Detailed tables

1. How important do you feel breakfast is to your child's daily health, including their physical and mental performance and their emotional state?

		REGION					HOUSEHOLD INCOME			
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+
		А	В	С	D	E	F	G	Н	I
Base: All respondents	1754	280	267	256	385	313	253	336	532	886
Weighted	1754	232	179	114	672	428	130	348	514	892
Very important	1584	207	167	104	615	373	118	310	464	810
	90%	89%	93% E	91%	91%	87%	91%	89%	90%	91%
Somewhat important	155	23	12	9	55	47	9	35	47	73
	9%	10%	7%	8%	8%	11%	7%	10%	9%	8%
Not very important	10	1	0	1	1	4	2	2	3	5
	1%	0	0	1%	0	1%	1% D	0	1%	1%
Not at all important	5	0	0	0	1	4	1	2	0	4
	0	-	-	-	0	1%	1%	0	-	0
Summary		l .								
Top2Box (Important)	1739	231	178	113	669	420	127	345	511	883
	99%	100%	100%	99%	100% F	98%	98%	99%	99%	99%
Low2Box (Not important)	15	1	0	1	2	8	2	3	3	9
· · · · ·	1%	0	0	1%	0	2%	2% D	1%	1%	1%

Detailed tables

4. Does your child want to eat breakfast each day?

	Total	REGION						HOUSEHOLD INCOME		
		BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+
		A	В	С	D	E	F	G	Н	I
Base: All respondents	1754	280	267	256	385	313	253	336	532	886
Weighted	1754	232	179	114	672	428	130	348	514	892
Yes, there is usually no problem getting them to eat breakfast.	1200	168	116	82	411	340	82	216	348	636
	68%	73% DF	65%	72% D	61%	79% BCDF	63%	62%	68%	71% G
No, it is often a struggle to get them to eat breakfast.	155	17	15	7	70	34	11	39	46	69
	9%	7%	9%	7%	10%	8%	9%	11%	9%	8%
Depends on the day. Sometimes yes, sometimes no.	363	42	43	23	175	47	33	86	112	165
	21%	18% E	24% E	20% E	26% AE	11%	26% AE	25% I	22%	19%
Not applicable. My child doesn't eat breakfast every day.	35	4	4	2	16	7	3	6	8	21
	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%

Detailed tables

6. If your child doesn't consume breakfast on a daily basis, which of the following is closest to the reason why they do not?

		REGION						HOUSEHOLD INCOME		
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+
		Α	В	С	D	E	F	G	Н	I
Base: All respondents	1754	280	267	256	385	313	253	336	532	886
Weighted	1754	232	179	114	672	428	130	348	514	892
My child does eat breakfast every morning.	1150	162	124	78	379	319	87	204	329	616
	66%	70%	69%	69%	56%	75%	67%	59%	64%	69%
		D	D	D		D	D			G
Too rushed in the morning.	326	40	23	18	162	65	18	66	106	154
	19%	17%	13%	16%	24% ABCEF	15%	14%	19%	21%	17%
They don't like eating breakfast.	257	26	30	17	122	41	22	67	76	114
-	15%	11%	17%	15%	18%	9%	17%	19%	15%	13%
			E	E	AE		E	I		
Cost of food.	11	2	1	0	5	2	1	9	0	2
	1%	1%	1%	-	1%	0	1%	3% HI	-	0
I don't know what to feed them.	5	1	0	1	2	1	1	0	2	3
	0	0	0	1%	0	0	0	-	0	0
I don't think breakfast is important for my child/children.	5	1	0	0	1	1	1	2	0	3
	0	1%	-	_	0	0	1%	0	=	0

Detailed tables

7. Which of the following do you believe is the most important reason for your child to consume a healthy breakfast?

	REGION							HOUSEHOLD INCOME			
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	
		Α	В	С	D	E	F	G	Н	I	
Base: All respondents	1754	280	267	256	385	313	253	336	532	886	
Weighted	1754	232	179	114	672	428	130	348	514	892	
To have the energy to think and do for the day.	619	74	56	34	223	185	47	124	185	310	
	35%	32%	31%	30%	33%	43% ABCD	36%	36%	36%	35%	
To kick start their metabolism in the morning.	91	8	7	5	35	32	3	24	29	39	
	5%	4%	4%	4%	5%	8% F	3%	7%	6%	4%	
To boost their immune system.	13	2	0	1	0	10	1	6	4	4	
	1%	1% D	-	1% D	-	2% BD	0 D	2%	1%	0	
To wake them up.	9	1	0	0	4	3	0	3	5	1	
1	1%	0	-	-	1%	1%	-	1%	1%	0	
To prevent weight gain.	1	0	0	0	0	1	0	0	0	1	
	0	-	-	0	-	0	-	-	-	0	
All of the above.	1020	147	116	74	409	196	79	192	292	536	
	58%	63% E	65% E	65% E	61% E	46%	61% E	55%	57%	60%	
I don't think it's important for children to consume breakfast everyday.	0	0	0	0	0	0	0	0	0	0	
sonoume produider everyady.	0	-	-	-	-	-	0	-	-	0	

