1. Thinking about the upcoming Thanksgiving holiday, If you had to choose one thing from the following list, what do you most look forward to over the Thanksgiving weekend? Would you say it is...

		Gen	der		Age		Ho	ousehold Incom	ie		Region South I		
	Total	Male	Female	18-34	35-54	55+	Under \$25K	\$25K- <\$50K	\$50K+	Northeast	Midwest	South	West
		Α	В	С	D	E	F	G	Н	I	J	K	L
Base: All respondents	1001	441	560	171	333	481	210	217	416	190	224	363	2
Weighted	1001	484	517	301	377	307	277	216	362	186	221	367	2
Family	744	332	411	214	282	238	221	153	260	134	164	285	1
<i>-</i>	74%	69%	80%	71%	75%	77%	80%	1	72%	- 1			71
Food	108	73	A 35	41	24	38	31	26	33	25	21	38	
	11%	15%	7%	14%	6%	12%	11%	- 1	9%				11
Sleep or rest	77	B 40	37	D 22	40	D		16	40	11	17	27	
Cloop of root	8%	8%	7%	7%	11%	5%	5%	- 1	11%				10
					E				F				
Entertainment (Includes Football)	31	19	12	13	12	6		١	13				
	3%	4%	2%	4%	3%	2%	2%	3%	4%	6%	2%	2%	3
Shopping	30	15	15	9	14	7	2	11	14	2	13	8	
	3%	3%	3%	3%	4%	2%	1%	5%	4%	1%	6%	2%	
(NOT READ) I do not celebrate	6	1	5	2	4	0	3	1	2	2	1	2	
Thanksgiving	1%	0%	1%	1%	1%	0%	1%	0%	1%	1%	0%	1%	(
(DK/NS)	5	3	2	0	1	3	1	0	0	2	1	0	
	0%	1%	0%	-	0%	1%	0%	0%	0%	1%	0%	-	

1. Thinking about the upcoming Thanksgiving holiday, If you had to choose one thing from the following list, what do you most look forward to over the Thanksgiving weekend? Would you say it is... Proportions/Means: Columns Tested (5% risk level) - AB - CIDIE - FIGH/I - JK - LMN/IO * small base

		Child	dren		Education			Employm	ent Status		Marital	Status		Ra	ace	
	Total	Yes	No	HS or less	Some College	College Degree or higher	Full Time	Part Time	Not Emp.	Retired	Married	Other	Hispanic	Non- Hispanic White	Non- Hispanic Black	Non- Hispani Other
		A	В	С	D	E	F	G	Н	I	J	K	L	М	N	0
Base: All respondents	1001	314	679		333	378	421	108		308	609	386	108	729		
Weighted	1001	405	587	487	237	266	418	114*	232*	231	572	424	133*	683	115*	
Family	744	302	438	376	172	192	291	87	185	177	450	291	104	523	76	
	74%	75%	75%	77%	73%	72%	70%	77%	80%	77%	79% K	69%	78%	77%	66%	(
Food	108	49	53	48	30	24	46	9	22	29	47	60	6	80	14	
	11%	12%	9%	10%	13%	9%	11%	8%	10%	12%	8%	14% J	5%	12%	12%	
Sleep or rest	77	24	53	30	17	30	47	5	12	11	42	35	13	43	12	
·	8%	6%	9%	6%	7%	11% C	11% I	5%	5%	5%	7%	8%	9%	6%	10%	
Entertainment (Includes Football)	31	9	22	14	10	7	16	4	6	5	10	21	4	20	1	
	3%	2%	4%	3%	4%	3%	4%	4%	3%	2%	2%	5% J	3%	3%	1%	
Shopping	30	13	17	15	4	11	13	5	6	6	18	12	3	13	12	
	3%	3%	3%	3%	2%	4%	3%	4%	2%	3%	3%	3%	2%	2%	10% M	
(NOT READ) I do not celebrate	6	5	2	1	4	1	3	3	0	0	2	4	1	2	1	
Thanksgiving	1%	1%	0%	0%	2%	0%	1%	2%	-	-	0%	1%	1%	0%	1%	
(DK/NS)	5	2	3	3	0	0	2	0	0	3	4	1	2	3		
	0%	1%	0%	1%	0%	0%	0%	-	-	1%	1%	0%	2%	0%	-	

1. Thinking about the upcoming Thanksgiving holiday, If you had to choose one thing from the following list, what do you most look forward to over the Thanksgiving weekend? Would you say it is...

		Take Thank	sgiving Nap	Shop on B	lack Friday
	Total	Yes	No	Yes	No
		А	В	С	D
Base: All respondents	1001	259	728	726	275
Weighted	1001	281	707	698	303
Family	744	183	557	531	212
	74%	65%	79%	76%	70%
			Α		
Food	108	37	71	81	28
	11%	13%	10%	12%	9%
Sleep or rest	77	30	45	51	26
0.000 0. 100.	8%	11%	6%	7%	9%
Entertainment (Includes Football)	31	13	18	20	11
	3%	5%	3%	3%	4%
Shopping	30	16	14	6	24
	3%	6%	2%	1%	8%
		В			С
(NOT READ) I do not celebrate	6	0	0	6	0
Thanksgiving	1%	-	-	1%	0%
(DK/NS)	5	2	3	3	2
,	0%	1%	0%	0%	1%

2. Do you sleep worse or better over the Thanksgiving weekend than normal? Would you say you...

		Gen	nder		Age		H	ousehold Incon	ne		Reg	gion	
	Total	Male	Female	18-34	35-54	55+	Under \$25K	\$25K- <\$50K	\$50K+	Northeast	Midwest	South	West
		Α	В	С	D	E	F	G	Н	I	J	K	L
Base: Celebrate Thanksgiving	994	439	555	170	328	480	208	216	413	189	223	360	222
Weighted	995	483	512	299	373	307	274	215	360	184	221	365	225
Sleep Better	190	106	84	79	78	32	45	55	70	35	39	72	44
	19%	22%	16%	27%	21%	10%	16%	25%	19%	19%	18%	20%	20%
				E	E								
Sleep the same as any other weekend	729	357	372	206	254	253	202	147	267	136	159	265	169
	73%	74%	73%	69%	68%	83%	74%	68%	74%	74%	72%	73%	75%
						CD							
Sleep worse	66	19	47	8	40	19	21	13	23	12	19	25	10
	7%	4%	9%	3%	11%	6%	8%	6%	7%	7%	8%	7%	4%
			A		С								
(DK/NS)	10	1	9	5	2	3	6	1	0	1	5	2	2
	1%	0%	2%	2%	0%	1%	2%	0%	-	1%	2%	1%	1%
							Н						

2. Do you sleep worse or better over the Thanksgiving weekend than normal? Would you say you... Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I - J/K - L/M/N/O * small base

		Child	dren		Education			Employm	ent Status		Marital	Status		Ra	ce	
	Total	Yes	No	HS or less	Some College	College Degree or higher	Full Time	Part Time	Not Emp.	Retired	Married	Other	Hispanic	Non- Hispanic White	Non- Hispanic Black	Non- Hispanic Other
		A	В	С	D	E	F	G	Н	I	J	K	L	М	N	0
Base: Celebrate Thanksgiving	994	310	676	279	330	376	416	106	157	308	607	381	107	726	103	4
Weighted	995	400	585	486	234	265	415	111*	232*	231	570	420	132*	681	114*	55
Sleep Better	190	83	107	89	45	55	81	26	59	22	96	94	27	122	34	
	19%	21%	18%	18%	19%	21%	19%	24%	26%	9%	17%	22%	20%	18%	30% MO	119
Sleep the same as any other weekend	729	278	441	356	174	190	309	74	147	196	426	298	94	511	70	
	73%	69%	75%	73%	75%	72%	74% H	66%	63%	85% FGH	75%	71%	71%	75% N	61%	83
Sleep worse	66	33	34	35	13	18	23	11	20	12	45	21	8	43	11	
	7%	8%	6%	7%	6%	7%	6%	10%	9%	5%	8%	5%	6%	6%	9%	69
(DK/NS)	10	7	3	7	1	2	2	0	6	2	3	6	3	5	0	
	1%	2%	1%	1%	0%	1%	1%	0%	2%	1%	1%	2%	3%	1%	-	

2. Do you sleep worse or better over the Thanksgiving weekend than normal? Would you say you...

		Take Thank	sgiving Nap	Shop on B	lack Friday
	Total	Yes	No	Yes	No
		Α	В	С	D
Base: Celebrate Thanksgiving	994	259	728	720	274
Weighted	995	281	707	692	303
Sleep Better	190	92	98	102	87
	19%	33%	14%	15%	29%
		В			С
Sleep the same as any other weekend	729	177	545	551	178
	73%	63%	77%	80%	59%
			A	D	
Sleep worse	66	12	54	31	35
	7%	4%	8%	4%	12%
					С (
(DK/NS)	10	0	10	8	2
	1%	-	1%	1%	1%

3. You said you sleep worse over the Thanksgiving weekend than a normal weekend, why do you sleep worse? Is it because of...

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H - I/J/K/L * small base; ** very small base (under 30) ineligible for sig testing

roportions/Means: Columns Tested (5% risk level) - A/		Gen		(4.1.4.1.4.7)	Age		Н	ousehold Incor	ne		Reg	ion	
	Total	Male	Female	18-34	35-54	55+	Under \$25K	\$25K- <\$50K	\$50K+	Northeast	Midwest	South	West
		A	В	С	D	E	F	G	Н	I	J	K	L
Base: Sleep worse over Thanksgiving weekend than a normal weekend				-									
	69	19	50	6	33	30	16		32	16	16	27	10
Weighted	66*	19**	47*	8**	40**	19**	21**	13**	23**	12**	19**	25**	10*
Family stress	17	4	13	1	9	7	5	5 5	7	4	3	6	
. u.i.i.y undu	26%	23%	27%	12%	23%	36%		1	30%	29%	14%	24%	46%
Overeating	11 17%	4 21%	7 15%	2 22%	5 13%	4 23%			5 20%	4 31%	1 5%	5 21%	9%
Traveling stress	9 13%	5 26%	4 8%	3 41%	4 10%	1 7%	5 24%	1	1 5%	0 3%	1 8%	6 23%	1 9%
Shopping	7 10%	1 5%	6 13%	3 32%	4 11%	0 -	0	3 - 26%	3 15%	0 -	3 19%	1 2%	3 29%
Late night visits with family/ guests	6 9%	1 4%	5 11%	0 -	3 8%	3 14%			1 4%	0 -	5 25%	1 5%	0
Loss of family during this time	5 7%	2 9%	3 7%	0 -	5 12%	0	0	13%	0 -	0 -	3 17%	2 7%	0
Not sleeping in my own bed	4 7%	1 5%	4 8%	1 12%	3 7%	1 3%	2 8%		1 3%	2 18%	0 1%	0 -	2 21%
Cooking	4 6%	0 -	4 8%	1 16%	0	2 13%		1	3 14%	0 -	1 4%	2 7%	1 13%
Long hours spent awake	4 5%	0 -	4 8%	3 32%	1 3%	0 -	1 5%	1	0 -	1 8%	3 14%	0 -	0
Preparation anxiety	2 3%	1 6%	1 2%	0 -	1 2%	1 8%	0 2%	1	1 5%	1 6%	0 -	1 4%	0 5%
Health stress	1 2%	0 -	1 3%	0 -	1 4%	0 -	0	0 -	0 -	0 -	0 -	1 6%	0
Work/ job	1 2%	1 7%	0 -	0 -	1 4%	0 -	0	0 -	1 6%	0 -	1 8%	0 -	0
Too much to drink	1 2%	1 5%	0 1%	1 12%	0	0 2%		7%	0 2%	0 3%	0 -	0 -	1 9%
General stress/ lots to do	1 1%	1 3%	0 -	0	0 -	1 3%	0	0 -	1 2%	1 4%	0 -	0 -	0
Keeping house	0 1%	0 -	0 1%	0	0	0 3%			0 -	0	0 -	0 -	5%

Ipsos U.S. Express November, 2009

3. You said you sleep worse over the Thanksgiving weekend than a normal weekend, why do you sleep worse? Is it because of...

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H - I/J/K/L * small base; ** very small base (under 30) ineligible for sig testing

		Ger	ider		Age		Ho	ousehold Incor	ne		Re	gion	
	Total	Male	Female	18-34	35-54	55+	Under \$25K	\$25K- <\$50K	\$50K+	Northeast	Midwest	South	West
		Α	В	С	D	E	F	G	Н	I	J	K	L
Other	1	1	0	0	1	0	0	0	0	1	0	0	0
	2%	7%	-	-	3%	-	-	-	-	11%	-	-	-
(DK/NS)	0	0	0	0	0	0	0	0	0	0	0	0	0
	1%	-	1%	-	-	2%	-	-	2%	-	-	2%	-

3. You said you sleep worse over the Thanksgiving weekend than a normal weekend, why do you sleep worse? Is it because of... Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I - J/K - L/M/N/O * small base; ** very small base (under 30) ineligible for sig testing

Proportions/Means: Columns Tested (5% risk level) - A/I	B - C/D/E - F/G/H/I -	- J/K - L/M/N/O * sr Child		small base (under 3	80) ineligible for sig Education	testing		Employm	ent Status		Marital	Status		Ra	ce	
	Total	Yes	No	HS or less	Some College	College Degree or higher	Full Time	Part Time	Not Emp.	Retired	Married	Other	Hispanic	Non- Hispanic White	Non- Hispanic Black	Non- Hispanic Other
		Α	В	С	D	E	F	G	Н	I	J	K	L	M	N	0
Base: Sleep worse over Thanksgiving weekend than a normal weekend	69	31	38	20	24	25	26	9	19	15	48	21	6	48	11	3
Weighted	66*	33**	34**	35**					20**	12**	45*	21**	8**		11**	3**
				_	_											
Family stress	17 26%	8 24%	9 27%							4 36%	9 21%	8 36%	1 17%	9 22%	3 32%	52%
Overeating	11 17%	6 17%	5 16%				6 26%		2 8%	3 28%	8 19%	3 12%	3 32%	7 16%	2 14%	0
Traveling stress	9 13%	2 7%	6 18%				6 25%		2 12%	0 3%	3 7%	5 25%	0 -	9 20%	0	0
Shopping	7 10%	7 21%	0	5 16%			1 2%	3 27%	3 17%	0 -	7 15%	0	0 -	7 16%	0 -	0
Late night visits with family/ guests	6 9%	3 8%	3 9%	5 13%			1 4%	2 22%	1	0	5 11%	1 4%	2 28%	2 5%	1 11%	0
Loss of family during this time	5 7%	2 5%	3 9%			0 -	0	3 29%	0 -	2 14%	2 4%	3 15%	0 -	0 -	3 30%	2 48%
Not sleeping in my own bed	4 7%	3 8%	2 5%		1	l	1 4%	0 2%		2 13%	1 3%	3 14%	2 22%	3 6%	0 -	0
Cooking	4 6%	2 5%	2 6%		1 10%		0	0 -	3 13%	1 10%	3 7%	0 2%	0 -	3 8%	0 4%	0
Long hours spent awake	4 5%	4 11%	0	3 7%		1 6%	0	0 -	4 17%	0 -	3 6%	1 5%	0 -	3 6%	1 9%	0
Preparation anxiety	2 3%	1 3%	1 4%	0	1 11%		1 5%	0 4%		0 2%	1 3%	1 5%	0 -	2 5%	0	0
Health stress	1 2%	0	1 4%	1 4%		0 -	0 -	0 -	1 7%	0	1 3%	0	0 -	1 3%	0	0
Work/ job	1 2%	1 3%	1 2%	0	1 4%		1 6%	0	0 -	0	1 3%	0	0	1 3%	0	0
Too much to drink	1 2%	1 3%	0 1%		1 7%	1 -	1 4%	0 -	0 -	0 3%	0	1 6%	0 -	1 3%	0	0
General stress/ lots to do	1 1%	0	1 1%	0	1 4%		0 -	0 -	0 -	1 4%	1 1%	0	0 -	1 1%	0	0
Keeping house	0 1%	0 -	0 1%		0 4%		0 -	0 -	0 2%	0	0	0 2%	0 -	0 1%	0	0
Other	1 2%	1 4%	0	1 4%		0 -	1 6%	0 -	0 -	0	1 3%	0 -	0 -	1 3%	0	0
(DK/NS)	0 1%	0 -	0 1%		0 -	0 2%	0	0 4%		0	0 -	0 2%	0 -	0 1%	0	0
				L	1	l	I									

3. You said you sleep worse over the Thanksgiving weekend than a normal weekend, why do you sleep worse? Is it because of...

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D * small base; ** very small base (under 30) ineligible for sig testing

Proportions/Means. Columns rested (5 % fisk level) - At		· · · · · · · · · · · · · · · · · · ·	sgiving Nap		lack Friday
	Total	Yes	No	Yes	No
		Α	В	С	D
Base: Sleep worse over Thanksgiving weekend than a normal weekend	69	10	59	37	32
Weighted	66*	12**	54*	31**	35**
5					
Family stress	17	1	16	10	7
,	26%	10%	29%	32%	20%
Overeating	11	1	10	5	6
Č	17%	6%	19%	16%	17%
Traveling stress	9	0	9	1	8
, and the second	13%	-	16%	2%	22%
Shopping	7	7	0	0	7
,, ,	10%	57%	-	-	20%
Late night visits with family/ guests	6	0	6	6	0
, ,	9%	-	11%	19%	-
Loss of family during this time	5	2	3	3	2
	7%	14%	6%	10%	5%
Not sleeping in my own bed	4	0	4	1	4
, , ,	7%	2%	8%	2%	11%
Cooking	4	0	4	2	2
J	6%	-	7%	6%	5%
Long hours spent awake	4	3	1	1	3
,	5%	21%	2%	3%	7%
Preparation anxiety	2	1	1	1	1
	3%	7%	3%	3%	4%
Health stress	1	0	1	1	0
	2%	-	3%	5%	-
Work/ job	1	1	1	1	0
	2%	4%	2%	5%	-

3. You said you sleep worse over the Thanksgiving weekend than a normal weekend, why do you sleep worse? Is it because of...

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D * small base; ** very small base (under 30) ineligible for sig testing

		Take Thank	sgiving Nap	Shop on B	lack Friday
	Total	Yes	No	Yes	No
		А	В	С	D
Too much to drink	1	0	1	0	1
	2%	-	2%	1%	3%
General stress/ lots to do	1	0	1	1	0
	1%	-	1%	2%	-
Keeping house	0	0	0	0	0
	1%	-	1%	2%	-
Other	1	0	1	0	1
	2%	-	2%	-	4%
(DK/NS)	0	0	0	0	0
, ,	1%	-	1%	1%	-

4. How long of a nap do you typically take on Thanksgiving day? Would you say it is...

		Gen	der		Age		H	ousehold Incon	ne		I J K 189 223 360 184 221 365 5 3 4 3% 1% 1% 9 10 14 5% 5% 4% 17 29 65 9% 13% 18% 23 15 22		
	Total	Male	Female	18-34	35-54	55+	Under \$25K	\$25K- <\$50K	\$50K+	Northeast	Midwest	South	West
		Α	В	С	D	Е	F	G	Н	I	J	K	L
Base: Celebrate Thanksgiving	994	439	555	170	328	480	208	216	413	189	223	360	22
Weighted	995	483	512	299	373	307	274	215	360	184	221	365	22
Less than 15 minutes	19	7	12	7	5	8	6	2	6	5	3	4	
	2%	1%	2%	2%	1%	3%	2%	1%	2%	3%	1%	1%	3%
15 minutes to a half hour	40	18	21	8	16	16	13	6	19	9	10	14	
	4%	4%	4%	3%	4%	5%	5%	3%	5%	5%	5%	4%	3%
A half hour to an hour	139	75	64	57	53	28	50	39	42	17	29	65	2
	14%	16%	12%	19%	14%	9%	18%	18%	12%	9%	13%	18%	129
				E		- 10		0.1					
More than an hour	83	56	28	43	21	19		I I	21	- 1	-		2:
	8%	11% B	5%	15% DE	6%	6%	9%	15% H	6%	13%	7%	6%	10%
Do you not nap on Thanksgiving	707	322	386	184	274	236	178	136	269	129	161	257	16
	71%	67%	75%	62%	73%	77%	65%	63%	75%	70%	73%	70%	719
			Α		С	С			FG				
(DK/NS)	7	6	1	0	6	1	3	1	3	1	2	3	
	1%	1%	0%	-	2%	0%	1%	0%	1%	0%	1%	1%	0%

4. How long of a nap do you typically take on Thanksgiving day? Would you say it is... Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I - J/K - L/M/N/O * small base

		Child	dren		Education			Employm	ent Status		Marital	Status		Ra	ce	
	Total	Yes	No	HS or less	Some College	College Degree or higher	Full Time	Part Time	Not Emp.	Retired	Married	Other	Hispanic	Non- Hispanic White	Non- Hispanic Black	Non- Hispanic Other
		Α	В	С	D	E	F	G	Н	I	J	K	L	M	N	0
Base: Celebrate Thanksgiving	994	310	676	279		376	416	106	157		607	381	107	726	103	43
Weighted	995	400	585	486	234	265	415	111*	232*	231	570	420	132*	681	114*	55*
Less than 15 minutes	19	10		8	7	4	5	1	6	8	11	8	1	11	2	5
	2%	2%	2%	2%	3%	2%	1%	1%	2%	3%	2%	2%	1%	2%	1%	9% LM
15 minutes to a half hour	40	17	22	15	14	11	18	5	7	10	27	13	4	31	4	1
	4%	4%	4%	3%	6%	4%	4%	5%	3%	4%	5%	3%	3%	4%	3%	2%
A half hour to an hour	139	51	88	65	41	33	62	14	37	25	70	68	15	87	26	12
	14%	13%	15%	13%	17%	12%	15%	13%	16%	11%	12%	16%	11%	13%	23% M	21%
More than an hour	83	33	46	40	16	23	39	12	17	14	34	49	22	39	15	6
	8%	8%	8%	8%	7%	9%	9%	11%	7%	6%	6%	12%	17%	6%	13%	11%
												J	M		М	
Do you not nap on Thanksgiving	707	284	418	355	154	194	284	80	165	175	423	281	87	510	68	31
	71%	71%	71%	73%	66%	73%	69%	72%	71%	76%	74%	67%	66%	75% NO	59%	56%
(DK/NS)	7	5	1	4	2	1	6	0	0	0	6	1	3	3	0	0
	1%	1%	0%	1%	1%	0%	2%	-	-	0%	1%	0%	2%	0%	-	-

Thanksgiving Study

4. How long of a nap do you typically take on Thanksgiving day? Would you say it is...

		Take Thank	sgiving Nap	Shop on B	lack Friday
	Total	Yes	No	Yes	No
		Α	В	С	D
Base: Celebrate Thanksgiving	994	259	728	720	274
Weighted	995	281	707	692	303
Less than 15 minutes	19	19	0	16	2
	2%	7%	-	2%	1%
		В			
15 minutes to a half hour	40	40	0	20	19
	4%	14%	-	3%	6%
		В			
A half hour to an hour	139	139	0	65	74
	14%	50%	-	9%	24%
		В			С
More than an hour	83	83	0	53	30
	8%	30%	-	8%	10%
		В			
Do you not nap on Thanksgiving	707	0	707	532	175
	71%	-	100%	77%	58%
			Α	D	
(DK/NS)	7	0	0	5	2
	1%	-	-	1%	1%

5. When gathered with friends and family for Thanksgiving, is it typical for someone to 'nod-off'?

		Gen	ider		Age		H	ousehold Incon	ne		Re	gion	
	Total	Male	Female	18-34	35-54	55+	Under \$25K	\$25K- <\$50K	\$50K+	Northeast	Midwest	South	West
		Α	В	С	D	Е	F	G	Н	I	J	K	L
Base: Celebrate Thanksgiving	994	439	555	170	328	480	208	216	413	189	223	360	222
Weighted	995	483	512	299	373	307	274	215	360	184	221	365	225
Yes	559	258	302	176	207	174	153	128	209	96	134	202	128
	56%	53%	59%	59%	55%	57%	56%	60%	58%	52%	61%	55%	57%
No	412	211	201	115	158	126	111	82	145	87	81	153	92
	41%	44%	39%	38%	42%	41%	40%	38%	40%	47%	37%	42%	41%
(DK/NS)	24	14	9	9	8	7	11	5	7	1	6	10	6
	2%	3%	2%	3%	2%	2%	4%	2%	2%	1%	3%	3%	3%

5. When gathered with friends and family for Thanksgiving, is it typical for someone to 'nod-off'? Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I - J/K - L/M/N/O * small base

		Child	dren		Education			Employm	ent Status		Marital	Status		Ra	ce	
	Total	Yes	No	HS or less	Some College	College Degree or higher	Full Time	Part Time	Not Emp.	Retired	Married	Other	Hispanic	Non- Hispanic White	Non- Hispanic Black	Non- Hispanic Other
		A	В	С	D	E	F	G	Н	I	J	K	L	M	N	0
Base: Celebrate Thanksgiving	994	310	676	279	330	376	416	106	157	308	607	381	107	726	103	43
Weighted	995	400	585	486	234	265	415	111*	232*	231	570	420	132*	681	114*	55*
Yes	559	237	318	259	143	154	240	70	125	121	328	231	65	414	45	31
	56%	59%	54%	53%	61%	58%	58%	63%	54%	52%	57%	55%	49%	61%	39%	57%
														N		
No	412	150	257	214	86	109	164	41	99	104	227	181	58	257	67	22
	41%	37%	44%	44%	37%	41%	40%	36%	43%	45%	40%	43%	44%	38%	59%	40%
															М	
(DK/NS)	24	14	10	13	4	3	10	0	7	6	15	8	9	10	2	2
	2%	3%	2%	3%	2%	1%	2%	0%	3%	3%	3%	2%	7%	1%	2%	4%
													м			

5. When gathered with friends and family for Thanksgiving, is it typical for someone to 'nod-off'?

		Take Thank	sgiving Nap	Shop on B	lack Friday
	Total	Yes	No	Yes	No
		Α	В	С	D
Base: Celebrate Thanksgiving	994	259	728	720	274
Weighted	995	281	707	692	303
Yes	559	164	395	383	176
	56%	58%	56%	55%	58%
No	412	106	305	296	115
	41%	38%	43%	43%	38%
(DK/NS)	24	11	7	13	11
	2%	4%	1%	2%	4%
		В			

6. When you travel for Thanksgiving or the Holidays do you bring your own pillows or other bedding with you?

		Ger	ider		Age		H	ousehold Incon	ne		Re	gion	
	Total	Male	Female	18-34	35-54	55+	Under \$25K	\$25K- <\$50K	\$50K+	Northeast	Midwest	South	West
		Α	В	С	D	Е	F	G	Н	I	J	K	L
Base: All respondents	1001	441	560	171	333	481	210	217	416	190	224	363	224
Weighted	1001	484	517	301	377	307	277	216	362	186	221	367	226
Yes, I bring bedding or pillows	245	90	155	85	99	59	75	33	103	29	43	114	59
	24%	19%	30%	28%	26%	19%	27%	15%	28%	15%	19%	31%	26%
			Α	E			G		G			IJ	1
No, I do not bring bedding or pillows	728	382	346	211	266	238	190	182	250	151	175	244	158
	73%	79%	67%	70%	71%	78%	69%	84%	69%	81%	79%	66%	70%
		В						FH		KL	K		
(DK/NS)	28	12	16	4	11	10	12	1	9	7	4	9	9
	3%	3%	3%	1%	3%	3%	5%	0%	3%	4%	2%	2%	4%
							G						

6. When you travel for Thanksgiving or the Holidays do you bring your own pillows or other bedding with you? Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I - J/K - L/M/N/O * small base

		Child	dren		Education			Employme	ent Status		Marital	Status		Ra	ce	
	Total	Yes	No	HS or less	Some College	College Degree or higher	Full Time	Part Time	Not Emp.	Retired	Married	Other	Hispanic	Non- Hispanic White	Non- Hispanic Black	Non- Hispanic Other
		А	В	С	D	E	F	G	Н	I	J	K	L	M	N	0
Base: All respondents	1001	314	679	280	333	378	421	108	157	308	609	386	108	729	104	45
Weighted	1001	405	587	487	237	266	418	114*	232*	231	572	424	133*	683	115*	58*
Yes, I bring bedding or pillows	245	122	122	118	72	54	79	39	82	44	145	99	40	164	26	13
	24%	30%	21%	24%	30%	20%	19%	34%	35%	19%	25%	23%	30%	24%	22%	22%
		В			E			FI	FI							
No, I do not bring bedding or pillows	728	275	444	356	159	204	326	71	145	181	412	313	92	503	86	39
	73%	68%	76%	73%	67%	77%	78%	63%	63%	78%	72%	74%	69%	74%	75%	67%
			А			D	GH			GH						
(DK/NS)	28	8	21	14	6	8	13	3	5	6	15	13	2	16	3	6
	3%	2%	4%	3%	3%	3%	3%	3%	2%	3%	3%	3%	2%	2%	3%	11%
																LM

6. When you travel for Thanksgiving or the Holidays do you bring your own pillows or other bedding with you?

		Take Thank	sgiving Nap	Shop on B	lack Friday
	Total	Yes	No	Yes	No
		Α	В	С	D
Base: All respondents	1001	259	728	726	275
Weighted	1001	281	707	698	303
Yes, I bring bedding or pillows	245	74	168	155	90
	24%	26%	24%	22%	30%
No, I do not bring bedding or pillows	728	203	520	516	212
	73%	72%	73%	74%	70%
(DK/NS)	28	4	20	27	1
	3%	1%	3%	4%	0%
				D	

7. For guests that may stay at your home, do you have comfortable bed/pillows for guests in your home?

		Ger	der		Age		H	ousehold Incon	ne		Re	gion	
	Total	Male	Female	18-34	35-54	55+	Under \$25K	\$25K- <\$50K	\$50K+	Northeast	Midwest	South	West
		Α	В	С	D	E	F	G	Н	I	J	K	L
Base: All respondents	1001	441	560	171	333	481	210	217	416	190	224	363	224
Weighted	1001	484	517	301	377	307	277	216	362	186	221	367	226
Yes, I have comfortable pillows and	863	413	450	257	329	264	219	191	326	157	194	316	196
bed	86%	85%	87%	86%	87%	86%	79%	89%	90%	84%	87%	86%	87%
								F	F				
No, I do not have a comfortable bed	130	69	61	42	44	41	56	24	35	28	27	47	28
and pillows	13%	14%	12%	14%	12%	13%	20%	11%	10%	15%	12%	13%	13%
							Н						
(DK/NS)	8	3	5	2	4	2	1	0	1	1	1	4	2
	1%	1%	1%	1%	1%	1%	1%	-	0%	1%	0%	1%	1%

7. For guests that may stay at your home, do you have comfortable bed/pillows for guests in your home? Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I - J/K - L/M/N/O * small base

		Child	dren		Education			Employm	ent Status		Marital	Status		Ra	ce	
	Total	Yes	No	HS or less	Some College	College Degree or higher	Full Time	Part Time	Not Emp.	Retired	Married	Other	Hispanic	Non- Hispanic White	Non- Hispanic Black	Non- Hispanic Other
		A	В	С	D	E	F	G	H	1	J	K	L	M	N	0
Base: All respondents	1001	314	679	280	333	378	421	108	157	308	609	386	108	729	104	45
Weighted	1001	405	587	487	237	266	418	114*	232*	231	572	424	133*	683	115*	58*
Yes, I have comfortable pillows and	863	340	517	413	205	238	367	100	192	201	510	349	113	598	96	46
bed	86%	84%	88%	85%	86%	89%	88%	88%	83%	87%	89%	82%	85%	88%	83%	79%
											ĸ					
No, I do not have a comfortable bed	130	60	67	73	28	26	47	14	39	28	56	74	20	80	18	12
and pillows	13%	15%	11%	15%	12%	10%	11%	12%	17%	12%	10%	17%	15%	12%	16%	21%
												J				
(DK/NS)	8	5	3	1	4	3	5	0	1	1	7	1	0	5	1	0
	1%	1%	0%	0%	2%	1%	1%	0%	0%	1%	1%	0%	0%	1%	1%	-

Thanksgiving Study

Detailed tables

7. For guests that may stay at your home, do you have comfortable bed/pillows for guests in your home?

		Take Thank	sgiving Nap	Shop on B	lack Friday
	Total	Yes	No	Yes	No
		Α	В	С	D
Base: All respondents	1001	259	728	726	275
Weighted	1001	281	707	698	303
Yes, I have comfortable pillows and	863	236	617	594	269
bed	86%	84%	87%	85%	89%
No, I do not have a comfortable bed	130	44	83	96	34
and pillows	13%	16%	12%	14%	11%
(DK/NS)	8	1	7	8	0
	1%	0%	1%	1%	-

8. Have you ever booked a hotel because your friends or relatives beds were uncomfortable?

		Ger	der		Age		H	ousehold Incon	ne		Re	gion	
	Total	Male	Female	18-34	35-54		Under \$25K	\$25K- <\$50K	•	Northeast	Midwest	South	West
		A	В	С	D	Е	F	G	Н	l l	J	K	L
Base: All respondents	1001	441	560	171	333	481	210	217	416	190	224	363	224
Weighted	1001	484	517	301	377	307	277	216	362	186	221	367	226
Yes	92	47	45	32	37	23	23	21	41	18	21	36	18
	9%	10%	9%	11%	10%	7%	8%	10%	11%	9%	9%	10%	8%
No	905	437	468	269	337	284	254	191	321	166	199	331	208
	90%	90%	91%	89%	89%	92%	92%	89%	89%	89%	90%	90%	92%
(DK/NS)	4	0	4	0	3	0	0	3	0	3	1	0	(
	0%	-	1%	-	1%	0%	-	1%	-	1%	0%	-	

8. Have you ever booked a hotel because your friends or relatives beds were uncomfortable?

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I - J/K - L/M/N/O * small base

		Child	dren		Education			Employm	ent Status		Marital	Status	Race			
	Total	Yes	No	HS or less	Some College	College Degree or higher	Full Time	Part Time	Not Emp.	Retired	Married	Other	Hispanic	Non- Hispanic White	Non- Hispanic Black	Non- Hispanic Other
		A	В	С	D	E	F	G	H	1	J	K	L	M	N	0
Base: All respondents	1001	314	679	280	333	378	421	108	157	308	609	386	108	729	104	45
Weighted	1001	405	587	487	237	266	418	114*	232*	231	572	424	133*	683	115*	58*
Yes	92	44	48	35	27	27	46	4	23	19	61	31	17	60	8	7
	9%	11%	8%	7%	11%	10%	11%	3%	10%	8%	11%	7%	12%	9%	7%	13%
No	905	360	535	450	209	239	370	110	208	212	509	393	117	619	107	50
	90%	89%	91%	92%	88%	90%	88%	96%	90%	92%	89%	93%	88%	91%	93%	87%
(DK/NS)	4 0%	1 0%	3 1%	3 1%	1 0%	0 -	3 1%	1 1%	0	0 0%	3 1%	1 0%	0	4 1%	0	

8. Have you ever booked a hotel because your friends or relatives beds were uncomfortable?

		Take Thank	sgiving Nap	Shop on Black Friday			
	Total	Yes	No	Yes	No		
		Α	В	С	D		
Base: All respondents	1001	259	728	726	275		
Weighted	1001	281	707	698	303		
Yes	92	34	59	51	42		
	9%	12%	8%	7%	14%		
					С		
No	905	247	646	646	259		
	90%	88%	91%	93%	85%		
				D			
(DK/NS)	4	0	3	1	3		
	0%	-	0%	0%	1%		

9. Thinking about the day after Thanksgiving often referred to as Black Friday when many stores have sales starting early in the morning, how early do plan on getting up for 'Black Friday' shopping? Would you say...

		Gen	der		Age		Ho	ousehold Incom	ie		Reg	ion	
	Total	Male	Female	18-34	35-54	55+	· · · · · · · · · · · · · · · · · · ·	\$25K- <\$50K	\$50K+	Northeast	Midwest	South	West
		Α	В	С	D	E	F	G	Н	I	J	K	L
Base: All respondents	1001	441	560	171	333	481	210	217	416	190	224	363	22
Weighted	1001	484	517	301	377	307	277	216	362	186	221	367	22
I don't shop on Black Friday	698	339	359	184	262	239	178	139	261	145	164	228	16
	70%	70%	69%	61%	69%	78%	64%	65%	72%	78%	74%	62%	719
Defense 4 a m	0.5	0.4	4.4	40	45	CD	40		40	K	K	47	
Before 4 a.m.	35 4%	21 4%	14 3%	16 5%	15 4%	4 1%	12 4%	1	13 4%	2 1%	8 4%	17 5%	3%
				E									
Between 4 a.m. and 5 a.m.	49	14	35	24	16	8	17	15	16	3	11	27	
	5%	3%	7%	8%	4%	3%	6%	7%	4%	2%	5%	7%	49
			Α	E								- 1	
Between 5 a.m. and 6 a.m.	41	22	20	21	15	5	12	1	12	8	9	14	1
	4%	5%	4%	7% E	4%	2%	4%	6%	3%	5%	4%	4%	49
Between 6 a.m. and 7 a.m.	37	16	22	11	13	13	15	4	15	9	7	13	
	4%	3%	4%	3%	4%	4%	5%	2%	4%	5%	3%	4%	3%
Between 7 a.m. and 8 a.m.	38	15	23	13	13	11	9	10	17	8	7	16	
	4%	3%	4%	4%	4%	4%	3%	5%	5%	4%	3%	4%	3%
Later in the day than 8am	102	57	45	32	43	27	35	26	29	11	15	51	2
•	10%	12%	9%	11%	11%	9%	13%	12%	8%	6%	7%	14%	119

9. Thinking about the day after Thanksgiving often referred to as Black Friday when many stores have sales starting early in the morning, how early do plan on getting up for 'Black Friday' shopping? Would you say...

roportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I - J/K - L/M/N/O * small base

		Child	dren		Education			Employm	ent Status		Marital	Status	Race			
	Total	Yes	No	HS or less	Some College	College Degree or higher	Full Time	Part Time	Not Emp.	Retired	Married	Other	Hispanic	Non- Hispanic White	Non- Hispanic Black	Non- Hispan Other
		A	В	С	D	E	F	G	Н	I	J	K	L	М	N	0
Base: All respondents	1001	314	679	280	333	378	421	108	157	308	609	386	108	729	104	
Weighted	1001	405	587	487	237	266	418	114*	232*	231	572	424	133*	683	115*	
I don't shop on Black Friday	698	272	418	331	171	188	286	80	147	181	406	289	84	512	57	
	70%	67%	71%	68%	72%	71%	68%	71%	63%	78% FH	71%	68%	63%	75% LN	50%	
Before 4 a.m.	35	19	15	21	8	5	18	7	8	3	24	11	6	16	8	
	4%	5%	3%	4%	4%	2%	4%	6% I	3%	1%	4%	3%	4%	2%	7% M	
Between 4 a.m. and 5 a.m.	49	34	15	19	17	13	30	6	9	5	35	13	5	29	12	
	5%	8% B	3%	4%	7%	5%	7% I	5%	4%	2%	6%	3%	4%	4%	10% M	
Between 5 a.m. and 6 a.m.	41	20	21	25	6	11	16	5	17	3	21	20	14	18	9	
	4%	5%	4%	5%	2%	4%	4%	4%	7% I	1%	4%	5%	10% M	3%	8% M	
Between 6 a.m. and 7 a.m.	37	16	21	17	7	12	16	3	12	6	16	21	6	23	5	
	4%	4%	4%	4%	3%	4%	4%	2%	5%	2%	3%	5%	5%	3%	5%	
Between 7 a.m. and 8 a.m.	38	10	28	16	10	12	17	4	9	7	21	16	12	20	5	
	4%	2%	5%	3%	4%	5%	4%	4%	4%	3%	4%	4%	9% M	3%	4%	
Later in the day than 8am	102	34	68	58	18	26	35	9	31	27	49	53	7	65	19	
·	10%	8%	12%	12%	7%	10%	8%	8%	13%	12%	9%	12%	5%	9%	17% L	

9. Thinking about the day after Thanksgiving often referred to as Black Friday when many stores have sales starting early in the morning, how early do plan on getting up for 'Black Friday' shopping? Would you say...

Troportions/weens. Columns Tested (07/113k level) - A		Take Thank	sgiving Nap	Shop on Black Friday			
	Total	Yes	No	Yes	No		
		Α	В	С	D		
Base: All respondents	1001	259	728	726	275		
Weighted	1001	281	707	698	303		
I don't shop on Black Friday	698	155	532	698	0		
	70%	55%	75%	100%	-		
			Α	D			
Before 4 a.m.	35	20	13	0	35		
	4%	7%	2%	-	12%		
		В			С		
Between 4 a.m. and 5 a.m.	49	20	29	0	49		
	5%	7%	4%	-	16%		
					С		
Between 5 a.m. and 6 a.m.	41	21	20	0	41		
	4%	8%	3%	-	14%		
		В			С		
Between 6 a.m. and 7 a.m.	37	11	26	0	37		
	4%	4%	4%	-	12%		
					C		
Between 7 a.m. and 8 a.m.	38	16	22	0	38		
	4%	6%	3%	-	13%		
					c		
Later in the day than 8am	102	37	65	0	102		
	10%	13%	9%	-	34%		
					С		

9x. Thinking about the day after Thanksgiving often referred to as Black Friday when many stores have sales starting early in the morning, how early do plan on getting up for 'Black Friday' shopping? Would you say...

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H - I/J/K/L * small base; ** very small base (under 30) ineligible for sig testing

		Gen	der		Age		H	ousehold Incom	ne		Re	gion	
	Total	Male	Female	18-34	35-54	55+	Under \$25K	\$25K- <\$50K	\$50K+	Northeast	Midwest	South	West
		Α	В	С	D	E	F	G	Н	I	J	K	L
Base: Black Friday Shoppers	275	112	163	66	99	106	61	66	115	40	58	120	57
Weighted	303	145*	158	117*	115*	68*	99*	77*	101*	42**	57*	139*	65*
Before 4 a.m.	35	21	14	16	15	4	12	9	13	2	8	17	8
	12%	14%	9%	14%	13%	6%	12%	11%	13%	5%	14%	12%	12%
Between 4 a.m. and 5 a.m.	49	14	35	24	16	8	17	15	16	3	11	27	8
	16%	10%	22% A	21%	14%	12%	17%	20%	16%	8%	19%	19%	13%
Between 5 a.m. and 6 a.m.	41	22	20	21	15	5	12	13	12	8	9	14	10
	14%	15%	12%	18%	13%	7%	12%	17%	12%	20%	16%	10%	15%
Between 6 a.m. and 7 a.m.	37	16	22	11	13	13	15	4	15	9	7	13	8
	12%	11%	14%	9%	12%	19%	15%	5%	15%	21%	12%	10%	12%
Between 7 a.m. and 8 a.m.	38	15	23	13	13	11	9	10	17	8	7	16	6
	13%	10%	15%	11%	12%	16%	9%	13%	17%	19%	13%	12%	10%
Later in the day than 8am	102	57	45	32	43	27	35	26	29	11	15	51	25
	34%	40%	28%	28%	37%	39%	35%	34%	29%	27%	26%	37%	38%

9x. Thinking about the day after Thanksgiving often referred to as Black Friday when many stores have sales starting early in the morning, how early do plan on getting up for 'Black Friday' shopping? Would you say...

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I - J/K - L/M/N/O * small base; ** very small base (under 30) ineligible for sig testing

		Child	dren		Education			Employm	ent Status		Marital	Status	Race			
	Total	Yes	No	HS or less	Some College	College Degree or higher	Full Time	Part Time	Not Emp.	Retired	Married	Other	Hispanic	Non- Hispanic White	Non- Hispanic Black	Non- Hispanic Other
		Α	В	С	D	Ē	F	G	Н .	I	J	K	L	М	N	0
Base: Black Friday Shoppers	275	109	164	80	87	105	131	25	49	67	169	102	38	167	45	1
Weighted	303	133*	168*	157*	66*	78*	133*	34**	85*	50*	166	135*	49**	171*	58**	20'
Before 4 a.m.	35		15		8	5	18	1	8	3	24	11	6	16		
	12%	14%	9%	14%	13%	7%	14%	20%	9%	5%	14%	8%	12%	9%	14%	189
Between 4 a.m. and 5 a.m.	49	34	15		17	13			9	5	35	13	5	29		
	16%	26% B	9%	12%	25%	16%	23%	17%	10%	9%	21%	10%	10%	17%	20%	18%
Between 5 a.m. and 6 a.m.	41	20	21	25	6	11	16	5	17	3	21	20	14	18	9	
	14%	15%	13%	16%	9%	14%	12%	15%	20%	6%	13%	15%	28%	11%	15%	3%
Between 6 a.m. and 7 a.m.	37	16	21	17	7	12	16	3	12	6	16	21	6	23	5	
	12%	12%	13%	11%	11%	15%	12%	8%	14%	11%	10%	16%	13%	14%	9%	7%
Between 7 a.m. and 8 a.m.	38	10	28		10	12	17	4	9	7	21	16	12	20		(
	13%	7%	16%	10%	15%	15%	13%	12%	11%	15%	13%	12%	24%	12%	8%	
Later in the day than 8am	102	34	68	58	18	26	35	9	31	27	49	53	7	65	19	1
	34%	26%	40% A	37%	27%	33%	27%	27%	36%	53% F	30%	39%	13%	38%	33%	53%

Thanksgiving Study

Detailed tables

9x. Thinking about the day after Thanksgiving often referred to as Black Friday when many stores have sales starting early in the morning, how early do plan on getting up for 'Black Friday' shopping? Would you say...

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D * small base; ** very small base (under 30) ineligible for sig testing

		Take Thank	sgiving Nap	Shop on Black Friday			
	Total	Yes	No	Yes	No		
		А	В	С	D		
Base: Black Friday Shoppers	275	102	171	0	275		
Weighted	303	126*	175	_**	303		
Before 4 a.m.	35	20	13	0	35		
	12%	16%	8%	-	12%		
Between 4 a.m. and 5 a.m.	49	20	29	0	49		
Dotwoon Familiana Gainii	16%	16%	16%	-	16%		
Between 5 a.m. and 6 a.m.	41	21	20	0	41		
	14%	17%	11%	-	14%		
Between 6 a.m. and 7 a.m.	37	11	26	0	37		
	12%	9%	15%	-	12%		
Between 7 a.m. and 8 a.m.	38	16	22	0	38		
2555 4 4 5 4	13%	13%	13%	-	13%		
Later in the day than 8am	102	37	65	0	102		
	34%	29%	37%	-	34%		