Detailed tables

1. How important do you feel breakfast is to your child's daily health, including their physical and mental performance and their emotional state?

		AGE			EDUCATION				
	Total	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad	
		Α	В	С	D	E	F	G	
Base: All respondents	1754	651	1026	77	126	504	849	275	
Weighted	1754	620	1046	88*	159	653	572	370	
Very important	1584	562	935	87	140	583	517	344	
	90%	91%	89%	99% AB	88%	89%	90%	93%	
Somewhat important	155	55	99	1	18	63	49	25	
	9%	9% C	9% C	1%	11%	10%	9%	7%	
Not very important	10	1	9	0	1	5	3	1	
	1%	0	1%	-	0	1%	1%	0	
Not at all important	5	2	4	0	0	2	3	1	
	0	0	0	-	-	0	1%	0	
Gummary					L				
Top2Box (Important)	1739	617	1034	88	158	646	566	369	
	99%	100%	99%	100%	100%	99%	99%	100%	
Low2Box (Not important)	15	3	12	0	1	7	6	2	
	1%	0	1%	-	0	1%	1%	0	

Detailed tables

4. Does your child want to eat breakfast each day?

		AGE			EDUCATION				
	Total	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad	
		Α	В	С	D	E	F	G	
Base: All respondents	1754	651	1026	77	126	504	849	275	
Weighted	1754	620	1046	88*	159	653	572	370	
Yes, there is usually no problem getting them to eat breakfast.	1200	464	680	55	103	422	400	275	
	68%	75% BC	65%	63%	65%	65%	70%	74% E	
No, it is often a struggle to get them to eat breakfast.	155	30	114	11	24	57	44	30	
	9%	5%	11%	13%	15%	9%	8%	8%	
			A	A	F				
Depends on the day. Sometimes yes, sometimes no.	363	109	236	18	30	159	117	57	
	21%	18%	23% A	20%	19%	24% G	20%	15%	
Not applicable. My child doesn't eat breakfast every day.	35	16	15	4	1	15	11	8	
, , , , , , , , , , , , , , , , , , ,	2%	3%	1%	4%	1%	2%	2%	2%	

Detailed tables

6. If your child doesn't consume breakfast on a daily basis, which of the following is closest to the reason why they do not?

		AGE			EDUCATION				
	Total	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad	
		А	В	С	D	E	F	G	
Base: All respondents	1754	651	1026	77	126	504	849	275	
Weighted	1754	620	1046	88*	159	653	572	370	
My child does eat breakfast every morning.	1150	450	639	61	104	391	381	274	
	66%	73% B	61%	69%	65%	60%	67%	74% EF	
Too rushed in the morning.	326	89	222	14	21	147	105	54	
	19%	14%	21% A	16%	13%	22% DG	18%	15%	
They don't like eating breakfast.	257	70	174	12	31	106	80	40	
·	15%	11%	17% A	14%	20% G	16%	14%	11%	
Cost of food.	11	7	5	0	3	6	2	0	
	1%	1%	0	-	2% G	1%	0	-	
I don't know what to feed them.	5	3	2	0	0	3	2	1	
	0	1%	0	-	-	0	0	0	
I don't think breakfast is important for my child/children.	5	1	3	1	0	1	2	2	
	0	0	0	1%	-	0	0	1%	

Detailed tables

7. Which of the following do you believe is the most important reason for your child to consume a healthy breakfast?

		AGE			EDUCATION				
	Total	18-34	35-54	55+	<hs< th=""><th>HS</th><th>Post Sec</th><th>Univ Grad</th></hs<>	HS	Post Sec	Univ Grad	
		Α	В	С	D	E	F	G	
Base: All respondents	1754	651	1026	77	126	504	849	275	
Weighted	1754	620	1046	88*	159	653	572	370	
To have the energy to think and do for the day.	619	174	411	33	71	231	191	127	
,	35%	28%	39% A	38%	45% F	35%	33%	34%	
To kick start their metabolism in the morning.	91	30	57	4	15	37	25	14	
v	5%	5%	5%	4%	10% FG	6%	4%	4%	
To boost their immune system.	13	5	8	0	3	6	3	1	
•	1%	1%	1%	-	2%	1%	0	0	
To wake them up.	9	5	2	2	2	4	2	0	
	1%	1%	0	2% B	1%	1%	0	=	
To prevent weight gain.	1	0	1	0	0	0	1	0	
	0	-	0	-	-	-	0	-	
All of the above.	1020	406	565	49	67	375	350	229	
	58%	65%	54%	56%	42%	57%	61%	62%	
		В				D	D	D	
I don't think it's important for children to consume breakfast everyday.	0	0	0	0	0	0	0	0	
, ,	0	-	0	-	-	-	0	-	

