Topline Tables Is your child currently underweight, a healthy weight, overweight, or obese?

	Total
Base: All respondents Weighted	715 715
Underweight	40
A la a laborrosia ba	6%
A healthy weight	586 82%
Overweight	84
	12%
Obese	1
(DK/NS)	4
(DR/NS)	1%



Topline Tables How do you know that he/she is underweight/a healthy weight/overweight/obese?

	Total
Base: Those who answered Q2	713 711
Weighted	711
Doctor/ other health care professional said	370
	52%
NET: COMPARE TO OTHER KIDS	322 45%
-Looks normal/like all the other kids their	200
age	=**
	28%
-Fat/ heavier than other kids their age	45 6%
-Skinny/thin/little compared to other kids	45
their age	
-Just by looking at them	6% 34
-Just by looking at them	5%
NET: HEIGHT/WEIGHT	79
	11%
-Height	49 7%
-Weigh them on a scale	31
· ·	4%
NET: EXERCISE	69
-Gets exercise/ physically activity	10% 69
Coto exercises, prhysically deliving	10%
-Lack of exercise/ activity	1
NET: DIET	0 66
NET. DIET	9%
-Good eating habits/ / eats a balanced diet	59
-Portion control	8% 8
-Portion control	0 1%
-Poor eating habits/ eats the wrong foods	2
Thou don't not anough /!!	0
-They don't eat enough/small appetite	0
-Eats too much	1
	0
NET: BMI/GROWTH CHART	42 6%
-Use growth chart	25
	4%
-At proper Body mass index (BMI) rating	17
NET: OTHER	2% 32
· · · - · · · · · · · · · · · · · · · ·	5%
-Other	28
	4%

How do you know that he/she is underweight/a healthy weight/overweight/obese?

	Total
-Clothes don't fit	4
	1%
(DK/NS)	3
	0

Topline Tables

What do you think are the factors that have contributed to your child being underweight/a healthy weight/overweight/obese?

	Total
	10101
Base: Those who answered Q2	713
Weighted	711
NET, DIET	404
NET: DIET	494 70%
-Healthy diet/food	458
,	64%
-Poor diet/ food choices	40
F. II O I I . F I O . I	6%
-Follow Canada's Food Guide	3 0
NET: EXERCISE	458
	64%
-Exercise/physical activity	425
to a design of the state of the	60%
-Inactivity/ lack of exercise/ play / sport	38 5%
NET: GENETIC/MEDICAL	96
NET. SEIVETTO/MESTO/LE	14%
-Genetic/ heredity	85
	12%
-Medical reasons	11
NET: FOOD PORTIONS	2% 94
NET. 1 GOD 1 GIVITONO	13%
-The right amount of food	66
	9%
-Too much food	20 3%
-Not enough food	9
Not chough 1000	1%
NET: OTHER	78
	11%
-Gets enough sleep	16 2%
-Poor/low self esteem	7
. 66,7,6,11 66,11 66,166,11	1%
-Influence of friends/peers	6
	1%
-Want to be healthy and feel good	3 0
-Concerned about how they look	1
2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	0
-Nothing	2
045	0
-Other	44 6%
	070

What do you think are the factors that have contributed to your child being underweight/a healthy weight/overweight/obese?

	Total
NET: HOME LIFE	52
	7%
-Parental influence	47
	7%
-Happy home life/ family support	9
	1%
(DK/NS)	4
	1%



Topline Tables

What do you think are the most important reasons for parents to promote a healthy weight for their child?

	Total
Base: All respondents	715
Weighted	715
Overall good health	443
	62%
To feel good about themselves/be happy/	178
high self-esteem/positive body image	
	25%
To promote long term healthy living habits	136
	19%
To avoid health problems (e.g. heart	132
disease, diabetes, etc.)	
	19%
Longer life expectancy	67
	9%
To be able to play/keep up with others/ do activities/ sports	47
'	7%
Not to be teased	20
	3%
To look good/look like others	11
	2%
Other	25
	3%
(DK/NS)	17
	2%

Would you say your child's excellent, very good, good, fair poor, or very poor?

	Total
Base: All respondents	715
Weighted	715
Eating and drinking habits are	
(6) Excellent	116
	16%
(5) Very good	301
	42%
(4) Good	235
	33%
(3) Fair	56
. ,	8%
(2) Poor	6
, ,	1%
Cummon	
Summary	050
Top3Box	652
	91%
MidBox (Fair)	56
	8%
Low2Box	6
	1%

Topline Tables Would you say your child's excellent, very good, good, fair poor, or very poor?

	Total
	Total
5 411	
Base: All respondents	715
Weighted	715
Physical activity level is	
(6) Excellent	205
. ,	29%
(5) Very good	261
() 3 0	36%
(4) Good	195
(1) 2222	27%
(3) Fair	41
(8) 1 4	6%
(2) Poor	12
(2) : 33.	2%
(1) Very poor	1
(1) Very poor	ó
	Ŭ
Cummon	
Summary	661
Top3Box	
	92%
MidBox (Fair)	41
	6%
Low2Box	13
	2%

Would you say your child's excellent, very good, good, fair poor, or very poor?

	Total
Base: All respondents	715
Weighted	715
Self esteem is	
(6) Excellent	121
(o) Excellent	17%
(5) Very good	304
(3) very good	43%
(4) Cood	235
(4) Good	
(2) 5-:-	33%
(3) Fair	44
(=) =	6%
(2) Poor	10
	1%
(DK/NS)	1
	0
0	
Summary	
Top3Box	660
	92%
MidBox (Fair)	44
	6%
Low2Box	10
	1%

Topline TablesWhat have you done, if anything, to help your child to have healthy eating and drinking habits?

Base: All respondents		T !
Weighted 715 NET: ENSURE HEALTHY EATING 523 73% -Offer healthy choices for meals 321 45% -Have healthier options on hand for snacking 204 -Prepare meals from scratch / cook myself 128 18% -Get kids involved in planning meals, shopping, and preparation 26 -Use Canada's Food Guide for Healthy 22 Eating 3% -Eat more family meals together 17 -Monitor what they eat more closely 12 -Get kids to eat breakfast - not skip meals 6 NET: ENCOURAGE HEALTHY EATING 318 44% -Set good example 163 23% -Encourage kids to eat healthy/tell them what to eat 20% -Educate kids about healthy foods 36 5% -Talk about labels/ ingredients in food 8 -Offer rewards/incentives 6 NET: OTHER 59 8% -Encourage exercise 11 1% -Talk to a health professional 1 -Other 48 7% Nothing 32		Total
Weighted 715 NET: ENSURE HEALTHY EATING 523 73% -Offer healthy choices for meals 321 45% -Have healthier options on hand for snacking 204 -Prepare meals from scratch / cook myself 128 18% -Get kids involved in planning meals, shopping, and preparation 26 -Use Canada's Food Guide for Healthy 22 Eating 3% -Eat more family meals together 17 -Monitor what they eat more closely 12 -Get kids to eat breakfast - not skip meals 6 NET: ENCOURAGE HEALTHY EATING 318 44% -Set good example 163 23% -Encourage kids to eat healthy/tell them what to eat 20% -Educate kids about healthy foods 36 5% -Talk about labels/ ingredients in food 8 -Offer rewards/incentives 6 NET: OTHER 59 8% -Encourage exercise 11 1% -Talk to a health professional 1 -Other 48 7% Nothing 32	Danes All annual denta	745
NET: ENSURE HEALTHY EATING -Offer healthy choices for meals -Offer healthy choices for meals -Have healthier options on hand for snacking -Prepare meals from scratch / cook myself -Get kids involved in planning meals, shopping, and preparation -Use Canada's Food Guide for Healthy Eating -Eat more family meals together -Monitor what they eat more closely -Get kids to eat breakfast - not skip meals 6 NET: ENCOURAGE HEALTHY EATING -Set good example -Encourage kids to eat healthy/tell them what to eat -Educate kids about healthy foods -Talk about labels/ ingredients in food NET: OTHER -Encourage exercise -Talk to a health professional -Other Nothing Nothing		
-Offer healthy choices for meals -Have healthier options on hand for snacking -Prepare meals from scratch / cook myself -Get kids involved in planning meals, shopping, and preparation -Use Canada's Food Guide for Healthy Eating -Eat more family meals together -Monitor what they eat more closely -Get kids to eat breakfast - not skip meals NET: ENCOURAGE HEALTHY EATING -Set good example -Encourage kids to eat healthy/tell them what to eat -Educate kids about healthy foods -Talk about labels/ ingredients in food -Offer rewards/incentives -Encourage exercise -Talk to a health professional -Other Nothing -Other -Nothing -29% -29% -4% -29% -4% -20 -20 -20 -20 -20 -20 -20 -2	vveignted	715
-Offer healthy choices for meals -Have healthier options on hand for snacking -Prepare meals from scratch / cook myself -Get kids involved in planning meals, shopping, and preparation -Use Canada's Food Guide for Healthy Eating -Eat more family meals together -Monitor what they eat more closely -Get kids to eat breakfast - not skip meals NET: ENCOURAGE HEALTHY EATING -Set good example -Encourage kids to eat healthy/tell them what to eat -Educate kids about healthy foods -Talk about labels/ ingredients in food -Offer rewards/incentives -Encourage exercise -Talk to a health professional -Other Nothing -Other -Nothing -29% -29% -4% -29% -4% -20 -20 -20 -20 -20 -20 -20 -2	NET: ENSURE HEALTHY EATING	523
-Offer healthy choices for meals -Have healthier options on hand for snacking -Prepare meals from scratch / cook myself -Get kids involved in planning meals, shopping, and preparation -Use Canada's Food Guide for Healthy Eating -Eat more family meals together -Monitor what they eat more closely -Get kids to eat breakfast - not skip meals NET: ENCOURAGE HEALTHY EATING -Set good example -Encourage kids to eat healthy/tell them what to eat -Educate kids about healthy foods -Talk about labels/ ingredients in food -Offer rewards/incentives -Encourage exercise -Talk to a health professional -Other Nothing 321 45% 204 321 45% 321 321 321 321 321 321 321 32	NET. ENSOINE HEALTHT EATING	
- Have healthier options on hand for snacking - Prepare meals from scratch / cook myself - Get kids involved in planning meals, shopping, and preparation - Use Canada's Food Guide for Healthy Eating - Eat more family meals together - Monitor what they eat more closely - Get kids to eat breakfast - not skip meals NET: ENCOURAGE HEALTHY EATING - Set good example - Encourage kids to eat healthy/tell them what to eat - Educate kids about healthy foods - Talk about labels/ ingredients in food - Offer rewards/incentives NET: OTHER - Encourage exercise - Incourage exercise - I	-Offer healthy choices for meals	
-Have healthier options on hand for snacking -Prepare meals from scratch / cook myself -Get kids involved in planning meals, shopping, and preparation -Use Canada's Food Guide for Healthy Eating -Eat more family meals together -Monitor what they eat more closely -Get kids to eat breakfast - not skip meals NET: ENCOURAGE HEALTHY EATING -Set good example -Encourage kids to eat healthy/tell them what to eat -Educate kids about healthy foods -Talk about labels/ ingredients in food -Offer rewards/incentives NET: OTHER -Encourage exercise -Talk to a health professional -Other Nothing	Offer fleating choices for friedis	0
## Space 29% 29% 29% 128 18% 18% 18% 26 18% 26 18% 26 18% 26 18% 26 18% 26 18% 26 18% 26 18% 26 18% 26 18% 26 18% 26 18% 26 18% 27 18 18% 26 18% 27 18 18% 27 18 18% 28 18% 29% 29% 20 20 20 20 20 20 20 2	-Have healthier ontions on hand for	
-Prepare meals from scratch / cook myself -Get kids involved in planning meals, shopping, and preparation -Use Canada's Food Guide for Healthy Eating -Eat more family meals together -Monitor what they eat more closely -Get kids to eat breakfast - not skip meals NET: ENCOURAGE HEALTHY EATING -Set good example -Encourage kids to eat healthy/tell them what to eat -Educate kids about healthy foods -Talk about labels/ ingredients in food -Offer rewards/incentives -Encourage exercise -Talk to a health professional -Other Nothing -Other Nothing -Set good example -Cother -Cother	•	20.
-Get kids involved in planning meals, shopping, and preparation -Use Canada's Food Guide for Healthy Eating -Eat more family meals together -Monitor what they eat more closely -Get kids to eat breakfast - not skip meals NET: ENCOURAGE HEALTHY EATING -Set good example -Encourage kids to eat healthy/tell them what to eat -Educate kids about healthy foods -Talk about labels/ ingredients in food NET: OTHER -Encourage exercise -Encourage exercise -Inthe to a health professional -Other -Other -Other -Other -Nothing -Talk about labels/ ingredients in food	3	29%
-Get kids involved in planning meals, shopping, and preparation 26 -Use Canada's Food Guide for Healthy Eating 3% -Eat more family meals together 17 -Monitor what they eat more closely 12 -Get kids to eat breakfast - not skip meals 6 NET: ENCOURAGE HEALTHY EATING 318 -Set good example 163 -Encourage kids to eat healthy/tell them what to eat 143 -Educate kids about healthy foods 36 -Talk about labels/ ingredients in food 8 -Talk about labels/ ingredients in food 1% -Offer rewards/incentives 6 NET: OTHER 59 -Encourage exercise 11 -Talk to a health professional 1 -Other 48 Nothing 32	-Prepare meals from scratch / cook myself	128
Shopping, and preparation	,	18%
-Use Canada's Food Guide for Healthy Eating -Eat more family meals together -Monitor what they eat more closely -Get kids to eat breakfast - not skip meals -Get kids to eat breakfast - not skip meals -Get kids to eat breakfast - not skip meals -Get kids to eat healthy EATING -Set good example -Set good example -Encourage kids to eat healthy/tell them what to eat -Educate kids about healthy foods -Talk about labels/ ingredients in food -Offer rewards/incentives -Encourage exercise -Encourage exercise -Talk to a health professional -Other -Other -Other -Nothing -Talk about health professional -Other -Other -Other -Talk about abels/ -Talk about a health professional -Other -Other -Talk about abels/ -Talk about a health professional	-Get kids involved in planning meals,	26
-Use Canada's Food Guide for Healthy Eating -Eat more family meals together -Monitor what they eat more closely -Get kids to eat breakfast - not skip meals NET: ENCOURAGE HEALTHY EATING -Set good example -Encourage kids to eat healthy/tell them what to eat -Educate kids about healthy foods -Talk about labels/ ingredients in food NET: OTHER -Encourage exercise -Incourage exe	shopping, and preparation	
Eating 3% -Eat more family meals together 17 -Monitor what they eat more closely 12 -Get kids to eat breakfast - not skip meals 6 NET: ENCOURAGE HEALTHY EATING 318 -Set good example 163 -Encourage kids to eat healthy/tell them what to eat 20% -Educate kids about healthy foods 36 -Talk about labels/ ingredients in food 8 -Talk about labels/ ingredients in food 8 NET: OTHER 59 -Encourage exercise 11 -Talk to a health professional 1 -Other 48 Nothing 32		
-Eat more family meals together 17 -Monitor what they eat more closely 12 -Get kids to eat breakfast - not skip meals 6 -NET: ENCOURAGE HEALTHY EATING 318 -Set good example 163 -Encourage kids to eat healthy/tell them what to eat 20% -Educate kids about healthy foods 36 -Talk about labels/ ingredients in food 8 -Offer rewards/incentives 6 NET: OTHER 59 -Encourage exercise 11 -Talk to a health professional 1 -Other 48 Nothing 32	-Use Canada's Food Guide for Healthy	22
-Eat more family meals together -Monitor what they eat more closely -Get kids to eat breakfast - not skip meals NET: ENCOURAGE HEALTHY EATING -Set good example -Encourage kids to eat healthy/tell them what to eat -Educate kids about healthy foods -Talk about labels/ ingredients in food -Offer rewards/incentives NET: OTHER -Encourage exercise -Talk to a health professional -Other Nothing 17 2% 18 19 19 10 10 11 17 2% 18 19 10 10 10 11 10 10 10 10 10	Eating	
-Monitor what they eat more closely 12 2% -Get kids to eat breakfast - not skip meals 6 NET: ENCOURAGE HEALTHY EATING 318 44% -Set good example 163 23% -Encourage kids to eat healthy/tell them what to eat 20% -Educate kids about healthy foods 36 5% -Talk about labels/ ingredients in food 8 11% -Offer rewards/incentives 6 11% NET: OTHER 59 8% -Encourage exercise 111 1% -Talk to a health professional 1 0 -Other 48 7% Nothing 32		
-Monitor what they eat more closely -Get kids to eat breakfast - not skip meals NET: ENCOURAGE HEALTHY EATING -Set good example -Encourage kids to eat healthy/tell them what to eat -Educate kids about healthy foods -Talk about labels/ ingredients in food NET: OTHER -Encourage exercise -Talk to a health professional -Other Nothing	-Eat more family meals together	
-Get kids to eat breakfast - not skip meals NET: ENCOURAGE HEALTHY EATING NET: ENCOURAGE HEALTHY EATING -Set good example -Encourage kids to eat healthy/tell them what to eat -Educate kids about healthy foods -Talk about labels/ ingredients in food -Offer rewards/incentives NET: OTHER -Encourage exercise -Talk to a health professional -Other -Other -Other -Other -Recourage severies -Talk to a health professional -Other -Other -Recourage severies -Talk to a health professional -Other -Talk about labels/ ingredients in food -Talk about labels/		
-Get kids to eat breakfast - not skip meals NET: ENCOURAGE HEALTHY EATING -Set good example -Encourage kids to eat healthy/tell them what to eat -Educate kids about healthy foods -Talk about labels/ ingredients in food -Offer rewards/incentives 6 NET: OTHER -Encourage exercise -Talk to a health professional -Other -Other -Other -Other -Nothing -Set good example -163 -23% -23% -143 -20% -20% -20% -20% -36 -5% -7% -7% Nothing -Set good example -163 -23% -143 -20% -20% -23% -24% -24% -25% -26% -27	-Monitor what they eat more closely	
1% 318 44%	Cat kida ta aat braakfaat nat akin maala	
NET: ENCOURAGE HEALTHY EATING -Set good example -Encourage kids to eat healthy/tell them what to eat -Educate kids about healthy foods -Talk about labels/ ingredients in food 8 -Talk about labels/ ingredients in food NET: OTHER -Encourage exercise -Talk to a health professional -Other Net in the individual state of the individual	-Get kius to eat breaklast - not skip meals	-
-Set good example	NET: ENCOURAGE HEALTHY EATING	
-Set good example 163	NET ENGOGIANCE HEAEITH EATHAG	
-Encourage kids to eat healthy/tell them what to eat -Educate kids about healthy foods -Talk about labels/ ingredients in food -Offer rewards/incentives 6 NET: OTHER -Encourage exercise -Talk to a health professional -Other 48 Nothing 32	-Set good example	
-Encourage kids to eat healthy/tell them what to eat 20% -Educate kids about healthy foods 36 5% -Talk about labels/ ingredients in food 8 1% -Offer rewards/incentives 6 1% NET: OTHER 59 8% -Encourage exercise 11 1% -Talk to a health professional 1 0 -Other 48 7% Nothing 32	ot good champio	
what to eat 20% -Educate kids about healthy foods 36 5% 5% -Talk about labels/ ingredients in food 8 1% 1% -Offer rewards/incentives 6 NET: OTHER 59 8% -Encourage exercise 11 -Talk to a health professional 1 -Other 48 7% Nothing	-Encourage kids to eat healthy/tell them	
-Educate kids about healthy foods 36 5% -Talk about labels/ ingredients in food 8 1% -Offer rewards/incentives 6 6 1% NET: OTHER 59 8% -Encourage exercise 11 1% -Talk to a health professional 1 0 -Other 48 7% Nothing 32		
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-Talk about labels/ ingredients in food -Offer rewards/incentives 6 1% NET: OTHER 59 8% -Encourage exercise 11 1% -Talk to a health professional 1 -Other 48 7% Nothing 32	-Educate kids about healthy foods	36
-Offer rewards/incentives 6 1% NET: OTHER 59 8% -Encourage exercise 11 1% -Talk to a health professional 1 0 -Other 48 7% Nothing 32		5%
-Offer rewards/incentives 6 1% NET: OTHER 59 8% -Encourage exercise 11 1% -Talk to a health professional 1 0 -Other 48 7% Nothing 32	-Talk about labels/ ingredients in food	-
1% 159 8% 11 11 11 11 11 12 12		
NET: OTHER 59 8% - -Encourage exercise 11 -Talk to a health professional 1 0 0 -Other 48 7% Nothing 32	-Offer rewards/incentives	•
-Encourage exercise	NET OTHER	
-Encourage exercise 11 1% -Talk to a health professional 1 0 -Other 48 7% Nothing 32	NET: OTHER	
-Talk to a health professional 1 0 -Other 48 -7% Nothing 32	Energy aversion	
-Talk to a health professional 1 0 -Other 48 7% Nothing 32	-Encourage exercise	* * *
O 48 7% Nothing 32	-Talk to a health professional	
-Other 48 7% Nothing 32	- rain to a ricattii professional	·
7% Nothing 32	-Other	
Nothing 32		-
	Nothing	
	<u> </u>	4%

Topline TablesAnd of these things you have done to encourage healthy eating and drinking habits in your child, which ones were successful?

	Total
	007
Base: Have done things to help child	687
Weighted	683
NET: ENSURE HEALTHY EATING	351
	51%
-Offer healthy choices for meals	217
-	32%
-Have healthier options on hand for snacking	86
	13%
-Prepare meals from scratch / cook myself	37
Est mars family mode together	5% 7
-Eat more family meals together	•
-Get kids involved in planning meals,	1% 5
shopping, and preparation	Ü
-Use Canada's Food Guide for Healthy	1% 4
Eating	1%
-Get kids to eat breakfast - not skip meals	3
Cet kids to cat breakidst. Hot skip medis	0
NET: ENCOURAGE HEALTHY EATING	241
	35%
-Set good example	133
	19%
-Encourage kids to eat healthy/tell them what to eat	100
	15%
-Talk about labels/ ingredients in food	5
-Offer rewards/incentives	1% 3
-Offer rewards/incentives	3 1%
Other	79
	12%
Nothing	11
	2%
(DK/NS)	14
	2%

Topline TablesWhat have you done, if anything, to encourage your child to be physically active?

, , ,	
	Total
Base: All respondents	715
Weighted	715
NET: ENCOURAGE PHYSICAL ACTIVITY	537
NET. ENGOGRAGE TITISICAL ACTIVITY	75%
-Encourage child / to do recreation/physical	289
activities	====
Farmer shild to init another to and	40% 278
-Encourage child to join sports teams	278 39%
Encourage kide to play outdoors/public	132
-Encourage kids to play outdoors/public facilities	132
lacilities	18%
-Be a good role model/ example	29
be a good fole model/ example	4%
-Purchase equipment	27
	4%
NET: ENSURE PHYSICAL ACTIVITY	308
	43%
-Family outings (walk, hike, bike, active games, etc.)	209
games, etc.)	29%
-Participated /organized activities for	72
children	
	10%
-Limit TV or computer time	45
	6%
-Provided transportation to physical activity	12
	2%
-Assign physical chores	6
Othor	1% 21
Other	3%
NET: NOTHING	80
NET. NOTHING	11%
-Child active on his or her own/ don't have to	17
do anything	**
	2%
-Nothing	63
	9%

Topline Tables

And of these, which were successful?

	Total
	I Olai
Base: Have done things to encourage child	655
Weighted	652
Weighted	032
NET: ENCOURAGE PHYSICAL ACTIVITY	471
	72%
-Encourage child to join sports teams	256
, ,	39%
-Encourage child / to do recreation/physical	169
activities	
	26%
-Encourage kids to play outdoors/public	48
facilities	
	7%
-Purchase equipment	5
NET: ENSURE PHYSICAL ACTIVITY	1% 101
NET: ENSURE PHYSICAL ACTIVITY	15%
-Family outings (walk, hike, bike, active	77
games, etc.)	''
gamos, oto.)	12%
-Participated /organized activities for	18
children	
	3%
-Limit TV or computer time	7
	1%
 Provided transportation to physical activity 	2
	0
Other	66
N. d. C.	10%
Nothing	17
(DK/NS)	3% 5
(DIVINO)	1%
	1 /0

I'm going to read you a number of goals that many parents have for their children. Thinking about the past few weeks, please tell me how concerned you are these days about your child...

	Total
Base: All respondents	715
Weighted	715
Being happy	
(4) Very concerned	415
	58%
(3) Somewhat concerned	116
	16%
(2) A little concerned	58
	8%
(1) Not at all concerned	126
	18%
Summary	
Top2Box	531
	74%
Low2Box	184
	26%
Top3Box	589
	82%
LowBox	126
	18%



	Total
Base: All respondents Weighted	715 715
Being healthy	
(4) Very concerned	437 61%
(3) Somewhat concerned	104 15%
(2) A little concerned	53 7%
(1) Not at all concerned	121 17%
Summary	•
Top2Box	541 76%
Low2Box	174 24%
Top3Box	594 83%
LowBox	121 17%

I'm going to read you a number of goals that many parents have for their children. Thinking about the past few weeks, please tell me how concerned you are these days about your child...

	Total
Base: All respondents	715
Weighted	715
Having high self-esteem	
(4) Very concerned	363
	51%
(3) Somewhat concerned	165
	23%
(2) A little concerned	74
	10%
(1) Not at all concerned	113
	16%
Summary	
Top2Box	528
	74%
Low2Box	187
	26%
Top3Box	602
	84%
LowBox	113
	16%

	Total
Base: All respondents Weighted	715 715
Achieving good grades in school	
(4) Very concerned	348 49%
(3) Somewhat concerned	188 26%
(2) A little concerned	70 10%
(1) Not at all concerned	108 15%
Summary	I.
Top2Box	536 75%
Low2Box	179 25%
Тор3Вох	607 85%
LowBox	108 15%

I'm going to read you a number of goals that many parents have for their children. Thinking about the past few weeks, please tell me how concerned you are these days about your child...

	Total
Base: All respondents	715
Weighted	715
Being safe	
(4) Very concerned	451
	63%
(3) Somewhat concerned	110
. ,	15%
(2) A little concerned	73
. ,	10%
(1) Not at all concerned	80
()	11%
(DK/NS)	1
(=::::=)	0
	· ·
Summary	•
Top2Box	561
·	78%
Low2Box	153
	21%
Top3Box	635
'	89%
LowBox	80
	11%

	Total
	Total
Base: All respondents	715
Weighted	715
Having lots of friends	
(4) Very concerned	125
	17%
(3) Somewhat concerned	269
` '	38%
(2) A little concerned	130
` '	18%
(1) Not at all concerned	188
` '	26%
(DK/NS)	3
, ,	0
Summary	
Top2Box	395
·	55%
Low2Box	318
	44%
Top3Box	524
·	73%
LowBox	188
	26%

I'm going to read you a number of goals that many parents have for their children. Thinking about the past few weeks, please tell me how concerned you are these days about your child...

	Total
Base: All respondents	715
Weighted	715
Being at a healthy weight	
(4) Very concerned	252
	35%
(3) Somewhat concerned	163
	23%
(2) A little concerned	71
	10%
(1) Not at all concerned	229
	32%
Summary	
Top2Box	415
	58%
Low2Box	300
	42%
Top3Box	486
	68%
LowBox	229
	32%

	Total
Base: All respondents Weighted	715 715
Eating and drinking healthfully	
(4) Very concerned	376 53%
(3) Somewhat concerned	164 23%
(2) A little concerned	60 8%
(1) Not at all concerned	114 16%
Summary	
Top2Box	541 76%
Low2Box	174 24%
Тор3Вох	601 84%
LowBox	114 16%

I'm going to read you a number of goals that many parents have for their children. Thinking about the past few weeks, please tell me how concerned you are these days about your child...

	Total
Base: All respondents	715
Weighted	715
Being physically active	
(4) Very concerned	301
	42%
(3) Somewhat concerned	192
	27%
(2) A little concerned	65
	9%
(1) Not at all concerned	156
	22%
(DK/NS)	1
	0
Summary	
Top2Box	493
	69%
Low2Box	221
	31%
Top3Box	558
	78%
LowBox	156
	22%