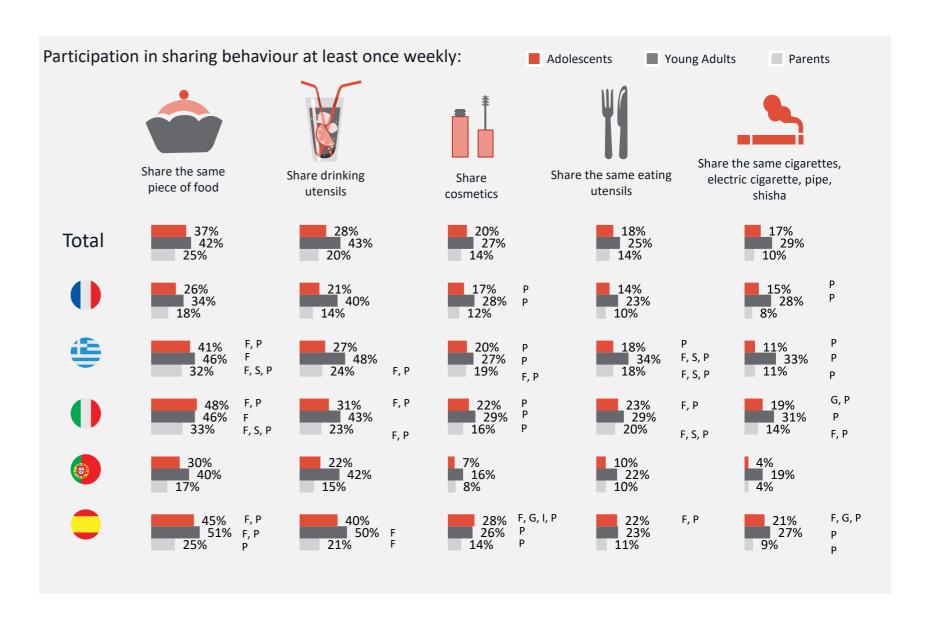


% associate

Focusing on sharing behaviours, sharing food and drinking utensils are the activities most commonly reported at least once weekly by both adolescents and young adults

In general, across the five countries, a greater proportion of young adults share items at least once a week than adolescents

Parents think their children share items less often than they actually report



One fifth of both adolescents and young adults claim to **smoke at least occasionally** 

Significantly more young adults (17%) than adolescents (6%) claim to smoke regularly

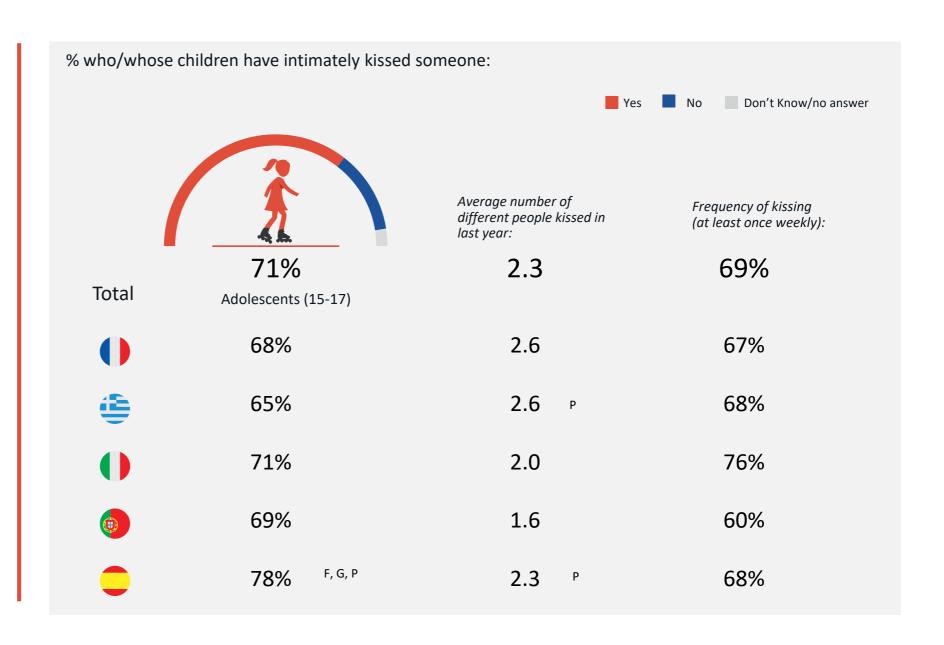
Whilst a higher proportion of adolescents in Italy and Spain smoke at least occasionally, among young adults, there is less differentiation between the markets in terms of reported smoking behaviour



\*Not an answer option in Portugal

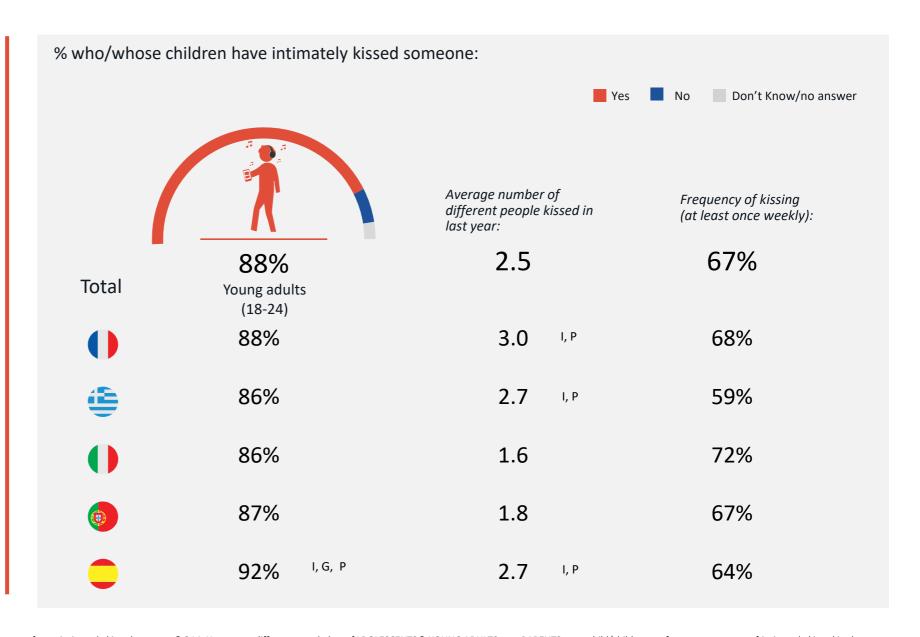
Just over 7 in 10 (71%) adolescents report having intimately kissed someone, with the majority doing so at least on a weekly basis

A slightly higher proportion of adolescents in Spain report having ever kissed anyone, whereas those in Italy report a higher frequency of kissing overall



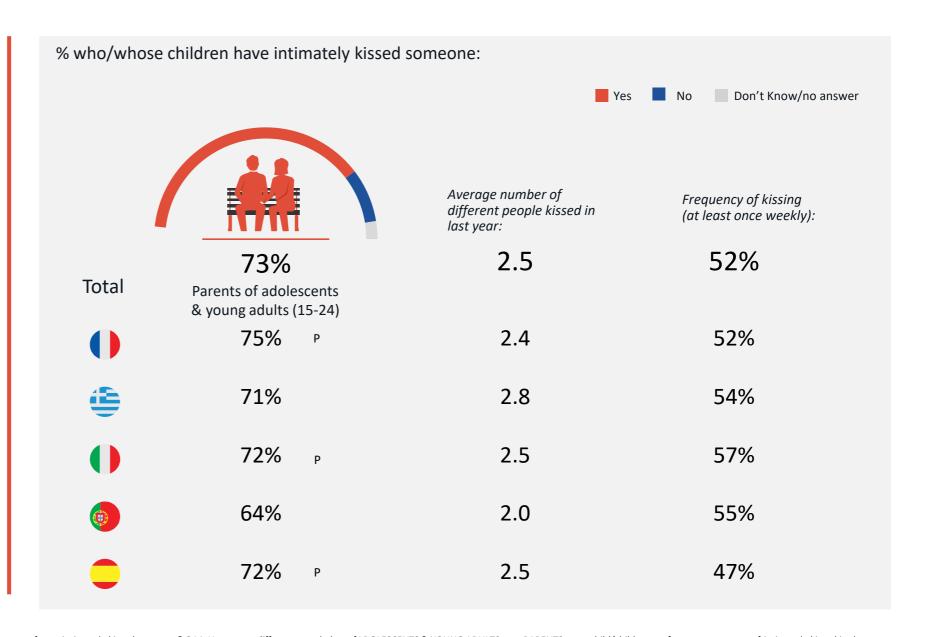
## Almost all young adults (88%) report having intimately kissed someone

Whilst the proportion of young adults having kissed someone is similar across markets, those in France report a higher number of kissing partners; on average, 3 people in the last year (significantly higher than that reported in Italy)



# Almost three-quarters of parents (73%) believe that their children have intimately kissed someone

Compared with other countries, there is a slightly weaker belief from parents in Portugal that their children have ever intimately kissed someone

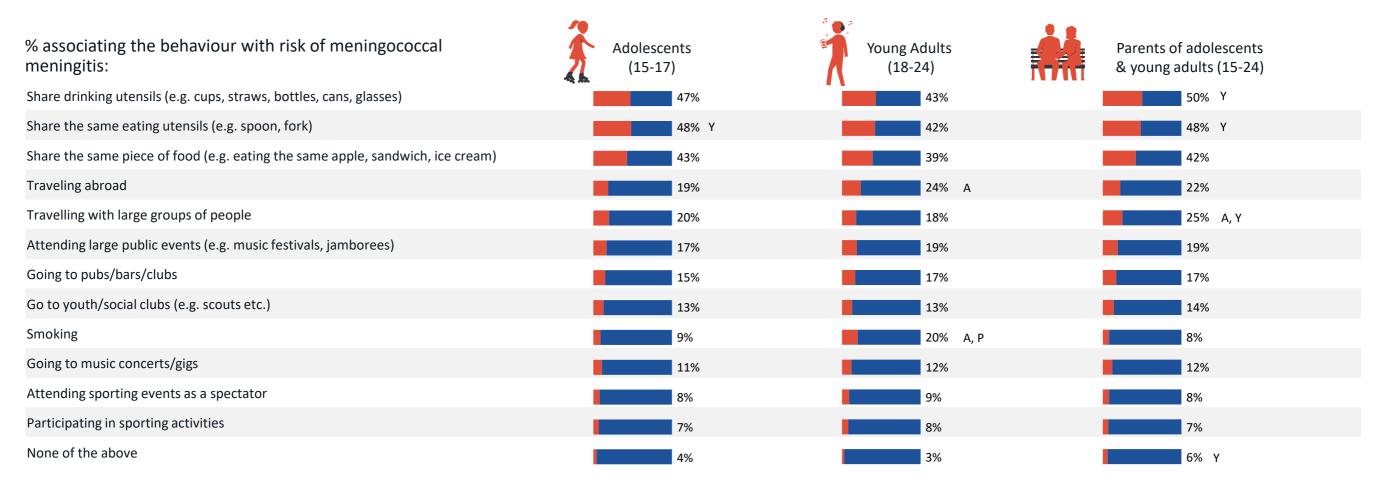




# Perceived level of risk for behaviours

# Total level (all markets)

## Most adolescents, young adults and parents do not associate many of the activities they/their children engage in with a higher than average risk of contracting meningitis



% associate

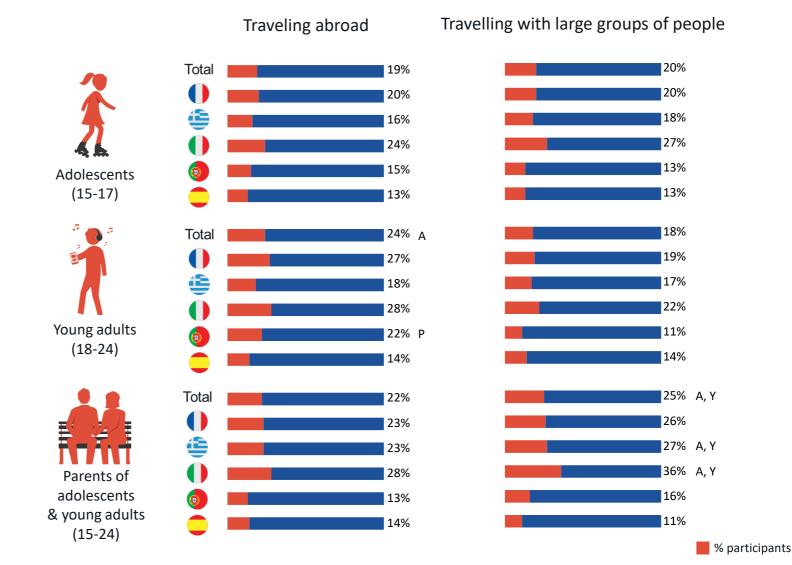
Q22. Which, if any, of the following situations listed below do you associate with a higher risk of contracting meningococcal meningitis: Adolescents (15-17 years) (n=1149); Young Adults (18-24 years) (n=1081); Parents of adolescents & young adults (15-24) (n=1491)

Overall **only a minority** of people across the three groups **associate travel with an increased risk** 

Generally association of travel with risk is **lower in Spain and Portugal** 

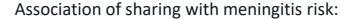
Parents in Greece and Italy are significantly more likely to associate travelling with large groups of people with meningitis risk, than adolescents and young adults in these countries

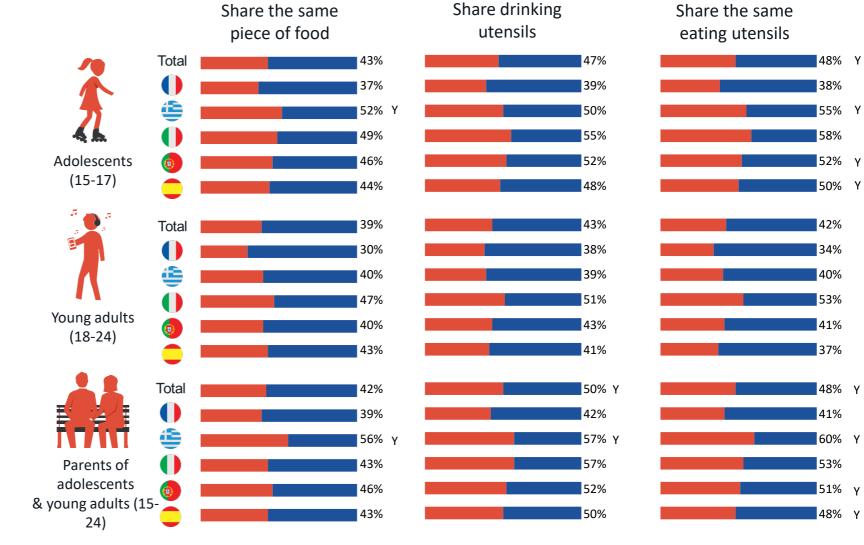




Q22. Which, if any, of the following situations listed below do you associate with a higher risk of contracting meningococcal meningitis than average? Base: Aware of Meningitis: Adolescents (15-17 years) Total (n=1149); France: (n=237); Greece: (n=217); Italy: (n=268); Portugal: (n=180); Spain: (n=210); Portugal: (n=1081); France: (n=1081); France: (n=1081); France: (n=201); Greece: (n=210); Portugal: (n=208); Italy: (n=268); Portugal: (n=268); Portugal: (n=301); France: (n=301); Greece: (n=301

Young adults are less likely to associate sharing food or drinking/eating utensils with a higher risk of contracting meningitis, compared to adolescents and parents, across most markets



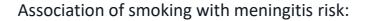


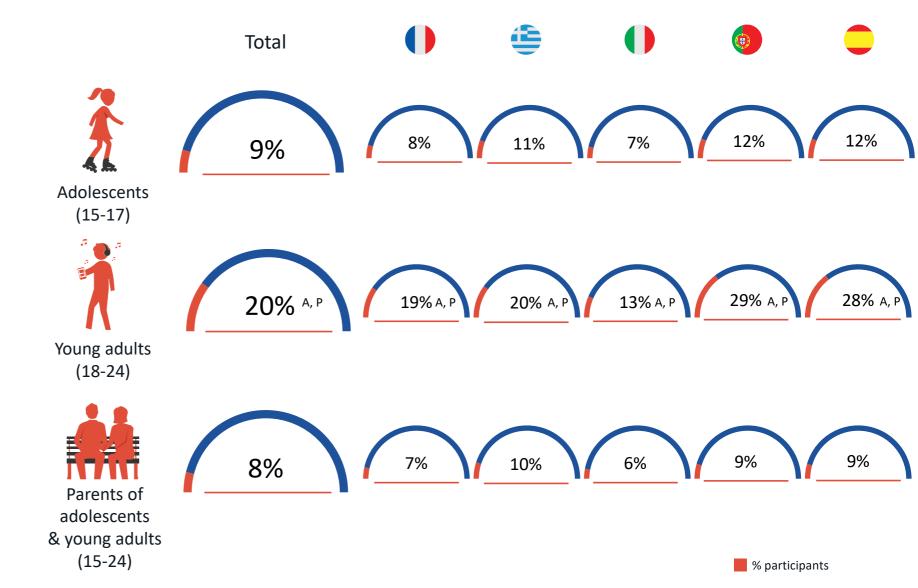
Q22. Which, if any, of the following situations listed below do you associate with a higher risk of contracting meningococcal meningitis than average? Base: Aware of Meningitis: Adolescents (15-17 years) Total (n=1149); France: (n=237); Greece: (n=217); Italy: (n=268); Portugal: (n=180); Spain: (n=210); Portugal: (n=1081); France: (n=1081); France: (n=1081); France: (n=201); Greece: (n=210); Portugal: (n=1081); France: (n=201); Greece: (n=208); Italy: (n=268); Portugal: (n=268); Portugal: (n=301); Greece: (n=30

% participants

Young adults are significantly more likely than parents and adolescents to associate smoking with a higher than average risk of contracting meningitis, across all markets

In Italy, fewer adolescents, young adults and parents associate smoking with increased risk of contracting meningitis than in other markets





Total level (all markets)

Across the three groups, only a minority associate social activities with a heightened risk

Association of social	l events with	meningitis risk:
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		Adolescents (15-17)	Young Adults (18-24)	Parents of adolescents & young adults (15-24)
	Attending large public events	17%	19%	19%
	Going to pubs/bars/clubs	15%	17%	17%
	Go to youth/social clubs*	13%	13%	14%
6	Going to music concerts/gigs	11%	12%	12%
	Attending sporting events as a spectator	8%	9%	8%
	Participating in sporting activities	7%	8%	7%

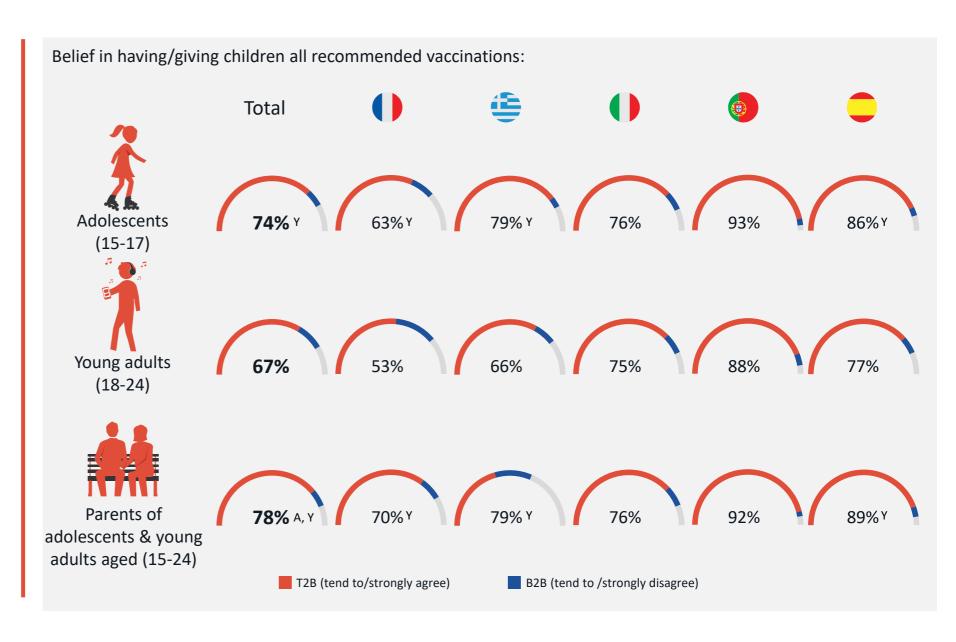
<sup>\*</sup> PT 'Participate in group activities (e.g., scout camps, etc.)'



# Meningococcal meningitis vaccination

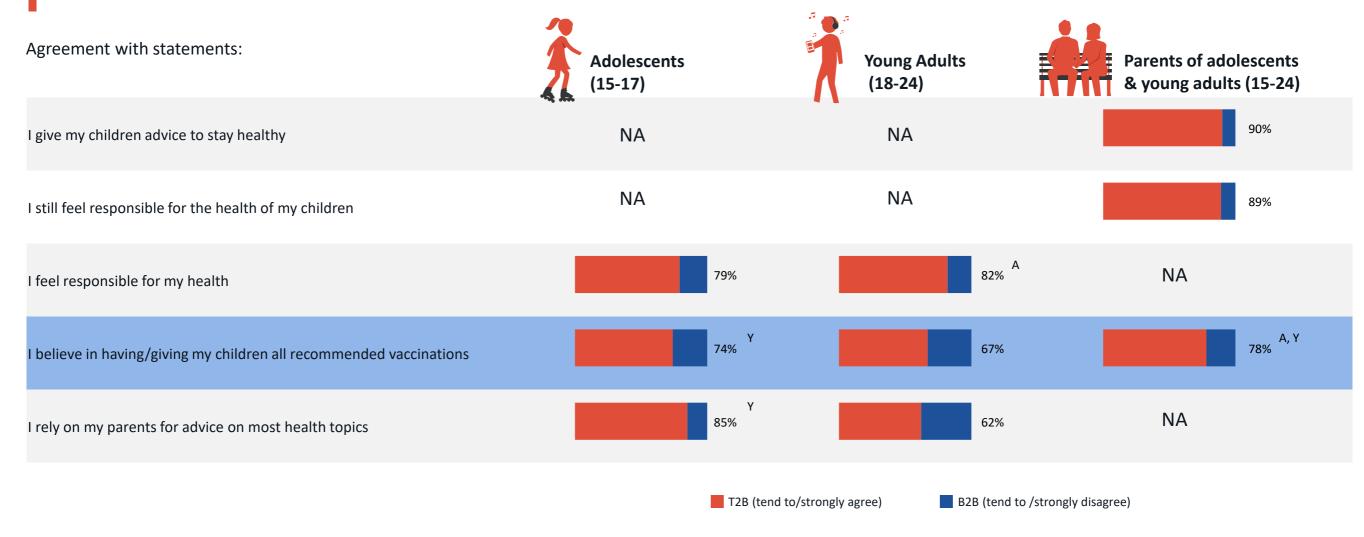
A significantly greater proportion of adolescents and parents state that they believe in having/giving all recommended vaccines than young adults

Across all three groups, belief in vaccination is lowest in France, with highest intent to vaccinate coming through in Portugal



## Overall one third of young adults and around a quarter of adolescents and parents do <u>not</u> believe in having/giving all recommended vaccinations





Only a minority of those aware of meningitis have considered being vaccinated against the disease

