Detailed tables

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Detailed tables

OM8. Which do you enjoy most during your day?

		GEI	NDER		AGE			EDU	CATION		
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad	
		A	В	С	D	Е	F	G	Н	1	
Base: All respondents	1044	457	587	243	439	360	106	304	475	159	
Weighted	1000	490	510	294	396	308	97*	282	456	164	
Breakfast	188	82	106	35	69	84	16	50	91	31	
	19%	17%	21%	12%	17%	27% CD	17%	18%	20%	19%	
Lunch	93	40	53	36	32	26	9	30	36	18	
	9%	8%	10%	12%	8%	8%	10%	11%	8%	11%	
Dinner	634	327	307	182	259	192	60	184	286	103	
	63%	67%	60%	62%	65%	62%	62%	65%	63%	63%	
		В									
Snacking	85	41	45	42	36	6	11	19	43	12	
	9%	8%	9%	14%	9%	2%	11%	7%	10%	8%	
				E	E						

Detailed tables

OM9. I often skip eating a meal at?

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I

		GEN	NDER		AGE			EDUC	CATION	
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		A	В	С	D	E	F	G	Н	I
Base: All respondents	1044	457	587	243	439	360	106	304	475	159
Weighted	1000	490	510	294	396	308	97*	282	456	164
Breakfast										
Yes	442	230	212	156	206	80	45	140	203	53
	44%	47%	42%	53%	52%	26%	47%	50%	45%	32%
				E	E		1	1	1	
No	558	260	298	138	190	228	52	142	253	111
	56%	53%	58%	47%	48%	74%	53%	50%	55%	68%
						CD				FGH
Lunch										
Yes	366	179	187	88	173	105	49	103	160	54
	37%	36%	37%	30%	44%	34%	51%	36%	35%	33%
					CE		GHI			
No	634	311	323	206	223	203	48	180	296	111
	63%	64%	63%	70%	56%	66%	49%	64%	65%	67%
				D		D		F	F	F
Dinner										
Yes	73	32	42	25	32	16	9	31	21	13
	7%	6%	8%	9%	8%	5%	9%	11%	5%	8%
								Н		
No	927	458	468	269	365	292	88	252	435	152
	93%	94%	92%	91%	92%	95%	91%	89%	95%	92%
									G	
Any meal										
Yes	654	326	327	193	292	168	72	200	294	87
	65%	67%	64%	65%	74%	54%	74%	71%	65%	53%
				E	CE		1	<u> </u>	<u> </u>	
No	346	163	183	102	104	140	25	82	162	77
	35%	33%	36%	35%	26%	46%	26%	29%	35%	47%
				D		CD				FGH

Detailed tables

OM9. [Yes Summary] I often skip eating a meal at?

		GEN	NDER		AGE			EDUC	CATION	
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		Α	В	С	D	E	F	G	Н	1
Base: All respondents	1044	457	587	243	439	360	106	304	475	159
Weighted	1000	490	510	294	396	308	97*	282	456	164
Any meal	654	326	327	193	292	168	72	200	294	87
•	65%	67%	64%	65%	74%	54%	74%	71%	65%	53%
Breakfast	442	230	212	156	CE 206	80	45	140	203	53
	44%	47%	42%	53%	52%	26%	47%	50%	45%	32%
Lunch	366	179	187	88	<u>E</u> 173	105	1 49	103	160	54
Lanon	37%	36%	37%	30%	44%	34%	51%	36%	35%	33%
					CE		GHI			
Dinner	73	32	42	25	32	16	9	31	21	13
	7%	6%	8%	9%	8%	5%	9%	11% H	5%	8%

Detailed tables

OM10. When I do snack, I typically snack...?

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I

		GEI	NDER		AGE			EDU	CATION	
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		Α	В	С	D	Е	F	G	Н	I
Base: All respondents	1044	457	587	243	439	360	106	304	475	159
Weighted	1000	490	510	294	396	308	97*	282	456	164
In the morning	132	67	65	55	51	25	7	30	70	24
	13%	14%	13%	19% E	13% E	8%	8%	11%	15%	15%
In the afternoon	453	199	255	163	166	124	44	128	203	79
	45%	41%	50% A	55% DE	42%	40%	45%	45%	44%	48%
In the evening	600	312	288	180	237	183	65	163	280	91
	60%	64% B	56%	61%	60%	59%	68%	58%	61%	55%
Before bed	245	138	107	99	96	50	27	60	122	36
	24%	28% B	21%	34% DE	24% F	16%	28%	21%	27%	22%
(Dk/Ns)	2	0	1	0	1	0	0	1	0	0
	0	0	0	-	0	0	-	0	-	0



Detailed tables

OM11_1. (Over the past few years, I am snacking more than I used to) What is the extent to which you agree with the following statements?

		GEI	NDER		AGE		EDUCATION				
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad	
		A	В	С	D	E	F	G	Н	l	
Base: All respondents	1044	457	587	243	439	360	106	304	475	159	
Weighted	1000	490	510	294	396	308	97*	282	456	164	
Over the past few years, I am snackir	ng more than I used to	1									
Strongly agree	94	36	58	39	37	18	18	23	40	14	
	9%	7%	11% A	13% E	9%	6%	18% GHI	8%	9%	9%	
Somewhat agree	286	140	146	99	114	73	19	85	139	44	
C	29%	29%	29%	34% E	29%	24%	19%	30% F	30% F	27%	
Somewhat disagree	377	198	179	104	170	102	32	119	160	66	
	38%	41%	35%	35%	43% E	33%	33%	42%	35%	40%	
Strongly disagree	242	116	127	52	75	115	29	55	118	40	
changly change of	24%	24%	25%	18%	19%	37% CD	29% G	19%	26%	25%	
Summary		•									
Top2Box - Agree	380	176	205	138	150	91	36	108	178	58	
. 3	38%	36%	40%	47% DE	38% E	30%	38%	38%	39%	35%	
Low2Box - Disagree	620	314	306	156	246	217	60	174	278	107	
Š	62%	64%	60%	53%	62% C	70% CD	62%	62%	61%	65%	

Detailed tables

OM11_2. (The snacks that I typically eat are generally becoming less healthy) What is the extent to which you agree with the following statements?

		GEN	IDER		AGE		EDUCATION			
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		Α	В	С	D	E	F	G	Н	I
Base: All respondents	1044	457	587	243	439	360	106	304	475	159
Weighted	1000	490	510	294	396	308	97*	282	456	164
The snacks that I typically eat are gene	erally becoming less health	у								
Strongly agree	67	26	42	29	26	12	13	18	27	10
	7%	5%	8%	10% E	7%	4%	13% GH	6%	6%	6%
Somewhat agree	290	152	139	96	125	68	28	88	133	42
v	29%	31%	27%	33% E	32% E	22%	29%	31%	29%	25%
Somewhat disagree	426	220	206	128	179	118	35	121	195	75
- Common and another than the common and the common	43%	45%	40%	44%	45%	38%	36%	43%	43%	46%
Strongly disagree	217	92	124	41	65	110	21	56	102	38
	22%	19%	24% A	14%	17%	36% CD	22%	20%	22%	23%
Summary	•		,,				l.			
Top2Box - Agree	357	177	180	125	151	80	40	105	160	52
. 9	36%	36%	35%	43% E	38% E	26%	42%	37%	35%	31%
Low2Box - Disagree	643	313	330	169	245	228	56	177	297	113
	64%	64%	65%	57%	62%	74% CD	58%	63%	65%	69%

Detailed tables

OM11_3. (I have enough time to eat breakfast, lunch, and dinner each day) What is the extent to which you agree with the following statements?

		GEN	NDER		AGE			EDU	CATION	
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		Α	В	С	D	E	F	G	Н	
Base: All respondents	1044	457	587	243	439	360	106	304	475	159
Weighted	1000	490	510	294	396	308	97*	282	456	164
have enough time to eat breakfast, le	unch, and dinner each day	l								
Strongly agree	393	188	205	75	118	199	49	108	168	68
	39%	38%	40%	26%	30%	64% CD	51% GH	38%	37%	41%
Somewhat agree	333	167	166	98	151	84	23	94	163	52
·	33%	34%	32%	33%	38% E	27%	24%	33%	36% F	32%
Somewhat disagree	177	89	88	71	88	19	15	52	78	31
g	18%	18%	17%	24% E	22% E	6%	16%	18%	17%	19%
Strongly disagree	97	46	51	51	40	7	9	29	46	13
3, 113, 11	10%	9%	10%	17%	10%	2%	9%	10%	10%	8%
				DE	Е					
Summary										
Top2Box - Agree	726	355	371	173	269	283	73	202	332	120
	73%	73%	73%	59%	68% C	92% CD	75%	71%	73%	73%
Low2Box - Disagree	274	134	139	121	127	25	24	81	125	44
-	27%	27%	27%	41% DE	32% F	8%	25%	29%	27%	27%

Detailed tables

OM11_4. (I like to have a bedtime snack) What is the extent to which you agree with the following statements?

		GEN	NDER		AGE		EDUCATION			
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		Α	В	С	D	E	F	G	Н	ı
Base: All respondents	1044	457	587	243	439	360	106	304	475	159
Weighted	1000	490	510	294	396	308	97*	282	456	164
like to have a bedtime snack							ı			
Strongly agree	161	87	74	61	59	42	27	41	77	16
	16%	18%	15%	21% E	15%	14%	28% GHI	14%	17%	10%
Somewhat agree	307	174	134	104	125	78	28	84	138	57
	31%	35% B	26%	35% E	31%	25%	29%	30%	30%	35%
Somewhat disagree	278	129	149	80	120	77	19	89	127	43
	28%	26%	29%	27%	30%	25%	20%	31% F	28%	26%
Strongly disagree	254	101	153	49	93	111	22	69	115	48
3, 113, 11	25%	21%	30% A	17%	24%	36% CD	23%	25%	25%	29%
Summary	•									
Top2Box - Agree	468	260	208	165	183	120	55	125	215	74
	47%	53% B	41%	56% DE	46% E	39%	57% G	44%	47%	45%
Low2Box - Disagree	532	229	302	129	213	188	42	158	241	90
-	53%	47%	59% A	44%	54% C	61% CD	43%	56% F	53%	55%



Detailed tables

OM11_5. (Because of time constraints, I find myself snacking more often than I used to) What is the extent to which you agree with the following statements?

		GEN	NDER		AGE			EDUC	CATION	
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		Α	В	С	D	E	F	G	Н	I
Base: All respondents	1044	457	587	243	439	360	106	304	475	159
Weighted	1000	490	510	294	396	308	97*	282	456	164
Because of time constraints, I find my	self snacking more often the	an I used to								
Strongly agree	66	28	38	33	23	9	14	20	23	9
	7%	6%	7%	11% DE	6%	3%	14% GHI	7%	5%	5%
Somewhat agree	207	95	112	90	80	36	23	52	95	38
· ·	21%	19%	22%	31% DE	20% E	12%	24%	18%	21%	23%
Somewhat disagree	415	211	205	114	200	102	23	131	193	69
	42%	43%	40%	39%	51% CE	33%	24%	46% F	42% F	42% F
Strongly disagree	312	156	156	57	93	161	37	80	146	49
Changly disagnos	31%	32%	31%	20%	24%	52% CD	38%	28%	32%	30%
Summary										
Top2Box - Agree	272	123	149	123	103	46	37	72	117	46
	27%	25%	29%	42% DE	26% E	15%	38% GH	26%	26%	28%
Low2Box - Disagree	728	367	361	171	293	262	60	210	339	118
Ğ	73%	75%	71%	58%	74% C	85% CD	62%	74% F	74% F	72%

Detailed tables

OM11_6. (I feel guilty when I snack in between meals) What is the extent to which you agree with the following statements?

		GEN	NDER		AGE			EDUC	CATION	
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		Α	В	С	D	E	F	G	Н	ı
Base: All respondents	1044	457	587	243	439	360	106	304	475	159
Weighted	1000	490	510	294	396	308	97*	282	456	164
I feel guilty when I snack in between m	neals									
Strongly agree	95	33	62	26	35	32	18	22	35	20
	9%	7%	12% A	9%	9%	11%	19% GH	8%	8%	12%
Somewhat agree	275	122	153	85	94	97	19	73	135	48
	28%	25%	30%	29%	24%	31% D	20%	26%	30%	29%
Somewhat disagree	334	164	171	89	149	96	29	101	150	55
g	33%	33%	33%	30%	38%	31%	29%	36%	33%	33%
Strongly disagree	296	172	124	94	118	83	31	86	137	41
	30%	35% B	24%	32%	30%	27%	32%	31%	30%	25%
Summary				I			ı			
Top2Box - Agree	370	155	215	111	129	129	37	95	169	68
	37%	32%	42% A	38%	33%	42% D	38%	34%	37%	42%
Low2Box - Disagree	630	335	295	183	267	179	60	188	287	96
· ·	63%	68% B	58%	62%	67% F	58%	62%	66%	63%	58%

Detailed tables

OM11. (Top2box Agree Summary) What is the extent to which you agree with the following statements?

		GEI	NDER		AGE		EDUCATION				
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad	
		Α	В	С	D	E	F	G	Н	I	
Base: All respondents	1044	457	587	243	439	360	106	304	475	159	
Weighted	1000	490	510	294	396	308	97*	282	456	164	
I have enough time to eat breakfast, lunch, and dinner each day	726	355	371	173	269	283	73	202	332	120	
•	73%	73%	73%	59%	68% C	92% CD	75%	71%	73%	73%	
I like to have a bedtime snack	468	260	208	165	183	120	55	125	215	74	
	47%	53%	41%	56%	46%	39%	57%	44%	47%	45%	
		В		DE	Е		G				
Over the past few years, I am snacking more than I used to	380	176	205	138	150	91	36	108	178	58	
	38%	36%	40%	47% DE	38% E	30%	38%	38%	39%	35%	
I feel guilty when I snack in between meals	370	155	215	111	129	129	37	95	169	68	
	37%	32%	42% A	38%	33%	42% D	38%	34%	37%	42%	
The snacks that I typically eat are generally becoming less healthy	357	177	180	125	151	80	40	105	160	52	
,	36%	36%	35%	43% E	38% E	26%	42%	37%	35%	31%	
Because of time constraints, I find myself snacking more often than I used to	272	123	149	123	103	46	37	72	117	46	
	27%	25%	29%	42% DE	26% F	15%	38% GH	26%	26%	28%	

Detailed tables

OM11. (Low2box Disagree Summary) What is the extent to which you agree with the following statements?

		GEN	NDER		AGE			EDUC	CATION	
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		Α	В	С	D	E	F	G	Н	I
Base: All respondents	1044	457	587	243	439	360	106	304	475	159
Weighted	1000	490	510	294	396	308	97*	282	456	164
Because of time constraints, I find myself snacking more often than I used to	728	367	361	171	293	262	60	210	339	118
	73%	75%	71%	58%	74% C	85% CD	62%	74% F	74% F	72%
The snacks that I typically eat are generally becoming less healthy	643	313	330	169	245	228	56	177	297	113
,	64%	64%	65%	57%	62%	74% CD	58%	63%	65%	69%
I feel guilty when I snack in between meals	630	335	295	183	267	179	60	188	287	96
	63%	68% B	58%	62%	67% E	58%	62%	66%	63%	58%
Over the past few years, I am snacking more than I used to	620	314	306	156	246	217	60	174	278	107
	62%	64%	60%	53%	62% C	70% CD	62%	62%	61%	65%
I like to have a bedtime snack	532	229	302	129	213	188	42	158	241	90
	53%	47%	59% A	44%	54% C	61% CD	43%	56% F	53%	55%
I have enough time to eat breakfast, lunch, and dinner each day	274	134	139	121	127	25	24	81	125	44
,	27%	27%	27%	41% DE	32% F	8%	25%	29%	27%	27%

Detailed tables

OM12. How often would you say you eat in between meals?

		GEI	NDER		AGE			EDU	CATION	
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		A	В	С	D	E	F	G	Н	I
Base: All respondents	1044	457	587	243	439	360	106	304	475	159
Weighted	1000	490	510	294	396	308	97*	282	456	164
Rarely	164	96	68	25	66	73	19	51	70	24
	16%	20% B	13%	9%	17% C	24% CD	20%	18%	15%	15%
A few times a week	348	165	183	91	149	108	27	100	162	58
	35%	34%	36%	31%	38%	35%	28%	36%	35%	36%
Once a day	238	120	118	84	83	70	21	67	99	50
	24%	25%	23%	29% D	21%	23%	22%	24%	22%	31% H
A few times a day	199	83	116	70	75	52	21	51	98	28
	20%	17%	23% A	24%	19%	17%	22%	18%	21%	17%
I'm almost always snacking on something	51	25	25	23	22	6	7	13	27	3
	5%	5%	5%	8%	6%	2%	7%	5%	6%	2%
				E	E					



Detailed tables

OM13. Of the following snacks, which have you snacked on within the last week?

			NDER		AGE				CATION	
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		Α	В	С	D	E	F	G	Н	1
Base: All respondents	1044	457	587	243	439	360	106	304	475	159
Weighted	1000	490	510	294	396	308	97*	282	456	164
Muffins	173	91	82	68	63	42	15	53	76	29
	17%	19%	16%	23% DE	16%	14%	15%	19%	17%	18%
Candy or chocolate	393	196	196	141	166	86	39	106	174	73
	39%	40%	38%	48% E	42% E	28%	40%	38%	38%	44%
Chips	483	246	237	170	210	103	47	142	221	74
	48%	50%	46%	58% E	53% E	34%	48%	50%	48%	45%
Fruit	653	298	355	193	242	217	57	170	311	116
	65%	61%	70% A	66%	61%	71% D	59%	60%	68% G	70% G
Vegetables	376	166	210	120	146	110	36	99	181	60
v	38%	34%	41%	41%	37%	36%	37%	35%	40%	37%
Cookies	394	218	A 176	130	159	105	40	109	179	65
	39%	44% B	34%	44% E	40%	34%	42%	39%	39%	39%
Cereal and milk	238	108	129	84	95	59	29	60	121	28
	24%	22%	25%	28% E	24%	19%	30%	21%	26% I	17%
Granola bars	267	128	139	117	103	47	26	72	127	42
	27%	26%	27%	40% DE	26% E	15%	27%	25%	28%	26%
Donuts	143	88	55	60	58	25	20	44	57	22
	14%	18% B	11%	20% E	15% E	8%	21% H	15%	12%	13%
Yogurt	337	130	207	107	125	105	26	87	157	67
	34%	27%	41% A	37%	32%	34%	27%	31%	34%	41% FG
Cheese and crackers	421	192	229	121	157	141	47	108	191	74
	42%	39%	45%	41%	40%	46%	49%	38%	42%	45%
Chocolate milk	103	61	42	48	43	12	10	28	49	15
	10%	13% B	8%	16% E	11% E	4%	11%	10%	11%	9%
None of these	20	10	10	6	7	7	5	4	7	4
	2%	2%	2%	2%	2%	2%	5% GH	1%	2%	2%



Detailed tables

OM14. And of the following list, which type of snack food would you consider to be the healthiest?

			NDER		AGE			EDUC	CATION	
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		Α	В	С	D	E	F	G	Н	ı
Base: All respondents	1044	457	587	243	439	360	106	304	475	159
Weighted	1000	490	510	294	396	308	97*	282	456	164
Whole-grain cereal	531	263	268	172	195	162	55	141	241	94
	53%	54%	52%	58% D	49%	52%	57%	50%	53%	57%
Granola bars or other cereal bars	275	149	126	66	121	87	30	91	124	29
	27%	30%	25%	22%	31% C	28%	31% I	32% I	27% I	18%
Fruits	63	31	33	20	26	17	4	14	33	13
	6%	6%	6%	7%	7%	6%	4%	5%	7%	8%
Fruits & vegetables	27	4	23	11	7	9	1	5	16	5
	3%	1%	5% A	4%	2%	3%	1%	2%	3%	3%
Crackers	26	12	13	6	13	7	3	9	12	2
	3%	3%	3%	2%	3%	2%	3%	3%	3%	1%
/egetables	23	8	15	9	10	4	1	6	8	9
	2%	2%	3%	3%	2%	1%	1%	2%	2%	5% H
Chips or other salty snacks	11	8	3	4	1	6	2	4	1	5
	1%	2%	1%	1%	0	2% D	2% H	1%	0	3% H
Nuts	10	0	10	0	5	5	0	5	3	2
	1%	=	2% A	-	1%	2%	-	2%	1%	1%
Cookies or other baked goods	9	7	2	2	6	2	0	3	6	1
	1%	1%	0	1%	1%	1%	-	1%	1%	0
Γrail mix	4	2	2	0	2	1	0	0	2	2
	0	0	0	-	1%	0	-	-	0	1%
Popcorn	3 0	0	3 1%	0	2	2 1%	0	2 1%	1 0	0
	0	-	1%	-	0	1%	-	1%	U	-
/eggies and dip	2	0	2	1	1	0	0	1	1	0
	0	=	0	0	0	-	-	0	0	-
Yogurt	1	1	0	0	0	1	0	1	0	0
	0	0	-	-	-	0	-	0	-	-
Other mentions	11	4	7	3	5	4	1	2	6	2
	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%

Detailed tables

OM14. And of the following list, which type of snack food would you consider to be the healthiest?

		GEN	DER		AGE			EDUC	ATION	
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		Α	В	С	D	Е	F	G	Н	I
None	0 0	0 0	0 -	0 -	0 -	0 0	0 -	0 -	0 -	0 0
(Dk/Ns)	6 1%	1 0	5 1%	2 1%	3 1%	2 1%	0 -	0 -	4 1%	2 1%

Detailed tables

OM14a. And the second healthiest?

Overlap formulae used. * small base		GEN	NDER		AGE			EDUC	CATION	
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		А	В	С	D	E	F	G	Н	I
Base: All respondents	1044	457	587	243	439	360	106	304	475	159
Weighted	1000	490	510	294	396	308	97*	282	456	164
Granola bars or other cereal bars	438	225	213	145	175	117	42	130	190	76
	44%	46%	42%	49% E	44%	38%	43%	46%	42%	46%
Whole-grain cereal	285	148	136	81	123	81	24	82	144	35
	28%	30%	27%	28%	31%	26%	25%	29%	32% I	21%
Crackers	130	52	79	35	52	44	15	36	60	19
	13%	11%	15% A	12%	13%	14%	16%	13%	13%	12%
Fruits	45	16	30	6	21	18	4	10	19	12
	5%	3%	6%	2%	5%	6% C	4%	3%	4%	8%
Cookies or other baked goods	30	21	9	6	6	18	6	10	8	7
	3%	4% B	2%	2%	2%	6% CD	6% H	3%	2%	4%
Vegetables	28	10	17	8	6	13	2	5	16	5
	3%	2%	3%	3%	2%	4% D	2%	2%	4%	3%
Chips or other salty snacks	8	7	2	2	1	5	2	2	5	0
	1%	1%	0	1%	0	2% D	2%	1%	1%	-
Yogurt	8	0	8	2	2	4	0	1	3	4
	1%	-	2% A	1%	0	1%	-	0	1%	2%
Nuts	7	4	2	3	3	0	1	0	2	4
	1%	1%	0	1%	1%	-	1%	-	0	2% GH
Cheese	6	4	3	2	2	1	0	2	2	2
	1%	1%	1%	1%	1%	0	-	1%	0	1%
Fruits & vegetables	5	0	5	0	2	3	1 1%	3	1	0
	0	-	1% A	-	1%	1%	1%	1%	0	-
Cheese and crackers	2	0	2	1	0	1	0	0	2	0
	0	-	0	0	-	0	-	-	0	-
Popcorn	1	1	0	0	0	1	0	0	1	0
	0	0	-	-	-	0	-	-	0	-
Other mentions	5	3	2	1	3	2	0	3	2	0
	1%	1%	0	0	1%	1%	-	1%	0	-



Detailed tables

OM14a. And the second healthiest?

		GEN	DER		AGE			EDUC	ATION	
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		Α	В	С	D	Е	F	G	Н	I
None	0	0 0	0 -	0 -	0 -	0 0	0 -	0 -	0 -	0 0
(Dk/Ns)	3 0	0	2 0	2 1%	1 0	0	0 -	1 0	1 0	1 0

Detailed tables

OM14. [Total Mentions] And of the following list, which type of snack food would you consider to be the healthiest? And the second healthiest?

		GEI	NDER		AGE			EDUC	CATION	
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		Α	В	С	D	E	F	G	Н	I
Base: All respondents	1044	457	587	243	439	360	106	304	475	159
Weighted	1000	490	510	294	396	308	97*	282	456	164
Whole-grain cereal	815	411	404	253	318	242	79	223	384	128
	82%	84%	79%	86% E	80%	79%	82%	79%	84%	78%
Granola bars or other cereal bars	712	374	339	211	296	204	72	221	314	105
	71%	76% B	66%	72%	75% E	66%	74%	78% HI	69%	64%
Crackers	156	64	92	40	65	51	18	45	72	21
	16%	13%	18% A	14%	16%	17%	19%	16%	16%	13%
Fruits	106	45	60	26	45	35	8	23	51	24
	11%	9%	12%	9%	11%	11%	8%	8%	11%	15% G
Vegetables	51	18	33	17	16	18	3	10	24	13
	5%	4%	6%	6%	4%	6%	3%	4%	5%	8%
Cookies or other baked goods	39	28	11	8	12	20	6	12	14	7
	4%	6% B	2%	3%	3%	6% CD	6%	4%	3%	4%
Fruits & vegetables	29	4	25	11	9	9	2	6	16	5
	3%	1%	5% A	4%	2%	3%	2%	2%	4%	3%
Chips or other salty snacks	19	15	4	6	2	11	4	5	6	5
	2%	3% B	1%	2%	1%	4% D	4%	2%	1%	3%
Nuts	16	4	12	3	8	5	1	5	5	6
	2%	1%	2%	1%	2%	2%	1%	2%	1%	3%
Yogurt	9	1	8	2	2	5	0	2	3	4
	1%	0	2% A	1%	0	2%	-	1%	1%	2%
Cheese	6 1%	4	3	2	2 1%	1	0	2 1%	2	2 1%
	1%	1%	1%	1%	1%	U	-	1%	U	1%
Popcorn	4 0	1 0	3 1%	0	2	2 1%	0 -	2 1%	2	0
	U					170				<u> </u>
Trail mix	4 0	2 0	2 0	0	2 1%	1 0	0	0	2 0	2 1%
	U	0			1 70	<u> </u>		<u> </u>	<u> </u>	170
Cheese and crackers	2	0	2	1	0	1	0	0	2	0
	0	-	0	0	-	0	-	-	0	-

Detailed tables

OM14. [Total Mentions] And of the following list, which type of snack food would you consider to be the healthiest? And the second healthiest?

		GEN	IDER		AGE			EDUC	CATION	
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		А	В	С	D	E	F	G	Н	I
Veggies and dip	2	0	2	1	1	0	0	1	1	0
	0	-	0	0	0	-	-	0	0	-
Other mentions	15	7	8	3	8	5	1	4	8	2
	2%	1%	2%	1%	2%	2%	1%	1%	2%	1%
None	0	0	0	0	0	0	0	0	0	0
	0	0	-	-	-	0	-	-	-	0
(Dk/Ns)	1	0	1	1	0	0	0	0	1	0
	0	-	0	0	-	-	-	-	0	-

Detailed tables

OM15. And of the following beverages, which would you say is the healthiest?

			NDER		AGE				CATION	
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		Α	В	С	D	E	F	G	Н	I
Base: All respondents	1044	457	587	243	439	360	106	304	475	159
Weighted	1000	490	510	294	396	308	97*	282	456	164
Milk	487	221	266	137	195	154	45	149	229	64
	49%	45%	52% A	47%	49%	50%	47%	53% I	50% I	39%
Juice	284	175	109	65	123	95	31	83	123	47
	28%	36% B	21%	22%	31% C	31% C	32%	29%	27%	29%
Water	114	33	81	50	44	19	9	18	59	28
	11%	7%	16%	17%	11%	6%	9%	6%	13%	17%
			Α	DE	E				G	G
Tea	86	51	34	36	22	27	6	27	33	20
	9%	10% B	7%	12% D	6%	9%	6%	10%	7%	12%
Coffee	9	3	6	2	4	3	4	3	2	0
	1%	1%	1%	1%	1%	1%	4% GHI	1%	0	-
Herbal/ green tea	5	2	3	0	2	3	0	0	4	1
	1%	0	1%	-	0	1%	-	-	1%	1%
Soy milk	4	2	3	0	0	4	2	1	2	0
	0	0	1%	-	-	1% D	2%	0	0	-
Soft drink	2	2	0	2	0	0	0	0	0	2
	0	0	-	1%	-	-	-	-	-	1% H
Other mentions	4	0	4	1	2	1	0	1	3	1
	0	-	1%	0	1%	0	-	0	1%	0
(Dk/Ns)	5	1	4	1	4	0	0	1	2	2 1%
	0	0	1%	0	1%	_	_	1%	0	1%



Detailed tables

OM15a. And the second healthiest?

		GE	NDER		AGE			EDUC	CATION	
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		Α	В	С	D	Е	F	G	Н	ļ
Base: All respondents	1044	457	587	243	439	360	106	304	475	159
Weighted	1000	490	510	294	396	308	97*	282	456	164
Juice	468	219	249	125	192	150	47	140	221	60
	47%	45%	49%	42%	48%	49%	48%	50% I	48% I	36%
Milk	331	183	148	104	132	95	37	94	140	59
	33%	37% B	29%	35%	33%	31%	39%	33%	31%	36%
Tea	115	55	60	39	34	40	6	27	56	25
	11%	11%	12%	13%	9%	13%	6%	10%	12%	15% F
Water	44	11	33	15	20	8	1	11	21	10
	4%	2%	6% A	5%	5%	3%	1%	4%	5%	6%
Coffee	17	10	7	5	7	5	2	3	6	6
	2%	2%	1%	2%	2%	2%	2%	1%	1%	4%
Soft drink	10	8	2	3	3	4	2	3	4	1
	1%	2% B	0	1%	1%	1%	2%	1%	1%	1%
Herbal/ green tea	6	1	5	1	4	1	1	2	3	0
	1%	0	1%	0	1%	0	1%	1%	1%	-
Soy milk	2	1	1	0	1	1	0	0	2	0
	0	0	0	-	0	0	-	-	0	-
Other mentions	4	1	3	0	2	2	1	0	2	1
	0	0	1%	-	1%	1%	1%	-	0	1%
None	1	0	1	0	0	1	0	1	0	0
	0	-	0	-	-	0	-	0	-	-
(Dk/Ns)	3	0	3	2	1	1	0	1	1	1
	0	-	1%	1%	0	0	-	0	0	1%



Detailed tables

OM15. [Total Mentions] And of the following beverages, which would you say is the healthiest? And the second healthiest?

		GENDER Total Male Female			AGE			EDUC	CATION	
	Total	Male	Female	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad
		Α	В	С	D	E	F	G	Н	I
Base: All respondents	1044	457	587	243	439	360	106	304	475	159
Weighted	1000	490	510	294	396	308	97*	282	456	164
Milk	816	402	414	241	325	249	83	243	369	121
	82%	82%	81%	82%	82%	81%	85% I	86% I	81%	74%
Juice	751	394	357	190	315	245	77	223	344	107
	75%	81% B	70%	65%	80% C	79% C	80%	79% I	75% I	65%
Геа	200	106	94	75	57	68	12	54	89	45
	20%	22%	18%	26% D	14%	22% D	13%	19%	19%	27% F
Vater	155	43	112	66	61	28	10	28	80	37
	15%	9%	22% A	22% DE	15% E	9%	10%	10%	18% G	23% FG
Coffee	26	13	13	7	11	8	6	6	8	6
	3%	3%	3%	3%	3%	3%	6% GH	2%	2%	4%
Soft drink	12	10	2	5	3	4	2	3	4	3
	1%	2% B	0	2%	1%	1%	2%	1%	1%	2%
Herbal/ green tea	11	3	8	1	6	4	1	2	7	1
	1%	1%	2%	0	2%	1%	1%	1%	2%	1%
Soy milk	6	2	4	0	1	5	2	1	3	0
	1%	1%	1%	-	0	2% CD	2%	0	1%	-
Other mentions	8	1	7	1	4	3	1	1	4	2
	1%	0	1%	0	1%	1%	1%	0	1%	1%