When you need an energy boost, what do you usually prefer to do?

_____
Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

		GENDER		AGE			EDUCATION			
	Total	Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
Have a snack or meal that will help give you energy	514	0	514	210	270	33	37	87	276	114
	47%	-	47%	50%	46%	44%	47%	39%	49% G	50% G
Exercise for 30 minutes to an hour or	131	0	131	47	69	14	6	32	62	31
	12%	-	12%	11%	12%	19%	7%	15%	11%	13%
Take a nap	387	0	387	168	200	19	34	89	186	77
	36%	-	36%	40%	34%	25%	44%	40%	33%	34%
Other	144	0	144	51	79	14	9	18	80	37
	13%	-	13%	12%	13%	19%	11%	8%	14% G	16% G
None of the above	75	0	75	23	47	5	1	21	37	16
	7%	-	7%	5%	8%	6%	1%	9% F	7%	7%

(Exercise/Work-out) Please indicate how many times a week, on average, you get the chance to take part in each of the following activities.

	Total	GENDER		AGE			EDUCATION			
		Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
0 times	337	0	337	134	180	24	29	73	183	53
	31%	-	31%	32%	31%	31%	36%	33%	33%	23%
								I	I	
1	106	0	106	38	63	5	5	16	51	33
	10%	-	10%	9%	11%	6%	7%	7%	9%	15%
										GH
2	165	0	165	69	91	5	12	30	86	36
	15%	-	15%	16%	16%	6%	16%	13%	15%	16%
3	202	0	202	84	108	10	11	34	107	49
	19%	-	19%	20%	18%	13%	13%	15%	19%	22%
4	78	0	78	28	50	0	5	18	35	20
	7%	-	7%	7%	9%	-	6%	8%	6%	9%
5	115	0	115	41	56	19	10	31	53	22
	11%	-	11%	10%	9%	25%	12%	14%	10%	10%
6	31	0	31	9	13	10	0	9	17	5
	3%	-	3%	2%	2%	13%	-	4%	3%	2%
7	50	0	50	22	24	5	7	11	25	8
	5%	-	5%	5%	4%	6%	8%	5%	4%	4%
8	1	0	1	0	1	0	1	0	0	0
	0	-	0	-	0	-	1%	-	-	-
							H			
9	1	0	1	0	1	0	0	0	1	0
	0	-	0	-	0	-	-	-	0	-
16-20	1	0	1	0	1	0	0	1	0	0
	0	-	0	-	0	-	-	0	-	-
Summary										
Mean	2.30	0	2.30	2.24	2.25	3.00	2.32	2.46	2.21	2.35
Standard Deviation	2.14	0	2.14	2.06	2.14	2.52	2.33	2.44	2.08	1.92
Standard Error	0.07	0	0.07	0.11	0.08	0.63	0.27	0.16	0.09	0.13
Median	1.61	0	1.61	1.58	1.56	2.50	1.45	1.73	1.52	1.77

Order take-out/delivery from a restaurant) Please indicate how many times a week, on average, you get the chance to take part in each of the following activities.

_____
Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

	Total	GENDER		AGE			EDUCATION			
		Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
0 times	334	0	334	113	188	33	26	67	171	70
	31%	-	31%	27%	32%	44%	33%	30%	31%	31%
1	566	0	566	237	286	43	42	114	287	124
	52%	-	52%	56% D	49%	56%	53%	51%	51%	54%
2	129	0	129	53	76	0	8	32	67	22
	12%	-	12%	13%	13%	-	10%	14%	12%	10%
3	36	0	36	10	25	0	1	6	21	7
	3%	-	3%	2%	4%	-	2%	3%	4%	3%
4	16	0	16	6	10	0	1	3	8	4
	1%	-	1%	2%	2%	-	2%	1%	1%	2%
5	5	0	5	3	2	0	1	0	4	0
	0	-	0	1%	0	-	2%	-	1%	-
6	1	0	1	1	0	0	0	0	0	1
	0	-	0	0	-	-	-	-	-	1%
Summary										
Mean	0.94	0	0.94	0.99	0.96	0.56	0.92	0.93	0.96	0.93
Standard Deviation	0.89	0	0.89	0.89	0.91	0.50	0.95	0.82	0.90	0.91
Standard Error	0.03	0	0.03	0.05	0.03	0.12	0.11	0.05	0.04	0.06
Median	0.37	0	0.37	0.42	0.37	0.11	0.33	0.38	0.38	0.36

(Eat out at a restaurant) Please indicate how many times a week, on average, you get the chance to take part in each of the following activities.

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

	Total	GENDER		AGE			EDUCATION			
		Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
0 times	537	0	537	206	278	52	45	112	274	106
	49%	-	49%	49%	47%	69%	57%	50%	49%	46%
1	440	0	440	169	247	24	28	87	230	94
	40%	-	40%	40%	42%	31%	36%	39%	41%	41%
2	78	0	78	33	45	0	3	17	38	20
	7%	-	7%	8%	8%	-	4%	8%	7%	9%
3	17	0	17	8	10	0	1	5	6	4
	2%	-	2%	2%	2%	-	2%	2%	1%	2%
4	10	0	10	6	4	0	1	1	6	2
	1%	-	1%	2%	1%	-	1%	1%	1%	1%
5	4	0	4	1	3	0	0	0	3	1
	0	-	0	0	1%	-	-	-	1%	1%
Summary										
Mean	0.65	0	0.65	0.68	0.68	0.31	0.53	0.64	0.65	0.71
Standard Deviation	0.81	0	0.81	0.85	0.81	0.47	0.75	0.78	0.82	0.85
Standard Error	0.02	0	0.02	0.05	0.03	0.12	0.09	0.05	0.03	0.06
Median	0.01	0	0.01	0.03	0.06	0	0	0	0.02	0.09

Ipsos

(Prepare a nutritious breakfast for your children) Please indicate how many times a week, on average, you get the chance to take part in each of the following activities.

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

		GENDER		AGE			EDUCATION			
	Total	Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
0 times	118	0	118	15	98	5	8	28	52	31
	11%	-	11%	4%	17% C	6%	10%	12%	9%	14%
1	41	0	41	10	31	0	2	6	22	11
	4%	-	4%	2%	5% C	-	3%	3%	4%	5%
2	144	0	144	52	82	10	15	28	76	25
	13%	-	13%	12%	14%	13%	19%	13%	14%	11%
3	69	0	69	28	31	10	4	19	37	8
	6%	-	6%	7%	5%	13%	6%	9% I	7%	4%
4	67	0	67	20	37	10	7	9	42	10
	6%	-	6%	5%	6%	13%	8%	4%	7%	4%
5	157	0	157	61	87	10	6	37	82	33
	14%	-	14%	14%	15%	13%	8%	16%	15%	15%
6	49	0	49	28	21	0	2	12	23	12
	4%	-	4%	7% D	4%	-	3%	5%	4%	5%
7	435	0	435	202	200	33	34	82	223	97
	40%	-	40%	48% D	34%	44%	43%	37%	40%	42%
8	1	0	1	1	0	0	0	1	0	0
	0	-	0	0	-	-	-	1%	-	-
10	1	0	1	1	0	0	1	0	0	0
	0	-	0	0	-	-	2% H	-	-	-
11-15	3	0	3	3	0	0	0	0	1	1
	0	-	0	1%	-	-	-	-	0	1%
More than 20	2	0	2	1	1	0	0	0	2	0
	0	-	0	0	0	-	-	-	0	-

(Prepare a nutritious breakfast for your children) Please indicate how many times a week, on average, you get the chance to take part in each of the following activities.

_____
Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

		GENDER		AGE			EDUCATION			
	Total	Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Summary										
Mean	4.64	0	4.64	5.31 D	4.14	4.81	4.61	4.48	4.72	4.63
Standard Deviation	2.88	0	2.88	2.39	3.16	2.26	2.63	2.53	3.10	2.69
Standard Error	0.09	0	0.09	0.13	0.12	0.56	0.31	0.17	0.13	0.18
Median	4.67	0	4.67	5.89	4.17	4.50	4.63 H	4.57	4.63	4.88

Prepare a nutritious breakfast for yourself) Please indicate how many times a week, on average, you get the chance to take part in each of the following activities.

_____
Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

	Total	GENDER		AGE			EDUCATION			
		Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
0 times	269	0	269	103	156	10	34	68	130	37
	25%	-	25%	24%	27%	13%	43% HI	30% I	23% I	16%
1	117	0	117	53	64	0	4	21	66	26
	11%	-	11%	13%	11%	-	6%	9%	12%	11%
2	150	0	150	70	76	5	9	32	80	29
	14%	-	14%	17%	13%	6%	12%	15%	14%	13%
3	89	0	89	39	45	5	6	24	44	15
	8%	-	8%	9%	8%	6%	7%	11%	8%	7%
4	56	0	56	19	33	5	2	8	30	16
	5%	-	5%	5%	6%	6%	2%	4%	5%	7%
5	124	0	124	45	60	19	9	21	64	30
	11%	-	11%	11%	10%	25%	12%	9%	11%	13%
6	31	0	31	15	11	5	1	2	21	8
	3%	-	3%	4%	2%	6%	2%	1%	4% G	3%
7	250	0	250	79	142	29	14	46	122	67
	23%	-	23%	19%	24% C	38%	17%	21%	22%	30% H
10	1	0	1	0	1	0	0	0	1	0
	0	-	0	-	0	-	-	-	0	-
Summary										
Mean	3.20	0	3.20	2.96	3.16	4.81	2.49	2.83	3.20	3.79 FGH
Standard Deviation	2.69	0	2.69	2.58	2.74	2.37	2.73	2.66	2.67	2.66
Standard Error	0.08	0	0.08	0.14	0.10	0.59	0.32	0.18	0.11	0.18
Median	2.09	0	2.09	1.79	1.98	4.75	1.15	1.70	2.06	3.48

(Prepare a nutritious dinner for your children) Please indicate how many times a week, on average, you get the chance to take part in each of the following activities.

_____
Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

		GENDER		AGE			EDUCATION			
	Total	Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
0 times	13	0	13	9	4	0	1	3	5	4
	1%	-	1%	2%	1%	-	1%	1%	1%	2%
1	13	0	13	5	8	0	1	1	9	2
	1%	-	1%	1%	1%	-	2%	0	2%	1%
2	55	0	55	15	35	5	5	14	23	14
	5%	-	5%	4%	6%	6%	6%	6%	4%	6%
3	76	0	76	22	49	5	2	20	30	23
	7%	-	7%	5%	8%	6%	3%	9%	5%	10% H
4	115	0	115	41	65	10	3	23	67	22
	11%	-	11%	10%	11%	13%	4%	10%	12%	10%
5	294	0	294	122	162	10	17	67	151	59
	27%	-	27%	29%	28%	13%	21%	30%	27%	26%
6	153	0	153	62	81	10	11	22	71	49
	14%	-	14%	15%	14%	13%	14%	10%	13%	21% GH
7	358	0	358	141	178	38	37	71	194	55
	33%	-	33%	33%	30%	50%	47% GI	32%	35% I	24%
10	2	0	2	1	1	0	1	0	1	0
	0	-	0	0	0	-	2%	-	0	-
11-15	7	0	7	5	2	0	0	1	4	1
	1%	-	1%	1%	0	-	-	1%	1%	1%
More than 20	2	0	2	0	2	0	0	0	2	0
	0	-	0	-	0	-	-	-	0	-
Summary										
Mean	5.43	0	5.43	5.48	5.37	5.69	5.76 I	5.25	5.57	5.16
Standard Deviation	2.94	0	2.94	1.92	3.61	1.62	1.76	1.82	3.70	1.83
Standard Error	0.09	0	0.09	0.10	0.13	0.40	0.21	0.12	0.16	0.12
Median	4.92	0	4.92	4.98	4.81	6.50	5.90 H	4.75	4.95	4.85

(Prepare a nutritious dinner for yourself) Please indicate how many times a week, on average, you get the chance to take part in each of the following activities.

_____
Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

		GENDER		AGE			EDUCATION			
	Total	Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
0 times	68	0	68	27	37	5	4	16	34	14
	6%	-	6%	6%	6%	6%	5%	7%	6%	6%
1	47	0	47	25	21	0	5	14	20	8
	4%	-	4%	6%	4%	-	6%	6%	4%	3%
2	84	0	84	38	46	0	6	21	39	18
	8%	-	8%	9%	8%	-	8%	9%	7%	8%
3	108	0	108	43	55	10	4	26	58	20
	10%	-	10%	10%	9%	13%	5%	12%	10%	9%
4	133	0	133	47	81	5	5	22	72	34
	12%	-	12%	11%	14%	6%	6%	10%	13%	15%
5	262	0	262	106	142	14	17	49	134	61
	24%	-	24%	25%	24%	19%	21%	22%	24%	27%
6	119	0	119	41	69	10	12	16	62	30
	11%	-	11%	10%	12%	13%	15%	7%	11%	13%
7	260	0	260	93	134	33	25	58	135	42
	24%	-	24%	22%	23%	44%	32% I	26%	24%	18%
8	1	0	1	1	0	0	0	1	0	0
	0	-	0	0	-	-	-	1%	-	-
10	1	0	1	1	0	0	1	0	0	0
	0	-	0	0	-	-	2% H	-	-	-
11-15	1	0	1	1	0	0	0	0	1	0
	0	-	0	0	-	-	-	-	0	-
More than 20	2	0	2	0	2	0	1	0	1	1
	0	-	0	-	0	-	1%	-	0	0

. (Prepare a nutritious dinner for yourself) Please indicate how many times a week, on average, you get the chance to take part in each of the following activities.

_____
Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

		GENDER		AGE			EDUCATION			
	Total	Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Summary										
Mean	4.65	0	4.65	4.44	4.70	5.38	5.16 G	4.39	4.72	4.54
Standard Deviation	3.01	0	3.01	2.21	3.56	1.98	2.75	2.24	3.54	2.21
Standard Error	0.09	0	0.09	0.12	0.13	0.49	0.32	0.15	0.15	0.15
Median	4.40	0	4.40	4.30	4.38	5.50	4.97 H	4.26	4.41	4.32

(Have a good night's sleep) Please indicate how many times a week, on average, you get the chance to take part in each of the following activities.

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

	Total	GENDER		AGE			EDUCATION			
		Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
0 times	163	0	163	84	69	10	19	31	72	40
	15%	-	15%	20% D	12%	13%	24% H	14%	13%	18%
1	71	0	71	27	45	0	4	23	34	11
	7%	-	7%	6%	8%	-	5%	10% I	6%	5%
2	140	0	140	60	76	5	7	30	69	33
	13%	-	13%	14%	13%	6%	9%	14%	12%	15%
3	135	0	135	62	72	0	13	21	73	27
	12%	-	12%	15%	12%	-	16%	9%	13%	12%
4	155	0	155	46	95	14	4	34	82	35
	14%	-	14%	11%	16% C	19%	5%	15% F	15% F	15% F
5	210	0	210	83	108	19	10	41	112	48
	19%	-	19%	20%	18%	25%	12%	18%	20%	21%
6	71	0	71	19	37	14	8	16	40	7
	7%	-	7%	5%	6%	19%	11% I	7%	7% I	3%
7	141	0	141	42	84	14	14	26	74	26
	13%	-	13%	10%	14% C	19%	18%	12%	13%	11%
More than 20	2	0	2	1	1	0	0	0	1	1
	0	-	0	0	0	-	-	-	0	1%
Summary										
Mean	3.63	0	3.63	3.29	3.75 C	4.56	3.42	3.44	3.76	3.56
Standard Deviation	3.18	0	3.18	3.13	3.29	2.16	2.59	2.25	3.33	3.70
Standard Error	0.10	0	0.10	0.17	0.12	0.54	0.30	0.15	0.14	0.24
Median	3.22	0	3.22	2.66	3.34	4.50	2.73 H	3.17	3.37	3.07

(Take time for yourself to relax or pursue a hobby) Please indicate how many times a week, on average, you get the chance to take part in each of the following activities.

	Total	GENDER		AGE			EDUCATION			
		Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
0 times	234	0	234	118	115	0	19	56	104	55
	22%	-	22%	28% D	20%	-	24%	25%	19%	24%
1	227	0	227	95	127	5	14	39	118	56
	21%	-	21%	23%	22%	6%	18%	17%	21%	25%
2	215	0	215	84	117	14	11	38	116	49
	20%	-	20%	20%	20%	19%	14%	17%	21%	22%
3	142	0	142	51	81	10	12	37	66	27
	13%	-	13%	12%	14%	13%	15%	17%	12%	12%
4	75	0	75	17	39	19	8	18	37	11
	7%	-	7%	4%	7%	25%	11%	8%	7%	5%
5	74	0	74	24	45	5	7	17	39	11
	7%	-	7%	6%	8%	6%	9%	8%	7%	5%
6	17	0	17	4	8	5	2	3	9	2
	2%	-	2%	1%	1%	6%	3%	1%	2%	1%
7	93	0	93	27	52	14	4	14	60	14
	9%	-	9%	6%	9%	19%	5%	6%	11%	6%
8	2	0	2	1	1	0	0	0	1	1
	0	-	0	0	0	-	-	-	0	0
10	8	0	8	1	2	5	1	0	6	1
	1%	-	1%	0	0	6%	2%	-	1%	0
11-15	1	0	1	1	0	0	0	0	1	0
	0	-	0	0	-	-	-	-	0	-
Summary										
Mean	2.40	0	2.40	2.02	2.42 C	4.44	2.46	2.26	2.60 I	2.04
Standard Deviation	2.24	0	2.24	2.16	2.14	2.36	2.25	2.03	2.38	2.02
Standard Error	0.07	0	0.07	0.12	0.08	0.59	0.26	0.14	0.10	0.13
Median	1.38	0	1.38	0.98	1.44	3.50	1.58	1.43	1.48	1.05

(Read a book/magazine) Please indicate how many times a week, on average, you get the chance to take part in each of the following activities.

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

	Total	GENDER		AGE			EDUCATION			
		Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
0 times	127	0	127	65	57	5	17	41	56	14
	12%	-	12%	15%	10%	6%	22%	18%	10%	6%
				D			HI	HI		
1	201	0	201	75	116	10	13	40	102	45
	18%	-	18%	18%	20%	13%	16%	18%	18%	20%
2	185	0	185	65	111	10	13	37	90	45
	17%	-	17%	15%	19%	13%	16%	17%	16%	20%
3	121	0	121	60	61	0	9	25	54	33
	11%	-	11%	14%	10%	-	11%	11%	10%	15%
4	111	0	111	41	46	24	7	21	65	18
	10%	-	10%	10%	8%	31%	9%	10%	12%	8%
5	112	0	112	34	68	10	7	17	68	21
	10%	-	10%	8%	12%	13%	9%	8%	12%	9%
6	13	0	13	3	10	0	2	1	5	5
	1%	-	1%	1%	2%	-	3%	0	1%	2%
7	193	0	193	73	101	19	8	39	109	37
	18%	-	18%	17%	17%	25%	10%	17%	20%	16%
8	3	0	3	1	2	0	0	0	1	2
	0	-	0	0	0	-	-	-	0	1%
9	2	0	2	0	2	0	0	0	1	1
	0	-	0	-	0	-	-	-	0	0
10	14	0	14	6	8	0	2	2	6	5
	1%	-	1%	2%	1%	-	3%	1%	1%	2%
11-15	2	0	2	1	1	0	0	0	1	1
	0	-	0	0	0	-	-	-	0	0
16-20	2	0	2	0	2	0	0	0	1	1
	0	-	0	-	0	-	-	-	0	0
More than 20	2	0	2	0	2	0	1	0	1	1
	0	-	0	-	0	-	1%	-	0	0

(Read a book/magazine) Please indicate how many times a week, on average, you get the chance to take part in each of the following activities.

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

		GENDER		AGE			EDUCATION			
	Total	Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Summary										
Mean	3.38	0	3.38	3.15	3.47	4.00	2.99	2.93	3.54	3.57
									G	G
Standard Deviation	2.96	0	2.96	2.57	3.28	2.25	3.13	2.48	3.12	2.90
Standard Error	0.09	0	0.09	0.14	0.12	0.56	0.36	0.16	0.13	0.19
Median	2.25	0	2.25	2.12	2.16	3.20	1.73	1.81	2.58	2.30

(As a mother, I am often starved for energy) For each of the following statements, please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with each of the following statements?
_____

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

	Total	GENDER		AGE			EDUCATION			
		Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
Strongly agree	307	0	307	139	158	10	25	66	159	56
	28%	-	28%	33%	27%	13%	32%	30%	29%	25%
Somewhat agree	529	0	529	208	278	43	38	107	268	115
	49%	-	49%	49%	47%	56%	48%	48%	48%	51%
Somewhat disagree	217	0	217	70	128	19	15	40	112	50
	20%	-	20%	17%	22% C	25%	19%	18%	20%	22%
Strongly disagree	35	0	35	8	22	5	1	9	18	7
	3%	-	3%	2%	4%	6%	1%	4%	3%	3%
Summary										
Top2box - Agree	835	0	835	346	437	52	63	173	428	171
	77%	-	77%	82% D	74%	69%	80%	78%	77%	75%
Low2box - Disagree	252	0	252	78	150	24	16	49	130	56
	23%	-	23%	18%	26% C	31%	20%	22%	23%	25%

(If I had more energy, I would exercise more often) For each of the following statements, please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with each of the following statements?

_____
Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

	Total	GENDER		AGE			EDUCATION			
		Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
Strongly agree	362	0	362	157	186	19	28	70	202	62
	33%	-	33%	37%	32%	25%	35%	32%	36% I	27%
Somewhat agree	472	0	472	172	262	38	31	97	246	98
	43%	-	43%	41%	45%	50%	40%	44%	44%	43%
Somewhat disagree	196	0	196	78	109	10	17	47	74	58
	18%	-	18%	18%	19%	13%	21%	21% H	13%	25% H
Strongly disagree	57	0	57	18	29	10	4	8	36	9
	5%	-	5%	4%	5%	13%	5%	4%	6%	4%
Summary										
Top2box - Agree	834	0	834	328	449	57	59	167	447	161
	77%	-	77%	77%	76%	75%	75%	75%	80% I	71%
Low2box - Disagree	253	0	253	95	138	19	20	55	111	67
	23%	-	23%	23%	24%	25%	25%	25%	20%	29% H

(If I had more energy, I would do something for myself like go back to school or pursue a hobby) For each of the following statements, please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with each of the following statements?

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

	Total	GENDER		AGE			EDUCATION			
		Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
Strongly agree	245	0	245	103	137	5	26	43	133	43
	23%	-	23%	24%	23%	6%	32% GI	19%	24%	19%
Somewhat agree	504	0	504	202	250	52	32	105	260	108
	46%	-	46%	48%	43%	69%	40%	47%	47%	47%
Somewhat disagree	259	0	259	93	157	10	11	61	124	63
	24%	-	24%	22%	27%	13%	14%	27% F	22%	28% F
Strongly disagree	79	0	79	25	44	10	10	13	41	14
	7%	-	7%	6%	7%	13%	13%	6%	7%	6%
Summary										
Top2box - Agree	749	0	749	306	387	57	57	148	393	150
	69%	-	69%	72% D	66%	75%	73%	67%	70%	66%
Low2box - Disagree	338	0	338	118	200	19	22	74	165	77
	31%	-	31%	28%	34% C	25%	27%	33%	30%	34%

(If I had more energy, I would plan more nutritious meals for my family) **For each of the following statements, please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with each of the following statements?**

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

	Total	GENDER		AGE			EDUCATION			
		Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
Strongly agree	210	0	210	101	100	10	25	49	99	37
	19%	-	19%	24%	17%	13%	32%	22%	18%	16%
				D			HI			
Somewhat agree	440	0	440	180	242	19	27	99	237	78
	41%	-	41%	42%	41%	25%	34%	45%	42%	34%
								I		
Somewhat disagree	326	0	326	113	179	33	17	56	172	80
	30%	-	30%	27%	30%	44%	21%	25%	31%	35%
										G
Strongly disagree	111	0	111	31	66	14	11	19	50	32
	10%	-	10%	7%	11%	19%	14%	8%	9%	14%
					C					
Summary										
Top2box - Agree	651	0	651	280	342	29	52	148	336	116
	60%	-	60%	66%	58%	38%	65%	66%	60%	51%
				D				I	I	
Low2box - Disagree	436	0	436	144	245	48	28	75	222	112
	40%	-	40%	34%	42%	63%	35%	34%	40%	49%
					C					GH

(If I had more energy, I would do more things for my family) For each of the following statements, please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with each of the following statements?

	Total	GENDER		AGE			EDUCATION			
		Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
Strongly agree	397	0	397	195	178	24	37	89	200	72
	36%	-	36%	46% D	30%	31%	46% I	40%	36%	32%
Somewhat agree	495	0	495	174	282	38	29	98	260	108
	46%	-	46%	41%	48% C	50%	37%	44%	47%	47%
Somewhat disagree	155	0	155	46	99	10	10	26	79	40
	14%	-	14%	11%	17% C	13%	13%	12%	14%	18%
Strongly disagree	41	0	41	9	27	5	3	10	20	8
	4%	-	4%	2%	5% C	6%	4%	4%	4%	4%
Summary										
Top2box - Agree	892	0	892	369	461	62	66	187	459	180
	82%	-	82%	87% D	78%	81%	83%	84%	82%	79%
Low2box - Disagree	195	0	195	55	126	14	13	35	99	48
	18%	-	18%	13%	22% C	19%	17%	16%	18%	21%

(If I had more energy, I would be likely to do more things for my family than to take time for myself) For each of the following statements, please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with each of the following statements?

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

	Total	GENDER		AGE			EDUCATION			
		Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
Strongly agree	329	0	329	160	150	19	30	84	157	58
	30%	-	30%	38%	25%	25%	38%	38%	28%	25%
				D				HI		
Somewhat agree	476	0	476	187	260	29	26	90	252	107
	44%	-	44%	44%	44%	38%	33%	41%	45%	47%
Somewhat disagree	231	0	231	61	146	24	19	37	121	54
	21%	-	21%	14%	25%	31%	24%	17%	22%	24%
					C					
Strongly disagree	51	0	51	15	31	5	4	11	28	9
	5%	-	5%	4%	5%	6%	5%	5%	5%	4%
Summary										
Top2box - Agree	805	0	805	348	410	48	57	175	409	165
	74%	-	74%	82%	70%	63%	72%	79%	73%	72%
				D						
Low2box - Disagree	282	0	282	76	177	29	23	48	149	63
	26%	-	26%	18%	30%	38%	28%	21%	27%	28%
					C					

(Mothers today have more demands on their time and energy than they have in the past) For each of the following statements, please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with each of the following statements?

_____
Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

	Total	GENDER		AGE			EDUCATION			
		Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
Strongly agree	581	0	581	218	311	52	40	116	315	110
	53%	-	53%	51%	53%	69%	50%	52%	56%	48%
Somewhat agree	357	0	357	134	204	19	24	72	189	73
	33%	-	33%	32%	35%	25%	30%	32%	34%	32%
Somewhat disagree	119	0	119	60	54	5	12	25	42	39
	11%	-	11%	14%	9%	6%	15%	11%	8%	17%
				D						H
Strongly disagree	30	0	30	13	17	0	4	9	11	6
	3%	-	3%	3%	3%	-	5%	4%	2%	3%
Summary										
Top2box - Agree	938	0	938	351	515	71	63	188	504	183
	86%	-	86%	83%	88%	94%	80%	84%	90%	80%
					C				FGI	
Low2box - Disagree	149	0	149	73	72	5	16	35	54	45
	14%	-	14%	17%	12%	6%	20%	16%	10%	20%
				D			H	H		H

(Most nights I get an adequate amount of sleep) For each of the following statements, please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with each of the following statements?

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

	Total	GENDER		AGE			EDUCATION			
		Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
Strongly agree	150	0	150	60	86	5	11	31	80	29
	14%	-	14%	14%	15%	6%	14%	14%	14%	13%
Somewhat agree	405	0	405	141	221	43	32	91	208	74
	37%	-	37%	33%	38%	56%	40%	41%	37%	32%
Somewhat disagree	318	0	318	132	162	24	13	66	155	85
	29%	-	29%	31%	28%	31%	16%	30%	28%	37%
								F		FH
Strongly disagree	213	0	213	90	118	5	23	35	115	39
	20%	-	20%	21%	20%	6%	30%	16%	21%	17%
							GI			
Summary										
Top2box - Agree	556	0	556	201	307	48	43	122	288	103
	51%	-	51%	47%	52%	63%	54%	55%	52%	45%
Low2box - Disagree	531	0	531	223	280	29	36	101	270	125
	49%	-	49%	53%	48%	38%	46%	45%	48%	55%

(Top2box Summary) For each of the following statements, please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with each of the following statements?

		GENDER		AGE			EDUCATION			
	Total	Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
As a mother, I am often starved for energy	835	0	835	346	437	52	63	173	428	171
	77%	-	77%	82% D	74%	69%	80%	78%	77%	75%
If I had more energy, I would exercise more often	834	0	834	328	449	57	59	167	447	161
	77%	-	77%	77%	76%	75%	75%	75%	80% I	71%
If I had more energy, I would do something for myself like go back to school or pursue a hobby	749	0	749	306	387	57	57	148	393	150
	69%	-	69%	72% D	66%	75%	73%	67%	70%	66%
If I had more energy, I would plan more nutritious meals for my family	651	0	651	280	342	29	52	148	336	116
	60%	-	60%	66% D	58%	38%	65% I	66% I	60%	51%
If I had more energy, I would do more things for my family	892	0	892	369	461	62	66	187	459	180
	82%	-	82%	87% D	78%	81%	83%	84%	82%	79%
If I had more energy, I would be likely to do more things for my family than to take time for myself	805	0	805	348	410	48	57	175	409	165
	74%	-	74%	82% D	70%	63%	72%	79%	73%	72%
Mothers today have more demands on their time and energy than they have in the past	938	0	938	351	515	71	63	188	504	183
	86%	-	86%	83%	88% C	94%	80%	84%	90% FGI	80%
Most nights I get an adequate amount of sleep	556	0	556	201	307	48	43	122	288	103
	51%	-	51%	47%	52%	63%	54%	55%	52%	45%

(Low2box Summary) For each of the following statements, please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with each of the following statements?

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

	Total	GENDER		AGE			EDUCATION			
		Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
As a mother, I am often starved for energy	252	0	252	78	150	24	16	49	130	56
	23%	-	23%	18%	26% C	31%	20%	22%	23%	25%
If I had more energy, I would exercise more often	253	0	253	95	138	19	20	55	111	67
	23%	-	23%	23%	24%	25%	25%	25%	20%	29% H
If I had more energy, I would do something for myself like go back to school or pursue a hobby	338	0	338	118	200	19	22	74	165	77
	31%	-	31%	28%	34% C	25%	27%	33%	30%	34%
If I had more energy, I would plan more nutritious meals for my family	436	0	436	144	245	48	28	75	222	112
	40%	-	40%	34%	42% C	63%	35%	34%	40%	49% GH
If I had more energy, I would do more things for my family	195	0	195	55	126	14	13	35	99	48
	18%	-	18%	13%	22% C	19%	17%	16%	18%	21%
If I had more energy, I would be likely to do more things for my family than to take time for myself	282	0	282	76	177	29	23	48	149	63
	26%	-	26%	18%	30% C	38%	28%	21%	27%	28%
Mothers today have more demands on their time and energy than they have in the past	149	0	149	73	72	5	16	35	54	45
	14%	-	14%	17% D	12%	6%	20% H	16% H	10%	20% H
Most nights I get an adequate amount of sleep	531	0	531	223	280	29	36	101	270	125
	49%	-	49%	53%	48%	38%	46%	45%	48%	55%

(Eggs are a healthy way to start the day) Now, thinking about eggs and the role they play in your and your family's diet, please indicate whether you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with each of the following statements.

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Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

		GENDER		AGE			EDUCATION			
	Total	Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
Strongly agree	578	0	578	241	304	33	40	104	307	127
	53%	-	53%	57%	52%	44%	50%	47%	55%	56%
Somewhat agree	478	0	478	172	268	38	37	113	232	97
	44%	-	44%	41%	46%	50%	46%	51% H	42%	42%
Somewhat disagree	28	0	28	10	14	5	3	5	16	4
	3%	-	3%	2%	2%	6%	4%	2%	3%	2%
Strongly disagree	3	0	3	1	2	0	0	0	3	0
	0	-	0	0	0	-	-	-	1%	-
Summary										
Top2box - Agree	1056	0	1056	412	572	71	76	217	539	224
	97%	-	97%	97%	97%	94%	96%	98%	97%	98%
Low2box - Disagree	31	0	31	11	15	5	3	5	19	4
	3%	-	3%	3%	3%	6%	4%	2%	3%	2%

(The protein in eggs provides energy.) Now, thinking about eggs and the role they play in your and your family's diet, please indicate whether you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with each of the following statements.

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Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

	Total	GENDER		AGE			EDUCATION			
		Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
Strongly agree	538	0	538	229	276	33	32	93	297	117
	50%	-	50%	54% D	47%	44%	40%	42%	53% G	51%
Somewhat agree	497	0	497	173	282	43	41	123	235	98
	46%	-	46%	41%	48% C	56%	52%	55% HI	42%	43%
Somewhat disagree	47	0	47	20	27	0	5	7	25	11
	4%	-	4%	5%	5%	-	6%	3%	4%	5%
Strongly disagree	4	0	4	1	2	0	1	0	2	1
	0	-	0	0	0	-	2%	-	0	0
Summary										
Top2box - Agree	1036	0	1036	402	558	76	73	216	532	215
	95%	-	95%	95%	95%	100%	92%	97%	95%	95%
Low2box - Disagree	51	0	51	22	29	0	6	7	26	12
	5%	-	5%	5%	5%	-	8%	3%	5%	5%

(Eggs are a source of long-lasting energy.) Now, thinking about eggs and the role they play in your and your family's diet, please indicate whether you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with each of the following statements.

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Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

	Total	GENDER		AGE			EDUCATION			
		Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
Strongly agree	370	0	370	158	189	24	21	62	191	96
	34%	-	34%	37%	32%	31%	27%	28%	34%	42%
										FG
Somewhat agree	575	0	575	211	330	33	41	130	302	101
	53%	-	53%	50%	56%	44%	52%	59%	54%	45%
								I	I	
Somewhat disagree	136	0	136	52	64	19	16	29	60	30
	12%	-	12%	12%	11%	25%	20%	13%	11%	13%
							H			
Strongly disagree	7	0	7	3	4	0	1	0	5	1
	1%	-	1%	1%	1%	-	1%	-	1%	0
Summary										
Top2box - Agree	945	0	945	369	519	57	63	193	493	197
	87%	-	87%	87%	88%	75%	79%	87%	88%	87%
Low2box - Disagree	142	0	142	55	68	19	17	29	65	31
	13%	-	13%	13%	12%	25%	21%	13%	12%	13%

(Eggs can be eaten at any meal) Now, thinking about eggs and the role they play in your and your family's diet, please indicate whether you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with each of the following statements.

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Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
* small base; ** very small base (under 30) ineligible for sig testing

		GENDER		AGE			EDUCATION			
	Total	Male	Female	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: Respondents having children	1087	0	1087	333	738	16	74	226	557	230
Weighted	1087	-**	1087	424	587	76**	79*	222	558	228
Strongly agree	800	0	800	306	433	62	62	153	425	160
	74%	-	74%	72%	74%	81%	78%	69%	76%	70%
Somewhat agree	238	0	238	89	134	14	14	59	115	49
	22%	-	22%	21%	23%	19%	18%	27%	21%	21%
Somewhat disagree	41	0	41	25	16	0	3	9	13	17
	4%	-	4%	6%	3%	-	4%	4%	2%	7%
				D						H
Strongly disagree	8	0	8	4	4	0	0	1	5	2
	1%	-	1%	1%	1%	-	-	0	1%	1%
Summary										
Top2box - Agree	1038	0	1038	395	567	76	76	213	540	209
	95%	-	95%	93%	97%	100%	96%	96%	97%	92%
					C				I	
Low2box - Disagree	49	0	49	29	20	0	3	10	18	19
	5%	-	5%	7%	3%	-	4%	4%	3%	8%
				D						H