Women's Health
Table of Contents

SF1_2. (I regularly think about my weight) Thinking about your current weight, what is the extent to which you agree with the following statements?

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
I regularly think about my weight																						
Strongly agree	127 / 18%	60 / 46%	86 / 29%	52 / 38% DE	57 / 15% E	15 / 8%	118 / 22% G	9 / 5%	45 / 25%	50 / 23%	9 / 15%	8 / 21%	11 / 20%	8 / 10%	23 / 14%	91 / 25% P	36 / 10%	1 / 6%	32 / 10%	12 / 14%	23 / 22% R	58 / 29% RS
Somewhat agree	274 / 38%	47 / 36%	132 / 45%	58 / 42% E	173 / 46% E	43 / 23%	239 / 46% G	35 / 18%	72 / 41%	107 / 49%	26 / 40%	16 / 42%	17 / 33%	28 / 37%	64 / 39%	170 / 46% P	104 / 30%	3 / 20%	110 / 35%	33 / 38%	49 / 47% R	79 / 39%
Somewhat disagree	180 / 25%	15 / 11%	55 / 19%	19 / 14%	94 / 25% C	59 / 31% C	112 / 21%	68 / 35% F	37 / 21%	44 / 20%	22 / 33%	7 / 18%	15 / 29%	29 / 38% KN	35 / 21%	74 / 20%	106 / 30% O	3 / 23%	88 / 28%	22 / 26%	22 / 21%	45 / 22%
Strongly disagree	137 / 19%	8 / 6%	24 / 8%	9 / 7%	51 / 14% C	71 / 38% CD	56 / 11%	81 / 42% F	23 / 13%	19 / 9%	8 / 13%	7 / 19%	9 / 18%	12 / 15%	41 / 25%	31 / 8%	106 / 30% O	7 / 50%	81 / 26% TU	19 / 22% TU	10 / 9%	20 / 10%
Summary																						
Top2Box (Agree)	401 / 56%	107 / 82%	217 / 73%	110 / 79% DE	230 / 61% E	58 / 31%	357 / 68% G	44 / 23%	117 / 66%	157 / 71%	35 / 54%	24 / 64%	28 / 53%	36 / 47%	87 / 53%	261 / 71% P	140 / 40%	4 / 27%	142 / 46%	45 / 52%	72 / 69% RS	137 / 68% RS
Low2Box (Disgree)	318 / 44%	23 / 18%	79 / 27%	28 / 21%	145 / 39% C	130 / 69% CD	168 / 32%	149 / 77% F	60 / 34%	64 / 29%	30 / 46%	14 / 36%	25 / 47%	41 / 53%	75 / 47%	105 / 29%	213 / 60% O	10 / 73%	169 / 54% TU	41 / 48% TU	32 / 31%	65 / 32%

SF1_4. (Worrying about my weight causes me stress) Thinking about your current weight, what is the extent to which you agree with the following statements?

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
Worrying about my weight causes me stress																						
Strongly agree	71 / 10%	45 / 35%	57 / 19%	39 / 28% DE	22 / 6%	8 / 4%	65 / 12% G	6 / 3%	29 / 17%	29 / 13%	7 / 10%	4 / 11%	5 / 10%	2 / 3%	15 / 9%	56 / 15% P	15 / 4%	1 / 8%	14 / 4%	5 / 6%	7 / 6%	44 / 22% RST
Somewhat agree	192 / 27%	39 / 30%	110 / 37%	48 / 34% E	129 / 34% E	15 / 8%	179 / 34% G	13 / 7%	57 / 32%	86 / 39%	21 / 32%	11 / 28%	16 / 31%	25 / 32%	37 / 23%	120 / 33% P	72 / 20%	1 / 6%	55 / 18%	28 / 33% R	40 / 38% R	69 / 34% R
Somewhat disagree	237 / 33%	32 / 25%	90 / 30%	35 / 25%	141 / 38% C	58 / 31%	174 / 33%	63 / 33%	51 / 29%	71 / 32%	22 / 34%	11 / 30%	17 / 32%	27 / 35%	62 / 38%	123 / 34%	114 / 32%	4 / 27%	104 / 34%	33 / 39%	38 / 37%	58 / 29%
Strongly disagree	217 / 30%	13 / 10%	39 / 13%	17 / 12%	82 / 22% C	107 / 57% CD	107 / 20%	111 / 57% F	40 / 23%	34 / 16%	16 / 24%	12 / 32%	15 / 28%	23 / 30%	49 / 30%	66 / 18%	152 / 43% O	8 / 60%	138 / 44% STU	20 / 23%	19 / 19%	32 / 16%
Summary																						
Top2Box (Agree)	263 / 37%	84 / 65%	167 / 56%	86 / 62% DE	151 / 40% E	23 / 12%	244 / 46% G	19 / 10%	87 / 49%	115 / 52%	28 / 42%	15 / 38%	21 / 40%	27 / 35%	51 / 32%	176 / 48% P	87 / 25%	2 / 14%	68 / 22% R	33 / 39% R	46 / 45% R	112 / 56% RS
Low2Box (Disgree)	455 / 63%	46 / 35%	129 / 44%	52 / 38%	223 / 60% C	165 / 88% CD	281 / 54%	174 / 90% F	91 / 51%	105 / 48%	38 / 58%	23 / 62%	32 / 60%	50 / 65%	110 / 68%	189 / 52%	266 / 75% O	12 / 86%	242 / 78% STU	52 / 61%	57 / 55%	90 / 44% U

SF1_5. (I think I'm fat) Thinking about your current weight, what is the extent to which you agree with the following statements?

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
I think I'm fat																						
Strongly agree	129 18%	129 100%	129 44%	102 74% DE	27 7% E	0 -	128 24% G	1 1%	70 40% I	39 17%	12 18%	12 31% M	13 25% M	7 9%	27 17%	104 28% P	26 7%	1 8%	1 0	2 2%	11 11% RS	114 57% RST
Somewhat agree	167 23%	0 -	167 56%	31 22% E	134 36% CE	2 1%	161 31% G	5 3%	61 35%	64 29%	8 12%	6 16%	16 30% J	20 26%	45 28% J	117 32% P	49 14%	0 -	17 5%	31 36% R	55 53% RSU	64 32% R
Somewhat disagree	153 21%	0 -	0 -	3 2%	116 31% CE	34 18% C	114 22%	39 20%	25 14%	55 25% H	18 28%	8 21%	7 13%	20 26% L	29 18%	76 21%	77 22%	3 18%	82 26% U	26 31% U	25 24% U	17 8%
Strongly disagree	269 37%	0 -	0 -	2 2%	98 26% C	152 81% CD	122 23%	147 76% F	21 12%	63 29% H	27 42%	12 32%	17 32%	30 39%	61 38%	69 19%	200 57% O	10 74%	211 68% STU	26 31% TU	12 12% U	7 3%
Summary																						
Top2Box (Agree)	296 41%	129 100%	296 100%	133 96% DE	161 43% E	2 1%	289 55% G	6 3%	132 74% I	103 46%	20 30%	18 48%	29 56% JM	27 35%	72 44%	221 60% P	75 21%	1 8%	18 6%	33 39% R	66 64% RS	178 88% RST
Low2Box (Disgree)	422 59%	0 -	0 -	6 4%	214 57% C	186 99% CD	235 45%	187 97% F	46 26%	118 54% H	45 70% L	20 52%	24 44%	50 65% L	90 56%	145 40%	277 79% O	13 92%	293 94% STU	53 61% TU	38 36% U	24 12%

Detailed tables

SF2. Would you consider yourself to be:

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
Very overweight	139 19%	102 79%	133 45%	139 100% DE	0 -	0 -	138 26% G	1 1%	77 44% I	44 20%	10 15%	8 21%	11 22%	10 13%	29 18%	113 31% P	25 7%	0 -	1 0	2 2%	10 9% RS	126 62% RST
Slightly overweight	374 52%	27 21%	161 54%	0 -	374 100% CE	0 -	349 67% G	25 13%	93 52%	161 73% H	37 57%	19 51%	26 48%	43 56%	91 56%	202 55%	172 49%	3 22%	129 41%	74 86% RU	92 89% RU	76 38%
At an ideal weight	188 26%	0 -	2 1%	0 -	0 -	188 100% CD	37 7%	151 78% F	7 4%	16 7%	15 23%	10 26%	16 30%	22 28%	41 25%	49 13%	139 40% O	5 39%	169 54% STU	10 12% TU	2 2%	0 -
Slightly underweight	13 2%	0 -	0 -	0 -	0 -	0 -	1 0	11 6% F	0 -	0 -	2 4% N	1 2%	0 -	2 3% N	0 -	1 0	11 3% O	4 31%	8 3% U	0 -	0 -	0 -
Very underweight	5 1%	0 -	0 -	0 -	0 -	0 -	0 -	5 2% F	0 -	0 -	0 -	0 -	0 -	0 -	1 1%	0 -	5 1% O	1 8%	4 1%	0 -	0 -	0 -
Summary																						
Top2Box (Overweight)	513 71%	129 100%	294 99%	139 100% E	374 100% E	0 -	487 93% G	26 13%	170 96%	205 93%	47 73%	27 71%	37 70%	53 69%	120 74%	316 86% P	197 56%	3 22%	130 42%	76 88% R	102 98% RS	202 100% RS
Low2Box (Underweight)	17 2%	0 -	0 -	0 -	0 -	0 -	1 0	16 8% F	0 -	0 -	2 4%	1 2%	0 -	2 3%	1 1%	1 0	16 5% O	5 39%	12 4% U	0 -	0 -	0 -

SF3. Do you want to lose weight?

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
Yes	525 73%	128 99%	289 98%	138 99% DE	349 93% E	37 20%	525 100% G	0 -	177 100%	221 100%	52 79% M	26 67%	34 65%	48 62%	119 74%	326 89% P	199 56%	3 22%	154 50%	75 88% R	96 93% R	197 97% RS
No	193 27%	1 1%	6 2%	1 1%	25 7% C	151 80% CD	0 -	193 100% F	0 -	0 -	14 21%	12 33%	19 35%	29 38% J	43 26%	40 11%	154 44% O	11 78%	156 50% STU	11 12% U	7 7%	6 3%

SF4. Among the following options, what would you consider to be your primary reason for wanting to lose weight?

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

| | Total Quebec Respondents | I THINK I'M FAT | | CONSIDER SELF | | | WANT TO LOSE WEIGHT | | PRIMARY REASON TO LOSE WEIGHT | | AGE OF DAUGHTERS | | | | | BEEN ON A WEIGHT-LOSS DIET | | BODY MASS INDEX | | | | |
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: Want to lose weight	488	121	277	131	326	30	488	0	171	200	42	25	36	49	118	310	178	3	135	73	91	186
Weighted	525	128	289	138	349	37**	525	-**	177	221	52*	26**	34*	48*	119	326	199	3**	154	75*	96*	197
To feel better about myself	221	39	103	44	161	16	221	0	0	221	25	15	13	20	40	137	84	1	84	34	40	62
	42%	30%	35%	32%	46% C	43%	42%	-	-	100% H	49%	58%	37%	41%	34%	42%	42%	27%	54% U	45% U	42%	32%
To improve my health	177	70	132	77	93	7	177	0	177	0	8	6	19	16	52	125	52	0	18	21	34	104
	34%	55%	45%	56% D	27%	20%	34%	-	100% I	-	15%	23%	55% JM	34% J	43% J	38% P	26%	-	12%	29% R	35% R	53% RST
To improve my image	82	9	25	6	62	14	82	0	0	0	14	3	1	8	13	40	42	1	47	12	12	11
	16%	7%	9%	4%	18% C	37%	16%	-	-	-	28% LN	12%	2%	17% L	11%	12%	21% O	37%	30% STU	16% U	13% U	5%
I just think I'm overweight	44	10	30	11	33	0	44	0	0	0	4	2	2	4	14	24	19	1	6	7	10	19
	8%	8%	10%	8%	9%	-	8%	-	-	-	8%	8%	6%	8%	12%	7%	10%	36%	4%	10%	10%	10%
To please others	1	0	0	0	1	0	1	0	0	0	0	0	0	0	0	0	1	0	0	0	0	1
	0	-	-	-	0	-	0	-	-	-	-	-	-	-	-	-	0	-	-	-	-	0

Women's Health

SF4a. And among these same options, are any of the remaining choices part of your reason for wanting to lose weight?

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		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Underweight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: Want to lose weight	488	121	277	131	326	30	488	0	171	200	42	25	36	49	118	310	178	3	135	73	91	186
Weighted	525	128	289	138	349	37**	525	-**	177	221	52*	26**	34*	48*	119	326	199	3**	154	75*	96*	197
To feel better about myself	212	66	127	66	128	17	212	0	131	0	18	10	17	19	51	127	85	2	47	34	36	94
	40%	52%	44%	48% D	37%	46%	40%	-	74% I	-	35%	39%	48%	39%	43%	39%	43%	73%	30%	45% R	38%	48% R
To improve my image	175	42	96	46	120	8	175	0	44	119	19	6	11	15	32	115	59	1	54	23	32	66
	33%	33%	33%	34%	34%	22%	33%	-	25%	54% H	37%	25%	33%	32%	27%	35%	30%	27%	35%	31%	33%	33%
To improve my health	166	36	92	36	122	8	166	0	0	117	16	9	7	17	39	105	61	0	51	27	37	53
	32%	28%	32%	26%	35%	22%	32%	-	-	53% H	31%	35%	22%	36%	32%	32%	31%	-	33%	36%	38%	27%
I just think I'm overweight	117	31	75	35	79	3	117	0	55	46	13	4	6	11	31	76	41	0	24	16	24	52
	22%	24%	26%	25%	23%	7%	22%	-	31% I	21%	25%	14%	17%	22%	26%	23%	21%	-	16%	22%	25%	27% R
To please others	33	9	15	5	24	4	33	0	3	16	8	2	2	3	6	22	11	0	15	2	5	11
	6%	7%	5%	4%	7%	10%	6%	-	2%	7% H	16% N	7%	6%	7%	5%	7%	5%	-	9%	3%	5%	5%

SF4. (Total mentions) Reasons for wanting to lose weight

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: Want to lose weight	488	121	277	131	326	30	488	0	171	200	42	25	36	49	118	310	178	3	135	73	91	186
Weighted	525	128	289	138	349	37**	525	-**	177	221	52*	26**	34*	48*	119	326	199	3**	154	75*	96*	197
To feel better about myself	433	105	230	110	289	33	433	0	131	221	43	25	29	38	91	264	169	3	131	67	76	156
	83%	82%	80%	80%	83%	89%	83%	-	74%	100% H	84%	97%	85%	80%	77%	81%	85%	100%	84%	90%	79%	79% U
To improve my health	344	106	224	113	215	15	344	0	177	117	24	15	26	33	90	230	114	0	69	48	70	156
	65%	83%	77%	82% D	62%	42%	65%	-	100% I	53%	46%	58%	77% J	69% J	76% J	71% P	57%	-	44%	64% R	73% R	80% RS
To improve my image	257	52	121	52	182	22	257	0	44	119	34	9	12	24	45	155	102	2	100	35	44	76
	49%	40%	42%	38%	52% C	58%	49%	-	25%	54% H	65% LN	37%	36%	49%	38%	48%	51%	64%	65% STU	47%	45%	39%
I just think I'm overweight	161	41	105	46	112	3	161	0	55	46	17	5	8	15	45	100	61	1	30	23	34	71
	31%	32%	36%	33%	32%	7%	31%	-	31% I	21%	33%	21%	22%	30%	38%	31%	30%	36%	20%	31%	36% R	36% R
To please others	34	9	15	5	25	4	34	0	3	16	8	2	2	3	6	22	11	0	15	2	5	12
	6%	7%	5%	4%	7%	10%	6%	-	2%	7% H	16% N	7%	6%	7%	5%	7%	6%	-	9%	3%	5%	6%

SF7. Overall, how supportive is your partner in helping you deal with your weight?

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: In a relationship	457	82	188	84	245	121	336	121	100	155	46	30	40	63	101	243	214	7	204	63	68	113
Weighted	496	88*	200	89*	265	135	364	132	106*	171	55*	31**	38*	62*	103*	260	237	7**	227	66*	73*	122
Very supportive	57 12%	11 13%	25 13%	13 15%	27 10%	16 12%	42 12%	15 12%	22 21% I	12 7%	4 7%	4 12%	2 4%	7 11%	6 6%	39 15% P	18 8%	0 -	26 11%	7 11%	7 10%	18 15%
Somewhat supportive	127 26%	24 27%	49 24%	20 22%	79 30% E	26 19%	100 27%	27 20%	21 20%	56 33% H	14 27%	12 39%	9 22%	11 18%	24 23%	73 28%	53 23%	2 31%	48 21%	18 28%	22 31%	35 29%
Not very supportive	100 20%	25 29%	58 29%	22 25% E	62 24% E	14 11%	85 23% G	15 11%	23 22%	42 25%	12 22%	2 6%	7 19%	9 15%	25 25%	66 25% P	34 14%	1 12%	29 13%	20 30% R	19 26% R	30 25% R
Not at all supportive	212 43%	27 31%	67 34%	34 38%	97 37%	79 58% CD	137 38%	75 57% F	39 37%	61 36%	24 45%	13 43%	21 54%	35 56%	48 46%	81 31%	131 55% O	4 57%	124 55% STU	21 31%	24 33%	39 32%
Summary																						
Top2Box (Supportive)	184 37%	36 40%	74 37%	33 37%	106 40%	42 31%	142 39%	42 32%	43 41%	68 40%	18 34%	16 51%	10 27%	18 29%	30 29%	112 43% P	72 30%	2 31%	73 32%	25 38%	30 41%	53 43%
Low2Box (Not supportive)	312 63%	53 60%	125 63%	56 63%	159 60%	93 69%	223 61%	90 68%	63 59%	103 60%	36 66%	15 49%	28 73%	44 71%	73 71%	147 57%	165 70% O	5 69%	153 68%	41 62%	43 59%	69 57%

SF9_3. (Weight and weight loss alters the dynamics of my family member's relationships with each other) Thinking about your family, what is the extent to which you agree with the following statements:

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: In a relationship and/or have children	592	104	247	108	318	154	430	162	144	181	54	37	55	78	159	316	276	12	253	75	91	159
Weighted	634	110	258	113	340	168	461	173	149	198	65*	38*	53*	77*	162	334	301	12**	278	78*	97*	168
Weight and weight loss alters the dynamics of my family member's relationships with each other																						
Strongly agree	24 4%	12 11%	15 6%	12 11% DE	6 2%	6 3%	18 4%	6 3%	8 6%	8 4%	2 2%	1 3%	1 2%	1 1%	6 4%	13 4%	11 4%	0 -	8 3%	1 1%	1 1%	13 8% RT
Somewhat agree	75 12%	17 16%	37 14%	14 12%	43 13%	18 10%	60 13%	15 9%	22 15%	26 13%	10 15%	2 4%	7 13%	4 6%	21 13%	50 15% P	25 8%	1 7%	26 9%	16 21% R	13 13%	20 12%
Somewhat disagree	287 45%	43 39%	121 47%	48 43%	164 48%	68 41%	213 46%	74 43%	61 41%	97 49%	28 43%	14 38%	26 50%	38 50%	71 44%	155 46%	133 44%	8 69%	119 43%	34 44%	50 52%	76 45%
Strongly disagree	248 39%	38 35%	86 33%	39 35%	127 37%	76 46%	170 37%	78 45%	58 39%	67 34%	26 39%	21 55% L	19 36%	33 43%	63 39%	116 35%	133 44% O	3 24%	126 45% U	27 35%	33 34%	59 35%
Summary																						
Top2Box (Agree)	99 16%	29 27%	52 20%	26 23% D	48 14%	23 14%	78 17%	21 12%	31 21%	35 18%	11 18%	3 7%	8 15%	5 7%	27 17% M	63 19% P	35 12%	1 7%	33 12%	17 22% R	14 14%	33 20% R
Low2Box (Disagree)	536 84%	81 73%	207 80%	87 77% C	291 86%	145 86%	383 83%	152 88%	118 79%	164 82%	54 82%	35 93%	45 85%	71 93% N	135 83%	270 81%	265 88% O	11 93%	245 88% SU	61 78%	83 86%	135 80%

Women's Health

SF10_1. (Your personal friendships) To what extent do you believe that your weight affects any of the following in a negative way:

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
Your personal friendships																						
Strongly	18	5	10	4	5	7	13	5	4	7	1	0	2	1	6	14	4	1	9	0	1	7
	3%	4%	3%	3%	1%	4%	3%	2%	2%	3%	1%	-	4%	1%	4%	4% P	1%	8%	3%	-	1%	3%
Somewhat	66	26	39	27	22	14	49	17	27	14	8	1	3	1	14	40	26	1	23	3	9	30
	9%	20%	13%	19% DE	6%	8%	9%	9%	15% I	6%	12% M	3%	6%	1%	8% M	11%	7%	9%	7%	4%	8%	15% RS
A little bit	72	22	39	19	38	14	61	11	17	24	9	7	9	6	15	47	25	2	23	9	11	28
	10%	17%	13%	14%	10%	8%	12% G	6%	9%	11%	14%	19%	17%	8%	10%	13% P	7%	12%	7%	10%	10%	14% R
Not at all	562	77	208	89	309	153	402	161	130	176	47	30	39	69	127	265	297	10	255	73	83	138
	78%	60%	70%	64%	83% C	81% C	77%	83%	73%	80%	73%	78%	73%	90% JLN	78%	73%	84% O	71%	82% U	86% U	80% U	68%
Summary																						
Top2Box (Strongly/Somewhat)	84	31	49	31	27	21	63	21	31	21	8	1	5	2	20	54	30	2	32	3	10	36
	12%	24%	17%	22% DE	7%	11%	12%	11%	17% I	10%	13% M	3%	10% M	2%	12% M	15% P	9%	17%	10%	4%	10%	18% RS
Low2Box (A little bit/Not at all)	634	99	247	108	347	167	462	172	146	200	57	37	48	75	142	312	322	12	279	82	94	166
	88%	76%	83%	78%	93% C	89% C	88%	89%	83%	90% H	87%	97%	90%	98% JLN	88%	85%	91% O	83%	90% U	96% U	90%	82%

SF10_2. (Your professional relationships) To what extent do you believe that your weight affects any of the following in a negative way:

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
Your professional relationships																						
Strongly	31	16	22	18	5	7	25	6	13	11	2	0	3	1	5	23	8	1	11	0	0	19
	4%	13%	8%	13% DE	1%	4%	5%	3%	7%	5%	3%	-	6%	1%	3%	6% P	2%	8%	3%	-	-	10% RST
Somewhat	77	24	46	25	36	13	65	11	29	22	10	6	7	5	17	45	32	1	23	11	13	30
	11%	18%	16%	18% DE	10%	7%	12% G	6%	16%	10%	15%	16%	13%	7%	10%	12%	9%	9%	7%	13%	12%	15% R
A little bit	103	24	54	26	55	20	85	18	27	40	12	6	9	9	16	66	36	1	33	11	16	41
	14%	19%	18%	19%	15%	11%	16% G	9%	15%	18%	19%	16%	18%	11%	10%	18% P	10%	6%	11%	13%	15%	20% R
Not at all	508	65	173	70	278	148	350	158	108	148	41	26	34	62	125	232	276	11	245	63	76	113
	71%	50%	59%	51%	74% C	79% C	67%	82% F	61%	67%	63%	68%	64%	80% JL	77%	63%	78% O	77% U	79% U	74% U	73% U	56%
Summary																						
Top2Box (Strongly/Somewhat)	108	40	69	42	41	20	90	17	41	33	12	6	10	7	22	68	40	2	33	11	13	49
	15%	31%	23%	30% DE	11%	10%	17% G	9%	23% I	15%	18%	16%	18%	9%	13%	19% P	11%	17%	11%	13%	12%	24% RST
Low2Box (A little bit/Not at all)	610	90	227	96	333	168	435	176	136	188	53	32	43	70	140	298	313	12	277	75	91	153
	85%	69%	77%	70%	89% C	90% C	83% F	91%	77%	85% H	82%	84%	82%	91%	87%	81%	89% O	83%	89% U	87% U	88% U	76%

Detailed tables

SF10_3. (How people think about you as a person) To what extent do you believe that your weight affects any of the following in a negative way:

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
How people think about you as a person																						
Strongly	47 7%	25 20%	33 11%	23 17% DE	14 4%	9 5%	39 7%	8 4%	18 10%	16 7%	2 3%	3 8%	3 6%	2 2%	8 5%	37 10% P	11 3%	1 8%	10 3%	2 3%	3 3%	29 14% RST
Somewhat	103 14%	34 26%	59 20%	35 25% DE	47 13%	16 9%	85 16% G	18 9%	35 20%	27 12%	18 28% KMN	4 9%	11 20% M	5 6%	22 14%	62 17%	41 12%	1 9%	33 10%	12 14%	14 13%	43 21% R
A little bit	144 20%	27 21%	81 27%	30 21%	91 24% E	21 11%	128 24% G	17 9%	45 25%	56 25%	12 18%	8 21%	7 13%	21 27% L	28 17%	90 25% P	54 15%	3 19%	42 13%	17 20%	29 28% R	54 27% R
Not at all	424 59%	43 34%	122 41%	51 37%	222 59% C	141 75% CD	274 52%	150 78% F	80 45%	122 55%	33 51%	23 61%	33 62%	50 65%	103 64%	177 48%	247 70% O	9 64%	226 73% TU	54 63% U	57 55% U	77 38%
Summary																						
Top2Box (Strongly/Somewhat)	150 21%	59 46%	92 31%	58 42% DE	61 16%	26 14%	123 24% G	26 14%	53 30% I	43 20%	20 31% M	7 18%	14 26% M	7 9%	31 19% M	99 27% P	51 15%	2 17%	43 14%	15 17%	17 17%	72 35% RST
Low2Box (A little bit/Not at all)	568 79%	70 54%	204 69%	81 58%	313 84% C	163 86% C	401 76%	167 86% F	125 70%	178 80% H	45 69%	31 82%	40 74%	70 91% JLN	131 81%	267 73%	301 85% O	12 83%	268 86% U	71 83% U	86 83% U	131 65%

Detailed tables

SF10_4. (How people judge your abilities) To what extent do you believe that your weight affects any of the following in a negative way:

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
How people judge your abilities																						
Strongly	49	25	33	25	12	11	37	12	19	13	4	2	2	4	9	36	14	1	12	1	3	30
	7%	19%	11%	18% DE	3%	6%	7%	6%	11%	6%	6%	6%	4%	5%	6%	10% P	4%	8%	4%	1%	3%	15% RST
Somewhat	82	25	47	28	41	10	71	12	31	23	15	4	8	4	18	53	29	2	25	12	13	30
	11%	20%	16%	20% DE	11% E	6%	13% G	6%	18%	11%	22% MN	11%	15% M	5%	11%	15% P	8%	16%	8%	14%	13%	15% R
A little bit	123	30	66	25	77	18	105	18	34	49	8	6	11	9	24	74	49	2	35	11	25	50
	17%	23%	22%	18% E	21% E	9%	20% G	9%	19%	22%	12%	15%	20%	12%	15%	20% P	14%	12%	11%	13%	24% R	25% RS
Not at all	463	49	150	60	244	149	312	151	93	135	39	26	33	60	112	203	260	9	238	62	62	92
	64%	38%	51%	43%	65% C	79% CD	59%	78% F	52%	61%	59%	69%	62%	78% JL	69%	55%	74% O	64%	77% TU	72% U	59% U	45%
Summary																						
Top2Box (Strongly/Somewhat)	132	51	80	54	53	22	108	24	51	37	19	6	10	7	27	89	43	3	37	13	17	60
	18%	39%	27%	39% DE	14%	11%	21% G	12%	29% I	17%	29% M	16%	18%	10%	16%	24% P	12%	23%	12%	15%	16%	30% RST
Low2Box (A little bit/Not at all)	586	79	216	85	321	166	417	169	127	184	46	32	43	69	135	276	310	11	274	72	87	142
	82%	61%	73%	61%	86% C	89% C	79% F	88%	71%	83% H	71%	84%	82%	90% J	84%	76%	88% O	77%	88% U	85% U	84% U	70%

Women's Health

SF10_5. (Your self image) To what extent do you believe that your weight affects any of the following in a negative way:

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
Your self image																						
Strongly	159 22%	62 48%	100 34%	60 43% DE	77 21%	19 10%	143 27% G	16 8%	50 28%	65 29%	20 31% M	11 30%	10 20%	12 16%	30 18%	109 30% P	50 14%	3 22%	53 17%	12 15%	20 19%	70 35% RST
Somewhat	162 22%	30 23%	76 26%	34 24%	104 28% E	20 11%	142 27% G	20 10%	39 22%	76 35% H	15 23%	9 22%	15 29% M	13 16%	30 18%	88 24%	73 21%	4 30%	52 17%	20 23%	35 34% R	50 25% R
A little bit	192 27%	25 20%	84 28%	30 22%	122 33% CE	36 19%	162 31% G	30 16%	52 29%	61 28%	14 22%	7 19%	8 14%	19 25%	47 29% L	105 29%	87 25%	1 6%	79 25%	33 38% RU	31 29%	50 24%
Not at all	205 29%	13 10%	36 12%	15 11%	71 19% C	113 60% CD	78 15%	126 65% F	36 20%	19 8% I	16 24%	11 29%	20 37%	33 43% J	56 35%	63 17%	142 40% O	6 42%	127 41% STU	20 24%	18 17%	32 16%
Summary																						
Top2Box (Strongly/Somewhat)	321 45%	91 70%	176 59%	93 67% DE	181 48% E	40 21%	285 54% G	36 19%	90 51%	141 64% H	35 54% MN	20 52% M	26 49% M	25 32%	59 37%	198 54% P	123 35%	7 52%	105 34%	32 38%	55 53% RS	120 60% RS
Low2Box (A little bit/Not at all)	397 55%	38 30%	120 41%	45 33%	193 52% C	148 79% CD	240 46%	157 81% F	87 49%	80 36% I	30 46%	18 48%	27 51%	52 68% JKL	103 63% J	168 46%	229 65% O	7 48%	206 66% TU	53 62% TU	48 47%	82 40%

Detailed tables

SF10_6. (Your love life) To what extent do you believe that your weight affects any of the following in a negative way:

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
Your love life																						
Strongly	72	31	48	35	22	11	62	9	26	27	5	1	4	5	13	47	24	1	26	0	7	37
	10%	24%	16%	25% DE	6%	6%	12% G	5%	15%	12%	7%	2%	8%	6%	8%	13% P	7%	8%	8% S	-	7% S	19% RST
Somewhat	94	32	55	34	47	12	82	13	31	36	14	11	8	3	18	67	27	3	26	11	10	44
	13%	25%	19%	24% DE	12% E	7%	16% G	6%	18%	16%	22% M	28% MN	16% M	3%	11% M	18% P	8%	23%	8%	12%	10%	22% RT
A little bit	147	20	71	22	96	25	121	26	34	53	16	5	7	15	28	81	67	1	56	25	31	33
	21%	16%	24%	16%	26% CE	13%	23% G	14%	19%	24%	25%	14%	13%	19%	17%	22%	19%	6%	18%	29% RU	30% RU	16%
Not at all	405	45	122	48	209	140	260	145	86	104	30	21	33	55	103	170	235	9	202	50	55	88
	56%	35%	41%	35%	56% C	74% CD	50%	75% F	48%	47%	46%	55%	63%	71% J	63% J	47%	67% O	63%	65% TU	59% U	53%	43%
Summary																						
Top2Box (Strongly/Somewhat)	166	64	103	69	69	24	144	22	57	63	19	12	13	7	32	115	51	4	52	11	17	81
	23%	49%	35%	50% DE	18%	13%	27% G	11%	32%	29%	29% M	31% M	24% M	9%	20% M	31% P	14%	31%	17%	12%	17%	40% RST
Low2Box (A little bit/Not at all)	552	66	193	70	305	165	381	171	120	158	46	26	40	69	130	251	301	10	258	75	86	121
	77%	51%	65%	50%	82% C	87% C	73% F	89%	68%	71%	71%	69%	76%	91% JKLN	80%	69%	86% O	69%	83% U	88% U	83% U	60%

SF10. (Top2Box Summary) To what extent do you believe that your weight affects any of the following in a negative way:

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
Your self image	321	91	176	93	181	40	285	36	90	141	35	20	26	25	59	198	123	7	105	32	55	120
	45%	70%	59%	67% DE	48% E	21%	54% G	19%	51%	64% H	54% MN	52% M	49% M	32%	37%	54% P	35%	52%	34%	38%	53% RS	60% RS
Your love life	166	64	103	69	69	24	144	22	57	63	19	12	13	7	32	115	51	4	52	11	17	81
	23%	49%	35%	50% DE	18%	13%	27% G	11%	32%	29%	29% M	31% M	24% M	9%	20% M	31% P	14%	31%	17%	12%	17%	40% RST
How people think about you as a person	150	59	92	58	61	26	123	26	53	43	20	7	14	7	31	99	51	2	43	15	17	72
	21%	46%	31%	42% DE	16%	14%	24% G	14%	30% I	20%	31% M	18%	26% M	9%	19% M	27% P	15%	17%	14%	17%	17%	35% RST
How people judge your abilities	132	51	80	54	53	22	108	24	51	37	19	6	10	7	27	89	43	3	37	13	17	60
	18%	39%	27%	39% DE	14%	11%	21% G	12%	29% I	17%	29% M	16%	18%	10%	16%	24% P	12%	23%	12%	15%	16%	30% RST
Your professional relationships	108	40	69	42	41	20	90	17	41	33	12	6	10	7	22	68	40	2	33	11	13	49
	15%	31%	23%	30% DE	11%	10%	17% G	9%	23% I	15%	18%	16%	18%	9%	13%	19% P	11%	17%	11%	13%	12%	24% RST
Your personal friendships	84	31	49	31	27	21	63	21	31	21	8	1	5	2	20	54	30	2	32	3	10	36
	12%	24%	17%	22% DE	7%	11%	12%	11%	17% I	10%	13% M	3%	10% M	2%	12% M	15% P	9%	17%	10%	4%	10%	18% RS

Detailed tables

SF10. (Low2Box Summary) To what extent do you believe that your weight affects any of the following in a negative way:

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
Your personal friendships	634	99	247	108	347	167	462	172	146	200	57	37	48	75	142	312	322	12	279	82	94	166
	88%	76%	83%	78%	93% C	89% C	88%	89%	83%	90% H	87%	97%	90%	98% JLN	88%	85%	91% O	83%	90% U	96% U	90%	82%
Your professional relationships	610	90	227	96	333	168	435	176	136	188	53	32	43	70	140	298	313	12	277	75	91	153
	85%	69%	77%	70%	89% C	90% C	83%	91% F	77%	85% H	82%	84%	82%	91%	87%	81%	89% O	83%	89% U	87% U	88% U	76%
How people judge your abilities	586	79	216	85	321	166	417	169	127	184	46	32	43	69	135	276	310	11	274	72	87	142
	82%	61%	73%	61%	86% C	89% C	79%	88% F	71%	83% H	71%	84%	82%	90% J	84%	76%	88% O	77%	88% U	85% U	84% U	70%
How people think about you as a person	568	70	204	81	313	163	401	167	125	178	45	31	40	70	131	267	301	12	268	71	86	131
	79%	54%	69%	58%	84% C	86% C	76%	86% F	70%	80% H	69%	82%	74%	91% JLN	81%	73%	85% O	83%	86% U	83% U	83% U	65%
Your love life	552	66	193	70	305	165	381	171	120	158	46	26	40	69	130	251	301	10	258	75	86	121
	77%	51%	65%	50%	82% C	87% C	73%	89% F	68%	71%	71%	69%	76%	91% JKLN	80%	69%	86% O	69%	83% U	88% U	83% U	60%
Your self image	397	38	120	45	193	148	240	157	87	80	30	18	27	52	103	168	229	7	206	53	48	82
	55%	30%	41%	33%	52% C	79% CD	46%	81% F	49% I	36%	46%	48%	51%	68% JKL	63% J	46%	65% O	48%	66% TU	62% TU	47%	40%

SF11_6. (Your health) And to what extent do you believe that your weight affects any of the following in a negative way:

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
Your health																						
Strongly	205 29%	94 72%	142 48%	95 68% DE	78 21%	30 16%	181 34% G	24 13%	105 59% I	54 24%	18 27%	14 37%	21 39% M	16 21%	45 28%	142 39% P	63 18%	3 22%	46 15%	16 18%	24 23%	115 57% RST
Somewhat	150 21%	21 16%	79 27%	29 21% E	105 28% E	13 7%	132 25% G	19 10%	39 22%	63 28%	10 15%	7 18%	10 20%	14 19%	34 21%	86 24%	64 18%	3 21%	37 12%	29 34% R	32 31% R	49 24% R
A little bit	170 24%	7 6%	57 19%	11 8%	131 35% CE	23 12%	148 28% G	22 11%	23 13%	75 34% H	17 27%	6 15%	8 15%	20 26%	37 23%	77 21%	93 26%	1 9%	77 25%	26 30% U	40 39% RU	26 13%
Not at all	193 27%	7 6%	18 6%	5 4%	60 16% C	122 65% CD	65 12%	128 66% F	9 5%	29 13% H	20 31%	12 30%	14 27%	26 34%	46 28%	60 16%	132 38% O	7 48%	150 48% STU	15 17% TU	8 7%	12 6%
Summary																						
Top2Box (Strongly/Somewhat)	355 49%	115 89%	221 75%	123 89% DE	183 49% E	43 23%	312 59% G	43 22%	145 82% I	116 53%	28 43%	21 55%	31 58% M	31 40%	79 49%	228 62% P	127 36%	6 42%	83 27%	45 52% R	56 54% R	164 81% RST
Low2Box (A little bit/Not at all)	363 51%	15 11%	75 25%	15 11%	191 51% C	145 77% CD	213 41%	150 78% F	33 18%	105 47% H	37 57%	17 45%	22 42%	46 60% L	83 51%	138 38%	225 64% O	8 58%	227 73% STU	41 48% U	48 46% U	38 19%

SF12_5. (I feel bombarded and confused by seemingly contradictory news reports on healthy living and eating habits) Thinking about how society views weight and obesity, what is the extent to which you agree with the following statements?

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
I feel bombarded and confused by seemingly contradictory news reports on healthy living and eating habits																						
Strongly agree	42	18	24	17	17	9	37	5	13	18	2	1	1	2	8	31	11	0	17	2	5	19
	6%	14%	8%	12% DE	4%	5%	7% G	3%	7%	8%	4%	3%	2%	3%	5%	8% P	3%	-	5%	2%	5%	9% S
Somewhat agree	246	54	123	55	138	47	198	47	71	82	20	15	22	24	57	132	114	4	80	37	42	82
	34%	41%	41%	40% E	37% E	25%	38% G	24%	40%	37%	31%	40%	42%	32%	35%	36%	32%	28%	26%	43% R	41% R	40% R
Somewhat disagree	253	35	94	41	144	65	190	63	49	91	24	9	21	32	58	133	120	2	117	32	43	59
	35%	27%	32%	29%	38%	35%	36%	32%	28%	41% H	37%	24%	39%	42%	36%	36%	34%	14%	38%	37%	42% U	29%
Strongly disagree	177	23	56	26	76	67	99	78	44	30	18	13	9	18	39	70	107	8	97	16	13	43
	25%	18%	19%	19%	20%	35% CD	19%	41% F	25% I	14%	28%	34%	17%	24%	24%	19%	30% O	58%	31% STU	18%	13%	21%
Summary																						
Top2Box (Agree)	288	71	147	72	154	56	236	52	84	100	23	16	23	26	65	162	125	4	97	38	47	100
	40%	55%	50%	52% DE	41% E	30%	45% G	27%	47%	45%	35%	42%	44%	34%	40%	44% P	36%	28%	31%	45% R	46% R	50% R
Low2Box (Disagree)	430	58	149	67	220	132	289	141	93	121	42	22	30	51	97	203	227	10	214	47	56	102
	60%	45%	50%	48%	59% C	70% CD	55%	73% F	53%	55%	65%	58%	56%	66%	60%	56%	64% O	72%	69% STU	55%	54%	50%

Women's Health

SF14. When you think about eating or mealtime, which of the following terms or feelings do you associate with this activity?

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
Pleasure	425 59%	78 60%	181 61%	86 62%	210 56%	122 65%	307 59%	118 61%	106 60%	122 55%	35 53%	22 58%	34 65% N	43 56%	78 48%	225 62%	200 57%	5 36%	186 60%	50 59%	57 55%	125 62%
Necessity (routine)	415 58%	74 58%	178 60%	81 58%	223 60%	101 54%	310 59%	105 55%	98 55%	141 64%	43 66%	23 61%	28 53%	46 59%	103 63%	216 59%	199 57%	9 63%	172 55%	50 59%	73 71% RU	112 55%
Guilt	70 10%	27 21% DE	45 15%	27 20% DE	38 10% E	5 3%	68 13% G	2 1%	23 13%	30 14%	5 8%	3 7%	5 9%	4 5%	13 8%	55 15% P	15 4%	0 -	17 5%	7 9%	10 10%	36 18% R
Stress	48 7%	17 14%	29 10%	19 14% DE	21 6%	6 3%	43 8% G	5 3%	18 10%	21 9%	5 8%	2 5%	5 9%	4 5%	10 6%	34 9% P	14 4%	1 8%	12 4%	3 4%	11 10% R	21 10% R
Loss of Self-Control	44 6%	17 13%	30 10%	16 12% DE	23 6%	5 3%	42 8% G	2 1%	13 7%	17 8%	4 7%	2 5%	5 9%	4 5%	7 4%	34 9% P	10 3%	0 -	10 3%	3 4%	10 9% R	21 10% R
Anxiety	32 4%	15 12%	24 8%	14 10% DE	15 4%	3 2%	32 6% G	0 -	17 9%	15 7%	2 3%	1 2%	4 7%	2 3%	7 5%	25 7% P	7 2%	0 -	7 2%	2 3%	6 6%	17 8% R
None of these	61 9%	7 5%	14 5%	7 5%	31 8%	20 11%	42 8%	19 10%	12 7%	20 9%	8 12%	4 10%	2 4%	5 6%	17 10%	26 7%	35 10%	1 6%	34 11% T	8 10% T	3 3%	14 7%

Detailed tables

SF15. Which of the following have you done to help you lose weight or to maintain your current weight?

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
Eat smaller portions that I normally would	393	92	204	93	243	56	349	44	120	146	34	20	28	41	94	266	128	3	124	58	68	140
	55%	71%	69%	67% E	65% E	30%	66% G	23%	68%	66%	52%	51%	52%	53%	58%	73% P	36%	22%	40%	67% R	65% R	69% R
I limit my portions even if I'm still hungry	230	61	135	65	139	24	211	19	80	84	22	10	22	20	55	164	66	2	59	36	37	97
	32%	47%	46%	47% E	37% E	13%	40% G	10%	45%	38%	34%	27%	41% M	26%	34%	45% P	19%	14%	19%	42% R	35% R	48% RT
Count calories and fat intake	229	55	114	58	134	35	204	25	71	91	19	6	10	26	63	181	48	1	78	37	37	76
	32%	42%	39%	42% E	36% E	19%	39% G	13%	40%	41%	30%	17%	20%	35% L	39% KL	50% P	14%	6%	25%	44% R	36% R	38% R
Eat the same healthy foods all of the time	157	32	74	32	84	40	127	31	44	58	17	6	11	27	28	98	60	2	66	20	26	44
	22%	25%	25%	23%	22%	21%	24% G	16%	25%	26%	26%	15%	21%	36% KLN	18%	27% P	17%	15%	21%	24%	25%	22%
Skip meals	115	34	68	32	70	11	103	12	28	53	17	12	9	9	19	76	39	2	37	14	19	43
	16%	26%	23%	23% E	19% E	6%	20% G	6%	16%	24% H	27% MN	31% MN	18%	11%	12%	21% P	11%	14%	12%	16%	18%	21% R
Self-induced vomiting	12	4	6	4	5	3	11	1	2	8	1	0	0	0	0	10	3	0	6	0	2	4
	2%	3%	2%	3%	1%	1%	2%	1%	1%	4%	2%	-	-	-	-	3%	1%	-	2%	-	2%	2%
None of these	166	14	32	17	49	88	62	104	17	27	15	10	11	14	40	27	139	7	109	10	12	26
	23%	11%	11%	12%	13%	47% CD	12%	54% F	10%	12%	23%	25%	21%	19%	24%	7%	40% O	50%	35% STU	12%	11%	13%

SF23. What is your height?

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Underweight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
4'0	1 / 0	0 / -	1 / 0	0 / -	1 / 0	0 / -	1 / 0	0 / -	0 / -	1 / 0	0 / -	0 / -	0 / -	0 / -	1 / 1%	1 / 0	0 / -	0 / -	0 / -	0 / -	0 / -	1 / 0
4'3	1 / 0	0 / -	0 / -	0 / -	1 / 0	0 / -	1 / 0	0 / -	0 / -	1 / 0	0 / -	0 / -	0 / -	0 / -	0 / -	0 / -	1 / 0	0 / -	0 / -	0 / -	0 / -	1 / 0
4'4	1 / 0	0 / -	0 / -	1 / 1%	0 / -	0 / -	1 / 0	0 / -	0 / -	1 / 1%	0 / -	0 / -	0 / -	0 / -	0 / -	1 / 0	0 / -	0 / -	0 / -	0 / -	0 / -	1 / 1%
4'6	2 / 0	0 / -	2 / 1%	0 / -	2 / 0	0 / -	0 / -	2 / 1% F	0 / -	0 / -	0 / -	2 / 4% N	0 / -	0 / -	0 / -	0 / -	2 / 0	0 / -	0 / -	0 / -	0 / -	2 / 1%
4'8	2 / 0	0 / -	0 / -	0 / -	1 / 0	0 / -	1 / 0	1 / 1%	1 / 1%	0 / -	0 / -	0 / -	0 / -	0 / -	0 / -	1 / 0	1 / 0	1 / 8%	0 / -	1 / 1%	0 / -	0 / -
4'9	1 / 0	0 / -	0 / -	0 / -	0 / -	1 / 1%	0 / -	1 / 1%	0 / -	0 / -	1 / 2%	0 / -	0 / -	0 / -	0 / -	1 / 0	0 / -	0 / -	1 / 0	0 / -	0 / -	0 / -
4'10	6 / 1%	2 / 2%	2 / 1%	3 / 2%	2 / 1%	1 / 1%	4 / 1%	2 / 1%	2 / 1%	1 / 0	0 / -	0 / -	0 / -	1 / 1%	4 / 3%	3 / 1%	3 / 1%	0 / -	3 / 1%	0 / -	0 / -	3 / 2%
4'11	14 / 2%	1 / 1%	5 / 2%	2 / 1%	9 / 2%	3 / 2%	9 / 2%	5 / 3%	0 / -	6 / 2% H	3 / 5%	0 / -	1 / 2%	1 / 1%	4 / 3%	4 / 1%	9 / 3%	0 / -	9 / 3%	0 / -	4 / 4% U	1 / 0
5'0	51 / 7%	7 / 5%	15 / 5%	5 / 4%	26 / 7%	19 / 10% C	32 / 6%	18 / 9%	13 / 7%	14 / 6%	2 / 2%	3 / 7%	5 / 9%	7 / 10%	17 / 11%	20 / 6%	30 / 9%	0 / -	22 / 7%	10 / 12%	5 / 5%	13 / 6%
5'1	54 / 8%	10 / 8%	19 / 6%	10 / 7%	29 / 8%	14 / 7%	36 / 7%	18 / 9%	15 / 9%	14 / 6%	2 / 3%	5 / 14%	5 / 9%	6 / 8%	19 / 12%	27 / 7%	27 / 8%	1 / 6%	22 / 7%	9 / 11%	8 / 8%	14 / 7%
5'2	103 / 14%	14 / 11%	42 / 14%	19 / 13%	58 / 16%	24 / 13%	77 / 15%	27 / 14%	25 / 14%	38 / 17%	7 / 11%	7 / 19%	8 / 15%	10 / 13%	33 / 21%	58 / 16%	45 / 13%	3 / 22% R	29 / 9%	17 / 20%	25 / 24% RU	29 / 14%
5'3	108 / 15%	19 / 15%	44 / 15%	21 / 15%	53 / 14%	31 / 16%	75 / 14%	33 / 17%	24 / 13%	29 / 13%	7 / 11%	3 / 8%	7 / 14%	8 / 10%	26 / 16%	53 / 15%	55 / 16%	2 / 16%	53 / 17% T	15 / 18% T	8 / 8%	28 / 14%
5'4	120 / 17%	18 / 14%	46 / 15%	20 / 14%	61 / 16%	36 / 19%	89 / 17%	31 / 16%	26 / 15%	42 / 19%	11 / 17%	8 / 20%	9 / 18%	12 / 16%	24 / 15%	60 / 17%	59 / 17%	1 / 8%	66 / 21% S	9 / 10%	15 / 15%	29 / 14%
5'5	58 / 8%	15 / 12%	33 / 11%	13 / 9%	33 / 9%	10 / 5%	50 / 9% G	9 / 4%	15 / 9%	18 / 8%	5 / 7%	3 / 8%	3 / 5%	6 / 8%	7 / 4%	34 / 9%	24 / 7%	1 / 6%	17 / 6%	6 / 7%	11 / 10%	23 / 11% R
5'6	78 / 11%	22 / 17%	38 / 13%	23 / 16% D	33 / 9%	22 / 12%	62 / 12%	16 / 8%	21 / 12%	25 / 11%	11 / 17% N	5 / 12%	7 / 14%	11 / 15% N	11 / 7%	43 / 12%	35 / 10%	1 / 8%	32 / 10%	8 / 9%	10 / 9%	26 / 13%
5'7	61 / 8%	9 / 7%	22 / 8%	9 / 6%	36 / 10%	13 / 7%	44 / 8%	17 / 9%	20 / 11%	16 / 7%	7 / 11%	2 / 5%	6 / 12%	11 / 14% N	10 / 6%	28 / 8%	32 / 9%	2 / 12%	29 / 9%	8 / 10%	9 / 9%	12 / 6%

SF23. What is your height?

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
5'8	30 4%	5 4%	14 5%	6 4%	15 4%	8 4%	22 4%	8 4%	8 4%	10 5%	5 7% N	0 -	2 4%	2 3%	2 1%	19 5%	11 3%	1 6%	15 5%	1 1%	4 4%	9 4%
5'9	16 2%	1 1%	7 2%	2 2%	11 3%	2 1%	14 3%	2 1%	5 3%	4 2%	2 2%	0 -	0 -	1 1%	3 2%	6 2%	10 3%	0 -	7 2%	1 1%	5 5%	4 2%
5'10	10 1%	7 5%	8 3%	5 4% DE	3 1%	1 0	8 1%	2 1%	2 1%	1 0	3 4%	1 3%	0 -	0 -	1 1%	4 1%	5 2%	1 8%	2 1%	0 -	0 -	7 3% R
5'11	2 0	0 -	0 -	0 -	1 0	1 1%	0 -	2 1% F	0 -	0 -	0 -	0 -	0 -	0 -	0 -	0 -	2 1%	0 -	2 1%	0 -	0 -	0 -
Summary																						
Mean (inches)	64	64	64	64	64	64	64 G	63	64	64	65 KN	63	64 N	64 N	63	64	64	64	64 S	63	64	64
Median (inches)	64	64	64	64	64	64	64	63	64	64	64	63	64	64	63	64	64	63	64	63	64	64
Std. Dev. (inches)	3	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3	3	4	3	2	3	3

Women's Health

SF24. And what is your weight?

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT — Strongly Agree	Top2Box (Agree)	CONSIDER SELF — Very Overweight	Slightly Overweight	At an Ideal Weight	WANT TO LOSE WEIGHT — Yes	No	PRIMARY REASON TO LOSE WEIGHT — To Improve My Health	To Feel Better about Myself	AGE OF DAUGHTERS — 0-10	11-15	16-20	21-25	26+	BEEN ON A WEIGHT-LOSS DIET — Yes	No	BODY MASS INDEX — Underweight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
Less than 101	12 2%	0 -	0 -	0 -	0 -	7 4% CD	0 -	12 6% F	0 -	0 -	1 2%	3 8% MN	1 2%	0 -	2 1%	3 1%	9 2%	7 53%	5 1%	0 -	0 -	0 -
101-110	29 4%	1 1%	1 0	0 -	2 1%	23 12% CD	3 1%	26 13% F	0 -	1 0	2 3%	3 7%	2 4%	4 5%	4 3%	5 1%	23 7% O	5 35%	24 8% STU	0 -	0 -	0 -
111-120	91 13%	0 -	2 1%	0 -	27 7% C	58 31% CD	35 7%	56 29% F	1 1%	22 10% H	13 19% L	2 6%	3 6%	8 10%	25 15%	18 5%	73 21% O	2 12%	88 28% STU	1 1%	0 -	0 -
121-130	94 13%	0 -	4 1%	0 -	34 9% C	58 31% CD	47 9%	47 24% F	8 5%	26 12% H	6 9%	4 9%	6 11%	13 17%	16 10%	32 9%	63 18% O	0 -	90 29% STU	3 4%	0 -	1 0
131-140	87 12%	1 1%	20 7% C	4 3%	57 15% C	25 13% C	59 11%	28 15%	9 5%	29 13% H	11 17%	6 16%	7 12%	9 12%	21 13%	39 11%	48 14%	0 -	54 17% TU	25 29% RTU	5 5%	3 1%
141-150	71 10%	3 2%	23 8%	1 1%	62 16% CE	7 4%	59 11% G	12 6%	13 7%	31 14% H	5 7%	5 13%	5 9%	9 12%	24 15%	35 10%	36 10%	0 -	25 8% U	25 29% RU	20 20% RU	1 0
151-160	75 10%	7 5%	29 10%	4 3%	66 18% CE	5 3%	71 14% G	4 2%	24 13%	26 12%	9 14%	4 10%	4 8%	11 14%	17 10%	43 12%	32 9%	0 -	20 7%	22 26% RU	25 24% RU	8 4%
161-170	55 8%	10 8%	35 12%	9 7% E	45 12% E	2 1%	51 10% G	4 2%	14 8%	24 11%	1 1%	3 7%	7 13% J	6 8%	10 6%	32 9%	23 7%	0 -	4 1%	8 10% R	24 23% RSU	18 9% R
171-180	46 6%	8 6%	36 12%	12 9% E	33 9% E	0 -	46 9% G	0 -	20 11%	19 9%	2 3%	1 2%	4 7%	8 10%	11 7%	37 10% P	9 3%	0 -	0 -	1 1%	17 17% RS	28 14% RS
181-190	34 5%	12 9%	29 10%	14 10% DE	19 5% E	0 -	34 6% G	0 -	12 7%	11 5%	3 4%	1 3%	3 6%	2 3%	8 5%	27 7% P	6 2%	0 -	0 -	0 -	10 9% RS	24 12% RS
191-200	22 3%	8 6%	21 7%	11 8% DE	12 3% E	0 -	22 4% G	0 -	14 8% I	5 2%	3 5%	1 2%	1 2%	3 4%	4 2%	16 4%	6 2%	0 -	0 -	0 -	2 2% R	20 10% RST
201-210	11 2%	7 5%	8 3%	7 5% DE	5 1%	0 -	10 2%	1 1%	5 3%	6 3%	0 -	1 3%	0 -	0 -	2 1%	7 2%	4 1%	0 -	0 -	0 -	0 -	11 6% RST
211-220	18 2%	12 10%	18 6%	15 11% DE	3 1%	0 -	18 3% G	0 -	11 6% I	3 1%	0 -	1 2%	2 4%	1 1%	6 4%	14 4% P	4 1%	0 -	0 -	0 -	0 -	18 9% RST
221-230	9 1%	6 5%	7 3%	4 3% E	5 1%	0 -	9 2%	0 -	5 3%	4 2%	1 1%	1 3% N	2 4% N	0 -	0 -	4 1%	5 1%	0 -	0 -	0 -	0 -	9 4% RT
231-240	12 2%	9 7%	12 4%	9 7% DE	3 1%	0 -	12 2% G	0 -	8 5% I	1 1%	3 5%	0 -	1 2%	1 1%	4 2%	10 3% P	2 1%	0 -	0 -	0 -	0 -	12 6% RST
241-250	15 2%	12 9%	15 5%	13 10% DE	2 0	0 -	15 3% G	0 -	6 4%	7 3%	2 2%	0 -	3 6% N	2 3%	2 1%	11 3%	4 1%	0 -	0 -	0 -	0 -	15 7% RST

Women's Health

SF24. And what is your weight?

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
251-260	5 1%	5 4%	5 2%	5 4% DE	0 -	0 -	5 1%	0 -	4 2%	1 0	1 2%	1 3% N	1 2%	1 1%	0 -	5 1% P	0 -	0 -	0 -	0 -	0 -	5 3% R
261-270	8 1%	7 5%	8 3%	8 6% DE	0 -	0 -	8 1%	0 -	6 3% I	1 0	1 2%	0 -	1 2%	0 -	1 1%	8 2% P	0 -	0 -	0 -	0 -	0 -	8 4% R
271-280	6 1%	5 4%	6 2%	6 5% DE	0 -	0 -	6 1%	0 -	6 4% I	0 -	0 -	1 3%	0 -	0 -	2 1%	6 2% P	0 -	0 -	0 -	0 -	0 -	6 3% R
281-290	5 1%	5 3%	5 2%	5 3% DE	0 -	0 -	5 1%	0 -	3 2%	1 0	1 2%	0 -	0 -	0 -	0 -	5 1% P	0 -	0 -	0 -	0 -	0 -	5 2% R
291-300	7 1%	7 6%	7 2%	7 5% DE	0 -	0 -	6 1%	1 1%	4 2%	1 0	0 -	1 3%	1 2%	0 -	1 1%	5 1%	2 1%	0 -	0 -	0 -	0 -	7 4% R
More than 300	4 1%	4 3%	4 1%	4 3% DE	0 -	0 -	4 1%	0 -	3 2%	1 0	0 -	0 -	0 -	0 -	1 1%	4 1%	0 -	0 -	0 -	0 -	0 -	4 2% R
(Dk/Ns)	2 0	0 -	0 -	0 -	0 -	2 1% D	0 -	2 1% F	0 -	0 -	0 -	0 -	0 -	0 -	0 -	0 -	2 1%	0 -	0 -	0 -	0 -	0 -
Summary																						
Mean	159	223 DE	194	223 DE	155 E	123	172 G	125	196 I	160	156	157	169 M	152	157	176 P	142	101	128	148 R	164 RS	214 RST
Median	150	220	180	218	152	122	160	122	180	151	140	145	160	150	149	165	135	100	125	149	162	200
Std. Dev.	45	49	47	48	26	13	45	21	51	38	46	50	47	33	41	49	33	12	14	12	14	44

SF23/SF24. Body Mass Index (BMI)

Proportions/Means: Columns Tested (5% risk level) - C/D/E - F/G - H/I - J/K/L/M/N - O/P - Q/R/S/T/U
Overlap formulae used. * small base; ** very small base (under 30) ineligible for sig testing

	Total Quebec Respondents	I THINK I'M FAT		CONSIDER SELF			WANT TO LOSE WEIGHT		PRIMARY REASON TO LOSE WEIGHT		AGE OF DAUGHTERS					BEEN ON A WEIGHT-LOSS DIET		BODY MASS INDEX				
		Strongly Agree	Top2Box (Agree)	Very Overweight	Slightly Overweight	At an Ideal Weight	Yes	No	To Improve My Health	To Feel Better about Myself	0-10	11-15	16-20	21-25	26+	Yes	No	Under weight	Healthy Weight	Slightly Overweight	Overweight	Obese
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Base: All respondents	668	122	283	132	350	171	488	180	171	200	54	37	55	78	159	347	321	14	280	83	98	191
Weighted	718	129	296	139	374	188	525	193	177	221	65*	38*	53*	77*	162	366	352	14**	311	85*	104*	202
18.4 and under	14 2%	1 1%	1 0	0 -	3 1%	5 3%	3 1%	11 6% F	0 -	1 0	1 2%	3 7% MN	0 -	0 -	2 1%	0 -	14 4% O	14 100%	0 -	0 -	0 -	0 -
18.5 to 24.9	311 43%	1 1%	18 6%	1 1%	129 34% C	169 90% CD	154 29%	156 81% F	18 10%	84 38% H	37 57% KLN	14 36%	18 33%	34 45%	61 38%	98 27%	212 60% O	0 -	311 100% STU	0 -	0 -	0 -
25 to 26.9	85 12%	2 2%	33 11%	2 1%	74 20% CE	10 5%	75 14% G	11 6%	21 12%	34 15%	4 6%	6 15%	7 12%	12 16%	27 16%	45 12%	41 12%	0 -	0 -	85 100% RTU	0 -	0 -
27 to 29.9	104 14%	11 9%	66 22%	10 7% E	92 25% CE	2 1%	96 18% G	7 4%	34 19%	40 18%	7 10%	5 12%	10 18%	15 20%	27 17%	64 18% P	39 11%	0 -	0 -	0 -	104 100% RSU	0 -
30 and above	202 28%	114 88%	178 60%	126 91% DE	76 20% E	0 -	197 37% G	6 3%	104 59% I	62 28%	16 25%	11 30%	19 37% M	15 20%	45 28%	158 43% P	44 12%	0 -	0 -	0 -	0 -	202 100% RST
(Dk/Ns)	2 0	0 -	0 -	0 -	0 -	2 1% D	0 -	2 1% F	0 -	0 -	0 -	0 -	0 -	0 -	0 -	0 -	2 1%	0 -	0 -	0 -	0 -	0 -
Summary																						
Mean	27.5	38.0	33.3	38.2 DE	26.9 E	21.4	29.6 G	21.9	33.7 I	27.8	26.2	27.8	29.2 JM	26.2	28.0 M	30.3 P	24.6	17.4	22.0	26.1 R	28.3 RS	36.9 RST
Median	25.8	37.2	31.2	37.0	26.6	21.3	28.2	21.3	31.4	26.6	24.1	25.8	28.2	25.8	26.5	28.4	23.0	17.8	22.0	26.3	28.3	34.5
Std. Dev.	7.4	7.8	7.6	7.5	4.1	2.0	7.4	3.4	8.3	6.1	6.9	8.7	7.9	5.2	7.1	7.9	5.4	0.8	1.7	0.6	0.8	6.7