

Extent of support needed to manage stress

2. How much do you feel you have access to the support you need to manage the stress in your life and maintain emotional/psychological well-being?

		National by Income, Employment, Marital Status																								
	National	Household Income						Employment Status										Job Category (from Panel Data)			Marital Status					
	Total	Less than \$25k	\$25k- \$50k	\$50k- \$75k	\$75k- \$100k	\$100k- \$125k	\$125k or more	Working (Net)	Not Working (Net)	Self-Employed Full-time	Full-time	Part-time	Unemployed (Net)	Parenting (Net)	Retired	Student	Other	Blue Collar	White Collar	Service	Single	Married	Divorced	Widowed	Single (Net)	
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	
Base: All respondents	3113	469	846	707	529	304	258	1816	878	229	1267	320	211	110	666	108	202	138	1086	87	800	1835	368	110	1278	
Weighted	3113	633	905	650	477	257	191	1714	887	211	1158	345	261	124*	639	155*	220	145*	900	101*	985	1641	377	111*	1472	
10 - I have all the support I need to manage stress	568	91	152	134	100	40	51	272	225	33	190	48	26	12	199	19	40	28	145	27	141	332	64	31	237	
	18%	14%	17%	21%	21%	16%	27%	16%	25%	16%	16%	14%	10%	10%	31%	12%	18%	19%	16%	27%	14%	20%	17%	28%	16%	
9	363	48	98	92	73	36	17	193	124	23	130	41	18	9	109	12	22	18	102	4	62	236	44	20	127	
	12%	8%	11%	14%	15%	14%	9%	11%	14%	11%	11%	12%	7%	7%	17%	8%	10%	12%	11%	4%	6%	14%	12%	18%	9%	
8	582	103	172	112	95	61	39	333	166	47	230	56	30	29	123	33	32	21	193	19	195	298	74	15	283	
	19%	16%	19%	17%	20%	24%	20%	19%	19%	22%	20%	16%	12%	24%	19%	21%	15%	14%	21%	19%	20%	18%	20%	13%	19%	
7	398	77	136	69	63	28	25	238	96	22	158	58	30	21	59	22	27	15	122	19	154	198	35	11	200	
	13%	12%	15%	11%	13%	11%	13%	14%	11%	10%	14%	17%	11%	17%	9%	14%	12%	10%	14%	18%	16%	12%	9%	10%	14%	
6	330	66	91	74	45	40	14	192	71	18	132	41	31	14	44	22	26	25	87	11	114	154	46	15	176	
	11%	10%	10%	11%	9%	16%	7%	11%	8%	9%	11%	12%	12%	12%	7%	14%	12%	18%	10%	11%	12%	9%	12%	14%	12%	
5	243	75	62	53	32	8	13	122	69	17	73	32	34	17	37	16	18	11	72	5	90	120	24	8	122	
	8%	12%	7%	8%	7%	3%	7%	7%	8%	8%	6%	9%	13%	13%	6%	10%	8%	8%	8%	5%	9%	7%	6%	8%	8%	
4	188	52	54	35	26	13	8	116	41	17	79	20	26	4	26	9	7	5	60	4	63	91	32	3	97	
	6%	8%	6%	5%	5%	5%	4%	7%	5%	8%	7%	6%	10%	4%	4%	6%	3%	4%	7%	3%	6%	8%	2%	7%	7%	
3	134	27	45	28	21	5	7	83	18	8	54	21	20	3	9	12	8	3	45	3	45	62	25	2	72	
	4%	4%	5%	4%	4%	2%	4%	5%	2%	4%	5%	6%	8%	2%	1%	8%	4%	2%	5%	3%	5%	4%	7%	2%	5%	
2	94	39	21	12	7	10	4	50	24	12	30	7	19	4	4	7	11	4	30	6	36	43	14	1	51	
	3%	6%	2%	2%	2%	4%	2%	3%	3%	6%	3%	2%	7%	3%	1%	5%	5%	3%	3%	6%	4%	3%	4%	1%	3%	
1 - I do not have the support I need to manage stress	122	38	46	20	5	10	3	62	22	7	45	10	22	7	6	1	24	6	23	3	54	54	12	1	67	
	4%	6%	5%	3%	1%	4%	2%	4%	3%	3%	4%	3%	8%	6%	1%	1%	11%	4%	3%	3%	5%	3%	3%	1%	5%	
(DK/NS)	92	17	28	21	12	6	9	54	31	7	37	10	5	4	24	2	4	10	22	0	31	51	7	3	41	
	3%	3%	3%	3%	2%	2%	5%	3%	3%	3%	3%	3%	2%	3%	4%	1%	2%	7%	2%	-	3%	3%	2%	2%	3%	
Summary																										
Top3Box (8-10)	1513	242	422	338	267	136	107	799	515	103	550	145	75	50	431	64	94	66	440	51	398	866	182	66	647	
	49%	38%	47%	52%	56%	53%	56%	47%	58%	49%	47%	42%	29%	40%	68%	41%	43%	45%	49%	50%	40%	53%	48%	60%	44%	
Low3Box (1-3)	350	104	113	60	33	25	15	195	65	27	129	38	61	13	18	20	43	13	98	12	134	160	51	5	190	
	11%	16%	12%	9%	7%	10%	8%	11%	7%	13%	11%	11%	23%	11%	3%	13%	19%	9%	11%	12%	14%	10%	14%	4%	13%	
Net score (T3B - L3B)	1163	138	309	278	234	112	92	604	450	76	421	107	15	37	413	44	51	53	342	38	264	707	131	62	456	
	37%	22%	34%	43%	49%	43%	48%	35%	51%	36%	36%	31%	6%	29%	65%	28%	23%	37%	38%	38%	27%	43%	35%	56%	31%	
Mean	7	6.3	6.9	7.2	7.4	7.1	7.5	6.9	7.5	6.8	6.9	6.8	5.7	6.6	8.1	6.6	6.5	7.1	6.9	7.2	6.6	7.2	6.8	7.8	6.7	
			A	A	AB	A	AB		G	L	L	L		L	IJKLMOP	L	L					TV		TUV		
Std. Dev.	2.5	2.7	2.5	2.4	2.2	2.4	2.4	2.5	2.4	2.6	2.5	2.4	2.7	2.4	2	2.3	2.9	2.5	2.4	2.6	2.5	2.5	2.6	2.1	2.5	
Std. Err.	0	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.2	0.1	0.1	0.2	0.2	0.1	0.2	0.2	0.2	0.1	0.3	0.1	0.1	0.1	0.2	0.1	

Proportions/Means: Columns Tested (5% risk level) - AB/C/D/E/F - G/H - I/J/K/L/M/N/O/P - Q/R/S - T/U/V/W Overlap formulae used. * small base

How do you feel emotionally/mentally

5. Your emotional/mental health (100 - Excellent/0 - Very Poor) We'd like to ask how you feel, in general, today. In general terms, please indicate how you feel presently for each of the following

		National by Income, Employment, Marital Status																								
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	Total	Less than \$25k	\$25k-\$50k	\$50k-\$75k	\$75k-\$100k	\$100k-\$125k	\$125k or more	Working (Net)	Not Working (Net)	Self-Employed Full-time	Full-time	Part-time	Unemployed (Net)	Parenting (Net)	Retired	Student	Other	Blue Collar	White Collar	Service	Single	Married	Divorced	Widowed	Single (Net)	
Base: All respondents	3113	469	846	707	529	304	258	1816	878	229	1267	320	211	110	666	108	202	138	1086	87	800	1835	368	110	1278	
Weighted	3113	633	905	650	477	257	191	1714	887	211	1158	345	261	124*	639	155*	220	145*	900	101*	985	1641	377	111*	1472	
Dk/Ns	2	2	0	0	0	0	0	0	0	0	0	0	1	0	0	0	1	0	0	0	0	2	1	0	1	
	0	0	-	-	-	-	0	0	-	-	0	-	0	-	-	-	0	-	0	-	-	0	0	-	0	
Base: Total Answering	3109	466	846	707	529	304	257	1815	878	229	1266	320	209	110	666	108	201	138	1085	87	800	1832	367	110	1277	
Weighted	3111	632	905	650	477	257	190	1714	887	211	1158	345	260	124*	639	155*	219	145*	900	101*	985	1639	376	111*	1472	
0-24	69	29	10	10	2	15	1	33	10	0	26	8	7	0	8	4	16	0	15	2	28	30	7	4	39	
	2%	5%	1%	2%	0	6%	1%	2%	1%	-	2%	2%	3%	-	1%	3%	7%	0	2%	2%	3%	2%	2%	4%	3%	
		BCDF				BCDF											UKMN									
25-49	165	61	53	21	17	6	6	82	37	7	51	25	29	8	14	16	16	2	43	3	83	62	20	1	103	
	5%	10%	6%	3%	4%	2%	3%	5%	4%	3%	4%	7%	11%	6%	2%	10%	7%	1%	5%	3%	8%	4%	5%	1%	7%	
		BCDEF										N	IJN			IJN	N				UW					
50-74	636	159	204	119	85	35	34	339	147	40	218	81	78	37	80	39	62	33	182	16	273	273	76	14	363	
	20%	25%	23%	18%	18%	14%	18%	20%	17%	19%	19%	24%	30%	30%	13%	25%	28%	23%	20%	16%	26%	17%	20%	13%	25%	
		CDE	E								N	N	IJN	JN		N	JN				UVW					
75-100	2242	382	638	500	373	199	150	1259	693	164	864	231	147	79	536	95	126	110	660	80	602	1275	274	91	967	
	72%	60%	70%	77%	78%	78%	79%	73%	78%	78%	75%	67%	56%	64%	84%	62%	57%	76%	73%	79%	61%	78%	73%	83%	66%	
			A	AB	AB	A	AB		G	KLMOP	KLOP				JKLMOP							T	T	T		
<50	234	91	64	32	19	22	7	116	47	7	77	33	36	8	23	20	32	2	58	5	110	92	27	5	142	
	8%	14%	7%	5%	4%	8%	4%	7%	5%	3%	7%	9%	14%	6%	4%	13%	14%	2%	6%	5%	11%	6%	7%	5%	10%	
		BCDF				D					N	IN	IJN			IJN	IJN				U					
50+	2877	541	841	619	458	235	184	1598	840	204	1081	312	224	116	616	134	188	143	842	96	874	1547	350	106	1330	
	92%	86%	93%	95%	96%	92%	96%	93%	95%	97%	93%	91%	86%	94%	96%	87%	86%	98%	94%	95%	89%	94%	93%	95%	90%	
			A	A	AE		A			KLOP	LOP				JKLOP							T				
Summary																										
Mean (Incl 0)	79.4	74.1	78.5	81.8	83	80.2	82.3	79.6	82.6	83.8	79.6	76.9	72.6	76.1	85.7	75.4	71.7	82	79.9	83.7	74.2	82.1	79.4	84.1	76.2	
			A	AB	AB	A	AB		G	JKLMOP	LP	P			JKLMOP						TV	T	T			
Mean (Excl 0)	79.6	74.3	78.8	82.4	83.2	80.2	82.3	79.9	82.6	83.8	80.1	77.2	73	76.1	85.7	75.4	72.5	82	80	84.7	74.6	82.2	79.5	87.1	76.8	
			A	AB	AB	A	AB		G	JKLMOP	LOP				JKLMOP							TV	T	TUV		
Std Dev	19.8	23.3	19.1	17.1	16.5	23	16.7	18.6	18.9	16.3	18.3	20.3	21.5	17.5	17.8	21.9	25.4	15.8	18.4	16.7	21	18.6	19.9	14.1	20.6	
Std Err	0.4	1.1	0.7	0.6	0.7	1.3	1	0.4	0.6	1.1	0.5	1.1	1.5	1.7	0.7	2.1	1.8	1.3	0.6	1.8	0.7	0.4	1	1.4	0.6	
Median	81.7	77.2	79.9	83.8	85.1	84.1	83.5	81.1	85.7	85.8	80.9	78.6	73.2	77.1	89	76.1	75.4	80.5	81.2	86.3	75.3	84.8	81.1	87.5	77.9	

Proportions/Means: Columns Tested (5% risk level) - A/B/C/D/E/F - G/H - I/J/K/L/M/N/O/P - Q/R/S - T/U/V/W Overlap formulae used. * small base