## 1. If you were going to have a snack during the day, which of the following would you be most likely to choose?

				REG	ION			HOU	SEHOLD INC	OME	HOUSE	HOLD COMPO	SITION
	Total	ВС	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Yes - Aged 12 or younger	Yes - Aged 13 to 18	No
		Α	В	С	D	Е	F	G	Н	I	J	K	L
Base: All respondents	1018	143	108	66	375	242	84	211	311	496	260	173	63
Weighted	1018	134	104*	66*	390	248	75*	209	313	496	261	166	63
Fruit	370	42	36	26	135	101	30	84	109	177	95	58	22
	36%	31%	35%	39%	35%	41%	40%	40%	35%	36%	37%	35%	36
Chips	226	22	30	13	102	41	18	52	72	102	55	39	14
	22%	17%	28%	19%	26%	17%	24%	25%	23%	20%	21%	24%	22
			AE		AE								
Chocolate	200	20	17	17	77	55	14	40	70	90	60	31	12
	20%	15%	16%	25%	20%	22%	18%	19%	22%	18%	23%	19%	199
Nuts	158	37	15	9	49	38	9	20	47	90	36	24	10
	15%	28%	14%	14%	13%	15%	12%	10%	15%	18%	14%	14%	179
		BCDEF								G			
Vegetables	64	13	6	2	26	13	4	13	14	37	16	14	3
	6%	9%	6%	3%	7%	5%	6%	6%	5%	8%	6%	8%	6

## 2. (Fruit) How many servings of the following did you have yesterday?

Proportions/Means: Columns Tested (5% risk level)				REG	ION			HOU	SEHOLD INCO	OME	HOUSE	HOLD COMPO	SITION
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Yes - Aged 12 or younger	Yes - Aged 13 to 18	No
		A	В	С	D	E	F	G	Н	I	J	K	L
Base: All respondents	1018		108	66	375	242	84	211	311	496	260		630
Weighted	1018	134	104*	66*	390	248	75*	209	313	496	261	166	633
N		0.4	90	4.0	0.0	0.0	40	50	07	70		20	100
No servings	202	I I	32	10	96	30	13	56	67	78	38		136
	20%	15%	31%	16%	25%	12%	17%	27%	22%	16%	15%	22%	21%
1	258	45	ACEF 15	17	AE 92	68	20	47	86	125	65	43	157
	25%	I I	15%	26%	24%	27%	27%	22%	28%	25%	25%	1	25%
	25 /6	BD	15%	20 /6	24 /0	21 76 B	21 70 B	22 /0	26 /6	25 /6	25 /6	20%	25 /6
2	286		33	19	105	73	19	57	87	143	80	47	173
_	28%		32%	29%	27%	29%	26%	27%	28%	29%	31%	28%	27%
	20,0	20,0	5275	2070	2.70	20,0	2070	2.70	20,0	2070	0.70	20,0	2.70
3	171	18	17	16	60	46	15	36	38	97	47	30	103
	17%	I I	16%	25%	15%	18%	19%	17%	12%	20%	18%	18%	16%
										н			
4	58	7	3	2	24	17	5	7	19	31	18	7	35
	6%	5%	3%	3%	6%	7%	7%	4%	6%	6%	7%	4%	6%
5	30		2	0	7	14	2	4	8	18	8	1	21
	3%	3%	2%	-	2%	6%	3%	2%	3%	4%	3%	1%	3%
						D							
6	8	I I	1	0	5	1	0	0	6	2	2		6
	1%	1%	1%	-	1%	0%	-	-	2%	0%	1%	-	1%
7	1	0	0	1	0	0	0	0	0	1	0	1	0
<b>'</b>	0%	I I	٥	1%	U	U	٥	٥	٥	0%	U	1%	٥
	0 /%	-	-]	D	-	-	-	-	٦	0 /6	-	1 /6	1
8	3	0	1	0	2	0	0	1	2	0	2	0	1
	0%	1	1%	-	1%	-	-	1%	1%	-	1%		0%
	0,0		1,0		1,70			1,70	170		170		0,0
9	1	0	0	0	0	0	1	0	0	1	0	0	1
	0%	-	-	-	-	-	1%	-	-	0%	-	-	0%
							D						
Summary Mean (Including zero)							·						
Mean	1.8	1.7	1.6	1.8	1.7	2	1.9	1.6	1.7	1.9	1.9	1.6	1.8
						BD				G			
Standard Deviation	1.4		1.4	1.3	1.4	1.3	1.5	1.4	1.5	1.4	1.4		1.4
Standard Error	0		0.1	0.2	0.1	0.1	0.2	0.1	0.1	0.1	0.1	0.1	0.1
Median	2	2	2	2	2	2	2	2	2	2	2	2	2
Summary Mean (Excluding zero)	1 00		0.0	0.4	0.0	0.0	0.01	0.01	0.0	0.0	2.2	0.4	0.0
Mean	2.2	2	2.3	2.1	2.2	2.3	2.3	2.2	2.2	2.3	2.3	2.1	2.2
Standard Deviation	1.2	1.2	1.1	1.1	1.2	1.2	1.4	1.1	1.3	1.2	1.2	1	1.2
Standard Error	0		0.1	0.1	0.1	0.1	0.2	0.1	0.1	0.1	0.1	0.1	0.1
Median	2	-	2	2	2		2	2	2	2	2		2

## 2. (Vegetables) How many servings of the following did you have yesterday?

		Overlap formulae us		REG	ION			HOU	SEHOLD INCO	OME	HOUSE	HOLD COMPO	SITION
									\$30K -		Yes - Aged 12 or	Yes - Aged	
	Total	вс	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	<\$60K	\$60K+	younger	13 to 18	No
		A	В	С	D	Е	F	G	Н	I	J	K	L
Base: All respondents	1018	143	108	66	375	242	84	211	311	496	260	173	630
Weighted	1018	134	104*	66*	390	248	75*	209	313	496	261	166	633
No servings	100	11	9	7	45	19	9	31	35	34	15	11	77
	10%	8%	8%	10%	12%	8%	12%	15%	11%	7%	6%	6%	12%
								- 1	- 1				
1	267	32	32	23	114	57	9	53	91	123	61	49	164
	26%	24%	31%	35%	29%	23%	12%	25%	29%	25%	23%	30%	26%
		F	F	F	F	F							
2	261	46	22	16	100	51	25	51	73	137	70	47	155
	26%	34%	22%	25%	26%	21%	33%	24%	23%	28%	27%	28%	25%
	100	BE			20		E						110
3	182	19	24	10	62	57	10	42	53	87	54	27	110
	18%	14%	23%	15%	16%	23%	13%	20%	17%	18%	21%	16%	17%
4	114	15	6	-	43	D 30	14	16	26	61	38	19	63
4	11%	15 11%	6 6%	5 8%	11%	12%	18%	8%	36 12%	12%	14%	12%	10%
	1170	1176	6%	0%	1170	1270	10% B	0%	1270	1270	1470	1270	10%
5	58	6	7	3	15	24	4	11	12	35	13	8	40
3	6%	4%	7%	4%	4%	10%	5%	5%	4%	7%	5%	5%	6%
	070	470	7,0	470	470	D	370	370	470	, , ,	370	370	070
6	24	4	3	1	9	5	3	2	10	12	8	4	14
	2%	3%	3%	1%	2%	2%	3%	1%	3%	2%	3%	2%	2%
7	6	0	1	0	2	2	0	3	1	2	2	2	3
	1%	-	1%	-	1%	1%	-	2%	0%	0%	1%	1%	0%
8	6	0	0	1	0	3	2	0	1	4	1	0	4
	1%	-	-	1%	-	1%	3%	-	0%	1%	1%	-	1%
				D			AD						
9	1	0	0	0	0	1	0	0	1	0	0	0	1
	0	-	-	-	-	0	-	-	0	-	-	-	0
10	1	1	0	0	0	0	0	0	1	0	0	0	1
	0%	1%	-	-	-	-	-	-	0%	-	-	-	0%
Common Money (In alcoding a mone)													
Summary Mean (Including zero)	0.0	2.0	2.0	ما	0.4	0.0	0.0	0.4	2.0	0.4	اء د	0.0	2.2
Mean	2.3	2.3	2.2	2	2.1	2.6 CD	2.6 CD	2.1	2.2	2.4 G	2.5	2.2	2.2
Standard Deviation	1.6	1.5	1.6	1.5	1.5	1.7	1.8	1.5	1.7	1.6	1.5	1.5	1.6
Standard Error	0	0.1	0.1	0.2	0.1	0.1	0.2	0.1	0.1	0.1	0.1	0.1	0.1
Median	2	2	2	2	2	2	2	2	2	2	2	2	2
Summary Mean (Excluding zero)							۲						
Mean	2.5	2.5	2.5	2.2	2.4	2.8	2.9	2.4	2.5	2.6	2.6	2.4	2.5
						CD	ABCD						
Standard Deviation	1.5	1.4	1.5	1.4	1.4	1.6	1.6	1.4	1.5	1.5	1.4	1.4	1.5
Standard Error	0	0.1	0.1	0.2	0.1	0.1	0.2	0.1	0.1	0.1	0.1	0.1	0.1
Median	2	2	2	2	2	3	2	2	2	2	2	2	2

Pruitsations Detailed tables

### 3. Do you know how many servings of fruit and vegetables an average adult of your age and gender should have each day, according to Canada's Food Guide?

	ever) - A/B/C/D/E/F - G/H/I			REG	ION			HOU	SEHOLD INCO	OME	HOUSE	HOLD COMPO	SITION
	Total	BC A	AB B	SK/MB	Ontario D	Quebec E	Atlantic F	<\$30K G	\$30K - <\$60K H	\$60K+	Yes - Aged 12 or younger	Yes - Aged 13 to 18	No L
Base: All respondents	1018	143	108	66	375	242	F 84	211	311	496	260		630
Weighted	1018	134	104*	66*	390	248	75*	209	313	496		166	633
No servings	7 1%	1 1%	1 1%	0	4 1%	0	1 1%	1 1%	4 1%	2 0%	0 -	0%	6 1%
1	19 2%	3 2%	0 -	1 2%	11 3%	2 1%	2 3%	3 1%	9 3%	7 1%	3 1%		15 2%
2	55 5%	8 6%	9 8%	3 5%	19 5%	13 5%	4 5%	16 8%	12 4%	27 5%	8 3%		37 6%
3	98 10%	17 13%	9 8%	6 10%	38 10%	23 9%	4 6%	33 16% HI	24 8%	41 8%	18 7%		66 10%
4	112 11%	16 12%	9 9%	11 17% E	43 11%	19 8%	14 18% E	23 11%	35 11%	54 11%	26 10%	I I	69 11%
5	232 23%	22 16%	22 22%	8 13%	87 22%	77 31% ACD	16 21%	47 22%	66 21%	120 24%	64 25%	39 24%	137 22%
6	122 12%	14 11%	15 15%	11 17%	46 12%	20 8%	16 21% ADE	26 12%	40 13%	56 11%	36 14%	I I	74 12%
7	76 7%	14 10%	5 5%	6 8%	34 9%	15 6%	3	12 6%	28 9%	35 7%	15 6%		56 9%
8	166 16%	21 16%	21 20%	11 17%	67 17%	34 14%	11 15%	32 15%	51 16%	83 17%	55 21%	I I	92 14%
9	10 1%	3 2%	1 1%	0	4 1%	1 1%	1 1%	3 2%	2 1%	5 1%	3 1%	I I	7 1%
10	111 11%	13 10%	10 10%	8 12%	35 9%	41 17% DF	4 6%	13 6%	34 11%	65 13% G	32 12%		66 10%
11	2 0%	0	0 -	0	2 0%	0 -	0 -	0 -	2 1%	0	0 -	0 -	2 0%
12	6 1%	2 2%	1 1%	0	2 0%	1 0%	0 -	0 -	5 2%	1 0%	1 0%	I I	4 1%
14	1 0%	1 1%	0 -	0	0	0	0	0	1 0%	0 -	0	0 -	1 0%
15	1 0%	0 -	1 1%	0	0	0	0	0	0 -	1 0%	0 -	1 0%	0 -
20	1	0	0	0	0	1	0	0	1	0	0	0	1

#### 3. Do you know how many servings of fruit and vegetables an average adult of your age and gender should have each day, according to Canada's Food Guide?

Proportions/Means: Columns Tested (5% risk level) - A/B/C/D/E/F - G/H/I Overlap formulae used. \* small base REGION HOUSEHOLD INCOME HOUSEHOLD COMPOSITION Yes - Aged \$30K -12 or Yes - Aged ВС AB <\$60K Total SK/MB Ontario Quebec Atlantic <\$30K \$60K+ younger 13 to 18 No Α В С D Е G Н K L 0 Summary Mean (Including zero) Mean 5.9 5.9 5.9 5.9 5.8 6.2 5.6 5.5 5.8 5.9 6 G G Standard Deviation 2.5 2.7 2.4 2.5 2.4 2.6 2.2 2.3 2.8 2.4 2.3 2.5 2.6 Standard Error 0.1 0.2 0.2 0.3 0.1 0.2 0.2 0.2 0.2 0.1 0.1 0.2 0.1 Median 5 6 6 6 5 5 5 5 6 5 6 5 5 Summary Mean (Excluding zero) Mean 5.9 5.9 5.9 5.9 5.8 6.2 5.6 5.6 6 6 6.2 5.8 5.9 G Standard Deviation 2.5 2.7 2.4 2.5 2.4 2.6 2.2 2.3 2.8 2.4 2.3 2.5 2.6 0.2 Standard Error 0.1 0.2 0.2 0.3 0.1 0.2 0.2 0.2 0.1 0.1 0.2 0.1 Median 5 6 6 6 5 5 5 5 6 5 6 5 5 Pruitsations Detailed tables

## 4. Do you have children under the age of 19 living in your household?

				REG	ION			HOU	SEHOLD INC	OME	HOUSE	HOLD COMPO	SITION
											Yes - Aged		
									\$30K -		12 or	Yes - Aged	
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	<\$60K	\$60K+	younger	13 to 18	No
		Α	В	С	D	E	F	G	Н	ı	J	K	L
Base: All respondents	1018	143	108	66	375	242	84	211	311	496	260	173	630
Weighted	1018	134	104*	66*	390	248	75*	209	313	496	261	166	633
Yes - Aged 12 or younger	261	34	22	22	92	67	24	44	77	140	261	42	0
	26%	25%	21%	33%	24%	27%	31%	21%	25%	28%	100%	25%	-
Yes - Aged 13 to 18	166	18	13	17	74	30	13	26	39	100	42	166	0
	16%	13%	13%	25%	19%	12%	18%	13%	12%	20%	16%	100%	-
				AE	E					GH			
No	633	88	71	31	244	159	41	145	208	281	0	0	633
	62%	65%	69%	46%	63%	64%	54%	69%	66%	57%	-	-	100%
		С	С		С	С		1	l I				

### 5\_1. (I think I get enough fruit in my diet) To what extent do you agree or disagree with the following statements:

				REG	ION			HOU	SEHOLD INC	OME	HOUSE	HOLD COMPO	SITION
	Total	ВС	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Yes - Aged 12 or younger	Yes - Aged 13 to 18	No
		Α	В	С	D	Е	F	G	Н	1	J	K	L
Base: All respondents	1018	143	108	66	375	242	84	211	311	496	260	173	630
Weighted	1018	134	104*	66*	390	248	75*	209	313	496	261	166	633
Strongly agree	131	20	14	9	45	34	8	27	41	63	37	I I	79
	13%	15%	14%	13%	12%	14%	10%	13%	13%	13%	14%	11%	13%
Somewhat agree	360	46	30	24	132	99	28	61	111	187	90	52	234
v	35%	34%	29%	37%	34%	40%	37%	29%	36%	38%	34%	32%	37%
Somewhat disagree	375	52	37	25	140	88	33	80	110	184	105	66	22
	37%	39%	36%	37%	36%	35%	44%	38%	35%	37%	40%	I I	35%
Strongly disagree	153	16	22	8	73	27	7	42	51	61	28	29	99
	15%	12%	22%	12%	19%	11%	9%	20%	16%	12%	11%	18%	16%
			EF		E								
Summary													
Top2Box (Agree)	490	66	44	33	177	134	35	88	152	251	127	I I	313
	48%	49%	43%	50%	45%	54%	47%	42%	49%	51% G	49%	42%	49%
Low2Box (Disagree)	528	68	60	33	213	115	40	122	161	245	134	95	320
	52%	51%	57%	50%	55%	46%	53%	58%	51%	49%	51%	58%	51%

# 5\_2. (I feel guilty about the amount of fruit I get in my diet) To what extent do you agree or disagree with the following statements:

				REG	ION			HOU	SEHOLD INC	OME	HOUSE	HOLD COMPO	SITION
	Total	ВС	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Yes - Aged 12 or younger	Yes - Aged 13 to 18	No
		Α	В	С	D	E	F	G	Н	1	J	K	L
Base: All respondents	1018	143	108	66	375	242	84	211	311	496	260	173	630
Weighted	1018	134	104*	66*	390	248	75*	209	313	496	261	166	633
Strongly agree	95	12	8	4	47	16	9	28	23	45	20		6
	9%	9%	7%	6%	12% E	6%	12%	13% H	7%	9%	8%	10%	10%
Somewhat agree	322	46	39	21	122	74	21	63	101	158	109	55	172
	32%	34%	37%	32%	31%	30%	28%	30%	32%	32%	42%	33%	27%
Somewhat disagree	352	44	33	21	126	100	28	77	105	170	68	55	24
	35%	33%	32%	32%	32%	40%	37%	37%	34%	34%	26%	33%	38%
Strongly disagree	248	33	24	20	95	59	17	42	84	123	63	40	159
	24%	24%	23%	30%	24%	24%	23%	20%	27%	25%	24%	24%	25%
Summary													
Top2Box (Agree)	418	58	46	25	169	89	30	91	124	203	129	71	23
	41%	43%	45%	38%	43%	36%	40%	43%	40%	41%	49%	43%	37%
Low2Box (Disagree)	600	77	58	41	221	159	45	118	189	293	132	95	400
	59%	57%	55%	62%	57%	64%	60%	57%	60%	59%	51%	57%	63%

## 5\_3. (I try to closely follow Canada's Food Guide) To what extent do you agree or disagree with the following statements:

				REG	ION			HOU	SEHOLD INC	OME	HOUSE	HOLD COMPO	SITION
	Total	ВС	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Yes - Aged 12 or younger	Yes - Aged 13 to 18	No
	Total	A	В	C	D	E	F	G	Н	I	Journaci	K	140
Base: All respondents	1018	143	108	66	375	242	84	211	311	496	260		630
Weighted	1018	134	104*	66*	390	248	75*	209	313	496			633
		'		'	'	'	'	'					
Strongly agree	54	3	6	1	20	20	4	17	14	23	19	12	28
	5%	2%	5%	2%	5%	8%	6%	8%	4%	5%	7%	7%	4%
						A							
Somewhat agree	346	41	30	20	124	104	26	68	101	177	110		204
	34%	31%	29%	30%	32%	42%	34%	32%	32%	36%	42%	27%	32%
						ABD							
Somewhat disagree	439	58	49	33	166	96	37	86	131	221	110	- 1	266
	43%	43%	47%	50%	43%	39%	49%	41%	42%	45%	42%	49%	42%
Strongly disagree	179	32	19	12	79	28	8	38	66	75	23	28	134
enongry aloughou	18%	24%	19%	18%	20%	11%	11%	18%	21%	15%	9%	17%	21%
		EF			E				1				
Summary		·				·	·	·					
Top2Box (Agree)	400	44	36	21	144	124	30	85	115	200	128	56	232
	39%	33%	35%	32%	37%	50%	40%	41%	37%	40%	49%	34%	37%
						ABCD							
Low2Box (Disagree)	618	90	68	45	245	124	45	124	198	296	133		401
	61%	67%	65%	68%	63%	50%	60%	59%	63%	60%	51%	66%	63%
		E	E	E	E								

# 5\_4. (I like to mix things up at home and try new things to cook and eat) To what extent do you agree or disagree with the following statements:

				REG	ION			HOU	SEHOLD INC	OME	HOUSE	HOLD COMPO	SITION
	Total	ВС	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Yes - Aged 12 or younger	Yes - Aged 13 to 18	No
		А	В	С	D	E	F	G	Н	I	J	K	L
Base: All respondents	1018	143	108	66	375	242	84	211	311	496	260	173	630
Weighted	1018	134	104*	66*	390	248	75*	209	313	496	261	166	633
		·	·										
Strongly agree	298	31	29	14	122	76	26	60	96	142	83	41	18
	29%	23%	28%	21%	31%	31%	34%	29%	31%	29%	32%	25%	29%
Somewhat agree	492	70	58	37	179	118	30	101	150	241	125	94	296
	48%	52%	56% F	56%	46%	47%	39%	48%	48%	49%	48%	57%	47%
Somewhat disagree	197	28	14	14	74	50	17	42	57	98	49	25	130
	19%	21%	14%	21%	19%	20%	23%	20%	18%	20%	19%	15%	21%
Strongly disagree	31	5	2	1	15	5	3	5	10	15	4	6	23
	3%	4%	2%	1%	4%	2%	4%	3%	3%	3%	1%	4%	4%
Summary													
Top2Box (Agree)	790	102	87	51	301	194	55	161	246	383	208	134	48
	78%	76%	84%	78%	77%	78%	73%	77%	79%	77%	80%	81%	76%
Low2Box (Disagree)	228	33	17	15	89	54	20	48	67	113	53	31	150
	22%	24%	16%	22%	23%	22%	27%	23%	21%	23%	20%	19%	24%

### 5\_5. (Our mealtime routine is boring - same old, same old) To what extent do you agree or disagree with the following statements:

				REG	ION			HOU	SEHOLD INC	OME	HOUSE	HOLD COMPO	SITION
	Total	ВС	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Yes - Aged 12 or younger	Yes - Aged 13 to 18	No
		Α	В	С	D	Е	F	G	Н	I	J	K	L
Base: All respondents	1018	143	108	66	375	242	84	211	311	496	260	173	630
Weighted	1018	134	104*	66*	390	248	75*	209	313	496	261	166	633
Strongly agree	75	6	6	5	39	16	3	25	22	29	23	13	44
	7%	4%	6%	8%	10%	6%	4%	12%	7%	6%	9%	8%	7%
Somewhat agree	318	41	37	15	129	65	32	69	101	148	85	55	190
· ·	31%	30%	35%	23%	33%	26%	43%	33%	32%	30%	32%	33%	30%
							CE						
Somewhat disagree	437	65	48	32	143	120	30	85	122	230	115	65	274
	43%	48% D	46%	48%	37%	48% D	40%	41%	39%	46%	44%	39%	43%
Strongly disagree	187	23	13	14	79	48	10	30	68	89	38	32	125
	18%	17%	13%	21%	20%	19%	13%	14%	22%	18%	15%	19%	20%
									G				
Summary													
Top2Box (Agree)	393	47	43	20	168	80	35	94	123	176	108	68	234
	39%	35%	41%	30%	43%	32%	47%	45%	39%	36%	41%	41%	37%
					E		E	- 1					
Low2Box (Disagree)	625	88	61	46	222	168	40	115	190	319	153	97	399
	61%	65%	59%	70%	57%	68%	53%	55%	61%	64%	59%	59%	63%
						DF				G			

### 5\_6. (I usually cook something that is fast and easy at home) To what extent do you agree or disagree with the following statements:

				REG	ION			HOU	SEHOLD INC	OME	HOUSE	HOLD COMPO	SITION
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Yes - Aged 12 or younger	Yes - Aged 13 to 18	No
	1 2 12	A	В	С	D	E	F	G	Н	I	J	K	L
Base: All respondents	1018	143	108	66	375	242	84	211	311	496	260		630
Weighted	1018	134	104*	66*	390	248	75*	209	313	496	261	166	633
Strongly agree	149	17	19	5	64	37	7	45	48	57	30	24	102
	15%	12%	18%	8%	17%	15%	9%	21%	15%	11%	12%	14%	16%
Somewhat agree	544	73	53	37	195	142	44	114	159	271	149	79	332
-	53%	55%	51%	56%	50%	57%	58%	54%	51%	55%	57%	48%	52%
Somewhat disagree	279	37	24	22	108	65	23	45	96	138	71	51	171
	27%	28%	23%	33%	28%	26%	30%	21%	31% G	28%	27%	31%	27%
Strongly disagree	46	7	8	2	23	5	2	6	10	30	11	11	28
	5%	5%	7%	3%	6%	2%	3%	3%	3%	6%	4%	7%	4%
			E		E								
Summary													
Top2Box (Agree)	693	90	72	42	259	179	50	158	207	328	180		434
	68%	67%	69%	64%	66%	72%	67%	76% HI	66%	66%	69%	62%	69%
Low2Box (Disagree)	325	44	32	24	131	70	25	51	106	168	81	63	199
· - ·	32%	33%	31%	36%	34%	28%	33%	24%	34% G	34% G	31%	38%	31%

## 5\_7. (I think my children get enough fruit in their diet) To what extent do you agree or disagree with the following statements:

				REG	ION			HOU	SEHOLD INCO	OME	HOUSE	HOLD COMPO	SITION
	Total	вс	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Yes - Aged 12 or younger	Yes - Aged 13 to 18	No
		А	В	С	D	Е	F	G	Н	I	J	K	L
Base: All respondents - Has kids	388	50	38	35	138	88	39	63	103	222	260	173	(
Weighted	385	46*	33*	36*	146	89*	35*	65*	105*	215	261	166	-
Strongly agree	97	15	6	7	33	26	11	19	29	49	86	19	(
	25%	32%	18%	19%	23%	29%	30%	29%	27%	23%	33%	11%	
Somewhat agree	143	13	15	15	50	36	13	24	41	78	107	53	(
v	37%	29%	45%	43%	35%	41%	38%	37%	39%	36%	41%	32%	
Somewhat disagree	116	15	9	12	46	24	10	16	26	73	58	71	(
	30%	33%	28%	33%	31%	27%	29%	25%	25%	34%	22%	43%	
Strongly disagree	29	3	3	2	17	3	1	6	9	14	9	23	(
	7%	6%	10%	5%	11%	3%	3%	9%	9%	6%	4%	14%	
					E								
Summary		1											
Top2Box (Agree)	240	28	20	22	84	62	24	43	70	128	193	72	•
	62%	61%	63%	62%	57%	70%	68%	66%	66%	60%	74%	44%	
Low2Box (Disagree)	145	18	12	13	62	27	11	22	35	87	68	94	(
	38%	39%	37%	38%	43%	30%	32%	34%	34%	40%	26%	56%	

## 5\_8. (I feel guilty about the amount of fruit my children get in their diet) To what extent do you agree or disagree with the following statements:

				REG	ION			HOUS	SEHOLD INCO	OME	HOUSEHOLD COMPOSITION		
	Total	ВС	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Yes - Aged 12 or younger	Yes - Aged 13 to 18	No
		Α	В	С	D	Е	F	G	Н	I	J	K	L
Base: All respondents - Has kids	388	50	38	35	138	88	39	63	103	222	260	173	
Weighted	385	46*	33*	36*	146	89*	35*	65*	105*	215	261	166	-
Strongly agree	24	3	2	2	13	4	1	6	7	11	13		
	6%	7%	5%	5%	9%	5%	2%	9%	7%	5%	5%	8%	
Somewhat agree	97	10	10	6	38	23	9	16	23	58	60	50	-
	25%	21%	30%	16%	26%	26%	27%	24%	22%	27%	23%	30%	
Somewhat disagree	136	18	10	14	51	24	19	23	36	77	90	60	-
	35%	39%	31%	39%	35%	27%	54% DE	35%	34%	36%	34%	36%	
Strongly disagree	128	16	11	14	44	37	6	20	39	69	98	43	
0, 0	33%	34%	34%	40%	30%	42%	17%	31%	37%	32%	38%	26%	
				F		F							
Summary													
Top2Box (Agree)	121	13	12	8	51	28	10	22	30	69	73	63	
	31%	27%	36%	21%	35%	31%	29%	34%	28%	32%	28%	38%	
Low2Box (Disagree)	264	34	21	28	95	62	25	43	76	145	188	103	-
	69%	73%	64%	79%	65%	69%	71%	66%	72%	68%	72%	62%	

### 5. (Top2Box (Agree) Summary) To what extent do you agree or disagree with the following statements:

				REG	ION			HOU	SEHOLD INCO	OME	HOUSEHOLD COMPOSITION		
	Total	ВС	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Yes - Aged 12 or younger	Yes - Aged 13 to 18	No
		А	В	С	D	Е	F	G	Н	1	J	K	L
Base: All respondents	1018	143	108	66	375	242	84	211	311	496	260	173	63
Weighted	1018	134	104*	66*	390	248	75*	209	313	496	261	166	63
I like to mix things up at home and try	790	102	87	51	301	194	55	161	246	383	208	134	48
new things to cook and eat	78%	76%	84%	78%	77%	78%	73%	77%	79%	77%	80%	81%	76%
I usually cook something that is fast and	693	90	72	42	259	179	50	158	207	328	180	103	43
easy at home	68%	67%	69%	64%	66%	72%	67%	76% HI	66%	66%	69%	62%	69%
I think I get enough fruit in my diet	490 48%	66 49%	44 43%	33 50%	177 45%	134 54%	35 47%	88 42%	152 49%	251 51%	127 49%	70 42%	31 49%
I feel guilty about the amount of fruit I get	418	58	46	25	169	89	30	91	124	G 203	129	71	23
in my diet	41%	43%	45%	38%	43%	36%	40%	43%	40%	41%	49%	43%	37%
I try to closely follow Canada's Food	400	44	36	21	144	124	30	85	115	200	128	56	23
Guide	39%	33%	35%	32%	37%	50% ABCD	40%	41%	37%	40%	49%	34%	379
Our mealtime routine is boring - same old, same old	393 39%	47 35%	43 41%	20 30%	168 43%	80 32%	35 47%	94 45%	123 39%	176 36%	108 41%	68 41%	23 37%
old, same old	3976	33 /6	4170	30 %	43% E	32 /0	47 /0 E	4576	3970	30 /6	4170	4170	37,
I think my children get enough fruit in their diet	240 62%	28 61%	20 63%	22 62%	84 57%	62 70%	24 68%	43 66%	70 66%	128 60%	193 74%	72 44%	
I feel guilty about the amount of fruit my children get in their diet	121 31%	13 27%	12 36%	8 21%	51 35%	28 31%	10 29%	22 34%	30 28%	69 32%	73 28%		

### 5. (Low2Box (Disagree) Summary) To what extent do you agree or disagree with the following statements:

				REG	ION			HOU	SEHOLD INC	OME	HOUSEHOLD COMPOSITION			
	Total	BC	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Yes - Aged 12 or younger	Yes - Aged 13 to 18	No	
		Α	В	С	D	Е	F	G	Н	I	J	K	L	
Base: All respondents	1018	143	108	66	375	242	84	211	311	496	260	173	630	
Weighted	1018	134	104*	66*	390	248	75*	209	313	496	261	166	633	
Our mealtime routine is boring - same	625	88	61	46	222	168	40	115	190	319	153	97	399	
old, same old	61%	65%	59%	70%	57%	68% DF	53%	55%	61%	64% G	59%	59%	63%	
I try to closely follow Canada's Food	618	90	68	45	245	124	45	124	198	296	133	109	40	
Guide	61%	67% E	65% E	68% E	63% E	50%	60%	59%	63%	60%	51%	66%	63%	
I feel guilty about the amount of fruit I get	600	77	58	41	221	159	45	118	189	293	132	95	400	
in my diet	59%	57%	55%	62%	57%	64%	60%	57%	60%	59%	51%	57%	63%	
I think I get enough fruit in my diet	528	68	60	33	213	115	40	122	161	245	134	95	320	
	52%	51%	57%	50%	55%	46%	53%	58%	51%	49%	51%	58%	51%	
I usually cook something that is fast and	325	44	32	24	131	70	25	51	106	168	81	63	199	
easy at home	32%	33%	31%	36%	34%	28%	33%	24%	34% G	34% G	31%	38%	31%	
I feel guilty about the amount of fruit my	264	34	21	28	95	62	25	43	76	145	188	103	C	
children get in their diet	69%	73%	64%	79%	65%	69%	71%	66%	72%	68%	72%	62%		
I like to mix things up at home and try	228	33	17	15	89	54	20	48	67	113	53	31	153	
new things to cook and eat	22%	24%	16%	22%	23%	22%	27%	23%	21%	23%	20%	19%	24%	
I think my children get enough fruit in their	145	18	12	13	62	27	11	22	35	87	68	94	(	
diet	38%	39%	37%	38%	43%	30%	32%	34%	34%	40%	26%	56%	•	

### 6. What are the biggest challenges/barriers to eating (more) fruit?

				REG	ION			HOU	SEHOLD INCO	OME	HOUSE	SITION	
	Total	вс	AB	SK/MB	Ontario	Quebec	Atlantic	<\$30K	\$30K - <\$60K	\$60K+	Yes - Aged 12 or younger	Yes - Aged 13 to 18	No
		А	В	С	D	Е	F	G	Н	I	J	K	L
Base: All respondents	1018	143	108	66	375	242	84	211	311	496	260	173	630
Weighted	1018	134	104*	66*	390	248	75*	209	313	496	261	166	633
	·			·									
Bored with my options - limited seasonal	194	31	24	13	67	43	17	37	58	99	62	35	106
selection	19%	23%	23%	20%	17%	17%	22%	18%	19%	20%	24%	21%	17%
Too busy - need something easy for on	139	22	15	8	47	37	10	32	33	73	34	23	87
the go	14%	16%	15%	12%	12%	15%	13%	15%	11%	15%	13%	14%	14%
Too much effort to prepare	100	21	10	4	42	22	2	21	32	47	24	19	59
	10%	16%	10%	6%	11%	9%	2%	10%	10%	9%	9%	12%	9%
		EF			F								
Don't like fruit	56	10	6	3	26	12	1	10	26	21	14		36
	6%	7% F	6%	4%	7%	5%	1%	5%	8% I	4%	5%	4%	6%
Too messy	52	10	6	2	24	8	3	12	18	22	9	5	39
	5%	7%	5%	3%	6%	3%	4%	6%	6%	4%	3%	3%	6%
Other	180	22	18	16	71	36	17	57	41	83	40	26	118
	18%	16%	18%	24%	18%	14%	23%	27% HI	13%	17%	15%	15%	19%
None I don't have any barriers or	458	55	41	27	175	126	34	78	154	226	120	73	288
challenges	45%	41%	40%	41%	45%	51%	45%	37%	49% G	46% G	46%	44%	45%