

# GP PATIENT SURVEY

## Experiences of people with long term conditions (LTC): what does GPPS data tell us?



**Most common:**  
 High blood pressure **18%**  
 Arthritis or long-term joint problem **13%**  
 Asthma or long-term chest problem **11%**

### Patients with LTCs are more positive about their GP practice



**Last GP appointment**  
 They are more positive about the different aspects of their last GP appointment



**Last nurse appointment**  
 They are also more positive about different aspects of their last nurse appointment

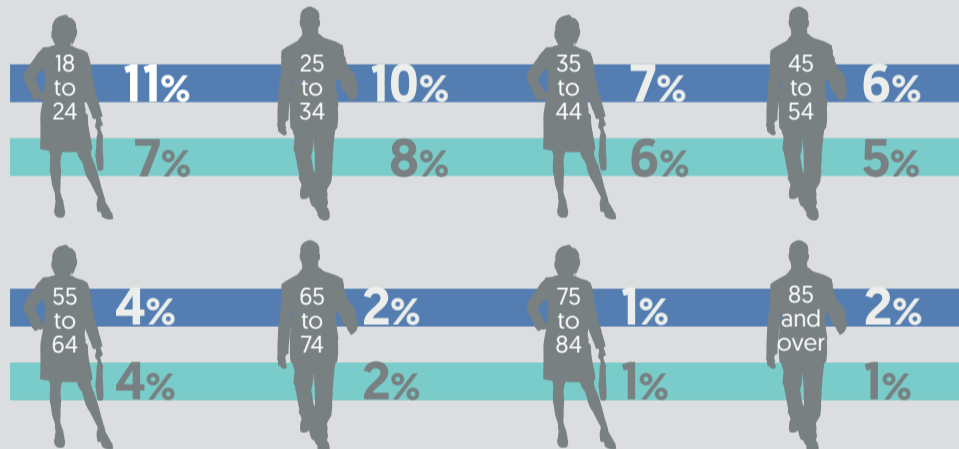


■ Patients with LTCs ■ Patients without LTCs

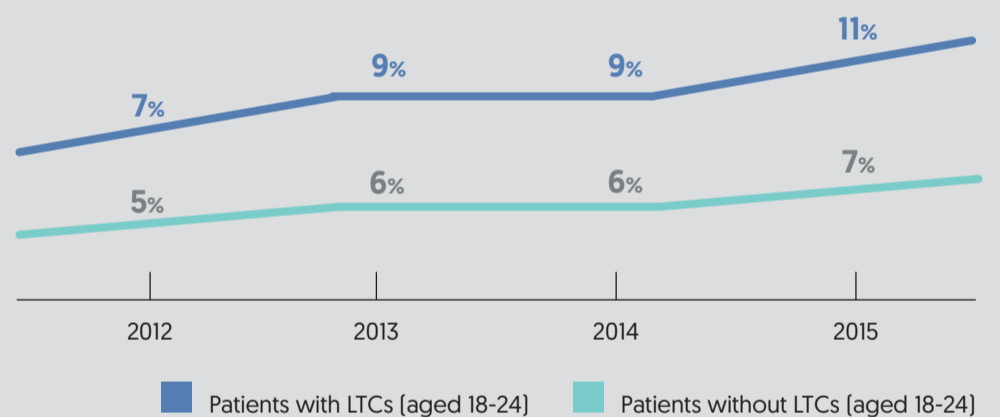
### However age plays an important part...

#### Younger patients report a poorer experience

Younger patients with an LTC are more likely to say they have a poor experience of their GP practice than their peers without an LTC and older patients with an LTC.

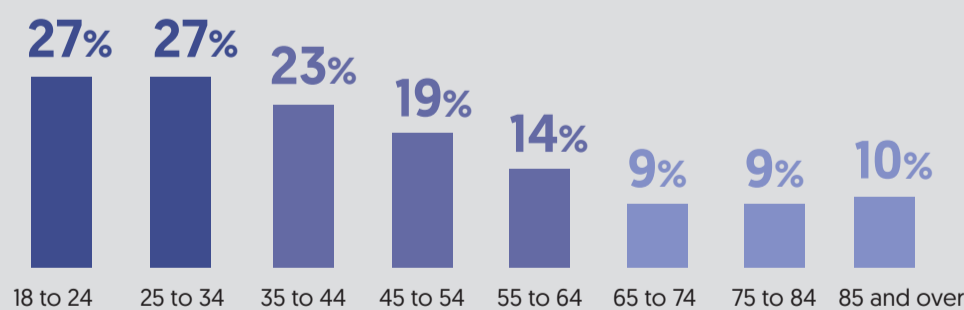


This poorer experience among younger patients (18-24 year olds) has become more pronounced over time.

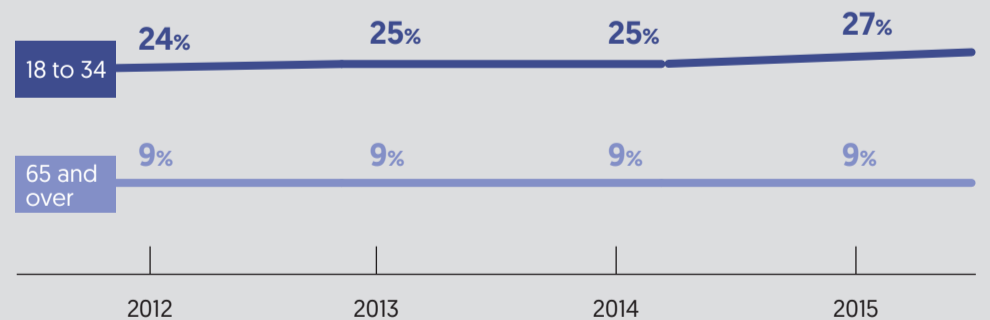


#### They feel they do not have enough support from local services

Younger people with LTCs are also more likely to say they do not have enough support from local services/organisations to help manage their condition, compared with older patients.



Over time, this has got worse. Increasing numbers of young people with an LTC say they don't have enough support from local services.



#### And they are less confident managing their health



People with LTCs also have less confidence managing their health than people without an LTC. Again, age plays an important part; with higher levels of pessimism among the very youngest and oldest.

