

Chiropractors

Detailed tables

1. How much time do you spend in a typical week engaged in physical activity? (i.e. exercise, sports, running/jogging, walking, etc)

Proportions/Mean: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
Overlap formulae used. * small base

	Total	GENDER		AGE			EDUCATION			
		Male	Female	25-39	40-49	50-65	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: All respondents	1025	454	571	237	294	494	61	297	517	150
Weighted	1025	496	529	359	302	364	89*	416	334	186
No time at all	68 7%	37 8%	30 6%	15 4%	25 8%	27 7%	11 13%	28 7%	20 6%	8 5%
Less than one hour a week	180 18%	77 16%	103 19%	70 19%	42 14%	69 19%	19 21%	78 19%	55 16%	28 15%
One to three hours a week	401 39%	182 37%	219 41%	147 41%	113 37%	141 39%	37 41%	160 38%	134 40%	69 37%
Four to six hours a week	245 24%	133 27%	111 21%	78 22%	82 27%	85 23%	14 16%	93 22%	80 24%	57 31% F
Seven or more hours a week	132 13%	67 13%	65 12%	49 14%	41 14%	42 12%	8 9%	56 14%	45 13%	23 12%

Chiropractors

2. Would you like to be more physically active than you are currently?

Proportions/Mean: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
Overlap formulae used. * small base

	Total	GENDER		AGE			EDUCATION			
		Male	Female	25-39	40-49	50-65	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: All respondents	1025	454	571	237	294	494	61	297	517	150
Weighted	1025	496	529	359	302	364	89*	416	334	186
Yes	891 87%	425 86%	465 88%	324 90%	259 86%	307 84%	77 87%	357 86%	287 86%	169 91%
No	134 13%	71 14%	64 12%	35 10%	43 14%	57 16% C	12 13%	59 14%	47 14%	17 9%

Detailed tables

Chiropractors

Detailed tables

3.1. (Physical activity is good for my health) To what extent do you agree or disagree with the following statements:

Proportions/Mean: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
Overlap formulae used. * small base

	Total	GENDER		AGE			EDUCATION			
		Male	Female	25-39	40-49	50-65	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: All respondents	1025	454	571	237	294	494	61	297	517	150
Weighted	1025	496	529	359	302	364	89*	416	334	186
Strongly agree	858 84%	399 80%	459 87% A	315 88% E	254 84%	289 79%	72 80%	355 85%	280 84%	151 82%
Somewhat agree	145 14%	85 17% B	60 11%	38 11%	43 14%	63 17% C	13 15%	54 13%	44 13%	33 18%
Somewhat disagree	6 1%	6 1%	0 0	0 -	2 1%	5 1%	2 2%	1 0	3 1%	0 -
Strongly disagree	16 2%	6 1%	10 2%	6 2%	3 1%	7 2%	2 3%	6 1%	7 2%	1 1%
Summary										
Top2Box (Agree)	1003 98%	484 98%	519 98%	353 98%	297 98%	352 97%	85 95%	409 98%	324 97%	184 99%
Low2Box (Disagree)	22 2%	12 2%	10 2%	6 2%	5 2%	12 3%	4 5%	7 2%	10 3%	1 1%

Chiropractors

Detailed tables

3.2. (I wish I could be more fit without having to spend so much time and energy to get to that point) To what extent do you agree or disagree with the following statements:

Proportions/Mean: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
Overlap formulae used. * small base

	Total	GENDER		AGE			EDUCATION			
		Male	Female	25-39	40-49	50-65	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: All respondents	1025	454	571	237	294	494	61	297	517	150
Weighted	1025	496	529	359	302	364	89*	416	334	186
Strongly agree	354 35%	126 25%	227 43% A	162 45% DE	85 28%	106 29%	35 39%	149 36%	116 35%	55 29%
Somewhat agree	470 46%	243 49%	227 43%	134 37%	152 50% C	183 50% C	44 49%	192 46%	147 44%	88 48%
Somewhat disagree	165 16%	106 21% B	59 11%	51 14%	53 17%	61 17%	11 12%	59 14%	58 17%	37 20%
Strongly disagree	36 4%	21 4%	15 3%	11 3%	12 4%	13 4%	0 -	17 4%	14 4%	6 3%
Summary										
Top2Box (Agree)	824 80%	369 74%	455 86% A	296 83%	238 79%	290 80%	78 88%	340 82%	262 78%	143 77%
Low2Box (Disagree)	201 20%	127 26% B	74 14%	62 17%	65 21%	74 20%	11 12%	76 18%	72 22%	43 23%

Chiropractors

Detailed tables

3.3. (It's nearly impossible for me to find the time to exercise or to go for a run) To what extent do you agree or disagree with the following statements:

Proportions/Mean: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
Overlap formulae used. * small base

	Total	GENDER		AGE			EDUCATION			
		Male	Female	25-39	40-49	50-65	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: All respondents	1025	454	571	237	294	494	61	297	517	150
Weighted	1025	496	529	359	302	364	89*	416	334	186
Strongly agree	103 10%	40 8%	63 12%	43 12%	32 11%	28 8%	6 7%	45 11%	42 12%	10 5%
Somewhat agree	384 37%	184 37%	200 38%	148 41%	109 36%	127 35%	47 52% GH	135 33%	113 34%	89 48% GH
Somewhat disagree	383 37%	204 41% B	179 34%	111 31%	126 42% C	146 40% C	20 22%	162 39% F	136 41% F	65 35%
Strongly disagree	155 15%	68 14%	87 16%	57 16%	36 12%	62 17%	16 18%	73 18%	44 13%	22 12%
Summary										
Top2Box (Agree)	487 48%	223 45%	263 50%	191 53% E	141 47%	155 43%	53 59% G	180 43%	155 46%	99 53%
Low2Box (Disagree)	538 52%	273 55%	265 50%	168 47%	162 53%	209 57% C	36 41%	236 57% F	179 54%	87 47%

Chiropractors

Detailed tables

3.4. (I just don't like working out) To what extent do you agree or disagree with the following statements:

Proportions/Mean: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
Overlap formulae used. * small base

	Total	GENDER		AGE			EDUCATION			
		Male	Female	25-39	40-49	50-65	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: All respondents	1025	454	571	237	294	494	61	297	517	150
Weighted	1025	496	529	359	302	364	89*	416	334	186
Strongly agree	145 14%	47 10%	98 19% A	43 12%	39 13%	63 17%	13 15%	65 16%	44 13%	22 12%
Somewhat agree	350 34%	171 34%	179 34%	105 29%	94 31%	151 42% CD	36 41%	144 35%	110 33%	60 32%
Somewhat disagree	348 34%	189 38% B	159 30%	139 39% E	112 37% E	97 27%	28 31%	129 31%	118 35%	73 39%
Strongly disagree	182 18%	89 18%	93 18%	72 20%	56 19%	53 15%	12 13%	78 19%	61 18%	31 17%
Summary										
Top2Box (Agree)	495 48%	218 44%	277 52% A	147 41%	134 44%	214 59% CD	49 55%	209 50%	155 46%	82 44%
Low2Box (Disagree)	530 52%	278 56% B	252 48%	211 59% E	169 56% E	150 41%	40 45%	207 50%	179 54%	104 56%

Chiropractors

Detailed tables

3.5. (Being more fit would help me feel better about myself) To what extent do you agree or disagree with the following statements:

Proportions/Mean: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
Overlap formulae used. * small base

	Total	GENDER		AGE			EDUCATION			
		Male	Female	25-39	40-49	50-65	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: All respondents	1025	454	571	237	294	494	61	297	517	150
Weighted	1025	496	529	359	302	364	89*	416	334	186
Strongly agree	621 61%	262 53%	358 68% A	250 70% DE	166 55%	204 56%	56 63%	259 62%	200 60%	105 56%
Somewhat agree	344 34%	203 41%	141 27%	96 27%	117 39%	131 36%	33 37%	136 33%	106 32%	69 37%
Somewhat disagree	47 5%	25 5%	21 4%	10 3%	15 5%	22 6%	0 -	14 3%	23 7% F	10 5%
Strongly disagree	14 1%	6 1%	8 2%	2 1%	4 1%	7 2%	0 -	7 2%	5 1%	2 1%
Summary										
Top2Box (Agree)	965 94%	465 94%	499 94%	346 97% E	283 94%	335 92%	89 100% H	395 95%	307 92%	174 94%
Low2Box (Disagree)	60 6%	31 6%	29 6%	12 3%	19 6%	29 8% C	0 -	21 5%	27 8% F	12 6%

Chiropractors

Detailed tables

3. 6. (I often have the intention to engage in physical activity, but other things get in the way) To what extent do you agree or disagree with the following statements:

Proportions/Mean: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
Overlap formulae used. * small base

	Total	GENDER		AGE			EDUCATION			
		Male	Female	25-39	40-49	50-65	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: All respondents	1025	454	571	237	294	494	61	297	517	150
Weighted	1025	496	529	359	302	364	89*	416	334	186
Strongly agree	254 25%	98 20%	156 30% A	110 31% DE	63 21%	81 22%	24 27%	104 25%	91 27%	35 19%
Somewhat agree	558 54%	280 57%	278 52%	187 52%	175 58%	196 54%	53 60%	215 52%	176 53%	113 61%
Somewhat disagree	159 16%	89 18%	71 13%	45 13%	51 17%	63 17%	9 11%	71 17%	52 16%	27 15%
Strongly disagree	53 5%	29 6%	24 5%	15 4%	14 5%	24 7%	3 3%	25 6%	15 5%	10 6%
Summary										
Top2Box (Agree)	812 79%	378 76%	434 82%	298 83%	237 78%	277 76%	77 86%	320 77%	267 80%	148 80%
Low2Box (Disagree)	213 21%	118 24%	95 18%	61 17%	65 22%	87 24%	12 14%	96 23%	67 20%	37 20%

Chiropractors

Detailed tables

3. (Top2Box (Agree) Summary) To what extent do you agree or disagree with the following statements:

Proportions/Mean: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
Overlap formulae used. * small base

	Total	GENDER		AGE			EDUCATION			
		Male	Female	25-39	40-49	50-65	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: All respondents	1025	454	571	237	294	494	61	297	517	150
Weighted	1025	496	529	359	302	364	89*	416	334	186
Physical activity is good for my health	1003 98%	484 98%	519 98%	353 98%	297 98%	352 97%	85 95%	409 98%	324 97%	184 99%
Being more fit would help me feel better about myself	965	465	499	346	283	335	89	395	307	174
	94%	94%	94%	97% E	94%	92%	100% H	95%	92%	94%
I wish I could be more fit without having to spend so much time and energy to get to that point	824	369	455	296	238	290	78	340	262	143
	80%	74%	86% A	83%	79%	80%	88%	82%	78%	77%
I often have the intention to engage in physical activity, but other things get in the way	812	378	434	298	237	277	77	320	267	148
	79%	76%	82%	83%	78%	76%	86%	77%	80%	80%
I just don't like working out	495	218	277	147	134	214	49	209	155	82
	48%	44%	52% A	41%	44%	59% CD	55%	50%	46%	44%
It's nearly impossible for me to find the time to exercise or to go for a run	487	223	263	191	141	155	53	180	155	99
	48%	45%	50%	53% E	47%	43%	59% G	43%	46%	53%

Chiropractors

Detailed tables

3. (Low2Box (Disagree) Summary) To what extent do you agree or disagree with the following statements:

Proportions/Mean: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
Overlap formulae used. * small base

	Total	GENDER		AGE			EDUCATION			
		Male	Female	25-39	40-49	50-65	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: All respondents	1025	454	571	237	294	494	61	297	517	150
Weighted	1025	496	529	359	302	364	89*	416	334	186
It's nearly impossible for me to find the time to exercise or to go for a run	538	273	265	168	162	209	36	236	179	87
	52%	55%	50%	47%	53%	57% C	41%	57% F	54%	47%
I just don't like working out	530	278	252	211	169	150	40	207	179	104
	52%	56% B	48%	59% E	56% E	41%	45%	50%	54%	56%
I often have the intention to engage in physical activity, but other things get in the way	213	118	95	61	65	87	12	96	67	37
	21%	24%	18%	17%	22%	24%	14%	23%	20%	20%
I wish I could be more fit without having to spend so much time and energy to get to that point	201	127	74	62	65	74	11	76	72	43
	20%	26% B	14%	17%	21%	20%	12%	18%	22%	23%
Being more fit would help me feel better about myself	60	31	29	12	19	29	0	21	27	12
	6%	6%	6%	3%	6%	8% C	-	5%	8% F	6%
Physical activity is good for my health	22	12	10	6	5	12	4	7	10	1
	2%	2%	2%	2%	2%	3%	5%	2%	3%	1%

4. Which of the following do you consider to be the primary reason why you're not currently as physically active as you would like?

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
Overlap formulae used. * small base

Overlap formulae used: small base										
	GENDER			AGE			EDUCATION			
	Total	Male	Female	25-39	40-49	50-65	<HS	HS	Post Sec	Univ Grad
Base: Would like to be more physically active		A	B	C	D	E	F	G	H	I
	878	381	497	214	253	411	51	255	438	134
	891	425	465	324	259	307	77*	357	287	169
When I do have the time, I'm just too tired	310 35%	138 33%	172 37%	121 37%	86 33%	103 34%	26 34%	135 38%	100 35%	48 29%
I can't find the time	202 23%	107 25%	95 20%	82 25% E	69 27% E	50 16%	13 16%	62 17%	72 25% G	55 33% G
I have nobody to be active with	104 12%	56 13%	48 10%	35 11%	31 12%	38 12%	16 21% I	41 11%	31 11%	15 9%
I think it's too expensive for formal exercise training	80 9%	29 7%	51 11%	33 10%	22 9%	25 8%	13 17% H	35 10%	19 7%	13 8%
I don't like being physically active	43 5%	20 5%	23 5%	10 3%	12 5%	21 7%	1 1%	17 5%	11 4%	15 9% H
Other	152 17%	74 17%	78 17%	44 14%	38 15%	70 23% CD	8 11%	67 19%	54 19%	23 13%

Chiropractors

Detailed tables

5. Which of the following do you believe could help you to be more physically active?

Proportions/Means: Columns Tested (5% risk level) - A/B - C/D/E - F/G/H/I
Overlap formulae used. * small base

	Total	GENDER		AGE			EDUCATION			
		Male	Female	25-39	40-49	50-65	<HS	HS	Post Sec	Univ Grad
		A	B	C	D	E	F	G	H	I
Base: All respondents	1025	454	571	237	294	494	61	297	517	150
Weighted	1025	496	529	359	302	364	89*	416	334	186
Finding an activity that is convenient for me	562	269	293	209	171	182	42	230	185	105
	55%	54%	55%	58%	57%	50%	47%	55%	55%	56%
Finding an activity that I like to do	455	215	240	158	128	169	45	173	152	85
	44%	43%	45%	44%	42%	46%	51%	41%	46%	46%
Having more money to spend on a gym, exercise classes or a personal trainer	325	143	182	136	88	102	32	136	115	43
	32%	29%	34%	38% E	29%	28%	36%	33%	34% I	23%
More support from my family or friends	182	76	105	71	58	52	13	67	73	28
	18%	15%	20%	20%	19%	14%	15%	16%	22%	15%
More support from outside organizations who promote physical health and fitness	99	52	47	42	31	26	11	43	29	16
	10%	11%	9%	12%	10%	7%	13%	10%	9%	9%