

# Women's Health

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**SF1\_2. (I regularly think about my weight) Thinking about your current weight, what is the extent to which you agree with the following statements?**

Proportions/Means: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
I regularly think about my weight								
Strongly agree	806 27%	259 32% C	323 28% C	224 23%	87 30%	274 26%	330 29%	115 25%
Somewhat agree	1166 40%	328 40%	470 40%	368 39%	102 35%	421 40%	444 38%	199 44% D
Somewhat disagree	584 20%	163 20%	225 19%	197 21%	47 16%	194 19%	250 22% D	94 21%
Strongly disagree	387 13%	71 9%	149 13% A	166 17% AB	59 20% EFG	152 15% FG	130 11%	45 10%
Summary								
Top2Box (Agree)	1972 67%	587 72% C	793 68% C	591 62%	190 64%	695 67%	774 67%	314 69%
Low2Box (Disagree)	971 33%	234 28%	375 32%	362 38% AB	106 36%	346 33%	380 33%	139 31%

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**SF1\_4. (Worrying about my weight causes me stress) Thinking about your current weight, what is the extent to which you agree with the following statements?**

Proportions/Means: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

		AGE			EDUCATION			
	Total	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
Worrying about my weight causes me stress								
Strongly agree	417 14%	138 17% C	165 14%	113 12%	51 17% G	148 14%	167 15%	52 11%
Somewhat agree	947 32%	297 36% C	378 32%	272 29%	91 31%	316 30%	402 35% E	139 31%
Somewhat disagree	768 26%	197 24%	312 27%	259 27%	69 23%	279 27%	294 25%	127 28%
Strongly disagree	810 28%	189 23%	312 27%	309 32% AB	85 29%	299 29%	291 25%	136 30%
Summary								
Top2Box (Agree)	1365 46%	434 53% BC	543 47% C	386 40%	141 48%	464 45%	569 49% EG	191 42%
Low2Box (Disagree)	1578 54%	387 47%	624 53% A	568 60% AB	154 52%	577 55% F	584 51%	263 58% F

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**SF1\_5. (I think I'm fat) Thinking about your current weight, what is the extent to which you agree with the following statements?**

Proportions/Means: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

		AGE			EDUCATION			
	Total	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
I think I'm fat								
Strongly agree	752 26%	174 21%	335 29% A	242 25%	85 29% G	269 26%	300 26%	97 21%
Somewhat agree	873 30%	236 29%	377 32% C	261 27%	78 27%	305 29%	352 31%	137 30%
Somewhat disagree	550 19%	166 20%	197 17%	186 20%	37 13%	192 18% D	224 19% D	96 21% D
Strongly disagree	768 26%	245 30% B	259 22%	264 28% B	95 32% F	274 26%	276 24%	123 27%
Summary								
Top2Box (Agree)	1625 55%	410 50%	711 61% AC	503 53%	163 55%	575 55%	653 57%	234 52%
Low2Box (Disagree)	1318 45%	411 50% B	456 39%	451 47% B	132 45%	466 45%	501 43%	219 48%

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SF2. Would you consider yourself to be:

Proportions/Mean: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

## Detailed tables

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
Very overweight	627 21%	111 14%	289 25%	226 24%	76 26%	223 21%	257 22%	72 16%
Slightly overweight	1630 55%	437 53%	650 56%	542 57%	155 53%	583 56%	640 55%	251 55%
At an ideal weight	588 20%	232 28%	198 17%	158 17%	56 19%	192 18%	224 19%	114 25%
Slightly underweight	80 3%	34 4%	27 2%	19 2%	6 2%	34 3%	26 2%	14 3%
Very underweight	19 1%	7 1%	4 0	8 1%	2 1%	9 1%	6 1%	2 0
Summary								
Top2Box (Overweight)	2256 77%	548 67%	939 80%	768 81%	231 78%	806 77%	897 78%	323 71%
Low2Box (Underweight)	99 3%	41 5%	31 3%	27 3%	8 3%	43 4%	32 3%	16 4%

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### SF3. Do you want to lose weight?

Proportions/Mean: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
Yes	2351 80%	649 79%	950 81%	751 79%	225 76%	821 79%	938 81%	367 81%
No	592 20%	172 21%	218 19%	202 21%	70 24%	220 21%	215 19%	86 19%

## Detailed tables

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## Detailed tables

**SF4. Among the following options, what would you consider to be your primary reason for wanting to lose weight?**

Proportions/Mean: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: Want to lose weight	2365	484	1087	793	209	774	1076	306
Weighted	2351	649	950	751	225	821	938	367
To improve my health	989 42%	165 25%	394 41%	429 57%	106 47%	344 42%	402 43%	138 38%
To feel better about myself	965 41%	335 52%	401 42%	228 30%	88 39%	357 43%	369 39%	151 41%
To improve my image	236 10%	115 18%	80 8%	42 6%	13 6%	71 9%	103 11%	49 13%
I just think I'm overweight	159 7%	34 5%	73 8%	52 7%	18 8%	50 6%	62 7%	29 8%
To please others	3 0	1 0	1 0	0 -	0 -	0 -	3 0	0 -

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## Detailed tables

**SF4a. And among these same options, are any of the remaining choices part of your reason for wanting to lose weight?**

Proportions/Means: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: Want to lose weight	2365	484	1087	793	209	774	1076	306
Weighted	2351	649	950	751	225	821	938	367
To feel better about myself	1060 45%	267 41%	423 45%	369 49% A	97 43%	368 45%	438 47%	156 42%
To improve my health	801 34%	270 42% BC	315 33% C	215 29%	69 31%	287 35%	317 34%	128 35%
To improve my image	753 32%	297 46% BC	263 28%	192 26%	67 30%	237 29%	300 32%	149 41% DEF
I just think I'm overweight	498 21%	149 23%	187 20%	162 22%	53 24%	179 22%	188 20%	77 21%
To please others	122 5%	69 11% BC	37 4% C	16 2%	11 5%	44 5%	42 5%	24 7%



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### SF4. (Total mentions) Reasons for wanting to lose weight

Proportions/Means: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: Want to lose weight	2365	484	1087	793	209	774	1076	306
Weighted	2351	649	950	751	225	821	938	367
To feel better about myself	2024 86%	601 93% BC	824 87% C	598 80%	185 82%	725 88% D	807 86%	307 84%
To improve my health	1790 76%	435 67%	709 75% A	645 86% AB	175 78%	631 77%	719 77%	266 72%
To improve my image	989 42%	411 63% BC	342 36% C	234 31%	80 36%	308 37%	403 43% E	198 54% DEF
I just think I'm overweight	657 28%	183 28%	260 27%	214 28%	71 32%	230 28%	249 27%	106 29%
To please others	124 5%	70 11% BC	38 4% C	16 2%	11 5%	44 5%	45 5%	24 7%

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# Detailed tables

**SF7. Overall, how supportive is your partner in helping you deal with your weight?**

Proportions/Mean: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: In a relationship Weighted	2232	483	1067	681	192	755	976	309
	2236	650	936	649	206	805	856	369
Very supportive	916	315	364	237	80	321	352	163
	41%	49%	39%	37%	39%	40%	41%	44%
Somewhat supportive	726	196	318	210	61	272	275	117
	32%	30%	34%	32%	29%	34%	32%	32%
Not very supportive	289	64	128	97	29	101	118	41
	13%	10%	14%	15%	14%	13%	14%	11%
Not at all supportive	305	74	126	105	37	110	111	47
	14%	11%	13%	16%	18%	14%	13%	13%
Summary								
Top2Box (Supportive)	1642	512	682	447	141	593	627	281
	73%	79%	73%	69%	68%	74%	73%	76%
Low2Box (Not supportive)	594	138	254	202	65	211	229	88
	27%	21%	27%	31%	32%	26%	27%	24%

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# Detailed tables

**SF9\_3. (Weight and weight loss alters the dynamics of my family member's relationships with each other) Thinking about your family, what is the extent to which you agree with the following statements:**

Proportions/Means: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: In a relationship and/or have children	2658	507	1231	919	247	902	1173	336
Weighted	2637	683	1079	874	266	955	1018	397
Weight and weight loss alters the dynamics of my family member's relationships with each other								
Strongly agree	99 4%	32 5%	43 4%	24 3%	15 5%	40 4%	33 3%	12 3%
Somewhat agree	487 18%	149 22%	191 18%	147 17%	36 14%	167 18%	212 21%	71 18%
Somewhat disagree	955 36%	256 38%	390 36%	308 35%	81 30%	352 37%	371 36%	151 38%
Strongly disagree	1096 42%	246 36%	455 42%	395 45%	134 50%	396 41%	402 40%	163 41%
Summary								
Top2Box (Agree)	586 22%	181 26%	235 22%	171 20%	51 19%	207 22%	245 24%	83 21%
Low2Box (Disagree)	2051 78%	502 74%	844 78%	703 80%	215 81%	748 78%	773 76%	314 79%

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## Detailed tables

**SF10\_1. (Your personal friendships) To what extent do you believe that your weight affects any of the following in a negative way:**

Proportions/Means: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
Your personal friendships								
Strongly	87 3%	25 3%	38 3%	24 3%	9 3%	40 4%	29 3%	10 2%
Somewhat	336 11%	111 14% C	130 11%	94 10%	38 13%	106 10%	127 11%	65 14% E
A little bit	402 14%	139 17% C	172 15% C	90 9%	47 16%	123 12%	171 15% E	61 13%
Not at all	2118 72%	545 66%	827 71%	745 78% AB	202 68%	772 74%	826 72%	318 70%
Summary								
Top2Box (Strongly/Somewhat)	424 14%	137 17% C	168 14%	118 12%	47 16%	146 14%	157 14%	74 16%
Low2Box (A little bit/Not at all)	2519 86%	685 83%	999 86%	836 88% A	249 84%	895 86%	997 86%	379 84%

## Women's Health

## Detailed tables

**SF10. 2. (Your professional relationships) To what extent do you believe that your weight affects any of the following in a negative way:**

Proportions/Mean: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
Your professional relationships								
Strongly	164 6%	49 6% C	79 7% C	34 4%	19 7%	55 5%	70 6%	19 4%
Somewhat	436 15%	134 16% C	183 16% C	119 12%	40 13%	139 13%	169 15%	88 19% EF
A little bit	454 15%	142 17% C	191 16% C	121 13%	50 17%	144 14%	203 18% EG	56 12%
Not at all	1890 64%	496 60%	715 61%	679 71% AB	186 63%	703 68% F	711 62%	290 64%
Summary								
Top2Box (Strongly/Somewhat)	599 20%	184 22% C	262 22% C	153 16%	59 20%	194 19%	239 21%	107 24% E
Low2Box (A little bit/Not at all)	2344 80%	637 78%	905 78%	801 84% AB	236 80%	847 81% G	914 79%	346 76%

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## Detailed tables

**SF10. 3. (How people think about you as a person) To what extent do you believe that your weight affects any of the following in a negative way:**

Proportions/Means: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
How people think about you as a person								
Strongly	234 8%	90 11% C	96 8% C	49 5%	23 8%	79 8%	104 9%	29 6%
Somewhat	578 20%	170 21% C	247 21% C	159 17%	57 19%	197 19%	229 20%	96 21%
A little bit	650 22%	212 26% C	255 22%	184 19%	71 24%	199 19%	284 25% E	97 21%
Not at all	1480 50%	349 42%	570 49% A	562 59% AB	145 49%	567 54% F	537 47%	232 51%
Summary								
Top2Box (Strongly/Somewhat)	812 28%	260 32% C	343 29% C	208 22%	79 27%	275 26%	333 29%	125 28%
Low2Box (A little bit/Not at all)	2131 72%	561 68%	824 71%	746 78% AB	216 73%	765 74%	821 71%	328 72%

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## Detailed tables

**SF10\_4. (How people judge your abilities) To what extent do you believe that your weight affects any of the following in a negative way:**

Proportions/Mean: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
How people judge your abilities								
Strongly	265 9%	90 11% C	112 10% C	63 7%	34 11% G	95 9%	107 9%	29 6%
Somewhat	521 18%	166 20% C	205 18%	149 16%	60 20%	175 17%	204 18%	81 18%
A little bit	554 19%	175 21% C	228 20% C	151 16%	52 18%	180 17%	230 20%	92 20%
Not at all	1603 54%	390 47%	623 53% A	591 62% AB	149 51%	590 57%	613 53%	251 55%
Summary								
Top2Box (Strongly/Somewhat)	786 27%	256 31% C	316 27% C	212 22%	94 32% G	270 26%	311 27%	110 24%
Low2Box (A little bit/Not at all)	2157 73%	565 69%	851 73%	742 78% AB	201 68%	770 74%	843 73%	343 76% D

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**SF10\_5. (Your self image) To what extent do you believe that your weight affects any of the following in a negative way:**

Proportions/Means: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

		AGE			EDUCATION			
	Total	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
Your self image								
Strongly	809 28%	266 32% C	348 30% C	194 20%	87 29%	271 26%	338 29%	114 25%
Somewhat	774 26%	230 28%	307 26%	238 25%	71 24%	281 27%	296 26%	126 28%
A little bit	777 26%	205 25%	297 25%	274 29%	68 23%	268 26%	316 27%	125 28%
Not at all	583 20%	119 15%	215 18% A	248 26% AB	69 23% F	221 21% F	204 18%	89 20%
Summary								
Top2Box (Strongly/Somewhat)	1584 54%	496 60% C	655 56% C	432 45%	158 54%	552 53%	634 55%	240 53%
Low2Box (A little bit/Not at all)	1359 46%	325 40%	513 44%	522 55% AB	137 46%	488 47%	520 45%	214 47%



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**SF10. 6. (Your love life) To what extent do you believe that your weight affects any of the following in a negative way:**

Proportions/Means: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
Your love life								
Strongly	324 11%	107 13% C	151 13% C	65 7%	35 12%	105 10%	146 13% G	37 8%
Somewhat	587 20%	202 25% C	245 21% C	139 15%	62 21%	192 18%	235 20%	97 21%
A little bit	615 21%	218 27% BC	251 22% C	145 15%	47 16%	187 18%	263 23% DE	119 26% DE
Not at all	1417 48%	293 36%	520 45% A	604 63% AB	151 51% F	556 53% FG	510 44%	200 44%
Summary								
Top2Box (Strongly/Somewhat)	911 31%	310 38% C	396 34% C	204 21%	98 33%	298 29%	381 33% E	134 30%
Low2Box (A little bit/Not at all)	2032 69%	512 62%	771 66%	750 79% AB	198 67%	743 71% F	772 67%	319 70%

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**SF10. (Top2Box Summary) To what extent do you believe that your weight affects any of the following in a negative way:**

Proportions/Mean: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
Your self image	1584 54%	496 60% C	655 56% C	432 45%	158 54%	552 53%	634 55%	240 53%
Your love life	911 31%	310 38% C	396 34% C	204 21%	98 33%	298 29%	381 33% E	134 30%
How people think about you as a person	812 28%	260 32% C	343 29% C	208 22%	79 27%	275 26%	333 29%	125 28%
How people judge your abilities	786 27%	256 31% C	316 27% C	212 22%	94 32% G	270 26%	311 27%	110 24%
Your professional relationships	599 20%	184 22% C	262 22% C	153 16%	59 20%	194 19%	239 21%	107 24% E
Your personal friendships	424 14%	137 17% C	168 14%	118 12%	47 16%	146 14%	157 14%	74 16%

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**SF10. (Low2Box Summary) To what extent do you believe that your weight affects any of the following in a negative way:**

Proportions/Mean: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
Your personal friendships	2519 86%	685 83%	999 86%	836 88% A	249 84%	895 86%	997 86%	379 84%
Your professional relationships	2344 80%	637 78%	905 78%	801 84% AB	236 80%	847 81% G	914 79%	346 76%
How people judge your abilities	2157 73%	565 69%	851 73%	742 78% AB	201 68%	770 74%	843 73%	343 76% D
How people think about you as a person	2131 72%	561 68%	824 71%	746 78% AB	216 73%	765 74%	821 71%	328 72%
Your love life	2032 69%	512 62%	771 66%	750 79% AB	198 67%	743 71% F	772 67%	319 70%
Your self image	1359 46%	325 40%	513 44%	522 55% AB	137 46%	488 47%	520 45%	214 47%

## Women's Health

## Detailed tables

SF11\_6. (Your health) And to what extent do you believe that your weight affects any of the following in a negative way:

Proportions/Mean: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

		AGE			EDUCATION			
	Total	18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
Your health								
Strongly	935 32%	247 30%	390 33%	296 31%	106 36% G	316 30%	387 34% G	126 28%
Somewhat	773 26%	204 25%	311 27%	258 27%	82 28%	267 26%	302 26%	122 27%
A little bit	678 23%	204 25%	256 22%	219 23%	55 19%	250 24%	256 22%	118 26% D
Not at all	557 19%	167 20%	209 18%	181 19%	53 18%	208 20%	209 18%	87 19%
Summary								
Top2Box (Strongly/Somewhat)	1708 58%	451 55%	702 60% A	554 58%	188 64% EG	583 56%	689 60%	248 55%
Low2Box (A little bit/Not at all)	1235 42%	370 45% B	465 40%	399 42%	108 36%	458 44% D	465 40%	205 45% D

## Women's Health

## Detailed tables

**SF12\_5. (I feel bombarded and confused by seemingly contradictory news reports on healthy living and eating habits) Thinking about how society views weight and obesity, what is the extent to which you agree with the following statements?**

Proportions/Means: Columns Tested (5% risk level) - A/B/C - D/E/F/G

Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
I feel bombarded and confused by seemingly contradictory news reports on healthy living and eating habits								
Strongly agree	339 12%	105 13%	129 11%	105 11%	41 14% G	115 11%	145 13% G	38 8%
Somewhat agree	1185 40%	327 40%	465 40%	392 41%	125 42%	398 38%	492 43% E	169 37%
Somewhat disagree	791 27%	226 28%	326 28%	239 25%	60 20%	289 28% D	306 27% D	136 30% D
Strongly disagree	628 21%	163 20%	247 21%	218 23%	69 23%	239 23% F	210 18%	110 24% F
Summary								
Top2Box (Agree)	1524 52%	432 53%	594 51%	497 52%	166 56% EG	513 49%	638 55% EG	207 46%
Low2Box (Disagree)	1419 48%	389 47%	573 49%	457 48%	129 44%	528 51% DF	516 45%	246 54% DF

## Women's Health

## Detailed tables

**SF14. When you think about eating or mealtime, which of the following terms or feelings do you associate with this activity?**

Proportions/Mean: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
Necessity (routine)	1835 62%	536 65% B	702 60%	596 63%	169 57%	637 61%	744 64% D	286 63%
Pleasure	1721 58%	527 64% BC	645 55%	548 57%	130 44%	543 52% D	696 60% DE	351 78% DEF
Loss of Self-Control	383 13%	137 17% BC	149 13% C	95 10%	34 11%	123 12%	177 15% EG	50 11%
Guilt	377 13%	144 17% BC	142 12% C	91 10%	38 13%	126 12%	163 14%	51 11%
Stress	375 13%	143 17% BC	154 13% C	76 8%	47 16% G	125 12%	156 14%	46 10%
Anxiety	224 8%	92 11% BC	90 8% C	41 4%	29 10% G	73 7%	100 9% G	23 5%
None of these	270 9%	66 8%	116 10%	87 9%	48 16% EFG	118 11% FG	77 7%	26 6%

## Women's Health

## Detailed tables

**SF15. Which of the following have you done to help you lose weight or to maintain your current weight?**

Proportions/Means: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
Eat smaller portions that I normally would	1805 61%	479 58%	723 62%	603 63%	147 50%	589 57%	759 66%	310 68%
Count calories and fat intake	1101 37%	279 34%	435 37%	387 41%	80 27%	355 34%	474 41%	192 42%
Eat the same healthy foods all of the time	1032 35%	307 37%	366 31%	359 38%	82 28%	329 32%	419 36%	201 44%
I limit my portions even if I'm still hungry	897 30%	243 30%	397 34%	256 27%	97 33%	285 27%	367 32%	148 33%
Skip meals	728 25%	234 29%	326 28%	166 17%	80 27%	269 26%	292 25%	86 19%
Self-induced vomiting	58 2%	33 4%	17 1%	8 1%	10 3%	11 1%	29 3%	8 2%
None of these	456 15%	169 21%	167 14%	120 13%	64 22%	182 17%	162 14%	48 11%

## Women's Health

### SF23. What is your height?

Proportions/Mean: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
Less than 4'0	1 0	0 -	0 -	1 0	0 -	0 -	1 0	0 -
4'0	1 0	0 -	0 -	1 0	0 -	0 -	1 0	0 -
4'2	1 0	0 -	1 0	0 -	0 -	0 -	1 0	0 -
4'3	2 0	0 -	1 0	1 0	0 -	1 0	1 0	0 -
4'4	5 0	1 0	1 0	3 0	2 1% E	0 -	3 0	0 -
4'5	6 0	3 0	3 0	1 0	0 -	3 0	3 0	0 -
4'6	2 0	2 0	0 -	0 -	2 1% EF	0 -	0 -	0 -
4'7	4 0	2 0	1 0	1 0	0 -	2 0	1 0	1 0
4'8	3 0	0 -	2 0	1 0	1 0 F	2 0	0 -	0 -
4'9	5 0	3 0	1 0	1 0	0 -	2 0	3 0	0 -

## Detailed tables



## Women's Health

### SF23. What is your height?

Proportions/Mean: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

## Detailed tables

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
4'10	12 0	2 0	3 0	7 1%	1 0	10 1% F	2 0	0 -
4'11	48 2%	14 2%	19 2%	15 2%	10 3% FG	19 2%	17 1%	3 1%
5'0	145 5%	26 3%	61 5% A	58 6% A	17 6%	62 6% F	43 4%	23 5%
5'1	163 6%	31 4%	64 6%	67 7% A	26 9% FG	61 6%	59 5%	17 4%
5'2	376 13%	74 9%	159 14% A	143 15% A	31 10%	146 14%	153 13%	46 10%
5'3	352 12%	83 10%	130 11%	139 15% AB	37 12%	130 12%	134 12%	52 11%
5'4	468 16%	131 16%	175 15%	160 17%	49 17%	163 16%	190 17%	65 14%
5'5	319 11%	103 12%	117 10%	99 10%	33 11%	112 11%	111 10%	63 14% F
5'6	381 13%	123 15% C	153 13%	105 11%	27 9%	131 13%	156 14%	68 15% D
5'7	269 9%	82 10% C	119 10% C	67 7%	25 9%	91 9%	103 9%	50 11%
5'8	167 6%	54 7%	72 6%	42 4%	19 6%	44 4%	73 6% E	31 7% E
5'9	100 3%	38 5% C	39 3%	23 2%	10 4%	28 3%	50 4% E	11 3%
5'10	59 2%	22 3% C	26 2%	11 1%	3 1%	15 1%	26 2%	15 3% E
5'11	39 1%	20 2% C	15 1%	5 0	2 1%	14 1%	17 1%	6 1%
6'0	9 0	6 1% C	3 0	0 -	1 0	2 0	5 0	0 -

## Women's Health

### SF23. What is your height?

Proportions/Mean: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
6'5	3 0	2 0	0 -	1 0	0 -	3 0	0 -	0 -
6'6	2 0	0 -	1 0	1 0	0 -	0 -	0 -	2 1% EF
6'10	1 0	0 -	1 0	0 -	0 -	0 -	1 0	0 -
Over 7'0	1 0	0 -	1 0	0 -	0 -	1 0	0 -	0 -
Summary								
Mean (inches)	64	65 BC	64 C	64	64	64	64 DE	65 DEF
Median (inches)	64	65	64	64	64	64	64	65
Std. Dev. (inches)	3	3	3	3	3	3	3	3

## Detailed tables

## Women's Health

### SF24. And what is your weight?

Proportions/Mean: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

## Detailed tables

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
Less than 101	45 2%	21 3% BC	14 1%	10 1%	3 1%	12 1%	17 1%	13 3% E
101-110	92 3%	38 5% C	34 3%	20 2%	7 2%	35 3%	32 3%	18 4%
111-120	228 8%	81 10% B	76 7%	71 7%	29 10%	84 8%	77 7%	39 9%
121-130	277 9%	105 13% BC	93 8%	80 8%	19 7%	90 9%	115 10%	53 12% D
131-140	322 11%	101 12%	118 10%	102 11%	28 9%	101 10%	132 11%	61 13%
141-150	313 11%	82 10%	122 10%	109 11%	37 12%	107 10%	116 10%	53 12%
151-160	304 10%	71 9%	131 11%	103 11%	22 7%	104 10%	123 11%	55 12%
161-170	275 9%	65 8%	119 10%	92 10%	27 9%	99 9%	99 9%	50 11%
171-180	252 9%	53 6%	107 9% A	92 10% A	28 9%	98 9% G	99 9%	27 6%
181-190	186 6%	43 5%	80 7%	63 7%	18 6%	77 7%	67 6%	23 5%
191-200	140 5%	31 4%	49 4%	59 6% AB	12 4%	53 5% G	67 6% G	7 2%
201-210	85 3%	22 3%	38 3%	25 3%	15 5% EG	25 2%	35 3%	10 2%
211-220	82 3%	25 3%	31 3%	27 3%	7 2%	27 3%	34 3%	15 3%
221-230	63 2%	14 2%	29 2%	20 2%	4 1%	25 2%	29 3%	6 1%

## Women's Health

### SF24. And what is your weight?

Proportions/Mean: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
231-240	65 2%	21 3%	20 2%	24 3%	9 3%	22 2%	28 2%	5 1%
241-250	51 2%	14 2%	22 2%	15 2%	7 2% G	23 2% G	20 2%	2 0
251-260	35 1%	9 1%	19 2% C	7 1%	4 1%	10 1%	18 2%	3 1%
261-270	22 1%	3 0	11 1%	7 1%	6 2% EF	5 0	8 1%	3 1%
271-280	26 1%	6 1%	12 1%	9 1%	1 0	13 1%	8 1%	5 1%
281-290	15 0	2 0	8 1%	4 0	2 1%	6 1%	7 1%	0 -
291-300	23 1%	2 0	13 1% A	8 1%	3 1%	10 1%	8 1%	1 0
More than 300	25 1%	9 1%	10 1%	6 1%	7 2% EF	8 1%	7 1%	3 1%
(Dk/Ns)	16 1%	5 1%	10 1% C	1 0	1 0	6 1%	6 0	3 1%
Summary								
Mean	166	160	170 A	168 A	173 G	168 G	167 G	156
Median	160	150	160	160	161	160	160	150
Std. Dev.	44	45	45	42	51	44	44	39

## Detailed tables

## Women's Health

### SF23/SF24. Body Mass Index (BMI)

Proportions/Mean: Columns Tested (5% risk level) - A/B/C - D/E/F/G  
Overlap formulae used.

	Total	AGE			EDUCATION			
		18-34	35-54	55+	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G
Base: All respondents	2943	611	1329	1002	271	977	1317	378
Weighted	2943	821	1167	954	295	1041	1154	453
18.4 and under	80 3%	35 4% BC	24 2%	20 2%	6 2%	27 3%	28 2%	18 4%
18.5 to 24.9	1022 35%	379 46% BC	372 32%	271 28%	92 31%	310 30%	401 35% E	219 48% DEF
25 to 26.9	374 13%	80 10%	152 13% A	141 15% A	27 9%	139 13%	149 13%	58 13%
27 to 29.9	479 16%	104 13% A	194 17% A	181 19% A	52 18%	181 17%	180 16%	66 15%
30 and above	973 33%	217 26% A	415 36% A	339 36% A	117 40% G	377 36% G	390 34% G	90 20%
(Dk/Ns)	16 1%	5 1%	10 1% C	1 0	1 0	6 1%	6 0	3 1%
Summary								
Mean	28.2	26.7	28.8 A	29.0 A	29.7 FG	28.7 G	28.3 G	26.1
Median	26.7	24.8	27.4	27.5	28.2	27.5	26.8	24.7
Std. Dev.	7.3	7.0	7.5	7.1	8.2	7.2	7.2	6.4

## Detailed tables