### **Albertans & Indoor Tanning**

# One Quarter (27%) of Young Albertans Have Used An Indoor Tanning Bed In The Past 12 Months

Public Release Date: Tuesday, March 5 2013, 3:00 PM MST





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Calgary, AB – In a study fielded by Ipsos Reid on behalf of Alberta Health Services (AHS), one quarter (27%) of young Albertans age 18 to 24 report using indoor tanning at least once in the past 12 months. On a gender basis, 28% of men and 26% of women in the 18 to 24 age category say they have used indoor tanning at least once in the past year.

Lifetime usage of indoor tanning was also gauged by the study. In the 18 to 24 age category, half (51%) of Alberta women and 30% of Alberta men say they have used indoor tanning defined as a tanning bed, booth or home tanning light or bed in their life.

These are the findings of an Ipsos Reid poll conducted between December 3, 2012 and January 14, 2013 on behalf of Alberta Health Services (AHS). For this survey, a sample of 2,280 adult Albertans drawn from the Ipsos iSay Canadian Panel was interviewed online. Weighting was employed to balance demographics according to Census data and ensure that the sample composition is representative of the general Alberta population based on age, gender, and region. A survey with an unweighted probability sample of this size and a 100% response rate would have an estimated margin of error of +/- 2.1

percentage points 19 times out of 20 of what the results would have been had the entire population of adults on Alberta been polled. All sample surveys and polls may be subject to other sources of error, including, but not limited to coverage error, and measurement error.

#### For more information on this news release, please contact:

Tim Moro Senior Vice President Ipsos Reid 403-237-0066

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