

***Different people find that different aspects of their lives can be overwhelming or stressful. I'm going to name four different areas of life. As I read each one, please tell me if you find the demands of that area of your life stressful and overwhelming almost all of the time, often, occasionally, or never. 1) Your job ?***

		REGION						AGE			GENDER	
	TOTAL	BC	ALB	SK/MN	ONT	QUE	ATL	18-34	35-54	55+	Male	Female
Base: All Respondents												
Unweighted Base	1000	150	100	100	300	250	100	301	430	252	500	500
Weighted Base	1000	131	91	71	374	252	81	329	379	277	484	516
Almost all of the time	7%	5%	8%	5%	8%	7%	6%	8%	9%	3%	6%	8%
Often	13%	15%	17%	14%	16%	9%	10%	17%	17%	6%	15%	12%
Occasionally	40%	38%	39%	43%	39%	40%	41%	44%	49%	23%	39%	40%
Never	20%	21%	19%	22%	19%	21%	22%	24%	19%	17%	24%	17%
Do not have a job	19%	21%	17%	16%	18%	22%	20%	7%	6%	51%	15%	24%
Don't know	0	-	-	-	0	-	1%	-	0	0	0	0
TOPBOX & LOWBOX SUMMARY												
Often (Top2Box)	21%	20%	26%	18%	24%	16%	16%	25%	26%	8%	21%	20%
Seldom (Low2Box)	60%	59%	58%	65%	58%	62%	63%	68%	68%	41%	64%	57%
EMPLOYED RESPONDENTS												
Base: Employed Full-time / Part-time or Self Employed												
Unweighted Base	617	90	67	60	194	155	51	188	350	74	333	284
Weighted Base	601	76	54	41	231	156	43	206	310	80	319	281
Almost all of the time	8%	7%	8%	5%	10%	7%	9%	9%	8%	7%	8%	8%
Often	18%	21%	24%	21%	19%	13%	14%	18%	19%	14%	18%	17%
Occasionally	52%	46%	45%	61%	50%	56%	58%	49%	54%	52%	48%	56%
Never	22%	26%	22%	13%	21%	25%	19%	24%	20%	25%	25%	19%
Do not have a job	0	1%	-	-	-	-	-	-	-	1%	0	-
TOPBOX & LOWBOX SUMMARY												
Often (Top2Box)	26%	27%	33%	26%	29%	19%	23%	26%	27%	22%	27%	25%
Seldom (Low2Box)	74%	71%	67%	74%	71%	81%	77%	74%	73%	77%	73%	75%

*Different people find that different aspects of their lives can be overwhelming or stressful. I'm going to name four different areas of life. As I read each one, please tell me if you find the demands of that area of your life stressful and overwhelming almost all of the time, often, occasionally, or never. 2) Your family ?*

		REGION						AGE			GENDER	
	TOTAL	BC	ALB	SK/MN	ONT	QUE	ATL	18-34	35-54	55+	Male	Female
Base: All Respondents												
Unweighted Base	1000	150	100	100	300	250	100	301	430	252	500	500
Weighted Base	1000	131	91	71	374	252	81	329	379	277	484	516
Almost all of the time	6%	5%	9%	7%	6%	6%	9%	6%	6%	7%	5%	8%
Often	14%	15%	19%	10%	16%	12%	6%	14%	15%	13%	11%	17%
Occasionally	54%	54%	45%	61%	55%	50%	64%	54%	57%	50%	55%	53%
Never	25%	27%	26%	22%	23%	31%	21%	26%	22%	29%	29%	22%
Don't know	0	-	-	-	0	0	-	-	0	-	0	-
TOPBOX & LOWBOX SUMMARY												
Often (Top2Box)	20%	19%	29%	17%	22%	19%	15%	20%	21%	20%	16%	25%
Seldom (Low2Box)	79%	81%	71%	83%	78%	81%	85%	80%	79%	80%	84%	75%

*Different people find that different aspects of their lives can be overwhelming or stressful. I'm going to name four different areas of life. As I read each one, please tell me if you find the demands of that area of your life stressful and overwhelming almost all of the time, often, occasionally, or never. 3) Your finances ?*

		REGION						AGE			GENDER	
	TOTAL	BC	ALB	SK/MN	ONT	QUE	ATL	18-34	35-54	55+	Male	Female
Base: All Respondents												
Unweighted Base	1000	150	100	100	300	250	100	301	430	252	500	500
Weighted Base	1000	131	91	71	374	252	81	329	379	277	484	516
Almost all of the time	10%	13%	12%	10%	9%	8%	12%	10%	10%	9%	7%	12%
Often	20%	27%	18%	20%	20%	17%	14%	27%	21%	9%	20%	19%
Occasionally	52%	47%	58%	54%	51%	53%	53%	51%	52%	53%	51%	53%
Never	19%	12%	11%	17%	20%	22%	21%	12%	16%	28%	20%	17%
Don't know	0	-	-	-	1%	-	-	-	0	-	0	-
TOPBOX & LOWBOX SUMMARY												
Often (Top2Box)	29%	40%	31%	30%	29%	25%	26%	37%	31%	19%	28%	31%
Seldom (Low2Box)	70%	60%	69%	70%	71%	75%	74%	63%	69%	81%	72%	69%

**Different people find that different aspects of their lives can be overwhelming or stressful. I'm going to name four different areas of life. As I read each one, please tell me if you find the demands of that area of your life stressful and overwhelming almost all of the time, often, occasionally, or never. 4) World events ?**

		REGION						AGE			GENDER	
	TOTAL	BC	ALB	SK/MN	ONT	QUE	ATL	18-34	35-54	55+	Male	Female
Base: All Respondents												
Unweighted Base	1000	150	100	100	300	250	100	301	430	252	500	500
Weighted Base	1000	131	91	71	374	252	81	329	379	277	484	516
Almost all of the time	6%	5%	8%	2%	6%	8%	9%	5%	6%	8%	5%	8%
Often	19%	18%	16%	13%	20%	22%	14%	18%	18%	21%	17%	20%
Occasionally	58%	59%	63%	71%	57%	53%	59%	60%	60%	54%	57%	60%
Never	16%	18%	12%	14%	17%	17%	18%	17%	16%	16%	21%	12%
Don't know	0	-	1%	-	1%	0	-	0	0	1%	1%	0
TOPBOX & LOWBOX SUMMARY												
Often (Top2Box)	25%	23%	24%	15%	25%	30%	23%	23%	24%	29%	22%	28%
Seldom (Low2Box)	75%	77%	75%	85%	74%	70%	77%	77%	76%	70%	77%	72%

**Different people find that different aspects of their lives can be overwhelming or stressful. I'm going to name four different areas of life. As I read each one, please tell me if you find the demands of that area of your life stressful and overwhelming almost all of the time, often, occasionally, or never. 1) Your job ?**

		EDUCATION				INCOME		
	TOTAL	<HS	HS	Post sec	University	<\$30K	\$30K--\$60K	\$60K +
Base: All Respondents								
Unweighted Base	1000	127	227	332	310	236	339	346
Weighted Base	1000	132	225	326	312	239	338	339
Almost all of the time	7%	8%	8%	8%	5%	7%	7%	6%
Often	13%	6%	9%	15%	18%	7%	12%	21%
Occasionally	40%	33%	39%	41%	42%	33%	43%	42%
Never	20%	19%	21%	20%	20%	22%	19%	22%
Do not have a job	19%	35%	23%	15%	14%	31%	19%	8%
Don't know	0	-	0	0	-	-	1%	-
TOPBOX & LOWBOX SUMMARY								
Often (Top2Box)	21%	13%	17%	23%	24%	14%	19%	27%
Seldom (Low2Box)	60%	52%	60%	61%	63%	55%	62%	65%
EMPLOYED RESPONDENTS								
Base: Employed Full-time / Part-time or Self Employed								
Unweighted Base	617	53	135	207	222	99	210	278
Weighted Base	601	55	124	201	221	99	201	270
Almost all of the time	8%	13%	10%	8%	6%	10%	8%	7%
Often	18%	7%	13%	17%	24%	9%	16%	24%
Occasionally	52%	57%	53%	52%	50%	55%	55%	47%
Never	22%	23%	24%	23%	20%	27%	20%	23%
Do not have a job	0	-	1%	-	-	-	0	-
TOPBOX & LOWBOX SUMMARY								
Often (Top2Box)	26%	21%	23%	25%	29%	18%	24%	30%
Seldom (Low2Box)	74%	79%	76%	75%	71%	82%	75%	70%

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		EDUCATION				INCOME		
	TOTAL	<HS	HS	Post sec	University	<\$30K	\$30K-<\$60K	\$60K +
Base: All Respondents								
Unweighted Base	1000	127	227	332	310	236	339	346
Weighted Base	1000	132	225	326	312	239	338	339
Almost all of the time	6%	9%	10%	5%	4%	14%	5%	3%
Often	14%	17%	12%	15%	14%	12%	14%	15%
Occasionally	54%	44%	51%	57%	57%	46%	54%	60%
Never	25%	30%	27%	23%	25%	28%	27%	22%
Don't know	0	-	-	0	0	0	-	0
TOPBOX & LOWBOX SUMMARY								
Often (Top2Box)	20%	26%	22%	20%	18%	25%	19%	18%
Seldom (Low2Box)	79%	74%	78%	80%	82%	74%	81%	82%

*Different people find that different aspects of their lives can be overwhelming or stressful. I'm going to name four different areas of life. As I read each one, please tell me if you find the demands of that area of your life stressful and overwhelming almost all of the time, often, occasionally, or never. 3) Your finances ?*

		EDUCATION				INCOME		
	TOTAL	<HS	HS	Post sec	University	<\$30K	\$30K-<\$60K	\$60K +
Base: All Respondents								
Unweighted Base	1000	127	227	332	310	236	339	346
Weighted Base	1000	132	225	326	312	239	338	339
Almost all of the time	10%	11%	15%	10%	6%	17%	9%	4%
Often	20%	20%	16%	22%	19%	20%	22%	17%
Occasionally	52%	50%	46%	54%	54%	47%	51%	59%
Never	19%	18%	23%	14%	20%	16%	18%	19%
Don't know	0	-	0	-	0	-	0	0
TOPBOX & LOWBOX SUMMARY								
Often (Top2Box)	29%	32%	31%	32%	25%	37%	30%	22%
Seldom (Low2Box)	70%	68%	68%	68%	75%	63%	69%	78%

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		EDUCATION				INCOME		
	TOTAL	<HS	HS	Post sec	University	<\$30K	\$30K-<\$60K	\$60K +
Base: All Respondents								
Unweighted Base	1000	127	227	332	310	236	339	346
Weighted Base	1000	132	225	326	312	239	338	339
Almost all of the time	6%	9%	9%	3%	7%	8%	7%	4%
Often	19%	18%	20%	18%	19%	17%	20%	17%
Occasionally	58%	50%	54%	63%	59%	56%	57%	64%
Never	16%	22%	16%	15%	15%	18%	14%	15%
Don't know	0	1%	0	0	0	-	1%	0
TOPBOX & LOWBOX SUMMARY								
Often (Top2Box)	25%	27%	29%	21%	25%	26%	28%	21%
Seldom (Low2Box)	75%	72%	70%	79%	74%	74%	72%	79%

**STRESSFUL AREA:**

		STRESSFUL				HOW MANY OF THESE ARE STRESSFUL				
	Total	Job	Family	Finance	Event	None	1	2	3	4
TOTAL MENTION										
Base: All Respondents										
Unweighted Base	1000	208	195	298	245	435	298	175	70	22
Weighted Base	1000	205	205	294	250	429	301	178	71	21
Job	21%	100%	33%	37%	26%	-	20%	41%	73%	100%
Family	20%	33%	100%	36%	31%	-	16%	47%	72%	100%
Finance	29%	52%	51%	100%	39%	-	31%	65%	92%	100%
Event	25%	31%	38%	33%	100%	-	33%	48%	63%	100%
Not stressful	43%	-	-	-	-	100%	-	-	-	-

**NUMBER OF STRESSFUL AREAS:**

		STRESSFUL				HOW MANY OF THESE ARE STRESSFUL				
	Total	Job	Family	Finance	Event	None	1	2	3	4
TOTAL MENTION										
Base: All Respondents										
Unweighted Base	1000	208	195	298	245	435	298	175	70	22
Weighted Base	1000	205	205	294	250	429	301	178	71	21
Said None	43%	-	-	-	-	100%	-	-	-	-
Said stressful to 1	30%	29%	24%	31%	40%	-	100%	-	-	-
Said stressful to 2	18%	35%	41%	39%	34%	-	-	100%	-	-
Said stressful to 3	7%	25%	25%	22%	18%	-	-	-	100%	-
Said stressful to 4	2%	10%	10%	7%	9%	-	-	-	-	100%

### OFTEN SUMMARY TABLE

		STRESSFUL				HOW MANY OF THESE ARE STRESSFUL				
	Total	Job	Family	Finance	Event	None	1	2	3	4
Almost all of the time / Often										
Base: All Respondents										
Unweighted Base	1000	208	195	298	245	435	298	175	70	22
Weighted Base	1000	205	205	294	250	429	301	178	71	21
1) Your job	21%	100%	33%	37%	26%	-	20%	41%	73%	100%
2) Your family	20%	33%	100%	36%	31%	-	16%	47%	72%	100%
3) Your finances	29%	52%	51%	100%	39%	-	31%	65%	92%	100%
4) World events	25%	31%	38%	33%	100%	-	33%	48%	63%	100%

### 1. SELDOM SUMMARY TABLE

		STRESSFUL				HOW MANY OF THESE ARE STRESSFUL				
	Total	Job	Family	Finance	Event	None	1	2	3	4
Occasionally / Never										
Base: All Respondents										
Unweighted Base	1000	208	195	298	245	435	298	175	70	22
Weighted Base	1000	205	205	294	250	429	301	178	71	21
1) Your job	60%	-	47%	49%	52%	77%	60%	46%	11%	-
2) Your family	79%	67%	-	64%	69%	100%	84%	53%	28%	-
3) Your finances	70%	48%	49%	-	61%	100%	69%	35%	8%	-
4) World events	75%	69%	61%	66%	-	100%	67%	51%	37%	-



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		STRESSFUL				HOW MANY OF THESE ARE STRESSFUL				
	Total	Job	Family	Finance	Event	None	1	2	3	4
Base: All Respondents										
Unweighted Base	1000	208	195	298	245	435	298	175	70	22
Weighted Base	1000	205	205	294	250	429	301	178	71	21
Almost all of the time	7%	34%	12%	14%	10%	-	6%	14%	27%	46%
Often	13%	66%	21%	22%	15%	-	14%	27%	46%	54%
Occasionally	40%	-	36%	36%	34%	48%	42%	34%	8%	-
Never	20%	-	11%	13%	18%	29%	18%	12%	4%	-
Do not have a job	19%	-	20%	14%	22%	23%	20%	13%	16%	-
Don't know	0	-	-	0	-	0	0	-	-	-
TOPBOX & LOWBOX SUMMARY										
Often (Top2Box)	21%	100%	33%	37%	26%	-	20%	41%	73%	100%
Seldom (Low2Box)	60%	-	47%	49%	52%	77%	60%	46%	11%	-
EMPLOYED RESPONDENTS										
Base: Employed Full-time / Part-time or Self Employed										
Unweighted Base	617	162	115	194	148	253	183	124	40	17
Weighted Base	601	156	113	184	147	248	178	119	40	16
Almost all of the time	8%	31%	16%	15%	12%	-	8%	14%	29%	46%
Often	18%	69%	26%	27%	22%	-	20%	34%	57%	54%
Occasionally	52%	-	43%	46%	45%	68%	51%	39%	12%	-
Never	22%	-	15%	13%	21%	31%	21%	13%	3%	-
Do not have a job	0	-	-	-	-	0	-	-	-	-
TOPBOX & LOWBOX SUMMARY										
Often (Top2Box)	26%	100%	42%	41%	34%	-	28%	47%	86%	100%
Seldom (Low2Box)	74%	-	58%	59%	66%	100%	72%	53%	14%	-

**Region:**

		STRESSFUL				HOW MANY OF THESE ARE STRESSFUL				
	Total	Job	Family	Finance	Event	None	1	2	3	4
Base: All respondents										
Unweighted Base	1000	208	195	298	245	435	298	175	70	22
Weighted Base	1000	205	205	294	250	429	301	178	71	21
British Columbia	13%	13%	12%	18%	12%	12%	13%	15%	18%	7%
Alberta	9%	11%	13%	9%	9%	8%	9%	13%	9%	10%
Sask/Man	7%	6%	6%	7%	4%	8%	6%	9%	3%	4%
Ontario	37%	44%	40%	37%	38%	34%	42%	37%	42%	33%
Quebec	25%	20%	23%	21%	30%	28%	23%	21%	23%	37%
Atlantic	8%	6%	6%	7%	7%	9%	8%	6%	5%	10%

**Respondent's Sex:**

		STRESSFUL				HOW MANY OF THESE ARE STRESSFUL				
	Total	Job	Family	Finance	Event	None	1	2	3	4
Base: All Respondents										
Unweighted Base	1000	208	195	298	245	435	298	175	70	22
Weighted Base	1000	205	205	294	250	429	301	178	71	21
Male	48%	51%	38%	46%	42%	54%	44%	44%	37%	63%
Female	52%	49%	62%	54%	58%	46%	56%	56%	63%	37%

**AGREE SUMMARY TABLE**

		REGION						AGE			GENDER	
	TOTAL	BC	ALB	SK/MN	ONT	QUE	ATL	18-34	35-54	55+	Male	Female
Strongly / Somewhat Agree												
Base: All Respondents												
Unweighted Base	1000	150	100	100	300	250	100	301	430	252	500	500
Weighted Base	1000	131	91	71	374	252	81	329	379	277	484	516
I think about the personal safety of myself and my family more often now than before September 11th	66%	66%	73%	66%	68%	61%	68%	70%	68%	59%	60%	72%
I am more pessimistic about the future now than I was a month ago	55%	56%	52%	53%	56%	52%	59%	56%	55%	52%	51%	58%