

Chiropractors

Detailed tables

1. How much time do you spend in a typical week engaged in physical activity? (i.e. exercise, sports, running/jogging, walking, etc)

Proportions/Mean: Columns Tested (5% risk level) - A/B/C/D/E/F - G/H/I - J/K
Overlap formulae used. * small base

		REGION						HOUSEHOLD INCOME			HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K
Base: All respondents	1025	147	99	90	311	275	103	175	303	547	254	771
Weighted	1025	135	105*	67*	393	250	76*	179	324	522	304	721
No time at all	68 7%	4 3%	5 5%	5 8%	24 6%	27 11% A	3 4%	13 7%	28 8%	27 5%	17 6%	50 7%
Less than one hour a week	180 18%	14 11%	19 18%	12 18%	63 16%	60 24% AD	12 16%	37 21%	62 19%	81 16%	51 17%	129 18%
One to three hours a week	401 39%	51 37%	48 46%	27 40%	155 39%	98 39%	23 30%	65 36%	132 41%	204 39%	119 39%	281 39%
Four to six hours a week	245 24%	36 26%	20 19%	16 25%	94 24%	50 20%	28 38% BDE	41 23%	57 18%	146 28% H	73 24%	172 24%
Seven or more hours a week	132 13%	31 23% CE	14 13%	6 9%	57 14% E	15 6%	10 13% E	23 13%	46 14%	63 12%	43 14%	89 12%

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2. Would you like to be more physically active than you are currently?

Proportions/Mean: Columns Tested (5% risk level) - A/B/C/D/E/F - G/H/I - J/K
Overlap formulae used. * small base

		REGION						HOUSEHOLD INCOME			HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K
Base: All respondents Weighted	1025	147	99	90	311	275	103	175	303	547	254	771
	1025	135	105*	67*	393	250	76*	179	324	522	304	721
Yes	891 87%	103 76%	88 84%	62 93% A	348 89% A	228 91% AF	62 81%	155 86%	279 86%	457 88%	272 90%	619 86%
No	134 13%	32 24% CDE	17 16%	5 7%	44 11%	22 9%	14 19% E	25 14%	45 14%	65 12%	31 10%	103 14%

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3.1. (Physical activity is good for my health) To what extent do you agree or disagree with the following statements:

Proportions/Mean: Columns Tested (5% risk level) - A/B/C/D/E/F - G/H/I - J/K
Overlap formulae used. * small base

		REGION						HOUSEHOLD INCOME			HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K
Base: All respondents	1025	147	99	90	311	275	103	175	303	547	254	771
Weighted	1025	135	105*	67*	393	250	76*	179	324	522	304	721
Strongly agree	858 84%	113 84%	88 84%	59 89%	343 87%	188 75%	67 88%	139 77%	265 82%	454 87%	266 88%	592 82%
Somewhat agree	145 14%	19 14%	12 11%	7 11%	40 10%	59 24%	8 10%	35 20%	46 14%	63 12%	36 12%	109 15%
Somewhat disagree	6 1%	2 2%	1 0	0 -	3 1%	0 0	1 1%	1 0	5 1%	1 0	1 0	5 1%
Strongly disagree	16 2%	1 1%	4 4%	1 1%	7 2%	3 1%	1 1%	5 3%	8 3%	3 1%	1 0	15 2%
Summary												
Top2Box (Agree)	1003 98%	132 98%	100 96%	66 99%	383 97%	247 99%	75 99%	174 97%	311 96%	518 99%	302 99%	701 97%
Low2Box (Disagree)	22 2%	3 2%	5 4%	1 1%	10 3%	3 1%	1 1%	5 3%	13 4%	4 1%	2 1%	21 3%

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3.2. (I wish I could be more fit without having to spend so much time and energy to get to that point) To what extent do you agree or disagree with the following statements:

Proportions/Mean: Columns Tested (5% risk level) - A/B/C/D/E/F - G/H/I - J/K
Overlap formulae used. * small base

		REGION						HOUSEHOLD INCOME			HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K
Base: All respondents	1025	147	99	90	311	275	103	175	303	547	254	771
Weighted	1025	135	105*	67*	393	250	76*	179	324	522	304	721
Strongly agree	354 35%	54 40%	38 36%	27 40%	143 36%	69 28%	24 31%	64 36%	105 33%	184 35%	106 35%	248 34%
Somewhat agree	470 46%	58 43%	47 45%	34 51%	173 44%	119 48%	39 52%	80 45%	143 44%	246 47%	137 45%	333 46%
Somewhat disagree	165 16%	18 13%	16 15%	6 9%	64 16%	52 21%	10 13%	24 14%	64 20%	77 15%	47 15%	118 16%
Strongly disagree	36 4%	6 4%	3 3%	0 1%	13 3%	10 4%	3 4%	10 6%	11 4%	14 3%	14 5%	22 3%
Summary												
Top2Box (Agree)	824 80%	112 82%	85 82%	60 91%	315 80%	188 75%	63 83%	145 81%	249 77%	431 83%	243 80%	581 81%
Low2Box (Disagree)	201 20%	24 18%	19 18%	6 9%	77 20%	62 25%	13 17%	35 19%	75 23%	91 17%	61 20%	140 19%

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3.3. (It's nearly impossible for me to find the time to exercise or to go for a run) To what extent do you agree or disagree with the following statements:

Proportions/Mean: Columns Tested (5% risk level) - A/B/C/D/E/F - G/H/I - J/K
Overlap formulae used. * small base

		REGION						HOUSEHOLD INCOME			HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K
Base: All respondents	1025	147	99	90	311	275	103	175	303	547	254	771
Weighted	1025	135	105*	67*	393	250	76*	179	324	522	304	721
Strongly agree	103 10%	12 9%	10 10%	6 9%	43 11%	24 10%	7 9%	16 9%	38 12%	48 9%	43 14% K	60 8%
Somewhat agree	384 37%	44 33%	30 28%	25 37%	155 40%	98 39%	32 43%	70 39%	118 36%	197 38%	124 41%	260 36%
Somewhat disagree	383 37%	51 38%	42 40%	26 39%	149 38%	93 37%	21 28%	57 32%	117 36%	209 40%	109 36%	274 38%
Strongly disagree	155 15%	28 21% D	22 21% D	10 15%	45 11%	35 14%	15 20% D	36 20%	51 16%	68 13%	27 9%	129 18% J
Summary												
Top2Box (Agree)	487 48%	56 42%	40 38%	31 46%	198 51%	122 49%	39 51%	86 48%	156 48%	245 47%	168 55% K	319 44%
Low2Box (Disagree)	538 52%	79 58%	64 62%	36 54%	194 49%	128 51%	37 49%	93 52%	168 52%	277 53%	136 45%	402 56% J

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3.4. (I just don't like working out) To what extent do you agree or disagree with the following statements:

Proportions/Mean: Columns Tested (5% risk level) - A/B/C/D/E/F - G/H/I - J/K
Overlap formulae used. * small base

		REGION						HOUSEHOLD INCOME			HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K
Base: All respondents												
Weighted	1025	147	99	90	311	275	103	175	303	547	254	771
	1025	135	105*	67*	393	250	76*	179	324	522	304	721
Strongly agree	145 14%	18 14%	13 12%	9 14%	71 18%	23 9%	11 14%	25 14%	43 13%	77 15%	28 9%	117 16%
Somewhat agree	350 34%	49 36%	33 32%	29 44%	136 35%	78 31%	25 33%	49 27%	121 37%	180 34%	105 35%	245 34%
Somewhat disagree	348 34%	41 30%	45 43%	24 36%	128 33%	82 33%	28 37%	71 40%	91 28%	186 36%	112 37%	236 33%
Strongly disagree	182 18%	28 20%	13 13%	4 7%	57 14%	67 27%	13 17%	34 19%	69 21%	78 15%	59 19%	123 17%
Summary												
Top2Box (Agree)	495 48%	67 49%	46 44%	38 57%	208 53%	101 40%	35 46%	74 41%	164 51%	257 49%	133 44%	362 50%
Low2Box (Disagree)	530 52%	68 51%	58 56%	28 43%	185 47%	149 60%	41 54%	105 59%	160 49%	264 51%	170 56%	360 50%

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3.5. (Being more fit would help me feel better about myself) To what extent do you agree or disagree with the following statements:

Proportions/Mean: Columns Tested (5% risk level) - A/B/C/D/E/F - G/H/I - J/K
Overlap formulae used. * small base

		REGION						HOUSEHOLD INCOME			HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K
Base: All respondents	1025	147	99	90	311	275	103	175	303	547	254	771
Weighted	1025	135	105*	67*	393	250	76*	179	324	522	304	721
Strongly agree	621 61%	84 62%	58 56%	44 66%	250 64%	132 53%	52 68%	111 62%	202 62%	308 59%	204 67%	417 58%
Somewhat agree	344 34%	42 31%	42 40%	21 31%	119 30%	101 40%	21 27%	56 31%	101 31%	187 36%	90 30%	254 35%
Somewhat disagree	47 5%	8 6%	4 4%	1 2%	18 5%	13 5%	2 3%	10 5%	15 5%	22 4%	9 3%	37 5%
Strongly disagree	14 1%	1 1%	1 1%	1 2%	6 1%	4 2%	1 1%	3 2%	6 2%	4 1%	0 -	14 2% J
Summary												
Top2Box (Agree)	965 94%	126 93%	100 95%	64 97%	369 94%	233 93%	73 96%	166 93%	303 94%	495 95%	294 97% K	671 93%
Low2Box (Disagree)	60 6%	9 7%	5 5%	2 3%	23 6%	17 7%	3 4%	13 7%	21 6%	27 5%	9 3%	51 7% J

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3. 6. (I often have the intention to engage in physical activity, but other things get in the way) To what extent do you agree or disagree with the following statements:

Proportions/Mean: Columns Tested (5% risk level) - A/B/C/D/E/F - G/H/I - J/K
Overlap formulae used. * small base

		REGION						HOUSEHOLD INCOME			HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K
Base: All respondents Weighted	1025	147	99	90	311	275	103	175	303	547	254	771
	1025	135	105*	67*	393	250	76*	179	324	522	304	721
Strongly agree	254 25%	39 29%	30 29%	15 23%	94 24%	54 22%	21 27%	44 24%	85 26%	126 24%	86 28%	168 23%
Somewhat agree	558 54%	59 43%	50 48%	40 60% A	227 58% A	145 58% A	38 50%	103 57%	165 51%	291 56%	169 56%	388 54%
Somewhat disagree	159 16%	26 19%	16 15%	9 13%	57 15%	38 15%	14 19%	19 11%	55 17%	86 16%	37 12%	122 17%
Strongly disagree	53 5%	11 8%	9 8%	3 4%	15 4%	13 5%	3 4%	13 8%	20 6%	20 4%	11 4%	43 6%
Summary												
Top2Box (Agree)	812 79%	98 72%	80 77%	55 83%	321 82%	199 80%	59 77%	146 82%	249 77%	417 80%	256 84% K	557 77%
Low2Box (Disagree)	213 21%	37 28%	24 23%	11 17%	72 18%	51 20%	17 23%	33 18%	75 23%	105 20%	48 16%	165 23% J

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3. (Top2Box (Agree) Summary) To what extent do you agree or disagree with the following statements:

Proportions/Mean: Columns Tested (5% risk level) - A/B/C/D/E/F - G/H/I - J/K
Overlap formulae used. * small base

		REGION						HOUSEHOLD INCOME			HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K
Base: All respondents												
	1025	147	99	90	311	275	103	175	303	547	254	771
Weighted	1025	135	105*	67*	393	250	76*	179	324	522	304	721
Physical activity is good for my health												
	1003	132	100	66	383	247	75	174	311	518	302	701
	98%	98%	96%	99%	97%	99%	99%	97%	96%	99%	99%	97%
Being more fit would help me feel better about myself												
	965	126	100	64	369	233	73	166	303	495	294	671
	94%	93%	95%	97%	94%	93%	96%	93%	94%	95%	97%	93%
I wish I could be more fit without having to spend so much time and energy to get to that point												
	824	112	85	60	315	188	63	145	249	431	243	581
	80%	82%	82%	91%	80%	75%	83%	81%	77%	83%	80%	81%
I often have the intention to engage in physical activity, but other things get in the way												
	812	98	80	55	321	199	59	146	249	417	256	557
	79%	72%	77%	83%	82%	80%	77%	82%	77%	80%	84%	77%
I just don't like working out												
	495	67	46	38	208	101	35	74	164	257	133	362
	48%	49%	44%	57%	53%	40%	46%	41%	51%	49%	44%	50%
It's nearly impossible for me to find the time to exercise or to go for a run												
	487	56	40	31	198	122	39	86	156	245	168	319
	48%	42%	38%	46%	51%	49%	51%	48%	48%	47%	55%	44%

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3. (Low2Box (Disagree) Summary) To what extent do you agree or disagree with the following statements:

Proportions/Mean: Columns Tested (5% risk level) - A/B/C/D/E/F - G/H/I - J/K
Overlap formulae used. * small base

		REGION						HOUSEHOLD INCOME			HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K
Base: All respondents Weighted	1025	147	99	90	311	275	103	175	303	547	254	771
	1025	135	105*	67*	393	250	76*	179	324	522	304	721
It's nearly impossible for me to find the time to exercise or to go for a run	538	79	64	36	194	128	37	93	168	277	136	402
	52%	58%	62%	54%	49%	51%	49%	52%	52%	53%	45%	56% J
I just don't like working out	530	68	58	28	185	149	41	105	160	264	170	360
	52%	51%	56%	43%	47%	60% CD	54%	59%	49%	51%	56%	50%
I often have the intention to engage in physical activity, but other things get in the way	213	37	24	11	72	51	17	33	75	105	48	165
	21%	28%	23%	17%	18%	20%	23%	18%	23%	20%	16%	23% J
I wish I could be more fit without having to spend so much time and energy to get to that point	201	24	19	6	77	62	13	35	75	91	61	140
	20%	18%	18%	9%	20%	25% C	17%	19%	23%	17%	20%	19%
Being more fit would help me feel better about myself	60	9	5	2	23	17	3	13	21	27	9	51
	6%	7%	5%	3%	6%	7%	4%	7%	6%	5%	3%	7% J
Physical activity is good for my health	22	3	5	1	10	3	1	5	13	4	2	21
	2%	2%	4%	1%	3%	1%	1%	3%	4% I	1%	1%	3%

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4. Which of the following do you consider to be the primary reason why you're not currently as physically active as you would like?

Proportions/Means: Columns Tested (5% risk level) - A/B/C/D/E/F - G/H/I - J/K
Overlap formulae used. * small base

		REGION						HOUSEHOLD INCOME			HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K
Base: Would like to be more physically active	878	113	81	81	272	245	86	147	257	474	228	650
Weighted	891	103*	88*	62*	348	228	62*	155*	279	457	272	619
When I do have the time, I'm just too tired	310 35%	41 40%	41 46% E	26 43% E	116 33%	64 28%	22 36%	54 35%	87 31%	169 37%	100 37%	210 34%
I can't find the time	202 23%	17 16%	20 23%	13 22%	72 21%	61 27%	18 30% A	14 9%	72 26% G	116 25% G	91 33% K	111 18%
I have nobody to be active with	104 12%	11 11%	7 8%	7 11%	31 9%	39 17% D	8 13%	22 14%	38 14%	43 9%	18 7%	86 14% J
I think it's too expensive for formal exercise training	80 9%	10 10%	5 6%	5 7%	35 10%	23 10%	2 3%	26 17% HI	23 8%	31 7%	18 7%	62 10%
I don't like being physically active	43 5%	6 5%	2 2%	4 6%	19 6%	9 4%	4 6%	5 3%	13 5%	25 6%	6 2%	37 6% J
Other	152 17%	19 18%	13 15%	7 11%	75 22% E	31 14%	7 11%	34 22%	46 16%	73 16%	39 14%	113 18%

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5. Which of the following do you believe could help you to be more physically active?

Proportions/Mean: Columns Tested (5% risk level) - A/B/C/D/E/F - G/H/I - J/K
Overlap formulae used. * small base

		REGION						HOUSEHOLD INCOME			HOUSEHOLD COMPOSITION	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Kids	No Kids
		A	B	C	D	E	F	G	H	I	J	K
Base: All respondents Weighted	1025	147	99	90	311	275	103	175	303	547	254	771
	1025	135	105*	67*	393	250	76*	179	324	522	304	721
Finding an activity that is convenient for me	562	90	62	45	191	130	44	81	177	305	188	374
	55%	66% DE	59%	68% DE	49%	52%	58%	45%	54%	58% G	62% K	52%
Finding an activity that I like to do	455	69	46	42	167	106	25	79	131	246	125	330
	44%	51% F	44%	63% BDEF	43%	42%	33%	44%	40%	47%	41%	46%
Having more money to spend on a gym, exercise classes or a personal trainer	325	46	28	18	135	77	22	72	120	133	106	219
	32%	34%	27%	27%	34%	31%	29%	40% I	37% I	25%	35%	30%
More support from my family or friends	182	26	12	13	79	44	8	27	65	89	75	107
	18%	20%	11%	19%	20%	17%	10%	15%	20%	17%	25% K	15%
More support from outside organizations who promote physical health and fitness	99	11	7	10	30	32	9	26	32	42	33	66
	10%	8%	7%	14%	8%	13%	12%	14% I	10%	8%	11%	9%

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