

Please answer the following questions for both yourself and your children if appropriate: **MORE THAN SUMMARY TABLE**

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Man	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
1) My children get 9 hours of sleep per night	277	38	26	16	93	86	19	116	161	126	110	40	258	27
	25%	24%	24%	22%	22%	33%	22%	21%	29%	39% JK	25% K	12%	32% M	8%
2) I get 9 hours of sleep per night	9	4	1	1	0	2	2	4	6	3	2	3	7	3
	1%	2% D	1%	1%	-	1%	2% D	1%	1%	1%	1%	1%	1%	1%
3) I spend 2 hours a day watching TV	138	25	10	11	53	21	17	64	74	61	50	27	89	53
	12%	16%	9%	15%	12%	8%	21% E	12%	13%	19% JK	12%	8%	11%	16%
4) I spend 2 hours a day on the Internet	164	25	18	7	71	28	15	97	67	80	62	21	134	44
	15%	16%	17%	9%	17%	11%	18%	18%	12%	25% JK	14%	6%	17%	13%
5) My children spend 2 hours a day either watching television	116	18	13	10	54	9	13	60	56	47	43	25	80	37
	10%	12% E	12% E	13% E	13% E	3%	15% E	11%	10%	14%	10%	7%	10%	11%
6) My children spend 2 hours a day on the Internet	39	3	6	2	13	5	9	19	19	5	21	13	10	34
	3%	2%	5%	3%	3%	2%	10% ADE	4%	3%	1%	5% I	4%	1%	10% L
7) I eat 7 servings of fruits and vegetables every day	21	2	2	1	9	5	2	11	9	5	12	3	14	6
	2%	1%	2%	1%	2%	2%	2%	2%	2%	2%	3%	1%	2%	2%
8) My children 4 servings of fruits and vegetables every day	118	14	6	3	47	41	7	47	71	40	45	33	110	17
	11%	9%	6%	4%	11%	16%	8%	9%	13%	12%	10%	10%	14% M	5%
9) My children participate in an organized sport 3 days of every week	60	9	5	5	11	26	4	11	49	5	29	26	39	25
	5%	6%	5%	7%	3%	10% D	4%	2%	9% G	1%	7% I	8%	5%	7%
10) My children are physically active 4 days of every week	228	39	26	16	87	42	20	96	132	76	100	52	193	39
	21%	25%	24%	21%	20%	16%	24%	18%	23%	23%	23%	15%	24% M	12%
11) I am physically active 4 days of every week	113	21	13	5	49	19	7	63	50	41	46	24	79	37
	10%	14%	12%	7%	12%	7%	8%	12%	9%	13%	11%	7%	10%	11%

Please answer the following questions for both yourself and your children if appropriate: AT LEAST SUMMARY TABLE

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
1) My children get 9 hours of sleep per night	613	87	65	32	269	115	45	316	297	160	254	195	468	172
	55%	57%	61%	44%	63% E	44%	53%	58%	53%	49%	59% I	57%	59%	52%
2) I get 9 hours of sleep per night	108	22	10	11	28	26	10	46	62	37	46	24	81	40
	10%	14% D	10%	14%	7%	10%	12%	8%	11%	11%	11%	7%	10%	12%
3) I spend 2 hours a day watching TV	494	65	42	33	193	123	38	239	255	120	179	190	343	146
	45%	42%	40%	44%	45%	47%	45%	44%	45%	37%	41%	56% I	43%	44%
4) I spend 2 hours a day on the Internet	360	57	33	21	142	79	28	190	170	100	134	121	258	107
	33%	37%	31%	29%	33%	30%	33%	35%	30%	31%	31%	35%	32%	32%
5) My children spend 2 hours a day either watching television	398	53	47	22	159	81	35	223	175	104	177	114	263	146
	36%	34%	44%	30%	37%	31%	42%	41% H	31%	32%	41% I	33%	33%	44%
6) My children spend 2 hours a day on the Internet	170	23	11	15	56	49	15	104	67	9	63	98	50	106
	15%	15%	11%	21%	13%	19%	18%	19%	12%	3%	14% I	29% IJ	6%	32% L
7) I eat 7 servings of fruits and vegetables every day	288	44	29	23	78	87	28	129	159	82	101	105	205	79
	26%	29%	27%	31%	18%	33% D	33% D	24%	28%	25%	23%	31%	26%	24%
8) My children 4 servings of fruits and vegetables every day	597	95	54	32	231	148	38	298	299	185	252	155	446	172
	54%	61% F	51%	43%	54%	56%	45%	55%	53%	57%	58%	46%	56%	52%
9) My children participate in an organized sport 3 days of every week	264	44	27	11	96	62	24	136	128	61	123	78	191	103
	24%	29%	25%	15%	23%	24%	29%	25%	23%	19%	28% I	23%	24%	31%
10) My children are physically active 4 days of every week	577	86	58	28	250	114	41	293	284	186	234	154	459	168
	52%	56%	54%	38%	59% C	43%	49%	54%	50%	57%	54%	45%	58%	50%
11) I am physically active 4 days of every week	352	57	32	32	124	80	28	163	190	98	110	142	247	118
	32%	37%	30%	43%	29%	30%	33%	30%	34%	30%	25%	42% J	31%	35%

Please answer the following questions for both yourself and your children if appropriate: **LESS THAN SUMMARY TABLE**

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
1) My children get 9 hours of sleep per night	198	25	12	23	63	59	16	105	93	34	66	97	61	130
	18%	16%	11%	31% BD	15%	22%	20%	19%	16%	10%	15%	28% IJ	8%	39% L
2) I get 9 hours of sleep per night	985	128	93	62	398	233	71	492	493	283	384	312	704	290
	89%	83%	88%	84%	93% AF	89%	84%	91%	87%	87%	89%	91%	89%	87%
3) I spend 2 hours a day watching TV	469	63	53	28	180	117	28	237	232	141	202	124	358	132
	42%	41%	50%	38%	42%	45%	33%	44%	41%	43%	47%	36%	45%	40%
4) I spend 2 hours a day on the Internet	574	72	54	44	209	155	41	251	324	144	230	200	397	179
	52%	46%	51%	60%	49%	59%	49%	46%	57% G	44%	53% I	59%	50%	54%
5) My children spend 2 hours a day either watching television	570	78	38	39	213	170	32	247	323	169	210	188	439	147
	51%	51% B	35%	53%	50%	65% BF	38%	46%	57% G	52%	48%	55%	55%	44%
6) My children spend 2 hours a day on the Internet	867	123	80	54	354	200	56	403	464	301	346	217	713	191
	78%	80% F	76%	73%	83% F	76%	67%	74%	82%	93% JK	80% K	64%	90% M	57%
7) I eat 7 servings of fruits and vegetables every day	791	108	75	48	338	168	53	398	392	236	314	233	569	246
	71%	70%	70%	66%	79% EF	64%	63%	73%	69%	73%	73%	68%	72%	74%
8) My children 4 servings of fruits and vegetables every day	366	41	42	35	146	69	33	185	182	90	129	145	224	141
	33%	27%	40%	48% AE	34%	26%	40%	34%	32%	28%	30%	43%	28%	42% L
9) My children participate in an organized sport 3 days of every week	727	93	64	53	301	165	51	372	355	239	272	212	520	204
	66%	60%	60%	72%	71%	63%	60%	69%	63%	74% J	63%	62%	66%	61%
10) My children are physically active 4 days of every week	260	26	13	27	75	101	18	140	121	52	95	109	111	125
	24%	17%	12%	37% ABD	18%	39% ABDF	22%	26%	21%	16%	22%	32% I	14%	37% L
11) I am physically active 4 days of every week	638	77	62	36	252	162	49	315	323	185	274	174	466	177
	58%	50%	58%	49%	59%	62%	58%	58%	57%	57%	63%	51%	59%	53%

Please answer the following questions for both yourself and your children if appropriate. 1) My children get 9 hours of sleep per night?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
More than	277 25%	38 24%	26 24%	16 22%	93 22%	86 33%	19 22%	116 21%	161 29%	126 39% JK	110 25% K	40 12%	258 32% M	27 8%
At least	613 55%	87 57%	65 61%	32 44%	269 63% E	115 44%	45 53%	316 58%	297 53%	160 49%	254 59% I	195 57%	468 59%	172 52%
Less than	198 18%	25 16%	12 11%	23 31% BD	63 15%	59 22%	16 20%	105 19%	93 16%	34 10%	66 15%	97 28% IJ	61 8%	130 39% L
Don't Know	19 2%	4 3%	4 4% D	2 3%	1 0	3 1%	4 5% D	5 1%	13 2%	6 2%	4 1%	9 3%	6 1%	4 1%

Please answer the following questions for both yourself and your children if appropriate. 2) I get 9 hours of sleep per night?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
More than	9 1%	4 2% D	1 1%	1 1%	0 -	2 1%	2 2% D	4 1%	6 1%	3 1%	2 1%	3 1%	7 1%	3 1%
At least	108 10%	22 14% D	10 10%	11 14%	28 7%	26 10%	10 12%	46 8%	62 11%	37 11%	46 11%	24 7%	81 10%	40 12%
Less than	985 89%	128 83%	93 88%	62 84%	398 93% AF	233 89%	71 84%	492 91%	493 87%	283 87%	384 89%	312 91%	704 89%	290 87%
Don't Know	5 0	1 0	2 2%	1 1%	0 -	1 0	1 1%	1 0	4 1%	2 1%	1 0	2 0	2 0	1 0

Please answer the following questions for both yourself and your children if appropriate. 3) I spend 2 hours a day watching TV?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
More than	138 12%	25 16%	10 9%	11 15%	53 12%	21 8%	17 21% E	64 12%	74 13%	61 19% JK	50 12%	27 8%	89 11%	53 16%
At least	494 45%	65 42%	42 40%	33 44%	193 45%	123 47%	38 45%	239 44%	255 45%	120 37%	179 41%	190 56% I	343 43%	146 44%
Less than	469 42%	63 41%	53 50%	28 38%	180 42%	117 45%	28 33%	237 44%	232 41%	141 43%	202 47%	124 36%	358 45%	132 40%
Don't Know	6 1%	1 1%	1 1%	2 2%	0 -	1 1%	0 0	2 0	4 1%	3 1%	3 1%	0 -	4 0	3 1%

Please answer the following questions for both yourself and your children if appropriate. 4) I spend 2 hours a day on the Internet?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
More than	164 15%	25 16%	18 17%	7 9%	71 17%	28 11%	15 18%	97 18%	67 12%	80 25% JK	62 14%	21 6%	134 17%	44 13%
At least	360 33%	57 37%	33 31%	21 29%	142 33%	79 30%	28 33%	190 35%	170 30%	100 31%	134 31%	121 35%	258 32%	107 32%
Less than	574 52%	72 46%	54 51%	44 60%	209 49%	155 59%	41 49%	251 46%	324 57% G	144 44%	230 53% I	200 59%	397 50%	179 54%
Don't Know	8 1%	1 0	1 0	1 2%	4 1%	1 1%	0 0	4 1%	4 1%	2 1%	7 2%	0 -	4 1%	3 1%

Please answer the following questions for both yourself and your children if appropriate. 5) My children spend 2 hours a day either watching television?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
More than	116 10%	18 12% E	13 12% E	10 13% E	54 13% E	9 3% E	13 15% E	60 11%	56 10%	47 14%	43 10%	25 7%	80 10%	37 11%
At least	398 36%	53 34%	47 44%	22 30%	159 37%	81 31%	35 42%	223 41% H	175 31%	104 32%	177 41% I	114 33%	263 33%	146 44%
Less than	570 51%	78 51% B	38 35%	39 53%	213 50%	170 65% BF	32 38%	247 46%	323 57% G	169 52%	210 48%	188 55%	439 55%	147 44%
Don't Know	23 2%	5 3% D	9 8% DE	3 3% D	0 -	3 1%	4 5% D	12 2%	11 2%	6 2%	3 1%	14 4%	12 1%	2 1%

Please answer the following questions for both yourself and your children if appropriate. 6) My children spend 2 hours a day on the Internet?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
More than	39 3%	3 2%	6 5%	2 3%	13 3%	5 2%	9 10% ADE	19 4%	19 3%	5 1%	21 5% I	13 4%	10 1%	34 10% L
At least	170 15%	23 15%	11 11%	15 21%	56 13%	49 19%	15 18%	104 19%	67 12%	9 3%	63 14% I	98 29% IJ	50 6%	106 32% L
Less than	867 78%	123 80% F	80 76%	54 73%	354 83% F	200 76%	56 67%	403 74%	464 82%	301 93% JK	346 80% K	217 64%	713 90% M	191 57%
Don't Know	31 3%	5 3%	9 8% D	3 4%	3 1%	8 3%	4 5% D	16 3%	15 3%	10 3% J	3 1%	14 4%	20 3%	2 1%

Please answer the following questions for both yourself and your children if appropriate. 7) I eat 7 servings of fruits and vegetables every day?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
More than	21 2%	2 1%	2 2%	1 1%	9 2%	5 2%	2 2%	11 2%	9 2%	5 2%	12 3%	3 1%	14 2%	6 2%
At least	288 26%	44 29%	29 27%	23 31%	78 18%	87 33% D	28 33% D	129 24%	159 28%	82 25%	101 23%	105 31%	205 26%	79 24%
Less than	791 71%	108 70%	75 70%	48 66%	338 79% EF	168 64%	53 63%	398 73%	392 69%	236 73%	314 73%	233 68%	569 72%	246 74%
Don't Know	7 1%	0 -	1 1%	1 2%	1 0	3 1%	1 1%	3 1%	4 1%	3 1%	5 1%	0 -	5 1%	2 1%

Please answer the following questions for both yourself and your children if appropriate. 8) My children 4 servings of fruits and vegetables every day?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
More than	118 11%	14 9%	6 6%	3 4%	47 11%	41 16%	7 8%	47 9%	71 13%	40 12%	45 10%	33 10%	110 14% M	17 5%
At least	597 54%	95 61% F	54 51%	32 43%	231 54%	148 56%	38 45%	298 55%	299 53%	185 57%	252 58%	155 46%	446 56%	172 52%
Less than	366 33%	41 27%	42 40%	35 48% AE	146 34%	69 26%	33 40%	185 34%	182 32%	90 28%	129 30%	145 43%	224 28%	141 42% L
Don't Know	25 2%	5 3%	4 4%	4 5%	3 1%	4 2%	6 7% DE	13 2%	13 2%	11 3%	7 2%	7 2%	13 2%	4 1%

Please answer the following questions for both yourself and your children if appropriate. 9) My children participate in an organized sport 3 days of every week?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Man	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
More than	60 5%	9 6%	5 5%	5 7%	11 3%	26 10% D	4 4%	11 2%	49 9% G	5 1%	29 7% I	26 8%	39 5%	25 7%
At least	264 24%	44 29%	27 25%	11 15%	96 23%	62 24%	24 29%	136 25%	128 23%	61 19%	123 28% I	78 23%	191 24%	103 31%
Less than	727 66%	93 60%	64 60%	53 72%	301 71%	165 63%	51 60%	372 69%	355 63%	239 74% J	272 63%	212 62%	520 66%	204 61%
Don't Know	56 5%	8 5%	10 10%	4 6%	18 4%	10 4%	5 6%	23 4%	33 6%	20 6% J	9 2%	26 8%	44 5% M	2 1%

Please answer the following questions for both yourself and your children if appropriate. 10) My children are physically active 4 days of every week?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Man	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
More than	228 21%	39 25%	26 24%	16 21%	87 20%	42 16%	20 24%	96 18%	132 23%	76 23%	100 23%	52 15%	193 24% M	39 12%
At least	577 52%	86 56%	58 54%	28 38%	250 59% C	114 43%	41 49%	293 54%	284 50%	186 57%	234 54%	154 45%	459 58%	168 50%
Less than	260 24%	26 17%	13 12%	27 37% ABD	75 18%	101 39% ABDF	18 22%	140 26%	121 21%	52 16%	95 22%	109 32% I	111 14%	125 37% L
Don't Know	41 4%	4 3%	9 9%	3 4%	14 3%	6 2%	4 5%	14 3%	28 5%	12 4% J	3 1%	26 8% J	29 4%	2 1%

Please answer the following questions for both yourself and your children if appropriate. 11) I am physically active 4 days of every week?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
More than	113	21	13	5	49	19	7	63	50	41	46	24	79	37
	10%	14%	12%	7%	12%	7%	8%	12%	9%	13%	11%	7%	10%	11%
At least	352	57	32	32	124	80	28	163	190	98	110	142	247	118
	32%	37%	30%	43%	29%	30%	33%	30%	34%	30%	25%	42% J	31%	35%
Less than	638	77	62	36	252	162	49	315	323	185	274	174	466	177
	58%	50%	58%	49%	59%	62%	58%	58%	57%	57%	63%	51%	59%	53%
Don't Know	4	0	0	1	0	2	1	1	3	1	3	0	1	1
	0	-	-	1%	-	1%	1%	0	0	0	1%	-	0	0

Please answer the following questions for both yourself and your children if appropriate. Please answer by responding yes or no: YES SUMMARY TABLE

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
1) My children eat a breakfast everyday	987 89%	139 90% C	96 90% C	52 70%	381 90% C	250 95% CF	69 83%	478 88%	509 90%	299 92%	391 90%	290 85%	747 94% M	285 85%
2) I limit how much time my children watch television	766 69%	109 71%	66 62%	39 54%	329 77% BCF	171 65%	52 62%	361 67%	406 72%	250 77% K	314 73% K	197 58%	646 82% M	166 50%
3) I limit how much time my children spend on the Internet	813 73%	123 80% E	79 74%	46 63%	341 80% CE	164 62%	60 72%	381 70%	432 77%	269 83% K	355 82% K	183 54%	668 84% M	191 57%
4) It takes less than 10 minutes to walk from our home to a park or play ground	805 73%	112 72% F	91 85% AF	58 78% F	310 73% F	193 73% F	42 50%	381 70%	424 75%	229 70%	320 74%	252 74%	602 76%	223 67%
5) My children have missed over a week of school in the past year due to illness	138 12%	29 19% E	10 9%	5 7%	54 13%	21 8%	20 23% BCDE	63 12%	75 13%	37 11%	57 13%	44 13%	92 12%	54 16%
6) My children sometimes smoke cigarettes	44 4%	3 2%	1 0	1 2%	9 2%	24 9% ABD	7 8% ABD	20 4%	24 4%	1 0	10 2%	33 10% IJ	12 1%	30 9% L
7) I sometimes smoke cigarettes	289 26%	36 23%	29 27%	13 18%	121 28%	65 25%	25 30%	132 24%	157 28%	95 29%	120 28%	73 21%	215 27%	88 26%
8) My children sometimes drink alcoholic beverages like beer and wine	114 10%	8 5%	8 7%	14 20% AD	28 7%	48 18% AD	9 10%	62 12%	51 9%	1 0	28 6% I	85 25% IJ	18 2%	74 22% L
9) I sometimes drink alcoholic beverages like beer and wine	794 72%	98 64%	78 73% C	39 53%	299 70%	218 83% AC	62 74% C	429 79% H	365 65%	223 68%	317 73%	251 74%	552 70%	254 76%
10) We make sure that we have at least one meal per day together as a family	969 88%	131 85%	93 87%	57 78%	371 87%	249 95% ACF	67 80%	471 87%	498 88%	281 86%	387 89%	295 87%	718 91%	286 86%
11) At least once a week, we participate with our children in a common physical recreational activity	661 60%	95 61%	55 52%	33 45%	290 68% BCF	144 55%	44 53%	325 60%	337 60%	226 69% JK	258 60%	174 51%	556 70% M	146 44%

Please answer the following questions for both yourself and your children if appropriate. Please answer by responding yes or no : NO SUMMARY TABLE

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
1) My children eat a breakfast everyday	105 9%	14 9%	8 7%	19 26% ABDE	45 10%	9 3%	11 13% E	59 11%	46 8%	21 6%	38 9%	46 13%	42 5%	46 14% L
2) I limit how much time my children watch television	322 29%	43 28%	37 35%	31 42% D	96 23%	87 33%	28 33%	176 33%	146 26%	68 21%	113 26%	139 41% IJ	139 17%	165 49% L
3) I limit how much time my children spend on the Internet	268 24%	28 18%	25 23%	23 31%	82 19%	90 34% AD	19 23%	152 28%	116 21%	40 12%	73 17%	153 45% IJ	111 14%	140 42% L
4) It takes less than 10 minutes to walk from our home to a park or play ground	288 26%	41 27% B	13 12%	14 20%	111 26% B	67 26%	41 49% ABCDE	154 28%	134 24%	89 27%	110 25%	87 26%	185 23%	105 31%
5) My children have missed over a week of school in the past year due to illness	933 84%	119 77%	93 87% F	65 88%	365 86% F	231 88% AF	59 71%	459 85%	474 84%	277 85%	366 85%	282 83%	685 86%	270 81%
6) My children sometimes smoke cigarettes	1021 92%	149 96% EF	102 95% E	70 94%	412 97% EF	214 82%	75 89%	506 93%	515 91%	317 97% K	420 97% K	278 82%	778 98% M	276 83%
7) I sometimes smoke cigarettes	816 74%	119 77%	77 73%	60 81%	305 72%	197 75%	59 70%	410 76%	406 72%	230 71%	312 72%	268 79%	577 73%	245 73%
8) My children sometimes drink alcoholic beverages like beer and wine	965 87%	143 92% CE	88 83%	56 77%	398 93% BCE	206 78%	73 87%	462 85%	503 89%	317 97% JK	401 93% K	240 70%	764 96% M	253 76%
9) I sometimes drink alcoholic beverages like beer and wine	311 28%	56 36% E	28 27%	34 46% E	127 30%	45 17%	22 26%	112 21%	199 35% G	103 32%	115 27%	90 26%	241 30%	79 24%
10) We make sure that we have at least one meal per day together as a family	118 11%	21 14% BE	5 4%	14 20% BE	52 12%	12 5%	13 16% BE	59 11%	59 10%	41 13%	42 10%	33 10%	64 8%	46 14%
11) At least once a week, we participate with our children in a common physical recreational activity	410 37%	56 36%	41 38%	36 49%	130 30%	112 43%	35 42%	196 36%	214 38%	90 28%	163 38% I	153 45% I	214 27%	184 55% L

Please answer the following questions for both yourself and your children if appropriate. Please answer by responding yes or no. 1) My children eat a breakfast everyday.?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
Yes	987 89%	139 90% C	96 90% C	52 70% C	381 90% C	250 95% CF	69 83%	478 88%	509 90%	299 92%	391 90%	290 85%	747 94% M	285 85%
No	105 9%	14 9%	8 7%	19 26% ABDE	45 10%	9 3%	11 13% E	59 11%	46 8%	21 6%	38 9%	46 13%	42 5%	46 14% L
Don't Know/Refused	15 1%	2 1%	3 3% D	3 4% D	0 -	3 1%	4 5% D	5 1%	10 2%	6 2%	3 1%	5 2%	4 0	3 1%

Please answer the following questions for both yourself and your children if appropriate. Please answer by responding yes or no. 2) I limit how much time my children watch television.?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
Yes	766 69%	109 71%	66 62%	39 54%	329 77% BCF	171 65%	52 62%	361 67%	406 72%	250 77% K	314 73% K	197 58%	646 82% M	166 50%
No	322 29%	43 28%	37 35%	31 42% D	96 23%	87 33%	28 33%	176 33%	146 26%	68 21%	113 26%	139 41% IJ	139 17%	165 49% L
Don't Know/Refused	18 2%	2 1%	3 3%	3 4% D	1 0	5 2%	4 5% D	5 1%	13 2%	7 2%	6 1%	5 2%	8 1%	3 1%

Please answer the following questions for both yourself and your children if appropriate. Please answer by responding yes or no. 3) I limit how much time my children spend on the Internet. ?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
Yes	813 73%	123 80% E	79 74%	46 63%	341 80% CE	164 62%	60 72%	381 70%	432 77%	269 83% K	355 82% K	183 54%	668 84% M	191 57%
No	268 24%	28 18%	25 23%	23 31%	82 19%	90 34% AD	19 23%	152 28%	116 21%	40 12%	73 17%	153 45% IJ	111 14%	140 42% L
Don't Know/Refused	26 2%	3 2%	3 3%	4 6% D	3 1%	9 3%	5 5% D	10 2%	16 3%	16 5% J	5 1%	5 2%	15 2%	3 1%

Please answer the following questions for both yourself and your children if appropriate. Please answer by responding yes or no. 4) It takes less than 10 minutes to walk from our home to a park or play ground. ?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
Yes	805 73%	112 72% F	91 85% AF	58 78% F	310 73% F	193 73% F	42 50%	381 70%	424 75%	229 70%	320 74%	252 74%	602 76%	223 67%
No	288 26%	41 27% B	13 12%	14 20%	111 26% B	67 26%	41 49% ABCDE	154 28%	134 24%	89 27%	110 25%	87 26%	185 23%	105 31%
Don't Know/Refused	14 1%	1 1%	2 2%	1 2%	5 1%	3 1%	1 1%	7 1%	6 1%	8 2%	3 1%	2 0	6 1%	5 2%

Please answer the following questions for both yourself and your children if appropriate. Please answer by responding yes or no. 5) My children have missed over a week of school in the past year due to illness.?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
Yes	138 12%	29 19% E	10 9%	5 7%	54 13%	21 8%	20 23% BCDE	63 12%	75 13%	37 11%	57 13%	44 13%	92 12%	54 16%
No	933 84%	119 77%	93 87% F	65 88%	365 86% F	231 88% AF	59 71%	459 85%	474 84%	277 85%	366 85%	282 83%	685 86%	270 81%
Don't Know/Refused	36 3%	6 4%	4 3%	4 5%	7 2%	11 4%	5 6%	20 4%	16 3%	12 4%	9 2%	15 4%	16 2%	10 3%

Please answer the following questions for both yourself and your children if appropriate. Please answer by responding yes or no. 6) My children sometimes smoke cigarettes.?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
Yes	44 4%	3 2%	1 0	1 2%	9 2%	24 9% ABD	7 8% ABD	20 4%	24 4%	1 0	10 2%	33 10% IJ	12 1%	30 9% L
No	1021 92%	149 96% EF	102 95% E	70 94%	412 97% EF	214 82%	75 89%	506 93%	515 91%	317 97% K	420 97% K	278 82%	778 98% M	276 83%
Don't Know/Refused	41 4%	3 2%	4 4%	3 4%	5 1%	25 9% AD	2 2%	15 3%	26 5%	7 2%	3 1%	30 9% J	4 0	28 8% L

Please answer the following questions for both yourself and your children if appropriate. Please answer by responding yes or no. 7) I sometimes smoke cigarettes.?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
Yes	289 26%	36 23%	29 27%	13 18%	121 28%	65 25%	25 30%	132 24%	157 28%	95 29%	120 28%	73 21%	215 27%	88 26%
No	816 74%	119 77%	77 73%	60 81%	305 72%	197 75%	59 70%	410 76%	406 72%	230 71%	312 72%	268 79%	577 73%	245 73%
Don't Know/Refused	2 0	0 -	0 -	1 1%	0 -	1 0	0 0	1 0	1 0	1 0	1 0	0 -	1 0	1 0

Please answer the following questions for both yourself and your children if appropriate. Please answer by responding yes or no. 8) My children sometimes drink alcoholic beverages like beer and wine.?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
Yes	114 10%	8 5%	8 7%	14 20% AD	28 7%	48 18% AD	9 10%	62 12%	51 9%	1 0	28 6% I	85 25% IJ	18 2%	74 22% L
No	965 87%	143 92% CE	88 83%	56 77%	398 93% BCE	206 78%	73 87%	462 85%	503 89%	317 97% JK	401 93% K	240 70%	764 96% M	253 76%
Don't Know/Refused	28 3%	4 3% D	11 10% AD	3 4% D	0 -	9 3%	2 2% D	18 3%	10 2%	7 2%	4 1%	17 5%	11 1%	6 2%

Please answer the following questions for both yourself and your children if appropriate. Please answer by responding yes or no. 9) I sometimes drink alcoholic beverages like beer and wine.?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
Yes	794 72%	98 64%	78 73% C	39 53%	299 70%	218 83% AC	62 74% C	429 79% H	365 65%	223 68%	317 73%	251 74%	552 70%	254 76%
No	311 28%	56 36% E	28 27%	34 46% E	127 30%	45 17%	22 26%	112 21%	199 35% G	103 32%	115 27%	90 26%	241 30%	79 24%
Don't Know/Refused	1 0	0 -	0 -	1 1%	0 -	0 -	0 0	1 0	1 0	0 0	1 0	0 -	0 -	1 0

Please answer the following questions for both yourself and your children if appropriate. Please answer by responding yes or no. 10) We make sure that we have at least one meal per day together as a family.?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
Weighted Base	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
Yes	969 88%	131 85%	93 87%	57 78%	371 87%	249 95% ACF	67 80%	471 87%	498 88%	281 86%	387 89%	295 87%	718 91%	286 86%
No	118 11%	21 14% BE	5 4%	14 20% BE	52 12%	12 5%	13 16% BE	59 11%	59 10%	41 13%	42 10%	33 10%	64 8%	46 14%
Don't Know/Refused	20 2%	1 1%	9 8% ADE	2 3%	3 1%	1 0	4 5% DE	12 2%	8 1%	4 1%	4 1%	12 4%	11 1%	1 0

Please answer the following questions for both yourself and your children if appropriate. Please answer by responding yes or no. 11) At least once a week, we participate with our children in a common physical recreational activity.?

		REGION						GENDER		AGE			CHILDREN IN HOUSEHOLD	
	TOTAL	BC	Alberta	Sask/Ma n	Ontario	Quebec	Atlantic	Male	Female	18-34	35-54	55+	Under 10	10-17
		A	B	C	D	E	F	G	H	I	J	K	L	M
Base: Parents														
Unweighted Base	1107	220	124	207	157	238	161	490	617	365	650	84	808	374
	1107	154	107*	74*	426*	263*	84*	542	565	326	433	341*	793	333
Yes	661	95	55	33	290	144	44	325	337	226	258	174	556	146
	60%	61%	52%	45%	68% BCF	55%	53%	60%	60%	69% JK	60%	51%	70% M	44%
No	410	56	41	36	130	112	35	196	214	90	163	153	214	184
	37%	36%	38%	49%	30%	43%	42%	36%	38%	28%	38% I	45% I	27%	55% L
Don't Know/Refused	35	3	11	4	6	7	4	21	14	9	12	14	22	3
	3%	2%	10% ADE	6%	2%	2%	5%	4%	2%	3%	3%	4%	3%	1%